

BELMONT MARKET'S SPRING TIME SAVINGS



**FRESH
ASPARAGUS**
\$3.99 lb.



Georgia, USA
**SWEET
VIDALIA
ONIONS** **\$1.29 lb.**



RIBEYE BURGERS

YOU SAVE \$7.00
Limit 2 - NO RAIN CHECKS. WHILE SUPPLIES LASTS

**BEEF STEAK
PATTIES**

4-PACK \$10.99 ea.
NET WT 21.28 OZ.

**DEEP
SAVINGS!**



**PICANHA
SIRLOIN STEAK** **\$14.99 lb.**
SAVE \$2.00 LB.



CHAIRMAN'S RESERVE

**BONE-IN
PORK BUTT** **\$2.49 lb.**
SAVE \$1.50 LB.



Bell & Evans

**GROUND
CHICKEN
BREAST
OR MEAT**
Assorted, 16 oz.

ON SALE
\$2.00 off



**JONES
DAIRY FARM**

**Links or Patties
BREAKFAST
SAUSAGE**
Assorted, 16 - 20 oz.

\$8.99 ea.
SAVE \$2.00 EA.



**Nathan's
FAMOUS**

**BEEF OR ANGUS
BUNSIZE
FRANKS**
Assorted, 11 - 12 oz.

\$7.99 ea.
SAVE \$2.00 EA.



BELMONT BREAD

SAVE \$1.00 EA.

**4 ALARM CHEDDAR
SOURDOUGH** **6.49 ea.**



REEL IN FANTASTIC SEAFOOD



**FAROE
SALMON**

17.99 lb.



**SWORDFISH
LOIN**

15.99 lb.

EFFECTIVE DATES: JUNE 5TH - JUNE 11TH

Monday - Saturday - 7:00AM - 10:00PM
Sunday - 7:00AM - 8:00PM

600 KINGSTOWN RD, WAKEFIELD, RI / (401) 789-4656
WWW.BELMONTMARKET.COM

**BELMONT
MARKET**
A Better Place to Shop Since 1947

"Not responsible for typographical or photo errors. In fairness to our customers we reserve the right to limit quantities. Meat Department Items are not cooked."

The Freshest **PRODUCE**



Red, Yellow & Orange
Bell Peppers **\$2.99 lb.**



Georgia, USA
Butter n' Sugar Sweet Corn **6/\$3.90**



California, USA
White Nectarines **\$3.99 lb.**



California, USA
White Peaches **\$3.99 lb.**



California, USA
Black Plums **\$2.99 lb.**



Georgia, USA
Blueberries Pints **\$3.49 ea.**

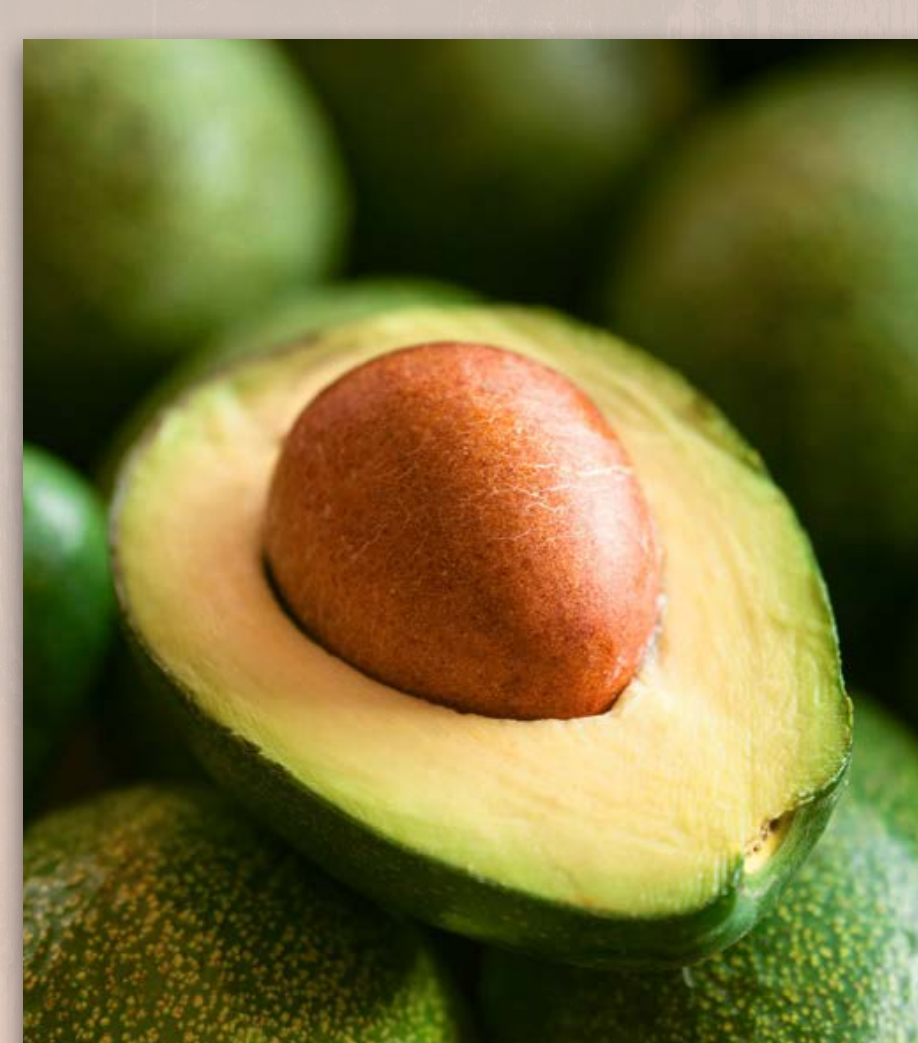
Mac's Pride
Carolina Peaches
\$1.99 lb.



Whole
Seedless Watermelon **\$5.99 ea.**



1/4 or 1/2
Watermelon Cuts **89¢ lb.**



Imported
Hass Avocados **2/\$5**



Imported
Seedless European Cucumbers **99¢ ea.**



Sno White
Cauliflower **\$2.49 ea.**



Imported
Heirloom Tomatoes **\$2.99 lb.**



Loose & Fancy
Red Potatoes **\$1.29 lb.**



Loose & Fancy
Yukon Gold Potatoes **\$1.29 lb.**

The Best **ORGANIC SELECTION**



ORGANIC Raspberries
Half Pints
\$3.99 ea.



Organic Blueberries
Full Pints **\$4.99 ea.**



Organic Bartlett Pears **\$2.49 lb.**



Organic Seedless Green Grapes **\$3.99 lb.**



Organic Seedless Red Grapes **\$3.99 lb.**



Organic Seedless Euro. Cucumbers **\$2.99 ea.**



Organic Romaine Lettuce **\$2.99 ea.**

Great Deals ON FAMILY FAVORITES

SAVE \$7.80



Green Mountain COFFEE K-CUPS Assorted Varieties, 3.1 - 4 oz.

\$6.99

SAVE \$1.30



Chock Full O' Nuts COFFEE Assorted Varieties, 10.2 - 11.3 oz.

\$7.99

SAVE \$2.30



Great Grains CEREAL Assorted Varieties, 13.5 - 16 oz.

\$4.49

SAVE \$1.00



Thomas' BAGELS Assorted Varieties, 20 oz.

\$4.49

MARINARA

24oz.

ON SALE

\$5.99

YOU SAVE \$6.50 EA.

DEEP SAVINGS!

SAVE \$3.50



Rao's PASTA Assorted Varieties, 24 oz.

\$8.99

SAVE \$1.79



Rao's PASTA Assorted Varieties, 16 oz.

2/\$7

SAVE 80¢



4C GRATED CHEESE Assorted Varieties, 6 oz.

\$4.99

SAVE \$1.29



Tutorosso CANNED TOMATOES Assorted Varieties, 28 oz.

2/\$3

SAVE \$1.99



Old El Paso DINNER KITS Assorted Varieties, 8.8 - 12.5 oz.

2/\$6

SAVE \$1.59



Old El Paso TACO SHELLS Assorted Varieties, 4.6 - 7.4 oz.

2/\$4

SAVE 99¢



Old El Paso SEASONING MIX Assorted Varieties, 1 oz.

10/\$10

SAVE 69¢



Old El Paso REFRIED BEANS Assorted Varieties, 16 oz.

2/\$4

SAVE 49¢



Old El Paso ENCHALADA SAUCE Assorted Varieties, 10 oz.

2/\$5

SAVE \$1.29



Old El Paso ENCHALADA SAUCE Assorted Varieties, 19 oz.

2/\$7

SAVE 89¢



Chicken of the Sea SOLID WHITE TUNA Assorted Varieties, 4 - 5 oz.

2/\$3

SAVE 92¢



New York Bakery TEXAS TOAST CROUTONS Assorted Varieties, 5 oz.

3/\$5

SAVE \$1.00



B&G PICKLES Assorted Varieties, 24 fl oz.

\$3.49

SAVE \$1.60



Heinz KETCHUP Assorted Varieties, 20 oz.

\$2.99

SAVE UP TO \$1.12



Gulden's MUSTARD Assorted Varieties, 12 oz.

3/\$5

SAVE \$1.00



Newman's Own DRESSING Assorted Varieties, 16 fl oz.

\$3.99

SAVE 79¢



Pepperidge Farm HOT DOG & HAMBURGER BUNS Assorted Varieties, 14 - 15 oz.

2/\$7

SAVE 99¢



Junkless GRANOLA BARS Assorted Varieties, 6.6 oz.

2/\$7

SAVE \$1.30



Toll House BAKING MORSELS Assorted Varieties, 10 - 12 oz.

\$4.99

SAVE 99¢



Pillsbury BROWNIE MIX Assorted Varieties, 18.4 oz.

2/\$4

SAVE 80¢



Tortiyahs TORTILLA CHIPS Assorted Varieties, 10 - 11 oz.

\$4.49

SAVE \$1.30



Frito Lay LAY'S CHIPS Assorted Varieties, 7 - 8 oz.

\$2.99

SAVE 79¢



Culture Pop SODA SINGLES Assorted Varieties, 12 fl oz.

2/\$3

SAVE 99¢



Polar SELTZER 12-PACKS Assorted Varieties, 144 fl oz.

2/\$10

CELSIUS

LIVE FIT

ESSENTIAL ENERGY ACCELERATES METABOLISM BURNS BODY FAT

SAVE 69¢

Celsius SPARKLING ENERGY Assorted Varieties, 12 oz.

2/\$4

SAVE 64¢

Coca-Cola SODA 2-LITERS Assorted Varieties, 2 liter

2/\$5.50

SAVE 80¢

Apple & Eve ORGANIC JUICE BLENDS Assorted Varieties, 64 fl oz.

\$3.99

SAVE \$2.50



Scott PAPER TOWEL 8 Double Rolls 864 ct.

\$9.99

SAVE \$4.00



Flora BATHROOM TISSUE 12 Double Rolls 2568 ct.

\$5.99

SAVE 60¢



Scotties FACIAL TISSUE Assorted Varieties, 54 - 110 ct.

\$1.79

SAVE \$2.00



Bounce DRYER SHEETS Assorted Varieties, 60 ct.

\$5.99

Cool Savings ON DAIRY AND FROZEN FOODS

SAVE \$1.36



Soft Soap
LIQUID HAND SOAP
Assorted Varieties,
7.5 fl. oz.

3/\$4

SAVE \$3.20



Turkey Hill
ICE CREAM & SHERBERT
Assorted Varieties,
46 fl. oz.

\$3.59

SAVE \$1.09



Eggo
THICK & FLUFFY WAFFLES
Assorted Varieties,
11.6 oz.

2/\$7

SAVE \$2.00



Hot Pockets
FROZEN SANDWICHES
Assorted Varieties,
18 oz.

\$4.99

SAVE \$1.50



Nellie's
LARGE BROWN EGGS
18-PACKS
18 Count

\$6.99

SAVE 99¢



Bay's
ENGLISH MUFFINS
Assorted Varieties,
12 - 13 oz.

2/\$7

SAVE \$1.80



Tillamook
SHREDDED CHEESE
Assorted Varieties,
8 oz.

\$2.99

SAVE 70¢



Cabot
AMERICAN CHEESE SINGLES
Assorted Varieties,
12 oz.

\$3.99

SAVE UP TO \$1.20



Land O Lakes
SPREADABLE BUTTER
Assorted Varieties,
7 - 8oz.

\$2.29

SAVE \$1.00



Hood
SOUR CREAM
Assorted Varieties,
16 oz.

\$1.99

SAVE \$1.49



Breakstone
COTTAGE CHEESE TUBS
Assorted Varieties,
16 oz.

2/\$6

SAVE \$1.50



Greek Gods
GREEK YOGURT
Assorted Varieties,
24 oz.

\$3.99

SAVE \$2.49



Florida Natural
ORANGE JUICE
Assorted Varieties,
52 fl. oz.

2/\$7

SAVE 70¢



Horizon
MILK
Assorted Varieties,
64 fl. oz.

\$5.99

SAVE 90¢



Shamrock
ROCKIN PROTIEN 50 GRAMS
Assorted Varieties,
19.7 fl. oz.

\$3.29

SAVE \$4.50



President
WHIPPED CREAM
Assorted Varieties,
10 oz.

\$4.49

SAVE \$1.49



Pillsbury
DOUGHS
Assorted Varieties,
8 - 13.8 oz.

2/\$7

BRIANNAS[®]

Home Style Dressings

Select Flavors, 12 fl. oz. - no rainchecks, while supplies last



on sale!
TWO for \$5.00

DEEP SAVINGS!

Your Favorite SPECIALTY GROCERY ITEMS

SAVE \$2.00 EA.



Cascadian Farms
ORGANIC FROZEN VEGGIES
Assorted Varieties,
10 - 16 oz.

\$2 OFF

SAVE \$1.69 EA.



Annie's
CLASSIC MAC & CHEESE
Assorted Varieties,
6 oz.

2/\$4

SAVE \$1.20



Olivia's
GLUTEN FREE CROUTONS
4.5 oz.

\$4.79

SAVE 50¢



Darrell Lea
LICORICE
Assorted Varieties,
7 oz.

\$3.49

SAVE \$1.00



Woodstock
ORGANIC TOMATO KETCHUP
20 oz.

\$3.99

SAVE \$8.00



Colavita
EXTRA VIRGIN OLIVE OIL
34 fl. oz.

\$24.99

SAVE \$4.40



Neolea
AGED BALSAMIC VINEGAR
8.45 fl. oz.

\$12.59

SAVE \$1.80



Livewell
DRESSING & VINAIGRETTE
Assorted Varieties,
8 fl. oz.

\$7.19

FROM THE DELI

SAVE \$4.00 LB.
 Boar's Head
HONEY MAPLE TURKEY
\$11.99lb.

SAVE \$2.00 LB.
 Boar's Head
DELUXE HAM
\$11.99lb.

SAVE \$2.00 LB.
 Boar's Head
CLASSIC CHICKEN
\$11.99lb.

PERFECT PAIRINGS

SAVE \$1.00
 La Clare Creamery
GOAT MILK FETA
 6 oz.
\$6.99

SAVE \$1.00
 Belgioioso
PARMESAN & ROMANO GRATED CHEESE
 8 oz.
\$5.99

SAVE \$1.00
 Alouette
SOFT SPREADABLE CHEESE
 Assorted, 6.5 oz.
\$7.99

PREPARED FOODS

ONE DAY SALE ITEM
 Freshly Prepared
Baked Cod
\$18.99lb.

SAVE \$1.00 EA.
 Freshly Prepared
Crab Cake Dinner
\$10.99ea.

SAVE \$1.00 EA.
 Freshly Prepared
Belmont's Acai Bowl
\$11.99ea.

SAVE \$1.00 EA.
 Freshly Prepared
Vegan Eggplant Mushroom "Meatballs"
\$10.99ea.

SAVE \$1.00 LB.
Ham Salad
\$8.99lb.

SAVE \$1.00 LB.
Cucumber Dill Pasta Salad
\$7.99lb.

BELMONT'S BAKED GOODS

Garlic Spread
 8 oz.
\$2.99

SAVE \$1.00
Lemon Cherry Loaf
\$6.99

SAVE \$1.00
Mini Eclairs
 5-Pack
\$5.99

Cinnamon Buns
 6-Pack
\$5.99

EXPLORE OUR DAILY ROTATING MENU ON OUR WEBSITE.

www.BelmontMarket.com/Menus

REHEATING INSTRUCTIONS ONLINE IF NEEDED.



Experience the freshest flavors at our sushi haven!

Our skilled chefs use only the finest, highest-grade ingredients to craft a wide array of rolls, sashimi, and sushi. From basic to exotic, we have options for everyone, including both vegetarians and vegans.



HEALTH & WELLNESS

Dr. Bronner's TOOTHPASTE
 ASSORTED FLAVORS
 5 oz.
SAVE \$1.60
6.39

Heritage Store ROSEWATER MIST
 4 oz.
SAVE \$1.50
8.99

Siete MAIZ CORN TORTILLA CHIPS
 7.5 oz.
SAVE \$1.00
6.49

Perfect Bar PROTEIN BARS
 ASSORTED FLAVORS
 2.5 oz.
SAVE 20¢
3.99

THE HERB WYFE

Dandy Blend DANDELION TEA
 11 oz.
SAVE \$3.00
28.99

Host Defense CHAGA
 60 count
SAVE \$3.00
28.99

Jahmu VEGAN GOLDEN MILK
 4.5 oz.
SAVE \$3.00
17.00

The Herb Wyfe BRONCHIAL TEA
 2 oz.
SAVE \$3.00
7.00

SPRUCE UP WITH FESTIVE FLOWERS

Explore our floral collection to perfect your celebration with bouquets, centerpieces, and flowering plants.

SUNFLOWER BUNCHES

10.99



GERBER DAISIES 4" PLANT

10.99



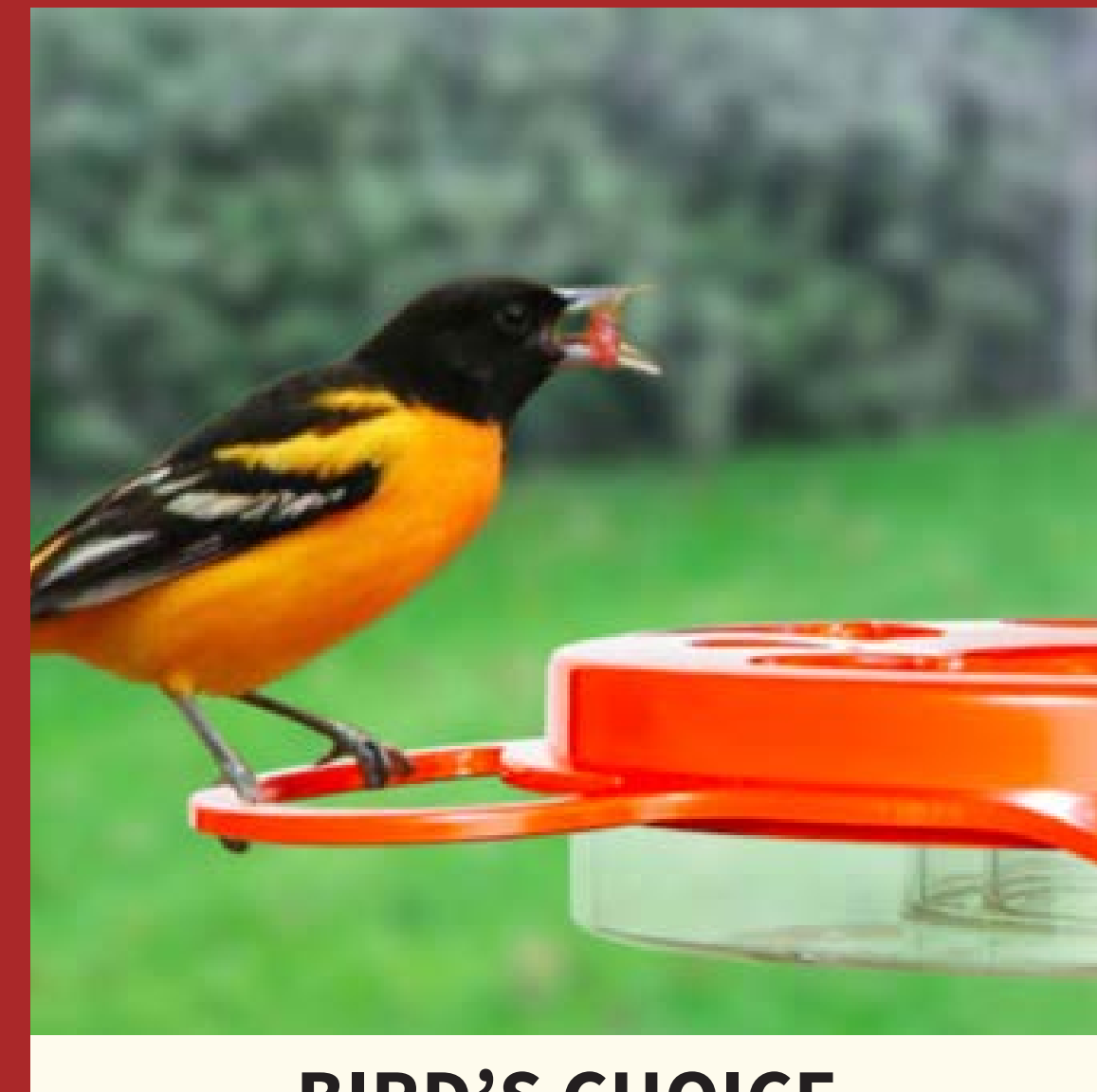
VINTAGE GARDEN BOUQUET

29.99



BIRD'S CHOICE HUMMINGBIRD & ORIOLE NECTAR
 8 oz.

2.99



BELMONT MARKET Gift Baskets



Celebrate Any Occasion!

Our unique gift baskets are perfect for birthdays, retirement, weddings, sympathy, anniversaries, holiday, housewarming and more! Choose from a great assortment year-around.

VISIT US IN-STORE, CALL 401-789-4656,
OR SHOP ONLINE AT SHOP.BELMONTMARKET.COM
TO ORDER NOW



FRESH MADE FROM SCRATCH BELMONT MARKET BREAD

**Home-style Sandwich Loaves,
Whole Grain Baguettes, Italian
and Flat bread Styles**

Belmont Bread, with the help of our bread baker, we are working to incorporate more regionally grown and milled grains, into our products in an effort to not only make unique and interesting breads, but also to help rebuild a piece of our regional heritage that has been all but lost over the last century.

SAVE TIME AND SHOP ONLINE!

Our convenient hours and scheduled delivery make it easy for you to do your grocery shopping on your own time.

You can pick up your order or have it delivered, even to Block Island!

SHOP.BELMONTMARKET.COM

