

BELMONT

MARKET

A BETTER PLACE TO SHOP SINCE 1945

SUMMERTIME

SAVINGS

WEEKLY SALES FLYER

Freshly Picked
Green Beans
\$1.49 lb.

Native, RI
Butter N' Sugar
Sweet Corn
6 for \$3.59

Save \$4.00 LB.

Sirloin Tip Steaks
\$16.99 lb.

Sweet or Hot Sausage
\$4.99 lb.
Save \$2.00 lb.

GRADE A

Boneless Skinless Chicken Breast Family Pack
\$3.99 lb.
Save \$2.00 lb.

KAYEM



BEEF HOT DOGS

NO BY-PRODUCTS

NO FILLERS

NO ARTIFICIAL FLAVORS

**DEEP
SAVINGS!**

SAVE \$6.00 EA.

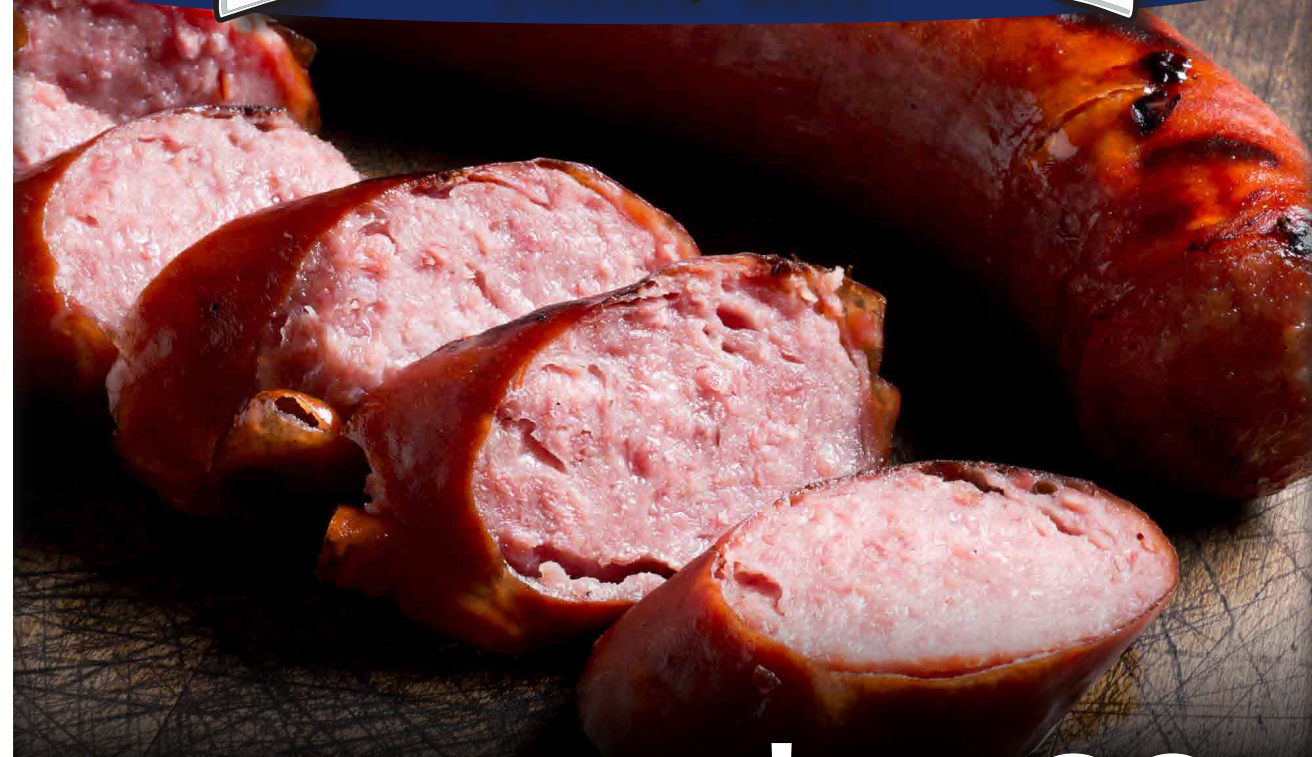
\$3.99

**ASSORTED,
12 - 14 oz.**

DEEP SAVINGS WHILE SUPPLIES LASTS. NO RAINCHECKS.

KAYEM

CHELSEA, MASS.



Kielbasa
14 oz.

\$6⁹⁹
Save \$2.00

KAYEM

CHELSEA, MASS.



Bacon
Assorted Varieties,
12 oz.

\$7⁹⁹
Save \$2.00

Tyson



**Frozen
Chicken**
Assorted Varieties,
20 - 25 oz.

\$9⁹⁹
Save \$2.00

BELMONT BREAD



Save \$1.00 ea.

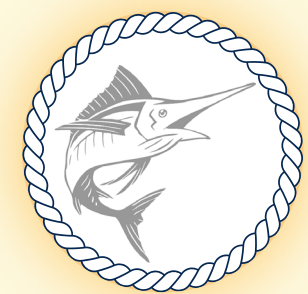
**Rye Sandwich
Loaf**

\$5⁴⁹

REEL IN FANTASTIC SEAFOOD



Fresh
Swordfish
\$18⁹⁹ lb.



Halibut
\$27⁹⁹ lb.

EFFECTIVE DATES: SEPTEMBER 4TH - SEPTEMBER 10TH

Monday - Saturday - 7:00AM - 10:00PM
Sunday - 7:00AM - 8:00PM

600 KINGSTOWN RD, WAKEFIELD, RI / (401) 789-4656
WWW.BELMONTMARKET.COM

BELMONT MARKET

A Better Place to Shop Since 1947

"Not responsible for typographical or photo errors. In fairness to our customers we reserve the right to limit quantities. Meat Department Items are not cooked."

The Freshest **PRODUCE**



Fresh
**Broccoli
Crowns**

1.49 lb.



**Heirloom
Grape
Tomatoes**
Pint

1.99 ea.



Seedless Grapes
Red, Green & Black

2.99 lb.



**Cara Cara
Oranges**

1.99 lb.



**Moro Blood
Oranges**

1.99 lb.



US #1
**Honeycrisp
Apples**

2.49 lb.



California, USA
**Black
Plums**

2.99 lb.



California, USA
**Yellow
Nectarines**

2.99 lb.



California, USA
Cantaloupes

3.99 ea.



Imported
**Hass
Avocados**

2 FOR 3



Sno White
Cauliflower

2.99 ea.



California, USA
**Red or
Green Leaf
Lettuce**

1.49 ea.



**Yukon Gold
Potatoes**
5 lb. Bag

2.99 ea.



Georgia, USA
**Sweet
Vidalia
Onions**

1.29 lb.



SAVE \$3.00 LB.

DEEP SAVINGS!

Fresh Cut
**Fruit
Medley**

3.99lb.



SAVE \$3.00 EA.

Whole
**Seedless
Watermelon**

3.99ea.

The Best **ORGANIC SELECTION**



ORGANIC
**Gala
Apples**
\$2.49lb.



Organic
**Fresh
Lemons**

4/\$4



Organic
**Red Bell
Peppers**

\$3.99lb.



Organic
**Fresh
Cauliflower**

\$3.99ea.



Organic
**Celery
Hearts**

\$2.99ea.



Organic
**Green
Kale**

\$2.49ea.



Organic
**Romaine
Lettuce**

\$2.49ea.

THIS LABOR DAY

GET 10% OFF

**BELMONT ONLINE
GROCERY ORDERS**

WHEN SPENDING \$50 OR MORE

USING CODE: LD26

SEPTEMBER 5TH-7TH

Great Deals ON FAMILY FAVORITES



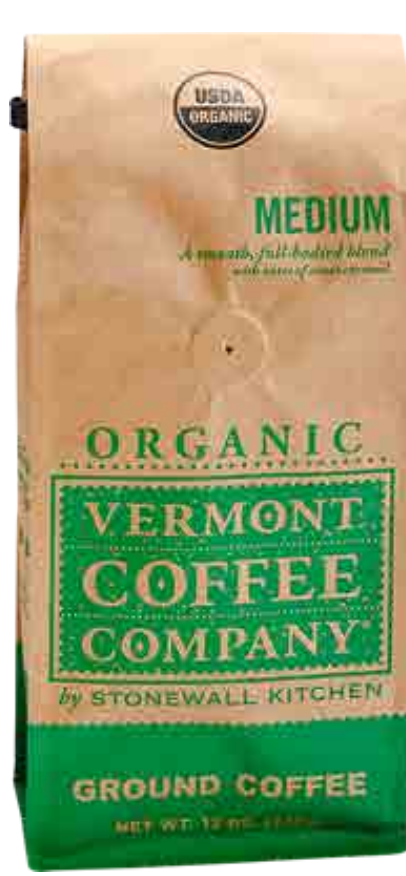
Green Mountain Coffee K-Cups
3.1 - 4 oz.
Assorted Varieties

\$6.99
Save \$7.80



Starbucks Ground & Whole Bean Coffee
18 oz.
Assorted Varieties

\$15.99
Save \$5.00



Vermont Coffee Co. Organic Coffee
10 - 12 oz.
Assorted Varieties

\$13.99
Save \$1.50



Vermont Coffee Co. Organic Coffee
16 oz.
Assorted Varieties

\$15.99
Save \$2.00



Cheerios Cereal
12 - 15.4 oz.
Assorted Varieties

2 for \$7
Save up to \$3.49



Nature Valley Granola Bars
*Excludes Protein
7.2 - 8.94
Assorted Varieties

2 for \$5
Save \$2.79



Thomas' Swirl Bread
16 oz.
Assorted Varieties

2 for \$6
Save \$1.99



Kraft Mac & Cheese
5.5 - 7.25 oz.
Assorted Varieties

10 for \$10
Save \$1.19



Campbell's Tomato & Chicken Noodle Soups
10.75 oz.
Assorted Varieties

4 for \$5
Save 74¢



Ronzo Pasta
12 - 16 oz.
Assorted Varieties

4 for \$5
Save \$1.04



Newman's Own Pasta Sauce
24 oz.
Assorted Varieties

\$2.99
Save \$1.00



Red Pack Canned Tomatoes
28 oz.
Assorted Varieties

2 for \$4
Save \$1.39



Full Circle Market Organic Vegetables
14.5 - 15.25 oz.
Assorted Varieties

2 for \$4
Save 29¢



Tortiyahs! Tortilla Chips
10 - 11 oz.
Assorted Varieties

\$4.49
Save 80¢



Doritos Tortilla Chips
9 - 10.25 oz.
Assorted Varieties

\$2.99
Save \$2.50



Full Circle Market Organic Pumpkin
15 oz.

\$2.99
Save 30¢



Gold Medal Flour
5 lb.
Assorted Varieties

\$3.99
Save \$2.00



Filippo Berio Olive Oil
16.9 fl. oz.
Assorted Varieties

\$4.99
Save Up To \$8.50



Golden Blossom Honey
16 oz.

\$7.99
Save \$1.00



Betty Crocker Brownie Mix
16.3 oz.
Assorted Varieties

2 for \$5
Save 29¢



Betty Crocker Pouch Cookies
17.5 oz.
Assorted Varieties

2 for \$6
Save \$1.49



Culture Pop Probiotic Soda 4-Packs
12 fl. oz. / 4pk
48 fl. oz.
Assorted Varieties

\$6.49
Save \$1.50



V8 Vegetable Juice
46 fl. oz.
Assorted Varieties

2 for \$7
Save \$1.29



Ocean Spray Drinks & Cocktails
*Excludes 100% Juices
64 fl. oz.
Assorted Varieties

2 for \$5
Save \$1.79



Polar Seltzer 12-packs
12 fl. oz. / 12pk
144 fl. oz.
Assorted Varieties

3 for \$13
Save \$1.66



Pepsi Soda 12-packs
12 fl. oz. / 12pk
144 fl. oz.
Assorted Varieties

\$5.99
Save \$4.30



Coca-Cola Soda 2-Liters
67.6 fl. oz.
Assorted Varieties

2 for \$6
Save 49¢



Bounty Paper Towels 6-Double Plus
378 - 618 ct.
Assorted Varieties

\$14.99
Save \$6.50



Charmin Bathroom Tissue
12-Mega Rolls & 8-Mega XL Rolls
2496 - 2772 ct.
Assorted Varieties

\$14.99
Save \$4.50



Tide Detergent
73 - 84 fl. oz.
Assorted Varieties

\$12.99
Save \$2.80



Arm & Hammer Liquid Detergent
45.5 fl. oz.
Assorted Varieties

\$5.99
Save \$2.00

Cool Savings ON DAIRY AND FROZEN FOODS



Rao's Italian Entree's
8.4 - 9.5 oz.
Assorted Varieties **2 for \$6**
Save \$4.29



Rao's Brick Oven Pizza
18.3 - 20.8 oz.
Assorted Varieties **\$6.99**
Save \$7.50



Breyer's Ice Cream
48 fl. oz.
Assorted Varieties **\$4.99**
Save \$2.80



Magnum Bars
8.11 - 9.12 oz.
Assorted Varieties **2 for \$9**
Save \$1.49



Siggi's Skyr Yogurt 4-Packs
14 oz.
Assorted Varieties **\$5.99**
Save \$1.30



Yoplait Oui French Yogurt
5 oz.
Assorted Varieties **2 for \$3**
Save 69¢



Fage Greek Yogurt
4.4 - 5.3 oz.
Assorted Varieties **4 for \$5**
Save 94¢



Daisy Squeeze Sour Cream
14 oz.
\$2.99
Save 60¢



Cabot Cream Cheese Bar
8 oz.
Assorted Varieties **\$2.29**
Save 70¢



Cabot Cheese Sticks
7.5 oz.
\$4.49
Save \$1.00



Sargento Shredded Cheese
5 - 8 oz.
Assorted Varieties **2 for \$6**
Save \$1.79



Breakstone Cottage Cheese
16 oz.
Assorted Varieties **2 for \$6**
Save \$1.49



Olivio Buttery Spread
15 oz.
\$3.99
Save \$1.00



Florida Natural Orange Juice
89 fl. oz.
Assorted Varieties **\$6.49**
Save \$2.80



La Colombe Cold Brew Coffee
42 fl. oz.
Assorted Varieties **2 for \$8**
Save \$4.49



Califia Non-Dairy Milks
48 fl. oz.
Assorted Varieties **\$3.99**
Save \$1.50



Califia Barista Blend Oat Milk
32 fl. oz.
\$3.99
Save \$1.30



Lifeway Kefir
32 fl. oz.
Assorted Varieties **\$3.99**
Save Up To \$2.40

Your Favorite SPECIALTY GROCERY ITEMS



Bechtle Mini Lasagne Noodles
17.6 oz.
\$6.29
Save \$1.70



RiceSelect Organic Texmati Rice
32 oz.
Assorted Varieties **\$9.79**
Save \$1.20



Cascadian Farm Organic Tater Tots
16 oz.
\$4.99
Save \$2.40



Annie's Homegrown Gluten Free Rice Pasta & Cheese
6 oz.
\$3.99
Save \$1.00



Michaels of Brooklyn Home Style Gravy Pasta Sauce
32 oz.
\$7.89
Save \$2.10



Colavita Extra Virgin Olive Oil
8.5 fl. oz.
\$7.99
Save \$1.20



Bonne Maman Select Fruit Preserve
13 oz.
Assorted Varieties **\$7.79**
Save \$1.40



One Jack Pony Organic Argentinian Peanut Butter
16 oz.
Assorted Varieties **\$8.39**
Save \$1.60

FROM THE DELI



Save \$4.00 lb.

Boar's Head
OVENGOLD
TURKEY

\$11.99 lb.

Save \$2.00 lb.

Boar's Head
TAVERN
HAM

\$11.99 lb.





Save \$2.00 lb.

Boar's Head
SWEET B'S
BBQ CHICKEN

\$11.99 lb.

Save \$2.00 lb.

Boar's Head
MILD
PROVOLONE

\$6.99 lb.



Save \$1.00

Sincerely Bridgette
Black Truffle
Cheese

6 oz.

\$5.99





Save \$1.00

Citterio
Antipasto
Italiano

6 oz.

\$7.99

Save \$1.00

Liuzzi Cheese
Burrata

Assorted Varieties,
8 oz.

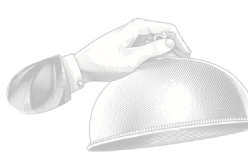
\$8.99



PREPARED FOODS

ONE DAY SALE ITEM

Freshly Prepared



Baked
Cod

\$18.99 lb.



Save \$1.00 ea.

Freshly Prepared

Bourbon
Steak Tip
Dinner

\$15.99 ea.

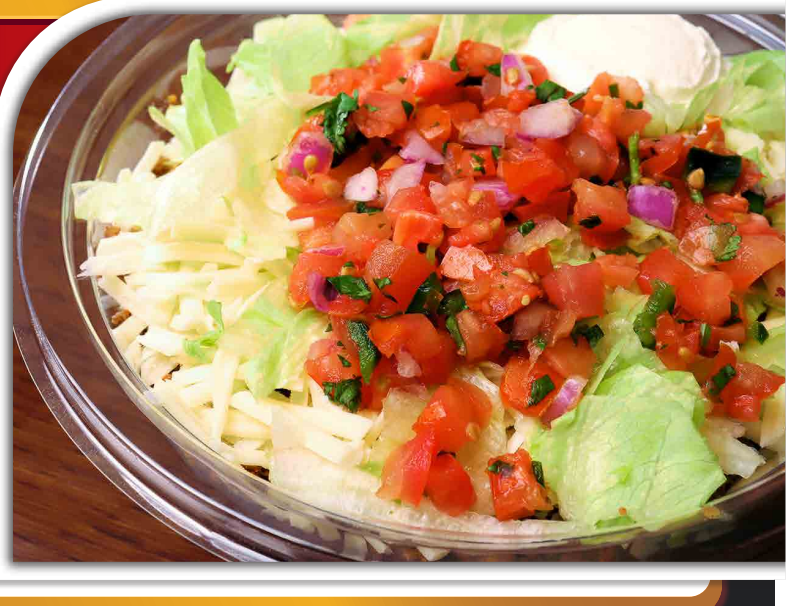


Save \$1.00 ea.

Freshly Prepared

Beef
Taco Bowl

\$11.99 ea.



Save \$1.00 lb.

Freshly Prepared

Vegan
American
Chop Suey

\$10.99 lb.



Save \$1.00 lb.

Ham
Salad

\$8.99 lb.

Save \$1.00 lb.

Tomato
Mozzarella
Salad

\$10.99 lb.

BELMONT'S BAKED GOODS



SAVE 50¢

Strawberry
Hand Pie

\$1.99



SAVE 50¢

Pumpkin
Muffins

\$1.99



Mini
Cannoli
5-Pack

\$7.99



Roasted
Garlic Loaf

\$5.99

EXPLORE OUR DAILY ROTATING MENU ON OUR WEBSITE.
www.BelmontMarket.com/Menus
REHEATING INSTRUCTIONS ONLINE IF NEEDED.



Experience the freshest flavors at our sushi haven!

Our skilled chefs use only the finest, highest-grade ingredients to craft a wide array of rolls. From basic to exotic, we have options for everyone, including both vegetarians and vegans.



HEALTH & WELLNESS



Natrol Melatonin Gummies Strawberry 5 mg, 90 count
\$13.39
Save \$3.00



Childlife Vitamin C Liquid 25 mg, 4 fl oz.
\$7.49
Save \$1.50



Regener Life NMN Surge NAD+ Boost 300 mg, 60 count
24.29
Save \$5.00



Humble Deodorant Assorted Scents, 2.65 oz.
\$9.89
Save \$2.00

THE HERB WYFE



Host Defense Lion's Mane 120 count
56.99
Save \$3.00



Herb Pharm Ginkgo Tincture 1 oz.
\$15.99
Save \$2.00



GAIA Herbs Nootropics Focus 40 count
\$36.99
Save \$4.00



Flower Essence Services Mind-Full 2 oz.
\$15.95
Save \$2.00

SPRUCE UP WITH FESTIVE FLOWERS

EXPLORE OUR FLORAL COLLECTION TO PERFECT YOUR CELEBRATION WITH BOUQUETS, CENTERPIECES, AND FLOWERING PLANTS.

Local Sunflower Bunches
\$10.99



Callalilly 4" Plant
\$17.99



Vintage Party Bouquet
\$29.99



Lizzie Mae's Fruit, Berry & Nut Seed Cake
\$9.99



BELMONT MARKET *Gift Baskets*



Celebrate Any Occasion!

Our unique gift baskets are perfect for birthdays, retirement, weddings, sympathy, anniversaries, holiday, housewarming and more! Choose from a great assortment year-around.

VISIT US IN-STORE, CALL 401-789-4656,
OR SHOP ONLINE AT SHOP.BELMONTMARKET.COM
TO ORDER NOW



FRESH MADE FROM SCRATCH BELMONT MARKET BREAD

**Home-style Sandwich Loaves,
Whole Grain Baguettes, Italian
and Flat bread Styles**

Belmont Bread, with the help of our bread baker, we are working to incorporate more regionally grown and milled grains, into our products in an effort to not only make unique and interesting breads, but also to help rebuild a piece of our regional heritage that has been all but lost over the last century.

SAVE TIME AND SHOP ONLINE!

Our convenient hours and scheduled delivery make it easy for you to do your grocery shopping on your own time.

You can pick up your order or have it delivered, even to Block Island!

SHOP.BELMONTMARKET.COM

