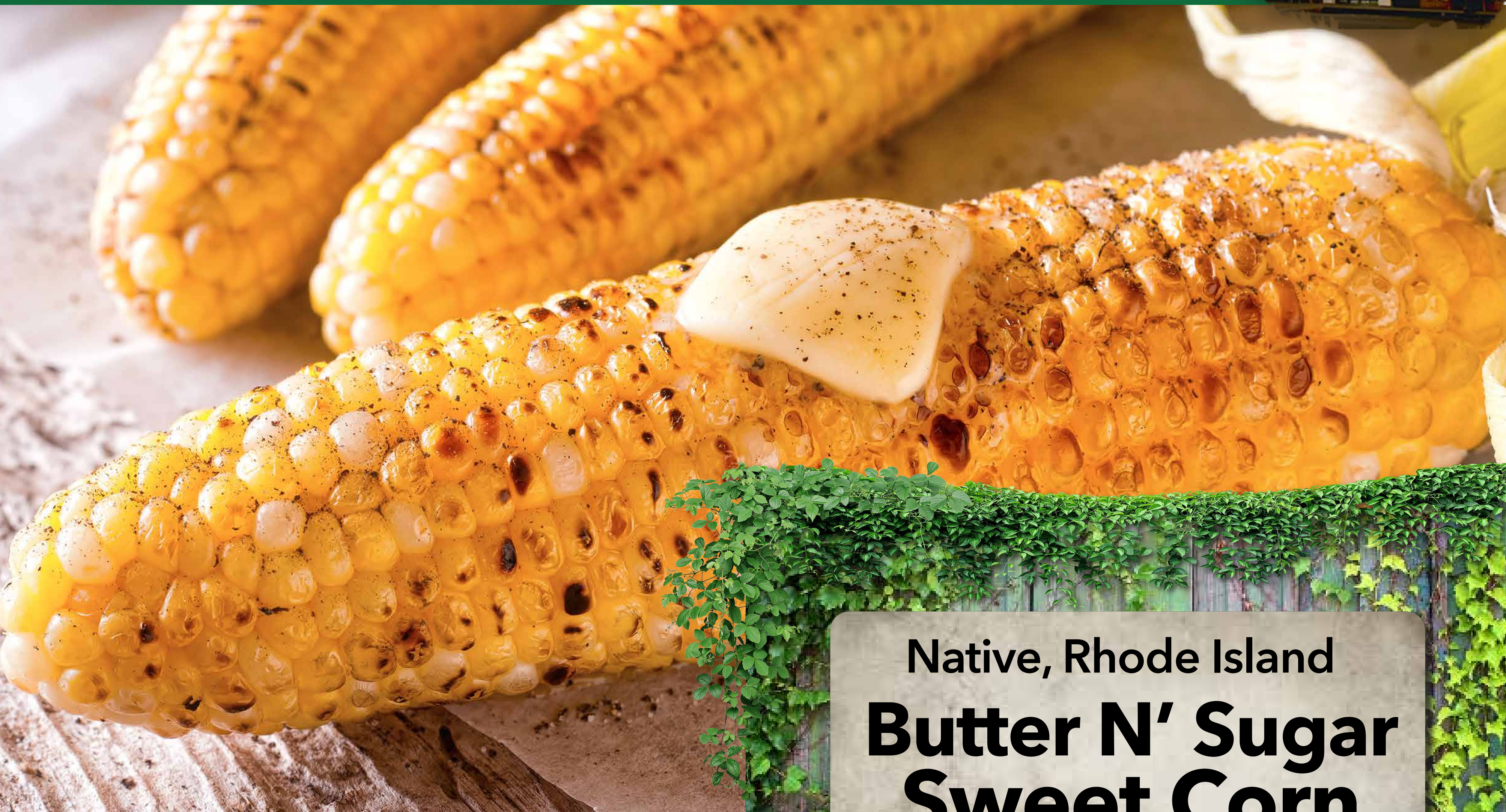




WEEKLY SALES FLYER



Native, Rhode Island
**Butter N' Sugar
Sweet Corn**
5^{lb} \$3.99



Native,
Rhode Island
Tomatoes **\$3.99 lb.**



Save \$6.00 LB.

**Porterhouse
or T-Bone
Steak** **\$14.99 lb.**



CHAIRMAN'S RESERVE



Sweet or Hot
Italian
Sausage **\$4.99 lb.**
Save \$2.00 lb.



Bell & Evans



Split Chicken
Breast **\$4.99 lb.**
Save \$2.00 lb.



Oscar Mayer

Deli Fresh Lunch Meats
8 - 9 oz.

\$4⁹⁹ ea.
Save \$2.00 ea.



BROOKLYN
THE HOT DOG CO.

All Natural Smoked & Uncured
Hot Dogs
12 oz.

10⁹⁹ ea.
Save \$2.00 ea.



Tyson

Frozen Chicken
All Varieties,
20 - 26 oz.

\$9⁹⁹ ea.
Save \$2.00 ea.

BELMONT  **BREAD**



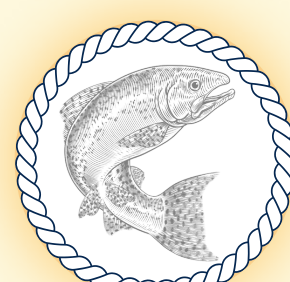
Save \$1.00 ea.

Cranberry Pecan Sourdough Sandwich Loaf

\$7⁹⁹

REEL IN FANTASTIC SEAFOOD





Faroe Island Salmon
\$17⁹⁹ lb.





Halibut
\$27⁹⁹ lb.



DEEP SAVINGS!

SAVE \$3

Ancient Grain Sandwich Loaf

\$3⁴⁹



SAVE \$3

Italian 3-Cheese Flatbread

\$3⁴⁹

*WHILE SUPPLIES LASTS, NO RAIN CHECKS

EFFECTIVE DATES: JULY 24TH - JULY 30TH
Monday - Saturday - 7:00AM - 10:00PM
Sunday - 7:00AM - 8:00PM

600 KINGSTOWN RD, WAKEFIELD, RI / (401) 789-4656
WWW.BELMONTMARKET.COM

BELMONT  **MARKET**
A Better Place to Shop Since 1947

"Not responsible for typographical or photo errors. In fairness to our customers we reserve the right to limit quantities. Meat Department Items are not cooked."

The Freshest **PRODUCE**



Native,
Rhode Island
**Green
Beans**

\$2.49 lb.



Native,
Rhode Island
**Green &
Yellow Squash**

\$1.29 lb.



California, USA
Seedless Grapes
Red, Green & Black

\$3.49 lb.



California, USA
**Yellow
Nectarines**

\$2.49 lb.



Mac's Pride
**Southern
Peaches**

\$2.49 lb.



US #1
**Honeycrisp
Apples**

\$2.99 lb.



California, USA
**Black
Plums**

\$2.49 lb.



**Whole
Seedless
Watermelon**

\$5.99 ea.



**Fresh
Blueberry
Pints**

\$2.99 ea.



**Imported
Hass
Avocados**

2 FOR 4



**Sno White
Cauliflower**

\$2.29 ea.



California, USA
**Red or Green
Leaf Lettuce**

\$1.49 ea.



**Cello
Carrots**
1 lb.

99¢ ea.



California, USA
**Bunch
Celery**

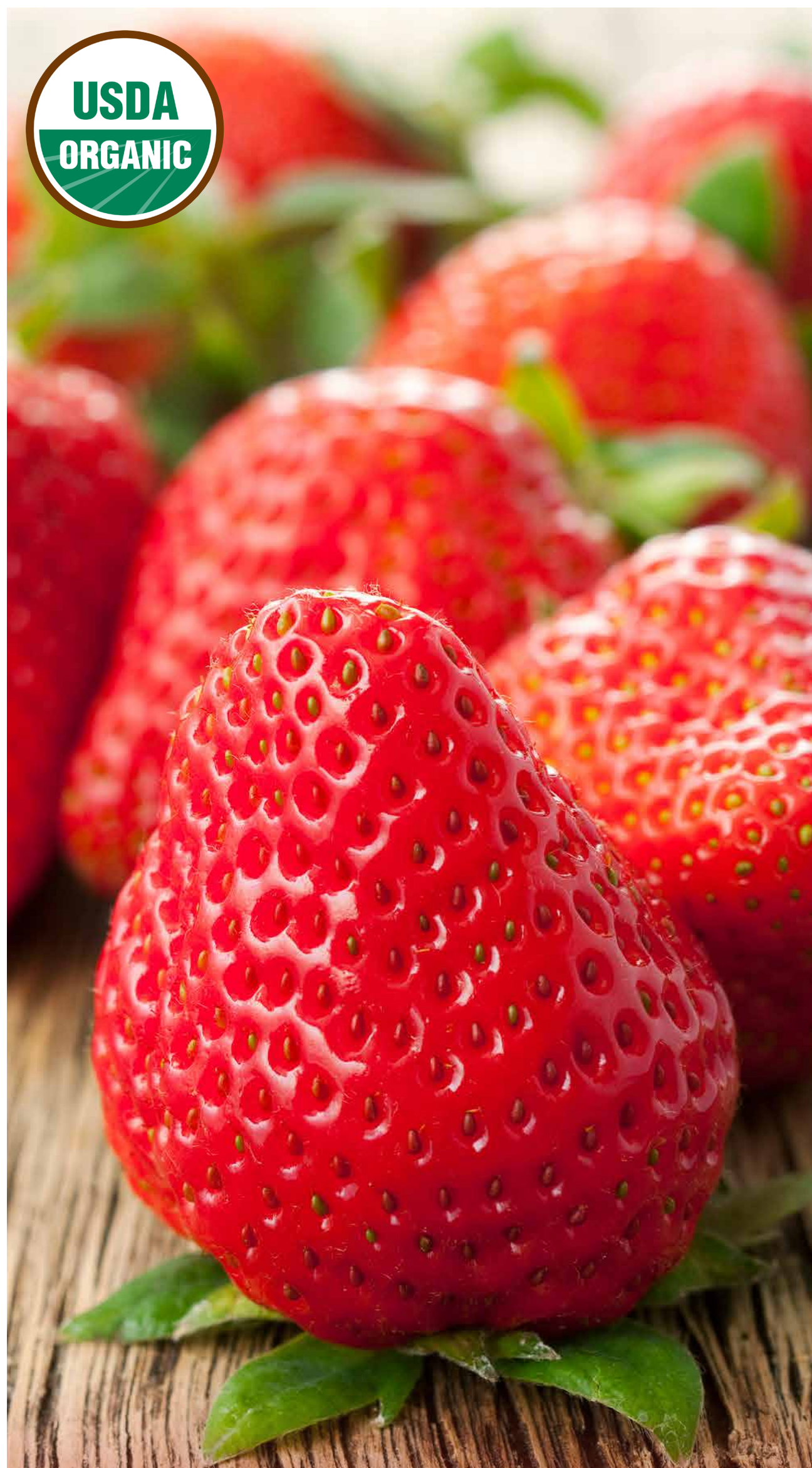
\$1.49 ea.



**Red
Potatoes**
5 lb. Bag

\$2.99 ea.

The Best **ORGANIC SELECTION**



ORGANIC
Strawberries
16 oz.

\$4.99



Organic
Blueberries
8 oz. **\$3.99** ea.



Organic
Raspberries
8 oz. **\$3.99** ea.



Organic
Mini Watermelons
\$6.99 ea.



Organic
Fresh Peaches
\$3.99 lb.



Organic
Fresh Cauliflower
\$3.99 ea.

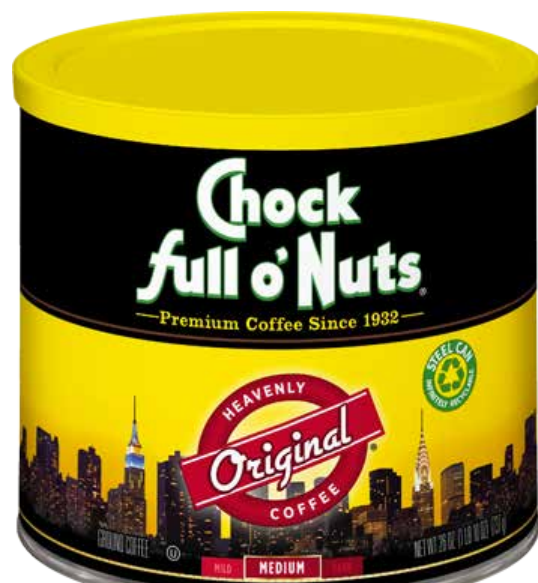


Organic
Green Bell Peppers
\$2.99 lb.

Great Deals ON FAMILY FAVORITES



Maxwell House Coffee K-Cups
3.1 - 3.4 oz.
Assorted Varieties **\$7.99**
Save \$3.50



Chock Full o' Nuts Ground Coffee
24 - 26 oz.
Assorted Varieties **\$17.99**
Save \$4.00



Kashi Cereal
12.3 - 18 oz.
Assorted Varieties **\$3.99**
Save \$3.00



Cheerios Cereal
12 - 15.4 oz.
Assorted Varieties **2 for \$7**
Save Up To \$3.49



Triscuits Crackers
7.1 - 8.5 oz.
Assorted Varieties **2 for \$7**
Save \$1.99



Wheat Thins Crackers
7.1 - 8.5 oz.
Assorted Varieties **2 for \$7**
Save \$1.99



Ronzoni Pasta
12 - 16 oz.
Assorted Varieties **10 for \$10**
Save \$1.29



Prego Pasta Sauce
23.5 - 24 oz.
Assorted Varieties **3 for \$7**
Save \$1.66



Starkist Tuna Pouches
2.6 - 3 oz.
Assorted Varieties **2 for \$3**
Save 89¢



Starkist Solid White Tuna
5 oz.
2 for \$3
Save \$1.19



Filippo Berio Olive Oil
25.3 fl. oz.
Assorted Varieties **\$7.99**
Save Up To \$10.70



Heinz Chili & Cocktail Sauce
12 oz.
Assorted Varieties **2 for \$7**
Save Up To 49¢



Old El Paso Taco Shells
4.6 - 7.4 oz.
Assorted Varieties **2 for \$4**
Save \$1.59



Old El Paso Dinner Kits
8.8 - 12.5 oz.
Assorted Varieties **2 for \$6**
Save \$1.99



Old El Paso Seasoning Mix
1 oz.
Assorted Varieties **10 for \$10**
Save 99¢



Old El Paso Refried Beans
16 oz.
Assorted Varieties **2 for \$4**
Save 69¢



Old El Paso Enchilada Sauce
19 oz.
2 for \$7
Save \$1.29



Full Circle Market Organic Specialty Beans
15.5 oz.
Assorted Varieties **4 for \$5**
Save 54¢



Ritz Crackers
11.6 - 13.7 oz.
Assorted Varieties **2 for \$7**
Save Up To \$2.29



Tortiyahs! Tortilla Chips
10 - 11 oz.
Assorted Varieties **\$4.49**
Save 80¢



Frito Lay Lay's Chips
7.75 - 8 oz.
Assorted Varieties **\$2.99**
Save \$1.30



Pepsi Soda 2-Liters
67.6 fl. oz.
Assorted Varieties **2 for \$4**
Save \$1.99



Coca-Cola Soda 12-Packs
12 fl. oz. / 12pk
144 fl. oz.
Assorted Varieties **\$8.49**
Save \$1.50



Culture Pop Probiotic Soda Singles
12 fl. oz.
Assorted Varieties **2 for \$3**
Save 79¢



Polar Seltzer 2-Liters
67.62 fl. oz.
Assorted Varieties **4 for \$5**
Save 64¢

Great Deals ON FAMILY FAVORITES



Bounty Paper Towels
6-Triples Rolls
450 - 738 ct.
Assorted Varieties

\$17.99
Save \$6.00



Cottonelle Bathroom Tissue
12-Mega Rolls
2928 - 3408 ct.
Assorted Varieties

\$13.99
Save \$3.00



Off! Deep Woods Insect Repellent Spray
6 oz.

\$7.99
Save \$1.30



Gain Detergent
81 - 88 fl. oz.
Assorted Varieties

\$10.99
Save \$3.30



Tide Detergent
55 - 60 fl. oz.
Assorted Varieties

\$10.99
Save \$3.30



Bounce Dryer Sheet
60 - 240 ct.
Assorted Varieties

\$9.99
Save \$4.00



Fancy Feast Gem Pate
4 oz.
Assorted Varieties

2 for \$4
Save 49¢

Cool Savings ON DAIRY AND FROZEN FOODS



Birds Eye Vegetables
9 - 14 oz.
Assorted Varieties

3 for \$7
Save \$1.46



Celentano Ravioli, Cavatelli & Tortellini
12 oz.
Assorted Varieties

3 for \$8
Save Up To \$1.92



Turkey Hill Ice Cream
46 fl. oz.
Assorted Varieties

\$3.59
Save \$3.20



Reddi Wip Whipped Topping
6.5 oz.
Assorted Varieties

\$2.79
Save \$2.00



Stonyfield Yogurt
32 oz.
Assorted Varieties

\$4.99
Save \$1.30



Chobani Yogurt Flips
4.5 oz.
Assorted Varieties

3 for \$4
Save 96¢



Fage Sour Cream
8 oz.

\$1.49
Save 70¢



Daisy Cottage Cheese
16 oz.
Assorted Varieties

\$2.99
Save \$1.20



Borden Shredded Cheese
8 oz.
Assorted Varieties

\$2.99
Save 80¢



Pillsbury Crescent & Grands Dough
8 - 16.3 oz.
Assorted Varieties

2 for \$6
Save \$1.99



Plugra Butter
8 oz.
Assorted Varieties

\$2.99
Save \$1.30



Swiss Miss Pudding 6-Packs
24 oz.
Assorted Varieties

\$3.49
Save 80¢

PLANET OAT



Planet Oat Non-Dairy Creamer
32 fl. oz.
Assorted Varieties

2 for \$6
Save \$1.79



Planet Oat Non-Dairy Milk
52 fl. oz.
Assorted Varieties

2 for \$6
Save \$1.19



Pure Leaf Tea
59 fl. oz.
Assorted Varieties

\$2.99
Save 40¢



Tropicana Orange Juice
46 fl. oz.
Assorted Varieties

\$4.49
Save 80¢

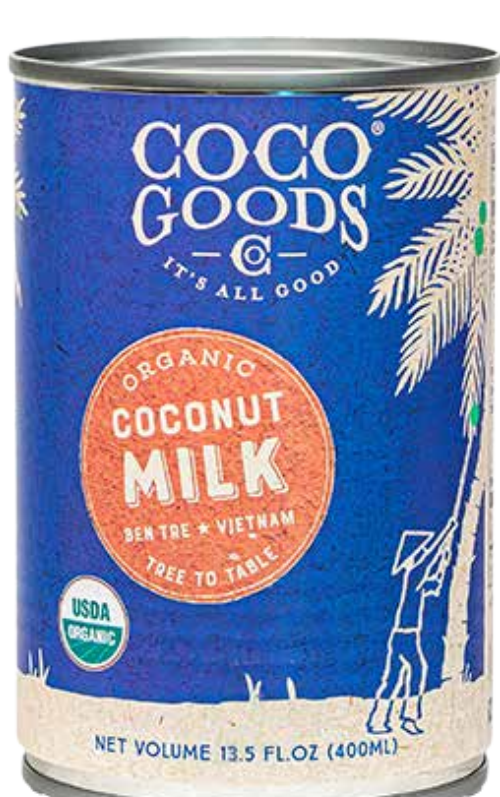


Newman's Own Drinks
59 fl. oz.
Assorted Varieties

2 for \$5
Save 99¢



Your Favorite SPECIALTY GROCERY ITEMS



Coco Goods Organic Coconut Milk
13.5 fl. oz.
Assorted Varieties

\$1.99
Save \$1.00



Wellington Assortment Crackers
8.8 oz.

\$6.19
Save \$1.70



Walker Shortbread Cookies
3.9 - 5.3 oz.
Assorted Varieties

\$5.29
Save 70¢



Guittard Chocolate Chips
11.5 - 12 oz.
Assorted Varieties

\$10.79
Save \$1.90



Magic Poultry & Seafood Seasoning
2 oz.
Assorted Varieties

\$3.99
Save \$1.00



Roland Flat Anchovies in Oil
2 oz.

\$3.39
Save 50¢



Colavita Extra Virgin Olive Oil
17 fl. oz.

\$13.79
Save \$2.00



Colman's Prepared Mustard
3.53 oz.

\$3.29
Save 90¢

FROM THE DELI



Save \$4.00 lb.
Boar's Head
**CRACKED
PEPPERCORN
TURKEY**
\$11.99 lb.



Save \$3.00 lb.
Boar's Head
**HONEY MAPLE
HAM**
\$11.99 lb.



Save \$3.00 lb.
Boar's Head
**SWEET B'S
BBQ CHICKEN**
\$11.99 lb.

PERFECT PAIRINGS

Save \$1.00

Citterio
**Antipasto
Italiano**
6 oz.
\$7.99



Save \$1.00
Ski Queen
**Classic Creamy
Caramel
Cheese**
8.8 oz.
\$12.99

Save \$1.00

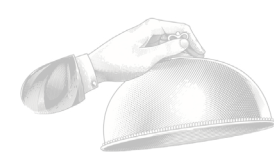
Belgioioso
**Cheese
Wedge**
8 oz.
\$5.99



PREPARED FOODS

ONE DAY SALE ITEM

Freshly Prepared



**Shrimp
Scampi**
\$17.99 lb.



Save \$1.00 ea.

Freshly Prepared

**Chicken
Rollatini**
\$13.99 ea.



Save \$1.00 ea.

Freshly Prepared
**Beef Taco
Bowl**
\$11.99 ea.



Save \$1.00 ea.

Freshly Prepared
**Vegan
Mushroom
Farro**
\$9.99 ea.



Save \$1.00 lb.

**Cranberry
Walnut
Chicken
Salad**
\$10.99 lb.



Save \$1.00 lb.

**Black Bean
Mango
Salad**
\$8.99 lb.

BELMONT'S BAKED GOODS



Woodgrilled
Take-N-Bake
Cheese Pizza **14.99**



Woodgrilled
Take-N-Bake
**Pepperoni &
Cheese Pizza** **16.99**



**Chocolate
Dipped Coconut
Pecan Cookies** **\$6.99**
6-count



Euro Classic
**Blueberry
Brioche Rolls** **\$2.50**
4-Pack
*While Supplies Lasts

EXPLORE OUR DAILY ROTATING MENU ON OUR WEBSITE.

www.BelmontMarket.com/Menus

REHEATING INSTRUCTIONS ONLINE IF NEEDED.

**DEEP
SAVINGS!**



BELGIOIOSO®

*WHILE SUPPLIES LASTS, NO RAIN CHECKS

**Parmesan Romano
Grated Cheese**
8 oz **\$3.49**

SAVE \$3.50





Experience the freshest flavors at our sushi haven!

Our skilled chefs use only the finest, highest-grade ingredients to craft a wide array of rolls, sashimi, and sushi. From basic to exotic, we have options for everyone, including both vegetarians and vegans.



HEALTH & WELLNESS



Garden of Life
Women's Multi-Vitamin
Fruit Chews
Assorted, 120 count

\$35.49
Save \$6.00



Natural Factors
Vitamin D3

\$11.69
Save \$2.00



Bluebonnet
Niacinamide

\$10.99
Save \$2.00



Yerba
Psyllium Husk
Powder &
Whole Husks
12 oz.

\$18.29
Save \$4.00

THE HERB WYFE



The Herb Wyfe
Copal Resin
1 oz.

\$1.49
Save \$1.50



Earth Essence
Herbs
Lavender
Bath Salts
16 oz.

\$21.99
Save \$3.00



GAIA Herbs
Holy Basil
120 count

\$55.99
Save \$3.00



Host Defense
Peppermint
Throat Spray
1 oz.

\$16.99
Save \$3.00

SPRUCE UP WITH FESTIVE FLOWERS

EXPLORE OUR FLORAL COLLECTION TO PERFECT YOUR CELEBRATION WITH BOUQUETS, CENTERPIECES, AND FLOWERING PLANTS.

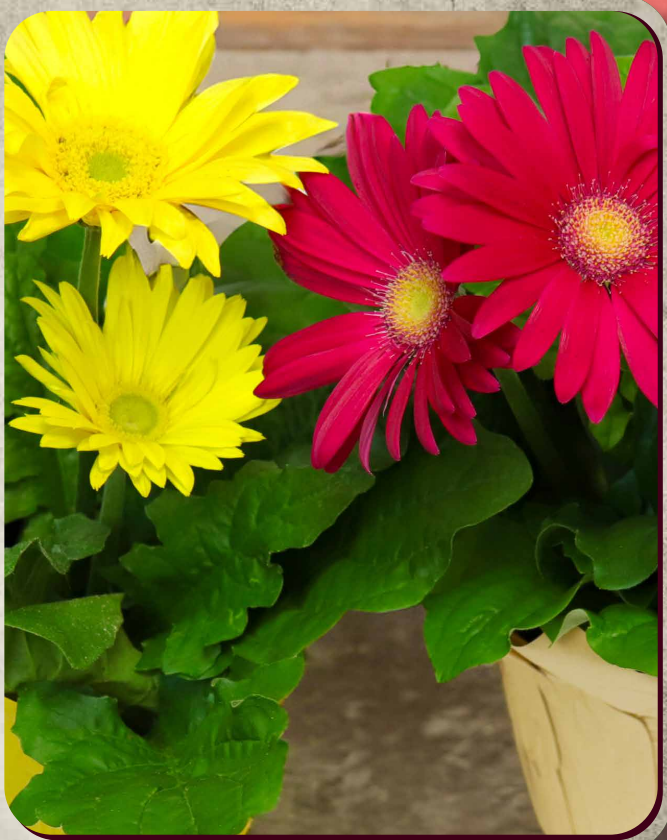
Local
Sunflowers
5-Stem Bunch

\$10.99



Gerber
Daisies
4" Plant

\$10.99



Garden Mix
Bouquet
\$19.99



Bird's Choice
Hummingbird
& Oriole Nectar

\$2.99





BELMONT MARKET *Gift Baskets*



Celebrate Any Occasion!

Our unique gift baskets are perfect for birthdays, retirement, weddings, sympathy, anniversaries, holiday, housewarming and more! Choose from a great assortment year-around.

VISIT US IN-STORE, CALL 401-789-4656,
OR SHOP ONLINE AT SHOP.BELMONTMARKET.COM
TO ORDER NOW



FRESH MADE FROM SCRATCH BELMONT MARKET BREAD

**Home-style Sandwich Loaves,
Whole Grain Baguettes, Italian
and Flat bread Styles**

Belmont Bread, with the help of our bread baker, we are working to incorporate more regionally grown and milled grains, into our products in an effort to not only make unique and interesting breads, but also to help rebuild a piece of our regional heritage that has been all but lost over the last century.

SAVE TIME AND SHOP ONLINE!

Our convenient hours and scheduled delivery make it easy for you to do your grocery shopping on your own time.

You can pick up your order or have it delivered, even to Block Island!

SHOP.BELMONTMARKET.COM

