



WEEKLY SALES FLYER



Washington, USA
**Large
Cherries**
\$3.99 lb.



FRESH
Butter N' Sugar
Sweet Corn **6 FOR \$3.90**



Flank Steak **\$12.99** lb.
Choice & Higher! **Save \$5.00 lb.**

CR CHAIRMAN'S RESERVE



**Bone-In
Center Cut
Pork Chops** **\$3.99** lb.
Save \$1.00 lb.



Bell & Evans



**Bone-In
Split Chicken
Breast** **\$4.99** lb.
Save \$2.00 lb.



AMERICA 250 • AMERICA 250

FAMILY OWNED SINCE 1945

Johnsonville

AMERICA 250 • AMERICA 250



Bratwurst Sausage
19 oz.

\$5.99 lb.
Save \$2.00 lb.

FULLY COOKED

KINGSFORD



Boneless Pork Ribs
16 oz.

\$7.99
Save \$3.00

KAYEM
CHELSEA, MASS.



Natural Casing Franks & Beef Franks
12 oz.

\$5.99
Save \$2.00

BELMONT  BREAD



Save \$1.00 ea.

Sea Salt & EVOO Flatbread **\$3.49**

REEL IN FANTASTIC SEAFOOD




Faroe Island Salmon
\$17.99 lb.




Cooked Lobster
\$59.99 lb.

EFFECTIVE DATES: JUNE 19TH - JUNE 25TH
 Monday - Saturday - 7:00AM - 10:00PM
 Sunday - 7:00AM - 8:00PM

600 KINGSTOWN RD, WAKEFIELD, RI / (401) 789-4656
 WWW.BELMONTMARKET.COM

BELMONT
MARKET
 A Better Place to Shop Since 1947

"Not responsible for typographical or photo errors. In fairness to our customers we reserve the right to limit quantities. Meat Department Items are not cooked."

The Freshest **PRODUCE**



White Mushrooms **2 FOR 5**
Whole, 10 oz.
Sliced, 8 oz.

Imported **Sweet Red Peppers** **\$1.99 lb.**



US #1 **Granny Smith Apples** **\$1.49 lb.**

Black Mission Figs **\$4.99**
8 oz.

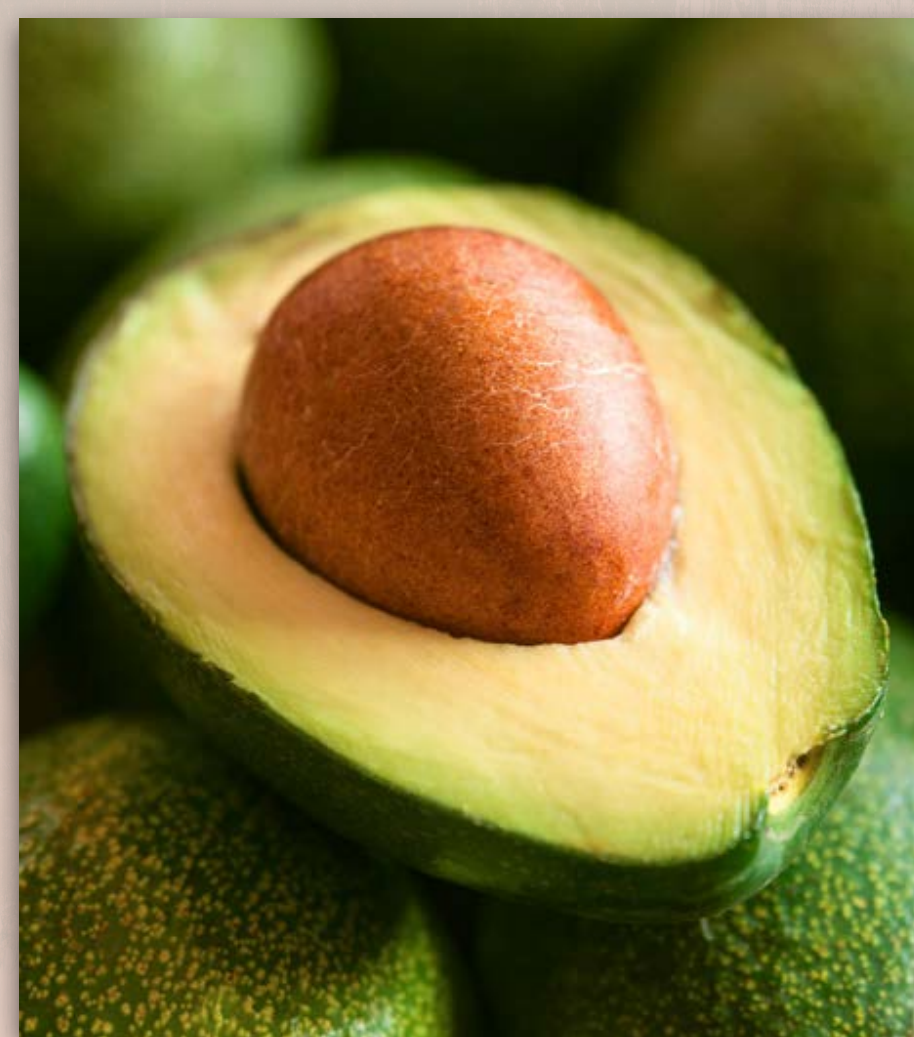
California **Black Plums** **\$2.99 lb.**



California **Yellow Nectarines** **\$2.99 lb.**

Sweet Red Watermelon Cuts **89¢ lb.**
½ or ¼

Mac's Pride **Fresh Peaches** **\$1.99 lb.**



Imported **Hot House Tomatoes** **\$1.49 lb.**

Imported **Hass Avocados** **2 FOR 4**

Georgia, USA **Sweet Vidalia Onions** **\$1.29 lb.**



Loose **Yukon Gold Potatoes** **\$1.29 lb.**

Loose **Red Potatoes** **\$1.29 lb.**

Fresh **Black Beauty Eggplant** **\$1.29 lb.**

Grimmway Farms **Baby Peeled Carrots** **2 FOR 3**
16 oz.

The Best **ORGANIC SELECTION**



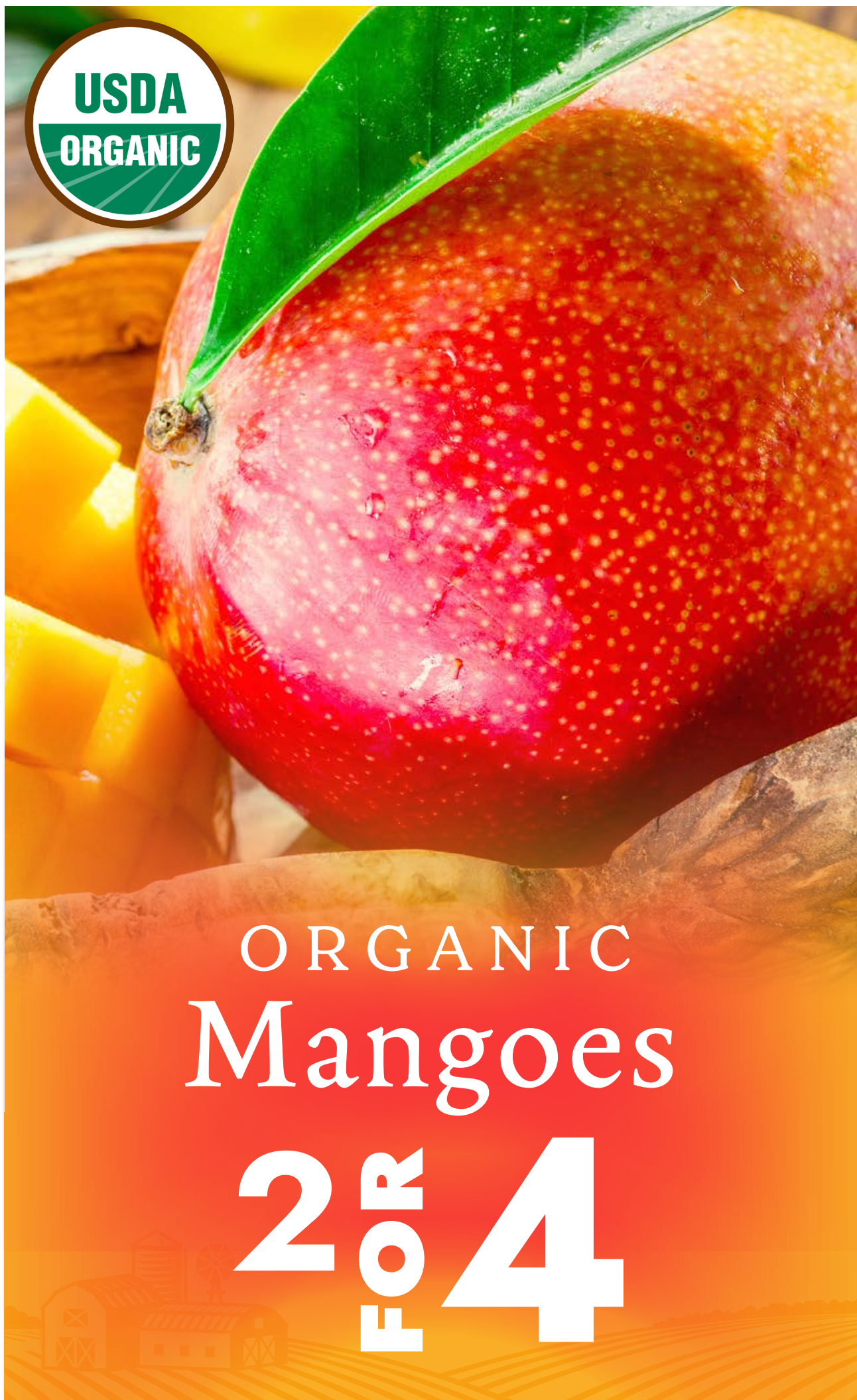
Organic
Fresh Anjou Pears **\$2.49** lb.



Organic
Raspberries **\$3.99** ea.
6 oz.



Organic
Strawberries **\$3.99** ea.
16 oz.



Organic
Crisp Green Kale **\$2.49** ea.



Organic
Romaine Lettuce **\$2.99** ea.



Organic
Red Leaf Lettuce **\$2.99** ea.



Organic
Green Leaf Lettuce **\$2.99** ea.

Great Deals ON FAMILY FAVORITES



Chock Full o'Nuts
Ground Coffee
24 - 26 oz.
Assorted Varieties
\$17.99
Save \$3.50



Maxwell House
Coffee K-Cups
3.1 - 3.4 oz.
Assorted Varieties
\$7.99
Save \$3.50



Chex Cereal
12 - 14 oz.
Assorted Varieties
2 FOR 6
Save \$2.99



Raisin Bran Cereal
13.6 - 16.1 oz.
Assorted Varieties
2 FOR 7
Save \$2.29



Thomas' Swirl Bread
16 oz.
Assorted Varieties
2 FOR 6
Save \$1.99



Pepperidge Farm
Farmhouse Buns
13.5 - 20 oz.
Assorted Varieties
\$3.99
Save \$1.00

BIG. BEAUTIFUL. BURGER. BUNS.



Francesco Rinaldi
Pasta Sauce
23.5 - 24 oz.
Assorted Varieties
2 FOR 5
Save 79¢



Red Pack Canned Tomatoes
28 oz.
Assorted Varieties
2 FOR 4
Save \$1.39



Red Pack Tomato Sauce
8 oz.
79¢
Save 40¢



Red Pack Tomato Paste
6 oz.
\$1.19
Save 30¢



Bush's Baked Beans
28 oz.
Assorted Varieties
2 FOR 5
Save \$1.19



B&G Pickles
24 - 32 fl. oz.
Assorted Varieties
\$3.49
Save Up To \$1.50



Green Giant Canned Vegetables
14.5 - 15.25 oz.
Assorted Varieties
2 FOR 3
Save 49¢



Snow's Minced & Chopped Clams
6.5 oz.
Assorted Varieties
2 FOR 5
Save 79¢



Mike's Amazing Mayonnaise
22 fl. oz.
3 FOR 5
Save \$2.62



Heinz Ketchup
19 - 32 oz.
Assorted Varieties
\$3.99
Save Up To \$3.30



Wishbone Dressing
15 fl. oz.
Assorted Varieties
3 FOR 5
Save \$2.62

GREAT FOR MARINATING CHICKEN



Frito Lay Chips
7.75 - 8 oz.
Assorted Varieties
\$3.79
Save 50¢



Utz Chips
7.75 - 8 oz.
Assorted Varieties
2 FOR 5
Save \$2.49



Club Crackers
11 - 13.7 oz.
Assorted Varieties
2 FOR 7
Save \$1.79



Toasted Crackers
8 - 8.7 oz.
Assorted Varieties
2 FOR 7
Save \$1.79



Betty Crocker Delight Brownie Mix
17.4 - 18 oz.
Assorted Varieties
2 FOR 6
Save \$1.29



Chips Ahoy! Cookies
11.75 - 13 oz.
Assorted Varieties
\$3.99
Save \$1.30



V8 Splash Juice
64 fl. oz.
Assorted Varieties
3 FOR 8
Save \$1.32



La Croix Sparkling Water 8-Pack
96 fl. oz.
Assorted Varieties
\$4.99
Save \$1.60



Polar Seltzer Water 1-Liters
33.8 fl. oz.
Assorted Varieties
10 FOR 10
Save 29¢



Culture Pop Probiotic Soda Singles
12 fl. oz.
Assorted Varieties
2 FOR 3
Save 79¢



Solo Plates
55 - 90 ct.
Assorted Varieties
\$6.99
Save \$1.30



Coca-Cola Soda 2-Liters
67.6 fl. oz.
Assorted Varieties
2 FOR 5.50
Save 64¢



Saran Wrap Cling Plus
100 - 200 sq. ft.
2 FOR 5
Save 99¢



Dawn Dishwashing Liquid
12.2 - 18 fl. oz.
Assorted Varieties
\$2.99
Save Up To \$1.40



Tide Detergent
40 - 42 fl. oz.
Assorted Varieties
\$7.99
Save \$2.00



Friskies Purina Cat Food
3.15 lb.
Assorted Varieties
\$5.99
Save 80¢

Cool Savings ON DAIRY AND FROZEN FOODS

DEEP SAVINGS!



Little Rhody Egg Farms

18-Pack Large Brown Eggs

\$1.99
Save 90¢



Green Giant Frozen Vegetables
7.5 - 8 oz.
Assorted Varieties
10 FOR 10
Save \$1.39



Ellio's Frozen Pizza
13.62 - 19.64 oz.
Assorted Varieties
\$3.99
Save \$1.00



Eggo's French Toast, Waffles & Pancakes
8.4 - 14.8 oz.
Assorted Varieties
2 FOR 5
Save \$1.39



Chobani Yogurt Flips
5.3 oz.
Assorted Varieties
2 FOR 3
Save 79¢



Cabot Greek Yogurt
32 oz.
Assorted Varieties
\$4.99
Save \$1.20



Cabot Cream Cheese Bar
8 oz.
\$2.29
Save 70¢



Nellie's Free Range Large Brown Eggs 18-Count
18 count
\$6.99
Save \$1.50



Plugra European Butter
8 oz.
Assorted Varieties
\$3.29
Save \$1.00



Daisy Sour Cream
16 oz.
Assorted Varieties
2 FOR 5
Save \$1.09



Crystal Farms Cheese Bar
7 - 8 oz.
Assorted Varieties
2 FOR 5
Save \$1.49



Crystal Farms Shredded Cheese
7 - 8 oz.
Assorted Varieties
2 FOR 5
Save \$1.49



Cabot American Cheese Slices
12 oz.
Assorted Varieties
\$3.99
Save 70¢



Friendly's Ice Cream
48 fl oz.
Assorted Varieties
*Excludes Pistachio
\$3.79
Save \$2.70



Hood Whipped Topping
6.5 oz.
\$2.79
Save 70¢



Swiss Miss Pudding
16 oz.
Assorted Varieties
2 FOR 5
Save \$1.09



Starbucks Iced Coffee
48 fl oz.
Assorted Varieties
\$5.99
Save \$2.00



Planet Oat Oat Milk
52 fl oz.
Assorted Varieties
2 FOR 6
Save \$1.19



Daily Sun Orange Juice
52 fl oz.
Assorted Varieties
2 FOR 6
Save \$1.29



Your Favorite **SPECIALTY GROCERY ITEMS**



Cascadian Farm Organic Cereals
8.6 - 14.6 oz.
Assorted Varieties
\$5.39
Save \$3.00



Paleonola Grain Free Granola
10 oz.
Assorted Varieties
\$9.19
Save \$1.80



Annie's Organic Graham Crackers
14.4 oz.
Assorted Varieties
\$5.59
Save \$2.00



International Collection Pistachio Oil
4.23 fl oz.
\$8.39
Save \$2.30



Rao's Pizza Sauce
12.3 oz.
Select Varieties
\$6.39
Save \$1.30



California Sun Dry Sun Dried Tomato Spread
9 oz.
\$5.59
Save \$2.00



Mr Bing Chili Crisp
7 oz.
Assorted Varieties
\$9.29
Save \$3.20



Hotaru Foods Yuzu Mayo
10.2 oz.
\$5.89
Save \$1.50



Thai Taste Rice Noodles
7 oz.
Assorted Varieties
\$2.99
Save \$1.00



FROM THE DELI



Save \$4.00 lb.
Boar's Head
CRACKED PEPPER TURKEY
\$11.99 lb.



Save \$2.00 lb.
Boar's Head
BEECHWOOD SMOKED HAM
\$11.99 lb.



Save \$2.00 lb.
Boar's Head
SWEET B'S BBQ CHICKEN
\$11.99 lb.

PERFECT PAIRINGS

Save \$1.00
Boar's Head
Truffle Goat Cheese
6 oz.
\$10.99



Save \$1.00
Wilmot Farm
Cheese Party Tray
12 oz.
\$8.99

Save \$1.00
Dolcetto
Tuscan Crisps
Assorted, 5.3 oz.
\$4.99



PREPARED FOODS

ONE DAY SALE ITEM

Freshly Prepared


Scallop Nantucket
\$18.99 ea.



Save \$1.00 ea.
Freshly Prepared
Eggplant Parmesan
\$11.99 ea.



Save \$1.00 ea.

Freshly Prepared
Terriyaki Salmon Bowl
\$14.99 ea.



Save \$1.00 ea.

Freshly Prepared
Vegan Mushroom Farro
\$9.99 ea.



Save \$1.00 lb.

Egg Salad
\$8.99 lb.

Save \$1.00 lb.

Smoked Salmon Spread
\$10.99 lb.

BELMONT'S BAKED GOODS



SAVE \$1.00
Tiramisu Squares
\$10.99



Buttermilk Biscuits
5-Packs
\$3.99

EXPLORE OUR DAILY ROTATING MENU ON OUR WEBSITE.

www.BelmontMarket.com/Menus

REHEATING INSTRUCTIONS ONLINE IF NEEDED.



Experience the freshest flavors at our sushi haven!

Our skilled chefs use only the finest, highest-grade ingredients to craft a wide array of rolls, sashimi, and sushi. From basic to exotic, we have options for everyone, including both vegetarians and vegans.



MADE WITH AVOCADO OIL
MAIZ
 CORN TORTILLA CHIPS
dairy free mexican Street Corn

DEEP SAVINGS!

\$3.99
 Save \$3.50

Helios First Aid

WORK
 HIKING GARDENING SPORT

DEEP SAVINGS!

\$7.99
 Save \$6.00

HEALTH & WELLNESS

Bobo's
FIG BARS
 ORIGINAL FIG OAT BARS

\$6.29
 Save \$1.00

Earth Therapeutics
Pumice Stone

\$4.99
 Save \$1.00

THE HERB WYFE

Clearpath Herbs
Men's Support
 2 oz.

\$21.00
 Save \$3.00

Herbal Revolution
Go To Bed
 2 oz.

\$21.99
 Save \$2.00

Fresh Mint
auromere
 auromere
 Assorted

\$10.49
 Save \$1.00

Earth Essence Herbs
Patchouli Body Cream
 4 oz.

\$22.99
 Save \$3.00

Wishgarden
Postpartum Emotional
 2 oz.

\$21.99
 Save \$3.00

SPRUCE UP WITH FESTIVE FLOWERS
 EXPLORE OUR FLORAL COLLECTION TO PERFECT YOUR CELEBRATION WITH BOUQUETS, CENTERPIECES, AND FLOWERING PLANTS.

Sunflower Bunches

\$10.99



Garden Mix Bouquet

\$19.99



Bird's Choice Hummingbird & Oriole Nectar

\$2.99

Gerber Daisies
 4" Plant

\$10.99



BELMONT MARKET Gift Baskets



Celebrate Any Occasion!

Our unique gift baskets are perfect for birthdays, retirement, weddings, sympathy, anniversaries, holiday, housewarming and more! Choose from a great assortment year-around.

VISIT US IN-STORE, CALL 401-789-4656,
OR SHOP ONLINE AT SHOP.BELMONTMARKET.COM
TO ORDER NOW



FRESH MADE FROM SCRATCH BELMONT MARKET BREAD

**Home-style Sandwich Loaves,
Whole Grain Baguettes, Italian
and Flat bread Styles**

Belmont Bread, with the help of our bread baker, we are working to incorporate more regionally grown and milled grains, into our products in an effort to not only make unique and interesting breads, but also to help rebuild a piece of our regional heritage that has been all but lost over the last century.

SAVE TIME AND SHOP ONLINE!

Our convenient hours and scheduled delivery make it easy for you to do your grocery shopping on your own time.

You can pick up your order or have it delivered, even to Block Island!

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