

BELMONT MARKET'S SPRING TIME SAVINGS



IMPORTED
ASPARAGUS
\$3.99 lb.



Florida, USA
**BUTTER N' SUGAR
SWEET CORN** **6/\$3.90**



SAVE \$4.00 LB.

Boneless
STRIP STEAKS **\$21.99 lb.**

CR CHAIRMAN'S RESERVE
**PORK
BABY BACK RIBS
& BONELESS
TENDERLOINS** **\$4.99 lb.**

Bell & Evans
**AIR CHILLED
& ALL NATURAL
BONELESS
CHICKEN TENDERS** **\$5.99 lb.**
SAVE \$4.00 LB.

BELMONT MARKET
**BELMONT'S GOURMET
BURGER PATTIES**
-Bacon & Cheddar
-Alpine Mushroom SAVE \$2.00 LB.
-Turkey, Spinach & Feta Cheese **\$8.99 lb.**

KAYEM
CHELSEA, MASS.
**JUMBO
BEEF & PORK
HOT DOGS** SAVE \$5.00 EA.
32 oz. **\$9.99 ea.**

Tyson
**FROZEN
BREADED
CHICKEN** SAVE \$3.00 EA.
Assorted Varieties, 20 - 25 oz. **\$8.99 ea.**

BELMONT BREAD
**LARGE ITALIAN
3-CHEESE
FLATBREAD** SAVE \$1.00 EA.
5.49 ea.

REEL IN FANTASTIC SEAFOOD
**FAROE
ISLAND
SALMON** **17.99 lb.**
**FRESH
SWORDFISH** **15.99 lb.**

EFFECTIVE DATES: MAY 22ND - MAY 28TH

Monday - Saturday - 7:00AM - 10:00PM
Sunday - 7:00AM - 8:00PM

600 KINGSTOWN RD, WAKEFIELD, RI / (401) 789-4656
WWW.BELMONTMARKET.COM

**BELMONT
MARKET**
A Better Place to Shop Since 1947

"Not responsible for typographical or photo errors. In fairness to our customers we reserve the right to limit quantities. Meat Department Items are not cooked."

The Freshest **PRODUCE**



Georgia, USA

Blueberry Pints \$**2.99** ea.



South Carolina, USA

Fresh Peaches \$**2.99** lb.



US #1 **Cosmic Crisp Apples** \$**1.99** lb.



Imported **Hass Avocados** 2/\$**4**



Whole Seedless Watermelon \$**5.99** ea.



1/4 or 1/2 **Watermelon Cuts** **89¢** lb.



Imported **Hot House Tomatoes** \$**2.49** lb.



Imported **Seedless English Cucumbers** 2/\$**3**



Georgia, USA **Sweet Vidalia Onion** **99¢** lb.



Red Bliss Potatoes 5 lb. Bag \$**2.99** ea.



CHRIS AND KRISTINA'S MARKET GARDEN

TUCKERTOWN LETTUCE MIX

\$**4.99** ea.

The Best **ORGANIC SELECTION**



ORGANIC Mangoes 2/\$**4**



Organic Gala Apples \$**2.99** lb.



Organic Blackberries Half Pint \$**2.99** ea.



Organic Blueberries Pints \$**4.99** ea.



Organic Vidalia Onions \$**1.49** lb.



Organic Red Leaf Lettuce \$**2.99** ea.



Organic Green Leaf Lettuce \$**2.99** ea.

Great Deals ON FAMILY FAVORITES

SAVE \$7.00



Starbucks
BAGGED COFFEE
Assorted Varieties,
11 - 12 oz.

\$8.99

SAVE \$3.30



Maxwell House
GROUND COFFEE
Assorted Varieties,
11 oz.

\$7.99

SAVE UP TO \$3.32



Cheerio's
CEREAL
Assorted Varieties,
8.9 - 11 oz.

3/\$8

SAVE \$2.29



Life
CEREAL
Assorted Varieties,
13 oz.

2/\$6

SAVE \$3.60



Bumble Bee
WHITE TUNA 4-PACKS
Assorted Varieties,
20 oz.

\$4.99

SAVE 20¢



Maruchan
RAMEN NOODLES
Assorted Varieties,
3 oz.

5/\$2

SAVE \$1.00



Spam
Assorted Varieties,
12 oz.

\$3.99

SAVE 79¢



Lindsay
RIPE PITTED OLIVES
Assorted Varieties,
6 oz.

2/\$5

SAVE 79¢



Francesco Rinaldi
PASTA SAUCE
Assorted Varieties,
23.5 - 24 oz.

2/\$5

SAVE \$2.62



Wish-Bone
SALAD DRESSING
Assorted Varieties,
15 fl. oz.

3/\$5

SAVE \$1.20



Hidden Valley
RANCH DRESSING
Assorted Varieties,
16 fl. oz.

\$4.49

SAVE \$1.30



Sweet Baby Rays
MARINADES & WING SAUCE
Assorted Varieties,
16 - 18.5 fl. oz.

\$2.99

SAVE \$1.29



McCormick
GRILL MATE MARINADES
Assorted Varieties,
5 oz.

2/\$4

SAVE 90¢



Wickles
RELISH
16 fl. oz.

\$4.99

SAVE 60¢



Heinz
SWEET SQUEEZE RELISH
12 fl. oz.

\$2.99

SAVE \$1.30



Mike's
Amazing MAYONNAISE
22 oz.

\$2.99

FILIPPO BERIO®

SAVE UP TO \$21.80

SAVE \$4.50

SAVE \$2.00



Filippo Berio
OLIVE OIL
Assorted Varieties,
50.7 fl. oz.

\$14.99



California Olive Ranch
OLIVE OIL
Assorted Varieties,
16.9 fl. oz.

\$10.99



Pam
COOKING SPRAY
Assorted Varieties,
5 oz.

\$3.99

SAVE 79¢



Pepperidge Farm
SANDWICH ROLLS
Assorted Varieties,
14 - 15 oz.

2/\$7

SAVE \$1.09



Cheez-It
CRACKERS
Assorted Varieties,
7 oz.

2/\$5

SAVE \$1.19



Chex Mix & Bugles
SNACKS
7.5 - 8 oz.

2/\$6

SAVE 70¢



Pepperidge Farm
GOLD FISH CRACKERS
Assorted Varieties,
4.8 - 6.6 oz.

\$2.99

SAVE 80¢



Tortiyahs
TORTILLA CHIPS
Assorted Varieties,
10 - 11 oz.

\$4.49

SAVE \$1.30



Frito Lay
LAYS CHIPS
Assorted Varieties,
7.5 - 8 oz.

\$2.99

SAVE 79¢



Betty Crocker
BROWNIE MIX
Assorted Varieties,
16.3 oz.

2/\$4

SAVE \$1.32



V8
SPLASH JUICE
Assorted Varieties,
64 fl. oz.

3/\$8

SAVE \$1.00



Topo Chico
SODA 8-PACK
Assorted Varieties,
96 fl. oz.

\$6.99

SAVE \$4.30



Pepsi
SODA 12-PACKS
Assorted Varieties,
144 fl. oz.

\$5.99

SAVE 29¢



Polar
SELTZER WATER 1-LITER
Assorted Varieties,
1 liter

10/\$10

SAVE 79¢



Culture Pop
SODA SINGLES
Assorted Varieties,
12 fl. oz.

2/\$3

Great Deals ON FAMILY FAVORITES

SAVE \$5.00



Brawny PAPER TOWELS
4 Double Rolls, Select A Size
304 ct.

\$6.99

SAVE \$4.30



Quilted Northern BATHROOM TISSUE
6 Mega Rolls
Assorted Varieties,
1530 ct.

\$6.99

SAVE 69¢



Kleenex FACIAL TISSUE
Assorted Varieties,
120 - 160 ct.

2/\$5

SAVE \$3.00



Snuggle FABRIC SOFTENER
74.8 fl. oz.

\$9.99

SAVE \$1.30



Solo PLATES
Assorted Varieties,
55 - 90 ct.

\$6.99

SAVE \$1.00



Saran Wrap SARAN WRAP
Assorted Varieties,
100 - 200 sq. ft.

\$2.49

SAVE UP TO \$3.00



Arm & Hammer CAT LITTER
Assorted Varieties,
14 - 20 lb.

\$10.99

SAVE \$1.00



Cowboy CHARCOAL
8.8 lb.

\$11.99

Cool Savings ON DAIRY AND FROZEN FOODS

SAVE UP TO \$3.49



Ore-Ida FRIES, TOTS & POTATOES
Assorted Varieties,
19 - 32 oz.

2/\$7

SAVE \$1.80



Johnny Pop ORIGINAL POP & CREAM MINI'S
Assorted Varieties,
6.72 - 14.8 oz.

\$5.49

SAVE \$3.20



Turkey Hill ICE CREAM
Assorted Varieties,
46 fl. oz.

\$3.59

SAVE \$2.00



Reddi Wip TOPPING
Assorted Varieties,
6.5 oz.

\$2.79

SAVE \$2.50



Pete & Gerry's LARGE BROWN EGGS
12 Dozen

\$5.99

SAVE 50¢



Icelandic Provisions SKYR YOGURT
30 oz.

\$6.99

SAVE \$1.70



Chobani GREEK YOGURT
Assorted Varieties,
32 oz.

\$5.99

SAVE 74¢



Hood SOUR CREAM
8 oz.

4/\$5

SAVE \$1.00



Cabot PREMIUM BUTTER
Assorted Varieties,
8 oz.

\$2.79

SAVE \$1.69



Cabot STACKED SLICES
Assorted Varieties,
8 oz.

2/\$6

SAVE \$1.69



Cabot BAR CHEESE
Assorted Varieties,
7 - 8 oz

2/\$6

SAVE \$1.69



Cabot SHREDDED CHEESE
Assorted Varieties,
8 oz.

2/\$6

SAVE \$1.30



Hood HALF & HALF
16 fl. oz.

\$1.69

SAVE \$1.99



Blue Diamond ALMOND BREEZE ALMOND MILK
Assorted Varieties,
64 fl. oz.

2/\$5

SAVE \$2.50



Starbucks ICED COFFEE
Assorted Varieties,
48 fl. oz.

\$5.49

SAVE \$2.49



Florida's Natural ORANGE JUICE
Assorted Varieties,
52 fl. oz.

2/\$7

Your Favorite SPECIALTY GROCERY ITEMS

SAVE \$1.49 EA.



Annie's ORGANIC MAC & CHEESE
Assorted Varieties,
6 oz.

2/\$7

SAVE \$1.20



Good Crisp GLUTEN FREE CHIPS
Assorted Varieties,
5.6 oz.

\$4.39

SAVE \$1.20



Mi Nina TORTILLA CHIPS
Assorted Varieties,
12 oz.

\$5.29

SAVE \$1.40



Backyard Foods SALSA
Assorted Varieties,
16 oz.

\$4.99

SAVE \$1.50



Maine Crisp BUCKWHEAT CRACKERS
Assorted Varieties,
4 oz.

\$5.49

SAVE \$2.00



Bachan's JAPANESE BBQ SAUCE
Assorted Varieties,
17 fl. oz.

\$7.99

SAVE \$5.30



Bono ORGANIC SICILIAN EXTRA VIRGIN OLIVE OIL
Assorted Varieties,
16.9 oz.

\$18.99

SAVE 60¢



Marukan RICE VINEGAR
*Excludes Organic
12 fl. oz.

\$3.89

FROM THE DELI

SAVE \$4.00 LB.

Boar's Head
CRACKED PEPPER TURKEY

\$11.99 lb.

SAVE \$2.00 LB.

Boar's Head
LOWER SODIUM HAM

\$11.99 lb.

SAVE \$2.00 LB.

Boar's Head
SWEET B'S BBQ CHICKEN

\$11.99 lb.

PREPARED FOODS

ONE DAY SALE ITEM

Freshly Prepared

Lobster Pot Pie

\$19.99 ea.

SAVE \$1.00 EA.

Blount's
New England Clam Chowder
Quarts

\$9.99 ea.

SAVE \$1.00 EA.

Vegan
Homestyle Mac & Cheese Salad

\$6.99 lb.

SAVE \$1.00 EA.

Freshly Prepared

Coconut Shrimp

\$9.99 ea.

SAVE \$2.00 LB.

House Fried
Tortilla Chips
Original & Jalapeno

\$3.99 ea.

SAVE \$1.00 LB.

Home Style
Potato Salad

\$6.99 lb.

PERFECT PAIRINGS

SAVE \$1.00

Alouette
GARDEN VEGETABLE SPREAD
6.5 oz.

\$7.99

SAVE \$1.00

Columbus
CHARCUTERIE TRIO
12 oz.

\$14.99

SAVE \$1.00

Talavera
MEXICAN CHEESE
Assorted, 8 oz.

\$6.99

BELMONT'S BAKED GOODS

SAVE \$1.00

Lemon Blueberry Loaf

\$6.99

Fruit Tart
— 9-Inch

\$26.99

Buttermilk Biscuits
— 5-Pack

\$3.99

Assorted Bagels

\$1.39

EXPLORE OUR DAILY ROTATING MENU ON OUR WEBSITE.

www.BelmontMarket.com/Menus

REHEATING INSTRUCTIONS ONLINE IF NEEDED.



Experience the freshest flavors at our sushi haven!

Our skilled chefs use only the finest, highest-grade ingredients to craft a wide array of rolls, sashimi, and sushi. From basic to exotic, we have options for everyone, including both vegetarians and vegans.



HEALTH & WELLNESS

NAVITAS ORGANICS

ORGANIC CHIA SEEDS

8 oz.

SAVE \$2.00

8.39

MAÍZ
Blue Corn
TORTILLA CHIPS

7.5 oz.

SAVE \$1.00

6.49

NUUN

SPORT HYDRATION

Assorted, 10 count

SAVE \$1.00

6.59

NAVITAS ORGANICS

ORGANIC SUPERFOOD+ ADAPTOGENIC BLEND

6.3 oz.

SAVE \$3.00

15.79

THE HERB WYFE

HOST DEFENSE
Immune Gummies

90 count

SAVE \$3.00

31.99

GAIA HERBS

HOLY BASIL

60 count

SAVE \$3.00

29.99

HERBAL REVOLUTION

DIGESTIVE TONIC

8 oz.

SAVE \$3.00

16.99

CLEARPATH HERBALS

SLEEP SUPPORT

2 oz.

SAVE \$3.00

21.99

SPRUCE UP WITH FESTIVE FLOWERS

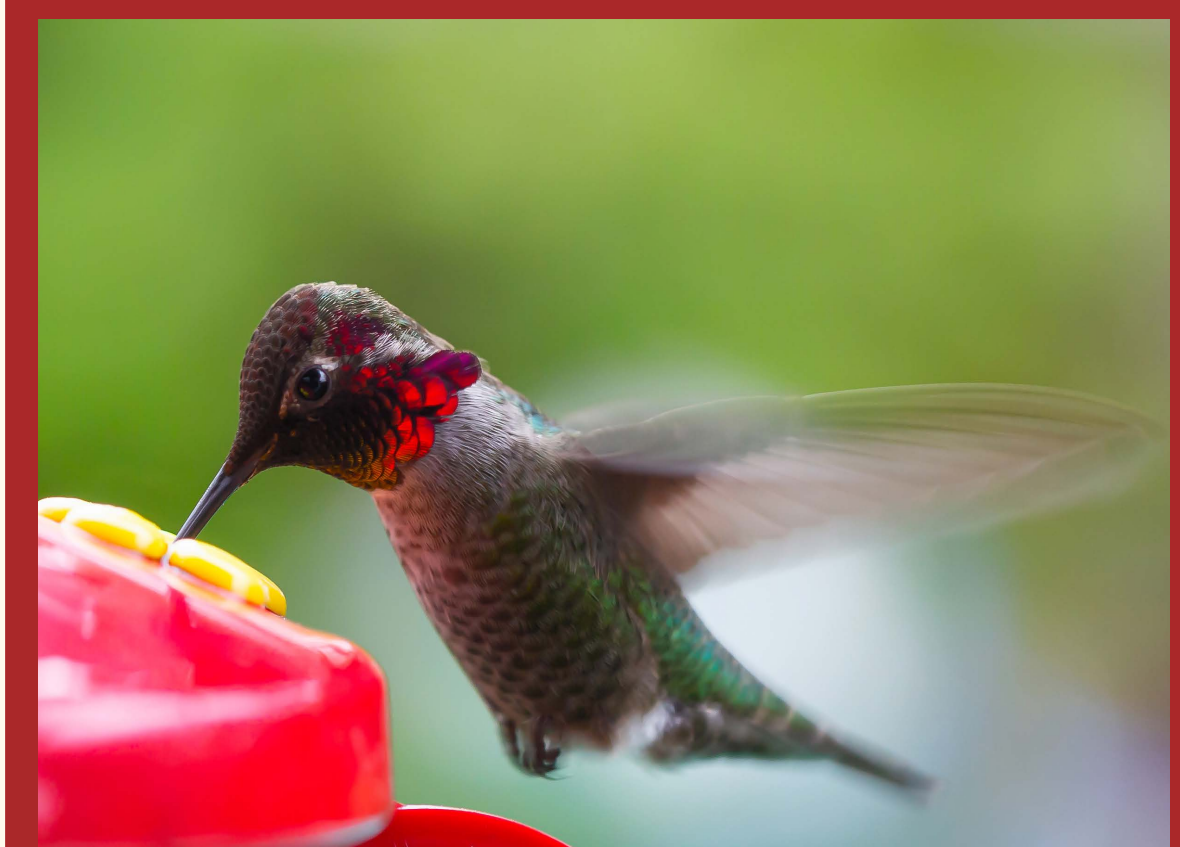
Explore our floral collection to perfect your celebration with bouquets, centerpieces, and flowering plants.

SUNFLOWER BUNCHES

10.99

GARDEN MIX BOUQUET

29.99



KALANCHOE 4" PLANT

10.99

SUCCULENT 4" PLANT

9.99

BIRD'S CHOICE HUMMINGBIRD & ORIOLE NECTAR

2.99

BELMONT MARKET Gift Baskets



Celebrate Any Occasion!

Our unique gift baskets are perfect for birthdays, retirement, weddings, sympathy, anniversaries, holiday, housewarming and more! Choose from a great assortment year-around.

VISIT US IN-STORE, CALL 401-789-4656,
OR SHOP ONLINE AT SHOP.BELMONTMARKET.COM
TO ORDER NOW



FRESH MADE FROM SCRATCH BELMONT MARKET BREAD

**Home-style Sandwich Loaves,
Whole Grain Baguettes, Italian
and Flat bread Styles**

Belmont Bread, with the help of our bread baker, we are working to incorporate more regionally grown and milled grains, into our products in an effort to not only make unique and interesting breads, but also to help rebuild a piece of our regional heritage that has been all but lost over the last century.

SAVE TIME AND SHOP ONLINE!

Our convenient hours and scheduled delivery make it easy for you to do your grocery shopping on your own time.

You can pick up your order or have it delivered, even to Block Island!

SHOP.BELMONTMARKET.COM

