BELMONT MARKET

A BETTER PLACE TO SHOP SINCE 1947

FALL FAVORITES!

WEEKLY SALES FLYER



Quonset View Farms

All Purpose Potatoes

5 lb. Bag

$3.49 ea.



Jumbo

Green Peppers

$1.89 lb.



Save $2.00 LB.

80-20%

Hamburger

Family Pack

$3.99 lb.

CHAIRMAN'S RESERVE

Boneless
Center Cut Pork Chops & Roasts

$3.99 lb.

Save $2.00 lb.

Bell&Evans



All Natural
Air Chilled
Ground Chicken Leg
16 oz.

$4.99

Save $2.00

Bell&Evans



All Natural /Air Chilled
Ground Chicken Breast
16 oz.

5.99
Save $2.00

·EST 1934·
HILLSHIRE FARM



Lit'l Smokies
14 oz.

5.99
Save $2.00

PERDUE®



Smart Chicken, Organic Tenders, Dino Nuggets
22 - 24 oz.

9.99
Save $2.00

BELMONT BREAD



Save $1.00 ea.

Large Italian Loaf **$5.49**

REEL IN FANTASTIC SEAFOOD



Faroe Island Salmon
$17.99 lb.



Seawatch Chopped Clams
51 oz.
$27.99 ea.

EFFECTIVE DATES: NOVEMBER 6TH - NOVEMBER 12TH

Monday - Saturday - 7:00AM - 10:00PM
Sunday - 7:00AM - 8:00PM

600 KINGSTOWN RD, WAKEFIELD, RI / (401) 789-4656
WWW.BELMONTMARKET.COM

BELMONT MARKET
A Better Place to Shop Since 1947

"Not responsible for typographical or photo errors. In fairness to our customers we reserve the right to limit quantities. Meat Department Items are not cooked."

The Freshest PRODUCE



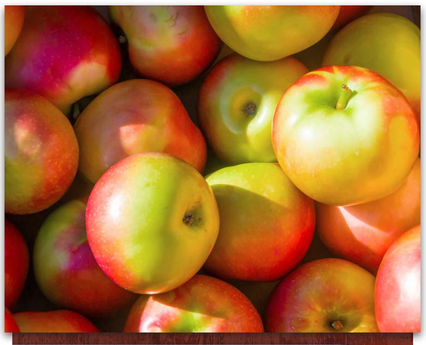
White Mushrooms
Sliced - 8 oz.
Whole - 10 oz.
2 FOR 5



California, USA
Large Pomegranates 3.99 ea.



Native, RI
Golden Delicious Apples 1.29 lb.



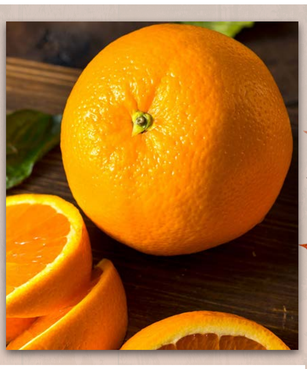
Native, RI
MacIntosh Apples 1.29 lb.



Native, RI
Cortland Apples 1.29 lb.



Seedless Clementines 4.99 ea.
3 lb. Bag



Cara Cara Oranges 1.49 lb.



ROOTED IN FAMILY TRADITION SINCE 1899
JASWELL'S FARM
SMITHFIELD, RI
MARKET • BAKERY • CIDER MILL • PICK-YOUR-OWN

1/2 Gallon 5.49 ea.

Gallon 10.98 ea.



Imported **Cherries** 7.99 lb.



Ocean Spray **Cranberries** 2.99 ea.
12 oz. Bag



Imported **Hass Avocados** 2 FOR 4



Andy Boy **Broccoli Rabe** 3.99 ea.



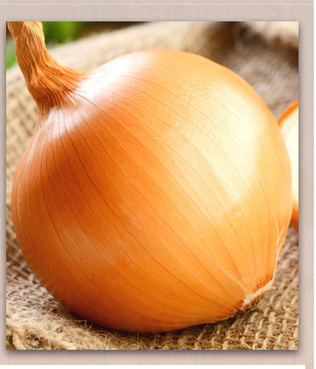
Assorted **Winter Squash** 99¢ lb.



Black Beauty **Eggplant** 1.89 lb.

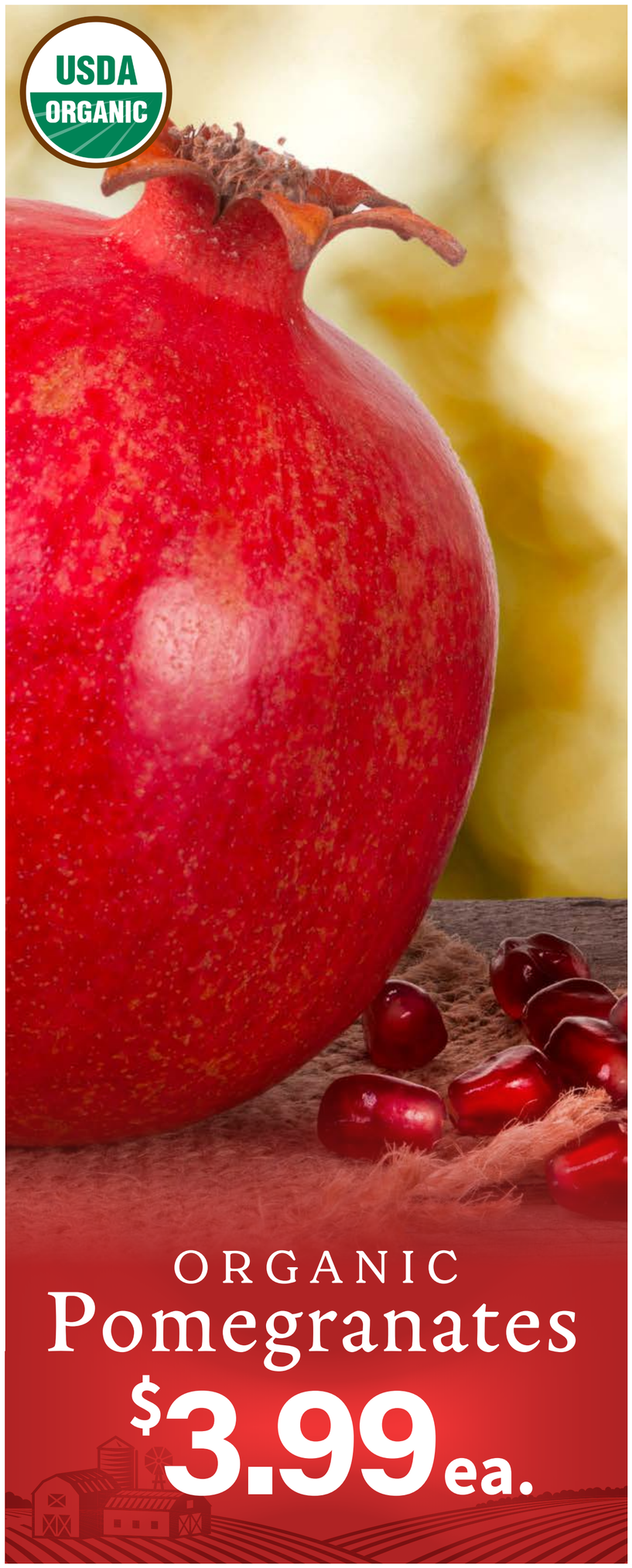


Fresh **Broccoli Crowns** 1.69 lb.



Imported **Sweet Onions** 1.49 lb.

The Best ORGANIC SELECTION



ORGANIC
Pomegranates
$3.99 ea.



Organic
Bartlett Pears
$2.49 lb.



Organic
Fresh Avocados
2/$4



Organic
Green Bell Peppers
$2.99 lb.



Organic
Butternut Squash
$1.49 lb.



Organic
Yukon Gold Potatoes
$1.49 lb.



Organic
Red Potatoes
$1.49 lb.

Great Deals ON FAMILY FAVORITES



Dunkin' Bagged Coffee
11 - 12 oz.
Assorted Varieties
$6.99
Save $7.50



Life Cereal
13 oz.
Assorted Varieties
2 FOR 3
Save $3.79



Thomas' English Muffins
11 - 13 oz.
Assorted Varieties
$3.99
Save $1.70





Skippy Peanut Butter
26.5 - 28 oz.
Assorted Varieties
$4.99
Save 80¢



Welch's Jams & Jelly Squeeze Bottles
17.1 - 20 oz.
$2.99
Save Up To $1.00



Chicken of the Sea Solid White Tuna 4-Pack
16 oz.
$6.99
Save $1.50



Starkist Tuna Pouches
2.6 - 3 oz.
Assorted Varieties
2 FOR 3
Save 89¢



Rice-A-Roni Rice
4.3 - 7.2 oz.
Assorted Varieties
2 FOR 3
Save $1.29



Minute Rice 2-Packs
8.8 oz.
Assorted Varieties
2 FOR 4
Save 99¢



Swanson Broth
32 oz.
Assorted Varieties
2 FOR 3
Save $2.49





Progresso Rich & Hearty, Traditional Soup
18.5 - 19 oz.
Assorted Varieties
4 FOR 8
Save $2.79



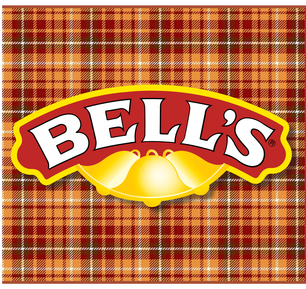
Progresso Specialty Beans
19 oz.
Assorted Varieties
2 FOR 3
Save $1.49



Delmonte Vegetables
13.5 - 15 oz.
Assorted Varieties
2 FOR 3
Save 89¢



Contadina Canned Tomatoes
28 - 29 oz.
Assorted Varieties
2 FOR 5
Save 69¢





Bell's Stuffing
12 oz.
2 FOR 7
Save $1.19



B&G Pickles
24 fl oz.
Assorted Varieties
$3.49
Save $1.00



Hidden Valley Ranch Dressing
16 fl oz.
Assorted Varieties
$4.49
Save $1.20



Pillsbury Flour
5 lb.
Assorted Varieties
2 FOR 5
Save $2.99



King Arthur Organic Flour
5 lb.
$7.99
Save $2.00



Betty Crocker Brownie Mix
16.3 oz.
Assorted Varieties
2 FOR 3
Save $1.29



Mike's Amazing Vinegar Gallons
128 fl oz.
2 FOR 7
Save 99¢



Carnation Sweetened Condensed Milk
8 oz.
$2.99
Save $1.00



Diamond Chopped Walnuts
8 oz.
Assorted Varieties
$4.99
Save $1.00



Jet Puffed Marshmallows
12 oz.
2 FOR 4
Save 79¢



Jet Puffed Marshmallows
10 oz.
2 FOR 4
Save 39¢



UTZ Chips
7 - 8 oz.
Assorted Varieties
BUY 1 GET 1 FREE
SAVE $4.99



Junkless Chewy Granola Bars
6.6 oz.
Assorted Varieties
$3.99
Save 50¢



Cheez-It Snack Crackers
9 - 12.4 oz.
Assorted Varieties
2 FOR 7
Save $2.49



Capri Sun Drink Pouches
6 fl oz. / 10 pk
60 fl oz.
Assorted Varieties
$3.99
Save $1.50



Coca-Cola Soda 2-Liters
67.6 fl oz.
Assorted Varieties
2 FOR 6
Save 49¢



Pepsi Bottle Soda 6-Packs
16 fl oz. / 6pk
96 fl oz.
Assorted Varieties
$3.99
Save $3.00



Culture Pop Probiotic Soda 4-Pack
12 fl oz. / 4pk
48 fl oz.
Assorted Varieties
$6.49
Save $1.50



Polar Seltzer 12-Packs
12 fl oz. / 12pk
144 fl oz.
2 FOR 10
Save 99¢

Great Deals ON FAMILY FAVORITES



Fiora **Essential Bathroom Tissue**
12-Double Plus Rolls
2580 ct.
$4.99
Save $3.00



Fiora **Essential Paper Towel**
6-Rolls
708 ct.
$4.99
Save $3.00



Viva **Paper Towel Signature Cloth**
6-Triple Rolls
774 ct.
$16.99
Save $4.00



Viva **Paper Towel Multi-Surface**
6-Triple Rolls
990 ct.
$16.99
Save $4.00



Solo **Anyday Plates & Bowls**
22 - 44 ct.
Assorted Varieties
2 FOR 7
Save 99¢



Dial **Bar Soap 3-Packs**
12 oz.
Assorted Varieties
$3.99
Save $1.30



Simply Done **Bleach**
121 fl oz.
Assorted Varieties
$6.99
Save 50¢



Glad **Tall Kitchen Trash Bags**
25 - 40 ct.
Assorted Varieties
$9.99
Save $3.00



Arm & Hammer **Clumping Cat Litter**
14 lb.
Assorted Varieties
$8.99
Save $1.50



Duraflame **Fire Starter Box 12-Packs**
3.4 lb.
$9.99
Save $1.00



Duraflame **Firelogs**
6 lb
$4.99
Save $2.30

Cool Savings ON DAIRY AND FROZEN FOODS



Birds Eye **Frozen Vegetables**
10.8 - 14.4 oz.
Assorted Varieties
3 FOR 5
Save $2.12



McCain **Fries & Onion Rings**
14 - 32 oz.
Assorted Varieties
$2.99
Save Up To $3.00



Friendly's **Ice Cream** *Excludes Pistachio
46 fl oz.
Assorted Varieties
2 FOR 5
Save $3.99



Cabot **Whipped Cream**
7 oz.
$2.79
Save 80¢



Cabot **Premium Butter**
8 oz.
Assorted Varieties
2 FOR 5
Save $1.29

Cabot **Cottage Cheese**
16 oz.
2 FOR 6
Save 79¢

Cabot **Greek Yogurt**
32 oz.
Assorted Varieties
$5.49
Save $1.10



Chobani **Greek Yogurt**
5.3 oz.
Assorted Varieties
4 FOR 5
Save 74¢



Breakstone **Sour Cream**
16 oz.
Assorted Varieties
2 FOR 4
Save $1.79



Crystal Farms **Shredded Cheese**
7 - 8 oz.
Assorted Varieties
2 FOR 5
Save $1.49



Nellies **Large Brown Eggs 18-Packs**
18 count
$6.99
Save $1.50



Bays **English Muffins**
12 - 13 oz.
Assorted Varieties
$3.49
Save $1.00



Florida Natural **Orange Juice**
52 fl oz.
Assorted Varieties
2 FOR 7
Save $2.49





Bizzy **Cold Brew Coffee**
48 fl oz.
Assorted Varieties
$4.99
Save $2.30



Farmland **Heavy Cream**
32 fl oz.
$5.99
Save 80¢



A2 **Milk**
59 fl oz.
Assorted Varieties
$4.49
Save 50¢



Oatly **Oat Milk**
64 fl oz.
Assorted Varieties
$4.49
Save 80¢

Your Favorite SPECIALTY GROCERY ITEMS



Marantha **Organic Creamy Salted Peanut Butter**
16 oz.
$6.79
Save $1.60



Crofters **Just Fruit Organic Spreads**
10 oz.
Assorted Varieties
$4.49
Save $1.80



O'Doughs **Gluten Free Bagels**
10.6 oz.
Assorted Varieties
$4.99
Save $1.00



Klara's **Shortbread & Macaroons**
7 oz.
Assorted Varieties
$4.79
Save $1.20



Sfoglini **Durum Pasta**
16 oz.
Assorted Varieties
$4.59
Save $1.60



San Merican **Tomatoes Canned Tomatoes**
28 oz.
Assorted Varieties
$4.49
Save $1.10



San Remo **Basil Pesto**
6.7 oz.
$5.59
Save $1.40



Zoup! **Bone Broth** *Excludes Low Sodium
32 fl oz.
Assorted Varieties
$7.19
Save $1.80

BELMONT MARKET

FROM THE DELI



Save $4.00 lb.

Boar's Head
CRACKED PEPPER TURKEY
$11.99 lb.

Save $2.00 lb.

Boar's Head
SMOKE MASTER HAM
$11.99 lb.



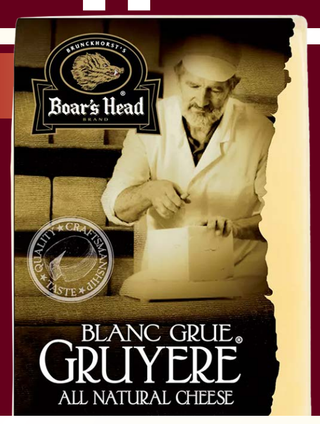


Save $2.00 lb.

Boar's Head
BBQ CHICKEN
$11.99 lb.

Save $2.00 lb.

Boar's Head
GRUYERE CHEESE
$11.99 lb.



Save $1.00

Belgioioso
Fresh Mozzarella Pearls
8 oz.
$3.99



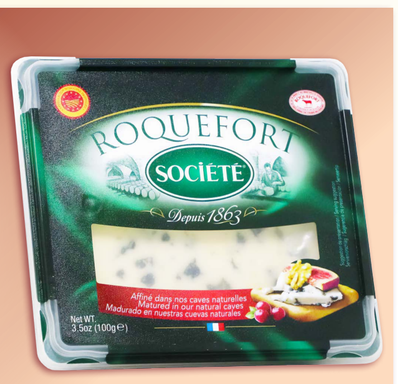
Save $2.00



Montcherre
Goat Milk Cheddar
8 oz.
$10.99

Save $1.00

Roquefort
Blue Cheese Wedge
3.5 oz.
$6.99



PREPARED FOODS

ONE DAY SALE ITEM

Freshly Prepared

Shrimp Scampi
$17.99 lb.



Save $1.00 ea.

Freshly Prepared
Chicken Parmesan Dinner
$11.99 ea.



Save $1.00 ea.

Pineapple Teriyaki Salmon Bowl
$14.99 ea.



Save $1.00 ea.

Freshly Prepared
Vegan Lemon Arugula Cashew Pesto Barley
$9.99 ea.



Save $1.00 lb.

Egg Salad
$8.99 lb.

Save $1.00 lb.

Lemon Farro Salad
$8.99 lb.

BELMONT'S BAKED GOODS



SAVE $1.00

Mini Eclairs 5-Packs
$5.99



SAVE $1.00

Chocolate Chunk Cookies 12-Pack
$6.99



SAVE $1.00

Pumpkin Fritters 14 oz.
$3.99

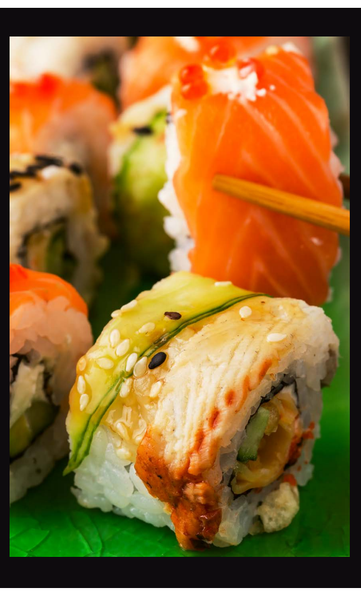


Pumpkin Cake Donuts 10 oz.
$5.99

EXPLORE OUR DAILY ROTATING MENU ON OUR WEBSITE.

www.BelmontMarket.com/Menus

REHEATING INSTRUCTIONS ONLINE IF NEEDED.



Experience the freshest flavors at our sushi haven!

Our skilled chefs use only the finest, highest-grade ingredients to craft a wide array of rolls, sashimi, and sushi. From basic to exotic, we have options for everyone, including both vegetarians and vegans.

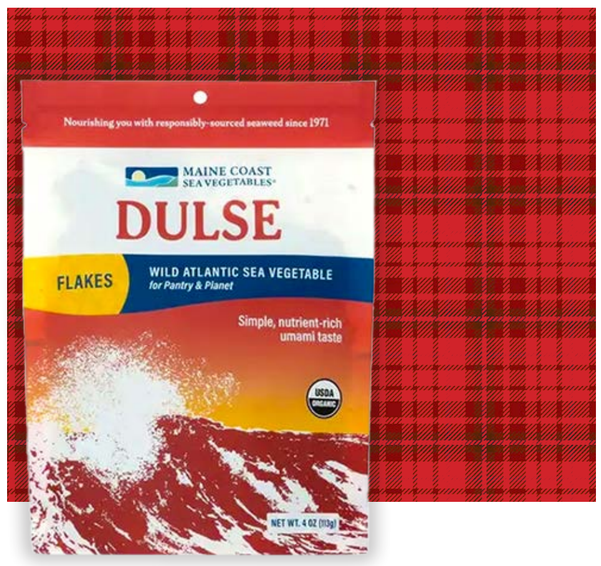
Sushi-go!

HEALTH & WELLNESS



Boiron
Acid Calm
60 Tabs

12.49
Save $2.00



Maine Coast
Dulse Flakes
4 oz. Bag

20.99
Save $2.30

THE HERB WYFE



Host Defense
My Community Powder
3.5 oz.

29.99
Save $3.00



GAIA Herbs
Black Elderberry Syrup
3 fl oz.

29.99
Save $3.00



Yum Earth
Elderberry Lollipops
15 count

8.59
Save $1.00



The Humble Co.
Eco-Friendly Mint Floss Picks
50 count

4.69
Save 60¢



Herb Pharm
Rapid Immune Boost
1 oz.

15.99
Save $2.00



Clearpath Herbals
Antiviral
2 oz.

21.00
Save $3.00

SPRUCE UP WITH FESTIVE FLOWERS

Explore our floral collection to perfect your celebration with bouquets, centerpieces, and flowering plants.

Local Sunflowers

$10.99



Cyclamen
4" Plant

$10.99





Vintage Party Bouquet

$29.99



Pine Tree Farms
Woodpecker Seed Bell

$6.49



BELMONT MARKET
Gift Baskets



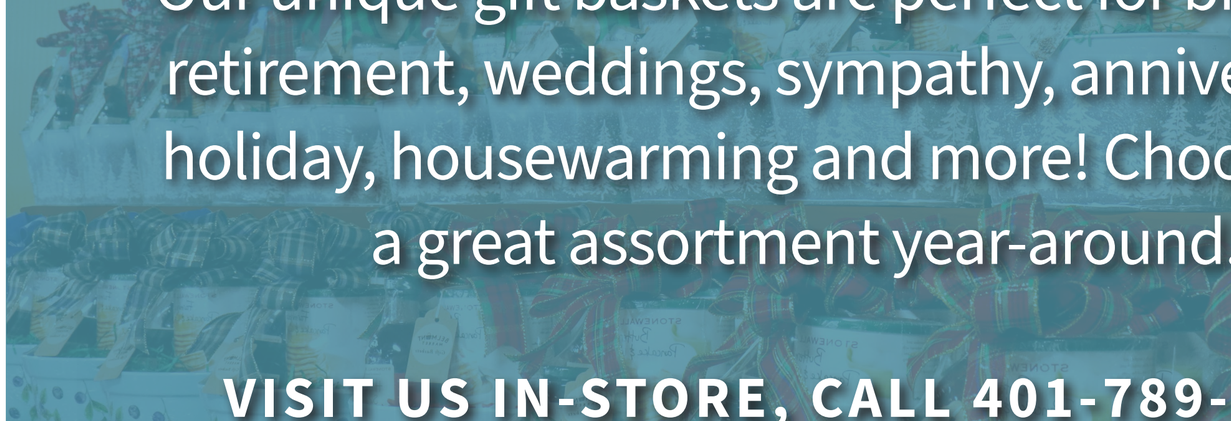


Celebrate Any Occasion!

Our unique gift baskets are perfect for birthdays, retirement, weddings, sympathy, anniversaries, holiday, housewarming and more! Choose from a great assortment year-around.

VISIT US IN-STORE, CALL 401-789-4656, OR SHOP ONLINE AT SHOP.BELMONTMARKET.COM TO ORDER NOW





FRESH MADE FROM SCRATCH

BELMONT MARKET BREAD

Home-style Sandwich Loaves, Whole Grain Baguettes, Italian and Flat bread Styles

Belmont Bread, with the help of our bread baker, we are working to incorporate more regionally grown and milled grains, into our products in an effort to not only make unique and interesting breads, but also to help rebuild a piece of our regional heritage that has been all but lost over the last century.

SAVE TIME AND SHOP ONLINE!

Our convenient hours and scheduled delivery make it easy for you to do your grocery shopping on your own time.

You can pick up your order or have it delivered, even to Block Island!

SHOP.BELMONTMARKET.COM

