

WEEKLY SALES FLYER



Fresh Cut
**Broccoli
Crowns**

\$1.69 lb.



Fancy
**Yellow &
Green Squash**

1.49 lb.



Save \$3.00 LB.

Boneless
Eye Round

\$5.99 lb.

Roast



Boneless
**Round Stew
Meat**

\$5.99 lb.
Save \$3.00 LB.



CHAIRMAN'S RESERVE



Bone-In
Pork Butt

\$2.49 lb.
Save \$1.50 lb.

GRADE 



Bone-In
Whole
Chicken Breast

\$149

Save \$1.50

JONES

DAIRY FARM



Golden Brown
Sausage Links
& Patties

Assorted, 16 - 202 oz.

\$899

Save \$2.00

 CURLY'S



BBQ
Pork Ribs or
Gold Ribs

Assorted, 24 oz.

\$1599

Save \$2.00

BELMONT  BREAD



Save \$1.00 ea.

Cinnamon
Raisin Loaf

\$599

REEL IN FANTASTIC SEAFOOD





Faroe Island
Salmon

\$1799

lb.

Seawatch
Chopped
Clams

51 oz.

\$2799

ea.

EFFECTIVE DATES: OCTOBER 30TH - NOVEMBER 5TH
Monday - Saturday - 7:00AM - 10:00PM
Sunday - 7:00AM - 8:00PM
600 KINGSTOWN RD, WAKEFIELD, RI / (401) 789-4656
WWW.BELMONTMARKET.COM

BELMONT  MARKET

A Better Place to Shop Since 1947

“Not responsible for typographical or photo errors. In fairness to our customers we reserve the right to limit quantities. Meat Department Items are not cooked.”

The Freshest **PRODUCE**



**Bartlett &
Bosc Pears**

1.99 lb.



**D'Anjou
Pears**

1.99 lb.



**Red
Pears**

1.99 lb.



**Seedless
Clementines**

3 lb. Bag

4.99 ea.



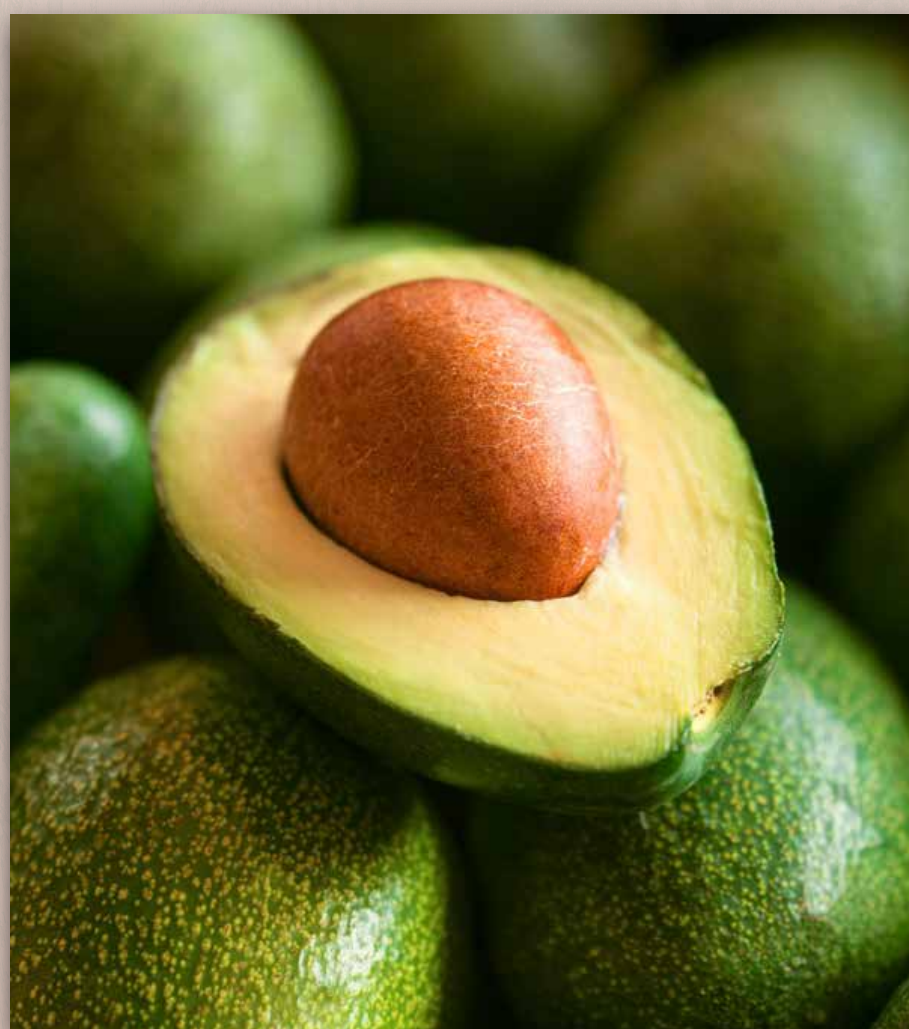
California, USA
Pomegranate

3.99 ea.



**Ocean Spray
Cranberries**

2.99 ea.



**Imported
Hass
Avocados**

2 FOR 3



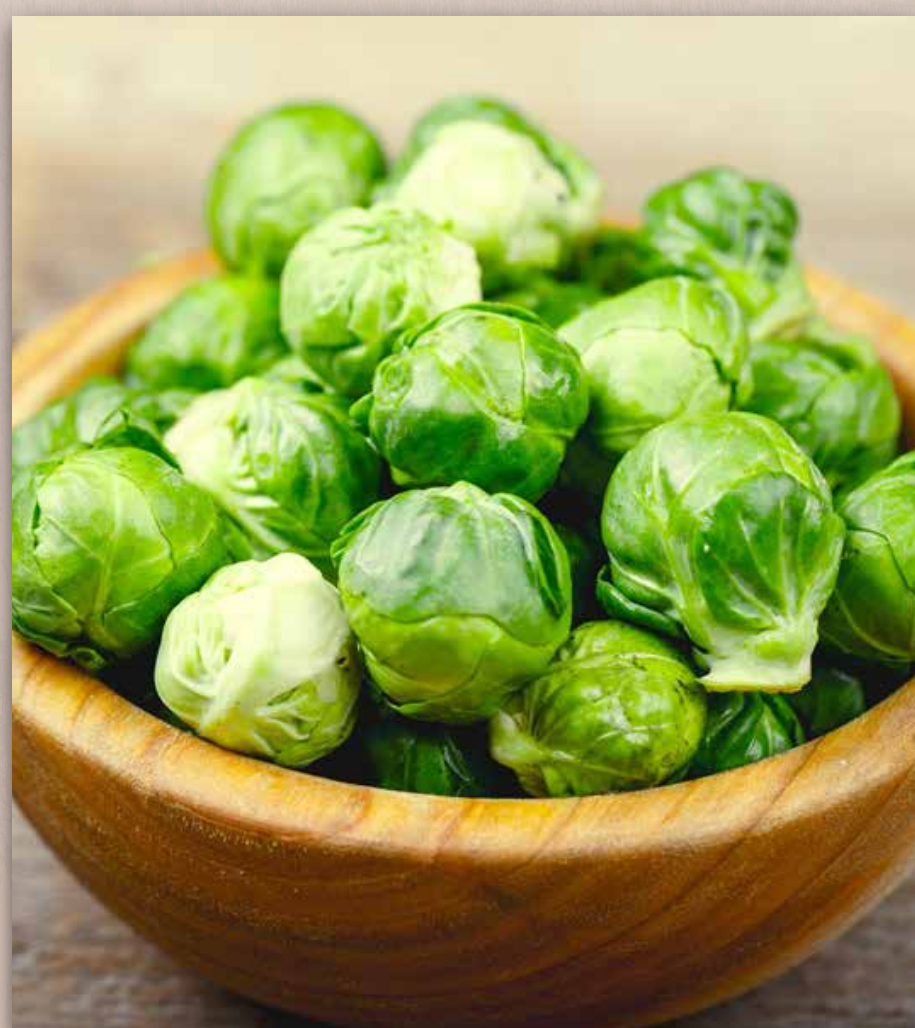
1/2 Gallon **5.49 ea.**

Gallon **10.98 ea.**



**Peeled & Cut
Butternut
Squash**

2.29 lb.



California, USA
**Brussel
Sprouts**

1.99 lb.



**Red
Potatoes**

5 lb. Bag

2.99 ea.



**Imported
Seedless
English
Cucumbers**

2 FOR 3



**Loose
Yellow
Cooking
Onions**

79¢ lb.

The Best **ORGANIC SELECTION**



ORGANIC
Cranberries
8 oz. Bag

\$3.49 ea.



Organic
**Seedless
Red Grapes** **\$3.99** lb.



Organic
**Bosc
Pears** **\$2.49** lb.



Organic
**Cherry Tomatoes
on the Vine** **3.99** ea.
8.8 oz. container

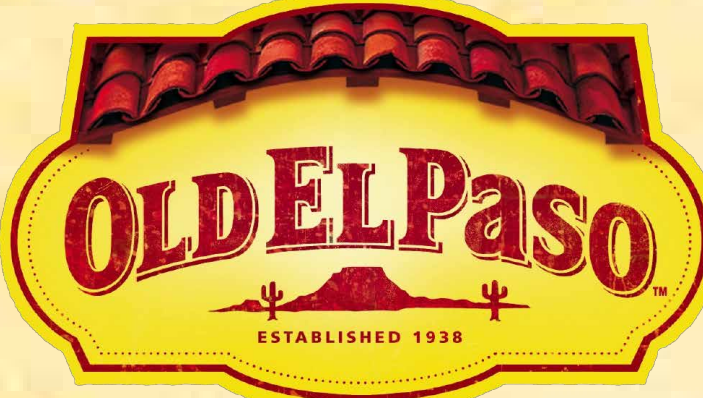


Organic
Baby Carrots **\$2.49** ea.
16 oz. Bag



Organic
**Green
Peppers** **\$2.99** lb.

Great Deals ON FAMILY FAVORITES





Old El Paso Dinner Kits
8.8 - 12.5 oz.
Assorted Varieties

2 FOR 7
Save \$1.49



Old El Paso Taco Shells
4.6 - 7.4 oz.
Assorted Varieties

2 FOR 5
Save \$1.09



Old El Paso Seasonings
1 oz.
Assorted Varieties

4 FOR 5
Save 74¢



Old El Paso Refried Beans
16 oz.
Assorted Varieties

2 FOR 4
Save 69¢



Starbucks Bagged Ground Coffee
18 oz.
Assorted Varieties

\$15.99
Save \$5.00



Kellogg's Corn Flakes
9.6 oz.

\$4.49
Save \$1.30



Annie's Mac & Cheese
5.5 - 6 oz.
Assorted Varieties

10 FOR 10
Save \$2.69





Kraft Mac & Cheese 5-Packs
36.25 oz.

\$6.99
Save \$2.50



Campbell's Chunky Soup
16.1 - 18.8 oz.
Assorted Varieties

2 FOR 5
Save \$2.09



No Yolks Noodles
12 oz.
Assorted Varieties

2 FOR 5
Save \$1.09



Ronzoni Pasta
12 - 16 oz.
Assorted Varieties

4 FOR 5
Save \$1.04



Red Pack Canned Tomatoes
28 - 29 oz.
Assorted Varieties

2 FOR 4
Save \$1.39



Victoria Pasta Sauce
24 oz.
Assorted Varieties

\$6.99
Save \$1.80



Newman's Own Pasta Sauce
24 oz.
Assorted Varieties

2 FOR 5
Save \$1.49



Libby's Canned Vegetables
14.5 - 15.25 oz.
Assorted Varieties

10 FOR 10
Save 99¢



Doritos Tortilla Chips
9 - 10.75 oz.
Assorted Varieties

\$2.99
Save \$2.50



Utz Potato Chips
7.75 - 8 oz.
Assorted Varieties

\$3.99
Save \$1.00



Ritz Crackers
11.6 - 13.7 oz.
Assorted Varieties

2 FOR 8
Save Up To \$1.79



Filippo Berio Olive Oil
25.3 fl. oz.
Assorted Varieties

\$7.99
Save Up To \$10.70



Pepsi Soda 12-Packs
12 fl. oz. / 12pk
144 fl. oz.
Assorted Varieties

\$5.99
Save \$4.30



Coca-Cola Soda 2-Liters
67.6 fl. oz.
Assorted Varieties

2 FOR 6
Save 49¢



Culture Pop Probiotic Soda 4-Pack
12 fl. oz. / 4pk
48 fl. oz.
Assorted Varieties

\$6.49
Save \$1.50

Great Deals ON FAMILY FAVORITES



Bounty Paper Towels
6-Double Plus Rolls
378 - 618 ct.
Assorted Varieties

\$14.99
Save \$6.50



Bounty Napkins
200 ct.

\$3.49
Save \$1.50



Charmin Bathroom Tissue
8-Super Mega &
12-Mega Rolls
2640 - 2772 ct.
Assorted Varieties

\$14.99
Save \$4.50



Cascade Platinum Plus & Complete ActionPacs
5 - 7.4 oz.
Assorted Varieties

\$4.99
Save \$2.00



Downy Fabric Softener
140 fl. oz.
Assorted Varieties

\$12.99
Save \$4.00



Tide Laundry Detergent
73 - 84 fl. oz.
Assorted Varieties

\$10.99
Save \$4.80



Cool Savings ON DAIRY AND FROZEN FOODS



Ellio's Pizza & Breadsticks
13.62 - 19.64 oz.
Assorted Varieties

\$3.99
Save \$1.00



Alexia Potatoes & Onion Rings
13.5 - 20 oz.
Assorted Varieties

\$3.99
Save Up To \$3.30



Hood Ice Cream
48 fl. oz.
Assorted Varieties

\$3.19
Save \$3.20



Outshine Bars
15 fl. oz.
Assorted Varieties

2 for \$9
Save \$2.29



Eggo's Thick & Fluffy Waffles
11.6 oz.
Assorted Varieties

2 for \$7
Save \$1.09



Pete & Gerry Large Brown Eggs 18-Pack
18 count

\$9.99
Save \$1.00



Pillsbury Cinnamon Buns & Crescents
4 - 7.3 oz.
Assorted Varieties

2 for \$4
Save Up To \$1.49



Food Club Butter
16 oz.

2 for \$5
Save \$1.49



Sargento Shredded Cheese
7 - 8 oz.
Assorted Varieties

2 for \$5
Save \$3.79



Polly-O Shredded Pizza Cheese
8 oz.

\$3.99
Save \$1.00



Cabot Cream Cheese
8 oz.

\$2.29
Save 10¢



Fage Sour Cream
8 oz.

\$1.49
Save 70¢



Chobani Greek Yogurt
32 oz.
Assorted Varieties

\$6.49
Save \$1.20



Califia Non-Dairy Milk
48 fl. oz.
Assorted Varieties

\$3.99
Save \$1.30



Shamrock Half & Half
32 fl. oz.
Assorted Varieties

\$3.99
Save 50¢



Tropicana Orange Juice
46 fl. oz.
Assorted Varieties

2 for \$8
Save \$1.29



Starbucks Iced Coffee
48 oz.
Assorted Varieties

\$5.99
Save \$2.00



Shamrock Rockin' Protein
50 Grams
19.7 oz.
Assorted Varieties

2 for \$7
Save \$1.19



President Whipped Cream
10 oz.
Assorted Varieties

\$4.49
Save \$4.50

Your Favorite SPECIALTY GROCERY ITEMS



Michaels of Brooklyn Home Style Gravy
32 oz.

\$7.49
Save \$2.50



Stahlbush Island Farms Frozen Vegetables
10 oz.
Assorted Varieties

\$3.99
Save 50¢



Alessi Risotto
6.5 - 8 oz.
Assorted Varieties

\$2.99
Save \$1.30



Nocci Gluten Free Gnocchi
16 oz.

\$4.19
Save \$1.30



Dorot Gardens Frozen Herbs & Spices
2.5 - 2.8 oz.
Assorted Varieties

\$3.69
Save 60¢



Colavita Extra Virgin Olive Oil
34 fl. oz.

\$26.79
Save \$6.20



Neolea Aged Balsamic Vinegar
8.45 fl. oz.

\$14.29
Save \$4.70



Celestial Seasonings Teas
*Excludes Extra Sleepytime
20 count
Assorted Varieties

\$4.49
Save \$1.10

FROM THE DELI



Save \$4.00 lb.
Boar's Head
**HONEY MAPLE
TURKEY**
\$11.99 lb.



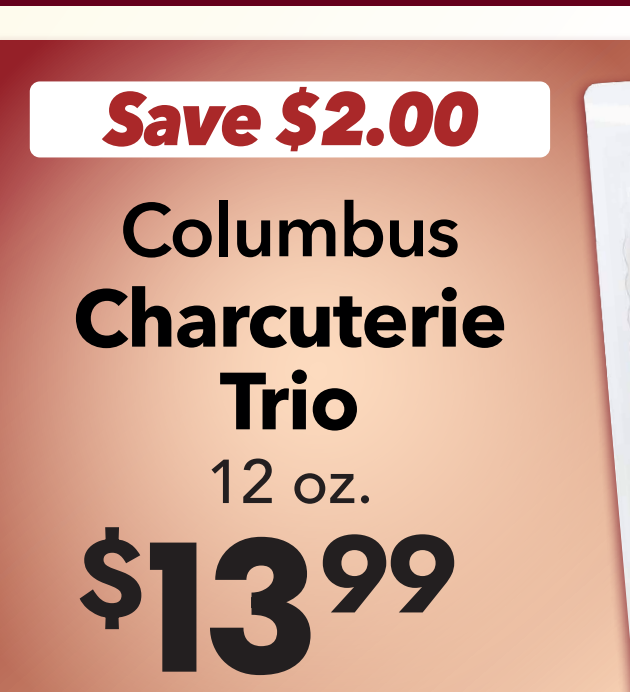
Save \$2.00 lb.
Boar's Head
**DELUXE
HAM**
\$11.99 lb.



Save \$2.00 lb.
Boar's Head
**EVERROAST
CHICKEN**
\$11.99 lb.



Save \$2.00 lb.
Boar's Head
**AMERICAN
CHEESE**
\$4.99 lb.



Save \$2.00
Columbus
**Charcuterie
Trio**
12 oz.
\$13.99



Save \$1.00
Kretschmar
**Cheese
Platter**
12 oz.
\$8.99

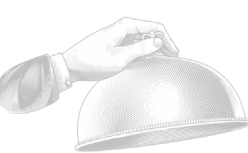


Save \$1.00
Dolcetto
Tuscan Crisps
Assorted, 5.3 oz.
\$4.99

PREPARED FOODS

ONE DAY SALE ITEM

Freshly Prepared



Green
Goddess
Salmon
19.99 lb.



Save \$1.00 ea.

Freshly Prepared

Classic
Italian
Meatballs
10.99 ea.



Save \$1.00 ea.

Freshly Prepared
Harvest
Chicken
Bowl
\$12.99 ea.



Save \$1.00 ea.

Freshly Prepared
Vegan
"Chicken"
Pot Pie
\$10.99 ea.



Save \$1.00 lb.

Greek
Chicken
Salad
\$9.99 lb.

Save \$1.00 lb.

Cucumber
Garbanzo
Salad
\$7.99 lb.

BELMONT'S BAKED GOODS



SAVE \$1.00

Pumpkin
Fritters
14 oz.

\$3.99



SAVE \$1.00

Pumpkin
Cake Donuts
10 oz.

\$4.99



SAVE \$1.00

Apple Cider
Donuts
10 oz.

\$4.99



Cranberry Pecan
Multi-Grain

\$5.99

EXPLORE OUR DAILY ROTATING MENU ON OUR WEBSITE.

www.BelmontMarket.com/Menus

REHEATING INSTRUCTIONS ONLINE IF NEEDED.



Experience the freshest flavors at our sushi haven!

Our skilled chefs use only the finest, highest-grade ingredients to craft a wide array of rolls, sashimi, and sushi. From basic to exotic, we have options for everyone, including both vegetarians and vegans.



HEALTH & WELLNESS



Natracare
Moist Tissues
Safe to Flush!
30 count
\$4²⁹
Save 50¢



Unreal
Bagged
Chocolates
Assorted, 3.4 - 5 oz.
\$6⁵⁹
Save \$2.00



Dr. Bronner's
Shaving
Soaps
Assorted, 7 fl oz.
\$10⁴⁹
Save \$1.80



Crystal
Roll-On
Deodorant
Assorted, 2.25 fl oz.
\$4⁴⁹
Save \$1.50

THE HERB WYFE



Clearpath
Herbals
Sleep
Support
2 oz.
\$21⁰⁰
Save \$3.00



Herb Pharm
Valerian
1 oz.
\$15⁹⁹
Save \$2.00



Wish Garden
Sleepy Nights
Pregnancy
2 oz.
\$21⁹⁹
Save \$3.00



GAIA Herbs
Relax
Gummies
45 count
\$15⁹⁹
Save \$3.00

SPRUCE UP WITH FESTIVE FLOWERS

EXPLORE OUR FLORAL COLLECTION TO PERFECT YOUR CELEBRATION WITH
BOUQUETS, CENTERPIECES, AND FLOWERING PLANTS.

Local
Sunflowers
\$10⁹⁹



Cyclamen
4" Plant
\$10⁹⁹



Garden Mix
Bouquet
\$19⁹⁹



Pine Tree Farms
Fruit, Berry, & Nut
Seed Cake
\$9⁹⁹



BELMONT MARKET *Gift Baskets*



Celebrate Any Occasion!

Our unique gift baskets are perfect for birthdays, retirement, weddings, sympathy, anniversaries, holiday, housewarming and more! Choose from a great assortment year-around.

VISIT US IN-STORE, CALL 401-789-4656,
OR SHOP ONLINE AT SHOP.BELMONTMARKET.COM
TO ORDER NOW



FRESH MADE FROM SCRATCH BELMONT MARKET BREAD

**Home-style Sandwich Loaves,
Whole Grain Baguettes, Italian
and Flat bread Styles**

Belmont Bread, with the help of our bread baker, we are working to incorporate more regionally grown and milled grains, into our products in an effort to not only make unique and interesting breads, but also to help rebuild a piece of our regional heritage that has been all but lost over the last century.

SAVE TIME AND SHOP ONLINE!

Our convenient hours and scheduled delivery make it easy for you to do your grocery shopping on your own time.

You can pick up your order or have it delivered, even to Block Island!

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