

BELMONT MARKET'S SPRING TIME SAVINGS



FRESH CUT
**BROCCOLI
CROWNS**
\$2.49 lb.



Florida, USA
**BUTTER 'N SUGAR
SWEET CORN** 6/**\$3.90**



85/15 Lean
GROUND BEEF **\$4.99 lb.**
Family Pack



CHAIRMAN'S RESERVE
**BONELESS
CENTER CUT
PORK CHOPS** **\$3.99 lb.**
SAVE \$2.00 LB.



Bell & Evans
**BONE-IN
CUT CHICKEN
WINGS** **\$3.49 lb.**
SAVE \$2.00 LB.



Jimmy Dean
BACON
12 oz. **\$4.99 ea.**
SAVE \$4.00 EA.



Ball Park
**BUNSIZE &
BEEF FRANKS** **\$6.99 ea.**
15 oz. SAVE \$2.00 EA.



Ball Park
**MEAT & TURKEY
FRANKS** **\$4.99 ea.**
15 oz. SAVE \$2.00 EA.



BELMONT BREAD
**DINNER ROLL
6-PACKS** **2.99 ea.**
SAVE \$1.00 EA.

RHODE ISLAND QUAHOG WEEK MAY 15 th - 23 rd	
CHOPPED CLAMS 10.99 lb.	LITTLENECK CLAMS 79¢ ea.
SEAWATCH CHOPPED CLAMS 51 oz. 26.99 ea.	SEAFOOD GLUTEN FREE CHOWDER 32 oz. 12.99 ea.
CAPTAIN PARKER'S NEW ENGLAND CLAM CHOWDER 30 oz. 13.99 ea.	BLOUNT NEW ENGLAND CLAM CHOWDER 30 oz. 13.99 ea.

EFFECTIVE DATES: MAY 15TH - MAY 21ST
Monday - Saturday - 7:00AM - 10:00PM
Sunday - 7:00AM - 8:00PM

600 KINGSTOWN RD, WAKEFIELD, RI / (401) 789-4656
WWW.BELMONTMARKET.COM

**BELMONT
MARKET**
A Better Place to Shop Since 1947

"Not responsible for typographical or photo errors. In fairness to our customers we reserve the right to limit quantities. Meat Department Items are not cooked."

The Freshest **PRODUCE**



US #1
Granny Smith Apples **\$1.49 lb.**



First of the Season!
South Carolina Peaches **\$1.99 lb.**



Imported
Raspberries **\$2.99 ea.**
6 oz.



Imported
Blackberries **\$2.99 ea.**
6 oz.



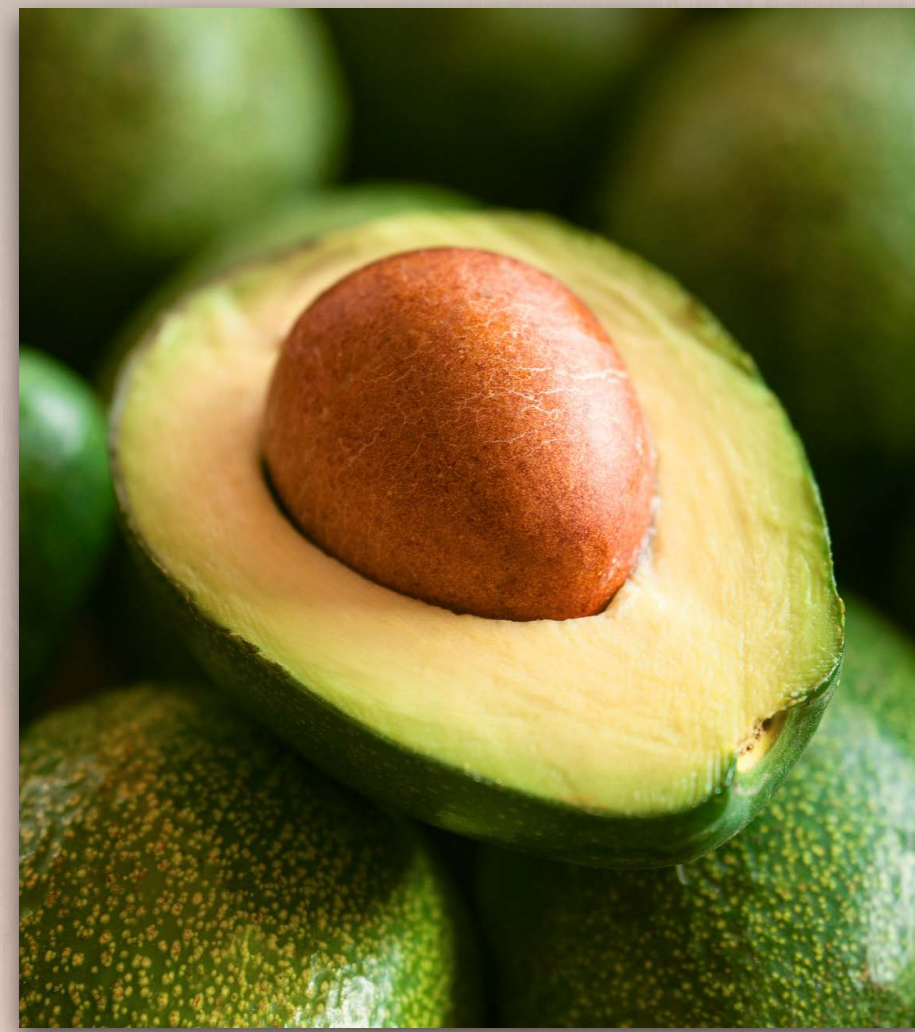
California, USA
Cherries **\$5.99 lb.**



Imported
Sweet Cantaloupes **\$2.99 ea.**



1/2 or 1/4
Watermelon Cuts **89¢ lb.**



Imported
Hass Avocados **2/\$3**



Imported
Cluster Tomatoes **\$2.49 lb.**



Imported
Seedless English Cucumbers **2/\$3**



Imported
Fresh Asparagus **\$3.99 lb.**



Loose
Russet Baking Potatoes **99¢ lb.**



Georgia, USA
Sweet Vidalia Onion **\$1.29 lb.**

The Best **ORGANIC SELECTION**



ORGANIC Mangoes
2/\$4



Organic Blackberries **\$2.99 ea.**
Half Pints



Organic Raspberries **\$3.99 ea.**
Half Pints



Mini Seedless Cucumbers **\$3.99 ea.**
6-Pack



Organic Beefsteak Tomatoes **\$3.99 lb.**



Organic Green Leaf Lettuce **\$2.99 ea.**



Organic Red Leaf Lettuce **\$2.99 ea.**

Great Deals ON FAMILY FAVORITES

SAVE \$2.29



Honey Bunches of Oats CEREAL
Assorted Varieties,
11 - 12 oz.

2/\$6

BUY-1-GET-1-FREE



Thomas' ORIGINAL ENGLISH MUFFINS
12 oz

\$5.69

SAVE 89¢



Quaker RICE CAKES
Assorted Varieties,
4.47 - 7.4 oz.

2/\$7

SAVE 99¢



Skippy PEANUT BUTTER
Assorted Varieties,
15 - 16.3 oz.

2/\$5

SAVE \$4.00



Junkless CHEWY GRANOLA BARS
Assorted Varieties,
6.6 oz.

\$3.99

SAVE \$1.79



Nature Valley GRANOLA BARS
*Excludes Protein
Assorted Varieties,
4.6 - 8.94 oz.

2/\$7

SAVE UP TO \$1.69



Starkist SOLID WHITE TUNA
Assorted Varieties,
5 oz.

10/\$10

SAVE \$1.14



B&M BAKED BEANS
Assorted Varieties,
16 oz.

4/\$5

SAVE \$1.29



Prince PASTA
Assorted Varieties,
12 - 16 oz.

10/\$10

SAVE \$3.00



Filippo Berio PASTA SAUCE
Assorted Varieties,
24 oz.

\$4.99

SAVE 49¢



Full Circle Market ORGANIC BROTH
Assorted Varieties,
32 oz.

2/\$5

SAVE 49¢



Green Giant VEGETABLES
Assorted Varieties,
14.5 - 15 oz.

2/\$3

SAVE 29¢



Full Circle Market ORGANIC SPECIALTY BEANS
Assorted Varieties,
15.5 oz.

2/\$3

SAVE \$2.00



Kraft GRATED PARMESAN & ROMANO
Assorted Varieties,
8 oz.

\$4.99

SAVE \$1.30



Newman's Own Salsa
Assorted Varieties,
16 oz.

\$2.99

SAVE UP TO \$7.50



Filippo Berio OLIVE OIL
Assorted Varieties,
16.9 oz.

\$5.99

SAVE \$1.99



Nabisco WHEAT THINS
Assorted Varieties,
8 - 8.5 oz.

2/\$7

SAVE \$1.99



Nabisco TRISCUITS
Assorted Varieties,
3.5 - 8.5 oz.

2/\$7

SAVE \$2.50



Tostitos TORTILLA CHIPS
Assorted Varieties,
9 - 14 oz.

\$2.99

BUY-1-GET-1-FREE



UTZ CHIPS
Assorted Varieties,
7.5 - 8 oz.

\$4.99

SAVE \$3.50



Hellmann's MAYONNAISE
Assorted Varieties,
30 fl. oz.

\$5.49

SAVE \$2.50



Hellmann's SQUEEZE MAYONNAISE
Assorted Varieties,
20 fl. oz.

\$5.49

SAVE 99¢



Grey Poupon DIJON MUSTARD
Assorted Varieties,
8 - 10 oz.

2/\$8

SAVE \$1.49



French's YELLOW MUSTARD
20 oz.

2/\$5

SAVE 80¢



Full Circle Market ORGANIC SQUEEZE KETCHUP
20 oz.

\$2.49

SAVE UP TO \$2.49



Vlasic PICKLES
Assorted Varieties,
16 - 24 fl. oz.

2/\$5

SAVE \$1.62



Sweet Baby Ray BBQ & DIPPING SAUCES
Assorted Varieties,
14 - 18 oz.

3/\$5

SAVE \$1.20



Lawry's MARINADES
Assorted Varieties,
12 fl. oz.

\$3.49

SAVE \$1.79



Ken's SALAD DRESSING
Assorted Varieties,
16 fl. oz.

2/\$5

SAVE 50¢



Food Club GRANULATED SUGAR
4 lb.

\$3.99

SAVE 29¢



Jello PUDDING & GELATIN
Assorted Varieties,
3 - 3.9 oz.

2/\$3

SAVE UP TO 79¢



Jet Puffed MARSHMALLOWS
Assorted Varieties,
10 - 12 oz.

2/\$4

SAVE \$1.29



V8 VEGETABLE JUICE
Assorted Varieties,
46 fl. oz.

2/\$7

SAVE \$1.29



Ocean Spray CRANBERRY COCKTAIL
Assorted Varieties,
64 fl. oz.

2/\$6

SAVE \$1.99



Pepsi SODA 2-LITERS
Assorted Varieties,
67.6 fl. oz.

2/\$4

SAVE 79¢



Culture Pop SODA
Assorted Varieties,
12 fl. oz.

2/\$3

SAVE \$1.49



Polar SELTZER WATER 12-PACKS
Assorted Varieties,
144 fl. oz.

2/\$9

SAVE \$1.99



Coca-Cola SODA 12-PACKS
Assorted Varieties,
144 fl. oz.

2/\$16

Great Deals ON FAMILY FAVORITES

SAVE \$1.70



Bounty ESSENTIALS PAPER TOWELS
4 Double Rolls
432 ct. **\$6.99**

SAVE \$1.30



Charmin ESSENTIALS BATHROOM TISSUE
6 Mega Rolls
Assorted Varieties,
1980 - 2574 ct.

\$5.99

SAVE \$3.00



Cottonelle BATHROOM TISSUE
12 Mega Rolls
Assorted Varieties,
2928 - 3408 ct.

\$13.99

SAVE 39¢



Puffs FACIAL TISSUES
Assorted Varieties,
124 ct.

2/\$5

SAVE \$1.29



Vanity Fair NAPKINS
Assorted Varieties,
40 - 100 ct. **2/\$6**

SAVE \$1.00



Solo PLASTIC CUPS
Assorted Varieties,
30 - 50 ct.

\$4.49

SAVE \$2.30



Reynolds ALUMINUM FOIL
Assorted Varieties,
50 - 75 sq ft.

\$4.99

SAVE 30¢



Windex GLASS CLEANER
Assorted Varieties,
23 fl oz.

\$4.49

Cool Savings ON DAIRY AND FROZEN FOODS

SAVE \$1.00



Ellio's PIZZA & BREADSTICKS
Assorted Varieties,
13.62 - 19.64 oz. **\$3.99**

SAVE \$1.29



Stouffer's ENTREES
Assorted Varieties,
8.87 - 12.87 oz. **2/\$7**

SAVE 80¢



Bays ENGLISH MUFFINS
Assorted Varieties,
12 - 13 oz. **\$3.69**

SAVE \$1.70



Philadelphia CREAM CHEESE BAR
Assorted Varieties,
8 oz. **\$2.99**

SAVE \$2.79



Kraft SHREDDED CHEESE
Assorted Varieties,
7 - 8 oz.

2/\$4

SAVE \$1.30



Polly-o STRING CHEESE
Assorted Varieties,
9 - 12 oz.

\$4.99

SAVE \$2.19



Cracker Barrel CHEESE BARS
Assorted Varieties,
7 - 8 oz. **2/\$5**

SAVE UP TO \$1.00



Land O Lakes BUTTER SPREADS
Assorted Varieties,
7 - 8 oz. **\$2.49**

SAVE \$2.79



Chobani GREEK YOGURT 4-PACKS
Assorted Varieties,
21.2 oz. **2/\$9**

SAVE \$3.89



Hood ICE CREAM
Assorted Varieties,
48 fl oz. **2/\$5**

SAVE 99¢



Cool Whip WHIPPED TOPPING
Assorted Varieties,
8 oz. **2/\$5**

SAVE 99¢



Hood WHIPPED TOPPING
6.5 oz. **2/\$5**

SAVE 99¢



Hood COUNTRY CREAMER
Assorted Varieties,
32 fl oz. **2/\$3**

SAVE \$1.40



Heluva Good DIP
Assorted Varieties,
12 oz. **\$1.79**

SAVE \$1.59



Daisy SOUR CREAM
Assorted Varieties,
16 oz. **2/\$4**

SAVE 50¢



Full Circle Market ORGANIC MILK
Assorted Varieties,
64 fl oz. **\$5.99**

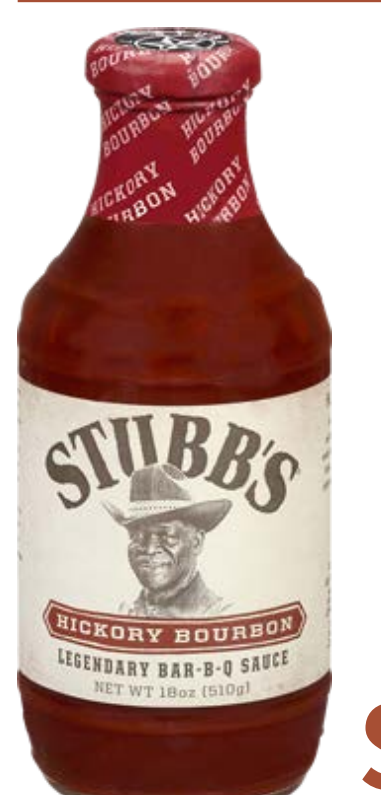
SAVE 80¢



Tropicana ORANGE JUICE
Assorted Varieties,
46 fl oz. **\$4.49**

Your Favorite SPECIALTY GROCERY ITEMS

SAVE \$2.00



Stubb's BBQ SAUCE
Assorted Varieties,
18 fl oz. **\$4.89**

SAVE \$1.19 EA.



Simply Organic ORGANIC DIP MIXES
Assorted Varieties,
0.7 - 1.5 oz. **2/\$3**

SAVE \$2.20



From the Ground Up CAULIFLOWER CRACKERS
Assorted Varieties,
4 oz. **\$4.29**

SAVE \$1.20



Olivia's GLUTEN FREE CROUTONS
4.5 oz. **\$4.79**

SAVE \$5.00



Graza DRIZZLE OLIVE OIL
16.9 fl oz. **\$18.99**

SAVE 90¢



Alessi BALSAMIC REDUCTION
8.5 fl oz. **\$4.89**

SAVE \$1.60



Goodie Girl GLUTEN FREE COOKIES
Assorted Varieties,
7 - 10.6 oz. **\$5.89**

SAVE \$1.70



Tony's Chocolonely CHOCOLATE BARS
Assorted Varieties,
6.35 oz. **\$6.29**

FROM THE DELI

SAVE \$4.00 LB.
 Boar's Head
OVENGOLD TURKEY
\$11.99lb.

SAVE \$2.00 LB.
 Boar's Head
HONEY MAPLE HAM
\$11.99lb.

SAVE \$2.00 LB.
 Boar's Head
EVERROAST CHICKEN
\$11.99lb.

PREPARED FOODS

ONE DAY SALE ITEM

Freshly Prepared

Scallop Nantucket
\$18.99ea.



SAVE \$1.00 EA.
 Freshly Prepared
Jamaican Jerky Shrimp Bowl
\$14.99ea.



SAVE \$1.00 EA.
 Freshly Prepared
Vegan Ratatouille over Bulgur
\$6.99ea.



SAVE \$1.00 EA.
 Freshly Prepared
Stuffed Shells
\$8.99ea.



SAVE \$1.00 LB.
White Bean with Rabe Salad
\$9.99lb.

SAVE \$1.00 LB.
Tomato Mozzarella Salad
\$10.99lb.

PERFECT PAIRINGS

SAVE \$1.00
 President
GOAT LOG
 11 oz.
\$13.99



SAVE \$1.00
 Stonefire
GARLIC NAAN DIPPERS
 7.5 oz.
\$4.99



SAVE \$1.00
 Belgioioso
CHEESE WEDGES
 Assorted, 8 oz.
\$5.99



BELMONT'S BAKED GOODS

SAVE \$1.00

Cinnamon Bread
 — Fire King
\$5.99

SAVE \$1.00

Pretzella Pretzel Bites
 — Assorted, 12.3 oz.
\$7.99

Garlic Spread
 — 8 oz.
\$2.99

Hill Valley Sugar Free Angel Food Cake
 — 9 oz.
\$8.99

EXPLORE OUR DAILY ROTATING MENU ON OUR WEBSITE.

www.BelmontMarket.com/Menus

REHEATING INSTRUCTIONS ONLINE IF NEEDED.

Experience the freshest flavors at our sushi haven!

Our skilled chefs use only the finest, highest-grade ingredients to craft a wide array of rolls, sashimi, and sushi. From basic to exotic, we have options for everyone, including both vegetarians and vegans.



HEALTH & WELLNESS



Dr. Bronner's CASTILE LIQUID SOAP
 32 oz.
SAVE \$4.00
17.99



Old Fashioned Oatmeal Sappo Hill SOAP
 3.5 oz.
SAVE 60¢
2.69



Vital Proteins COLLAGEN PEPTIDE STICKS
 0.35 oz.
SAVE 50¢
1.99



NOW MELATONIN 5 MG.
 120 tablets
SAVE \$2.00
12.99

THE HERB WYFE



The Herb Wyfe MARJORAM
 1 oz.
SAVE \$2.50
1.49



Herb Pharm JUNIPER
 1 fl oz.
SAVE \$3.00
14.99



Wish Garden SLEEPY NIGHTS PREGNANCY
 2 oz.
SAVE \$3.00
21.99



Birch Boys CORDYCEPS TINCTURE
 4 oz.
SAVE \$3.00
36.99

SPRUCE UP WITH FESTIVE FLOWERS

Explore our floral collection to perfect your celebration with bouquets, centerpieces, and flowering plants.

SUNFLOWER BUNCHES

10.99



BLUE HYDRANGEA LILY BOUQUET

29.99



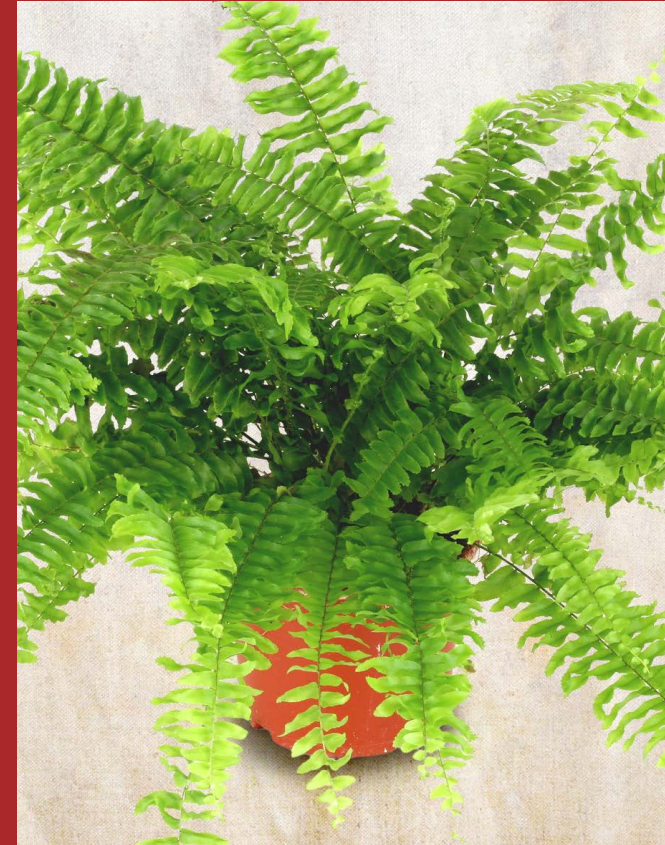
GERBER DAISY 4" PLANT

10.99



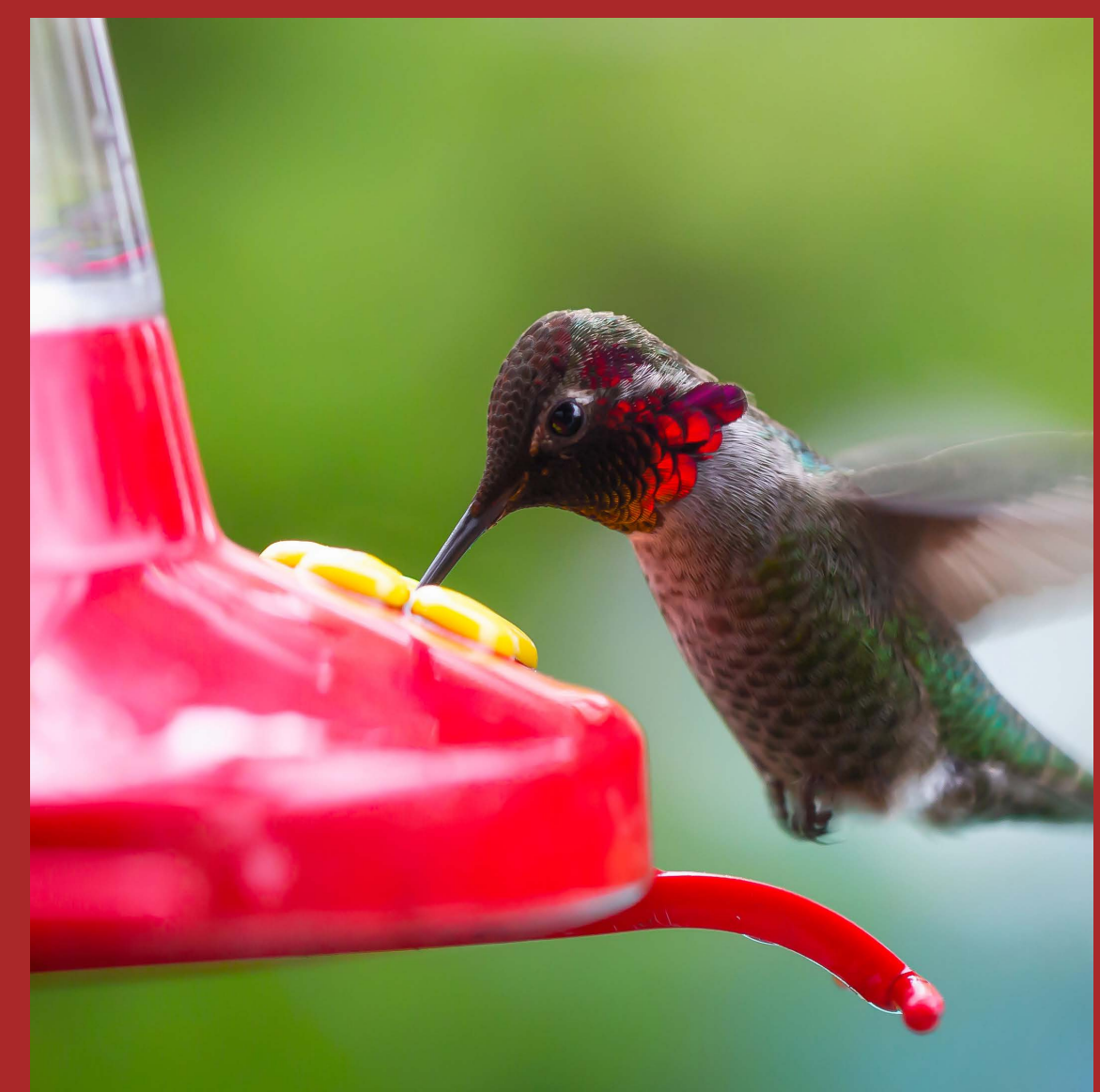
ASSORTED FERNS 4" PLANT

10.99



HUMMINGBIRD & ORIOLE NECTAR

2.99



BELMONT MARKET Gift Baskets



Celebrate Any Occasion!

Our unique gift baskets are perfect for birthdays, retirement, weddings, sympathy, anniversaries, holiday, housewarming and more! Choose from a great assortment year-around.

VISIT US IN-STORE, CALL 401-789-4656,
OR SHOP ONLINE AT SHOP.BELMONTMARKET.COM
TO ORDER NOW



FRESH MADE FROM SCRATCH BELMONT MARKET BREAD

**Home-style Sandwich Loaves,
Whole Grain Baguettes, Italian
and Flat bread Styles**

Belmont Bread, with the help of our bread baker, we are working to incorporate more regionally grown and milled grains, into our products in an effort to not only make unique and interesting breads, but also to help rebuild a piece of our regional heritage that has been all but lost over the last century.

SAVE TIME AND SHOP ONLINE!

Our convenient hours and scheduled delivery make it easy for you to do your grocery shopping on your own time.

You can pick up your order or have it delivered, even to Block Island!

SHOP.BELMONTMARKET.COM

