

BELMONT MARKET'S SPRING TIME SAVINGS



IMPORTED
BELL PEPPERS
RED, YELLOW & ORANGE
\$2.99 lb.



Florida, USA
BUTTER 'N SUGAR SWEET CORN 6/\$**3.90**



CERTIFIED ANGUS BEEF BRAND
BONELESS SIRLOIN STEAKS **\$9.99 lb.**
SAVE \$4.00 LB.

CHAIRMAN'S RESERVE
Bone-In Center Cut **PORK CHOPS & ROASTS**
SAVE \$1.50 LB.
\$3.49 lb.

Bell & Evans
Boneless **CHICKEN THIGHS**
SAVE \$2.00 LB.
\$4.99 lb.

Smithfield
PORK TENDERLOINS & ROASTS
19.2 - 23 oz.
SAVE \$2.00 EA.
\$9.99 ea.

al fresco
BREAKFAST SAUSAGE PATTIES & LINKS
7 - 7.5 oz.
SAVE \$1.50 EA.
\$3.49 ea.

Hebrew NATIONAL
PREMIUM CUTS OF 100% KOSHER BEEF
BEEF FRANKS
9.43 - 12 oz.
SAVE \$2.00 EA.
\$6.99 ea.

COOKED PERFECT BRAND
MEATBALLS
20 - 26 oz.
SAVE \$3.00 EA.
\$8.99 ea.

BELMONT BREAD
CRANBERRY PECAN SOURDOUGH SANDWICH LOAF
SAVE \$1.00 EA.
7.99 ea.

REEL IN FANTASTIC SEAFOOD
FAROE ISLAND SALMON
17.99 lb.

FRESH AHI TUNA
13.99 lb.

EFFECTIVE DATES: MAY 8TH - MAY 14TH
Monday - Saturday - 7:00AM - 10:00PM
Sunday - 7:00AM - 8:00PM
600 KINGSTOWN RD, WAKEFIELD, RI / (401) 789-4656
WWW.BELMONTMARKET.COM

BELMONT MARKET
A Better Place to Shop Since 1947

"Not responsible for typographical or photo errors. In fairness to our customers we reserve the right to limit quantities. Meat Department Items are not cooked."

The Freshest **PRODUCE**



Whole & Sliced
White Mushrooms **2/\$5**
 10 oz. Whole, 8 oz. Sliced



Georgia, USA
Sweet Vidalia Onion **\$1.29 lb.**



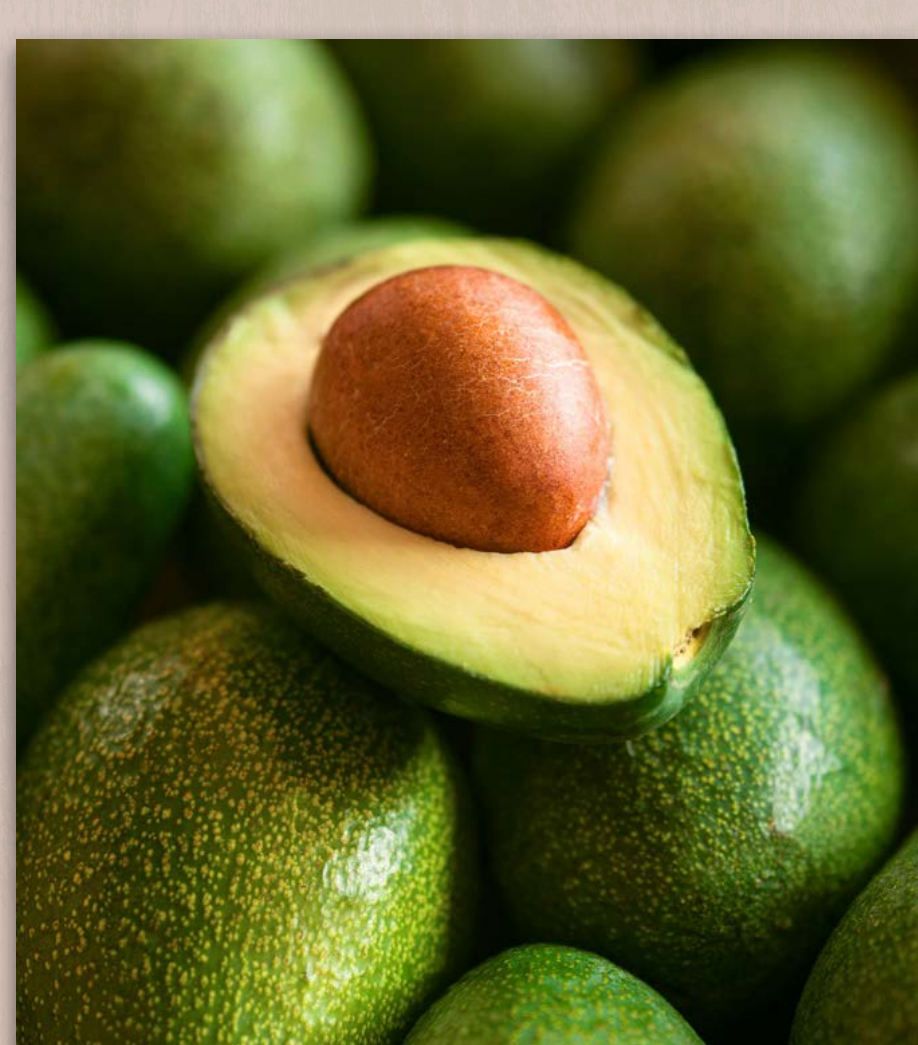
Loose
Red or Yukon Gold Potatoes **99¢ lb.**



Fresh
Green Beans **\$1.89 lb.**



Imported
Seedless English Cucumbers **2/\$3**



Imported
Hass Avocados **2/\$3**



California, USA
Cherries **\$7.99 lb.**



Georgia, USA
Blueberries **\$2.99 ea.**
 Pint



Watermelon Cuts **89¢ lb.**
 1/4 or 1/2



Cosmic Crisp & Honeycrisp Apples **\$1.99 lb.**



Imported
Cantaloupes **\$2.99 ea.**



Imported
Honeydew Melons **\$3.99 ea.**



California, USA
Navel Oranges **\$1.49 lb.**

The Best **ORGANIC SELECTION**



Organic Fuji Apples **\$2.49 lb.**



Organic Blueberry Pints **\$4.99 ea.**



Organic Bartlett Pears **\$2.49 lb.**



Organic Lacinato Kale **\$2.49 ea.**



Organic Iceberg Lettuce **\$3.99 ea.**



Cherry Tomatoes On the Vine **\$3.99 ea.**

Great Deals ON FAMILY FAVORITES

SAVE \$1.30



Chock Full o' Nuts
GROUND COFFEE
Assorted Varieties,
10.2 - 11.3 oz.

\$7.99

SAVE \$3.00



Kashi
CEREAL
Assorted Varieties,
16 - 18 oz.

\$3.99

SAVE 99¢



Pop Tarts
TOASTER PASTRY
Assorted Varieties,
13.5 oz.

2/\$6

SAVE \$1.30



Full Circle Market
ORGANIC SYRUP
Assorted Varieties,
12 fl oz.

\$6.99

SAVE \$4.00



Quaker
OLD FASHION / QUICK OATS
Assorted Varieties,
42 oz.

\$4.99

SAVE \$1.00



Full Circle Market
ORGANIC GRANOLA
Assorted Varieties,
12 oz.

\$3.99

SAVE \$2.20



Annie's
MAC & CHEESE
Assorted Varieties,
5.25 - 6 oz.

\$1.49

SAVE \$1.04



Ronzoni
PASTA
Assorted Varieties,
12 - 16 oz.

4/\$5

SAVE \$1.99



Ragu
PASTA SAUCE
Assorted Varieties,
16 - 24 oz.

2/\$4

SAVE \$4.00



Rao's
PASTA SAUCE
Assorted Varieties,
32 oz.

\$9.99

SAVE UP TO 99¢



Chi-Chi's
TORTILLAS
Assorted Varieties,
12 - 17.5 oz.

2/\$5

SAVE \$1.19



Hunt's
MANWICH
Assorted Varieties,
15 - 15.5 oz.

2/\$3

SAVE 79¢



Ortega
DINNER KITS
Assorted Varieties,
8.9 - 15.6 oz.

2/\$7

SAVE 79¢



Ortega
TACO SAUCE
Assorted Varieties,
8 oz.

2/\$5

SAVE 89¢



Ortega
SALSA
Assorted Varieties,
16 oz.

2/\$7

SAVE 39¢



Ortega
SEASONING MIX
Assorted Varieties,
1 oz.

10/\$10

SAVE \$1.40



Near East
RICE PILAF
Assorted Varieties,
5.2 - 6.75 oz.

\$1.59

SAVE 49¢



Food Club
CANNED VEGETABLES
Assorted Varieties,
14.5 oz.

10/\$10

SAVE \$1.19



Bush's Best
BAKED BEANS
Assorted Varieties,
28 oz.

2/\$5

SAVE \$1.00



Hormel
CHILI NO BEANS
Assorted Varieties,
15 oz.

\$2.99

SAVE \$1.02



McCormick
AIR FRYER SEASONING
Assorted Varieties,
1.25 oz.

3/\$5

SAVE \$1.09



Suddenly!
PASTA SALAD
Assorted Varieties,
7.25 - 7.75 oz.

2/\$5

SAVE \$1.50



Chicken of the Sea
SOLID WHITE TUNA 4-PACK
Assorted Varieties,
16 oz.

\$6.99

SAVE \$1.00



Heinz
SIMPLY KETCHUP
19 oz.

\$3.99

SAVE \$1.00



Duke's
MAYONNAISE
30 oz.

\$5.99

SAVE \$1.79



Kraft
SALAD DRESSING
Assorted Varieties,
16 fl oz.

2/\$7

SAVE 80¢



Food Club
WHITE VINEGAR
32 fl oz.

\$1.19

SAVE \$1.30



Flavor Master
GRAVY MASTER
5 oz.

\$3.99

SAVE \$4.00



California Olive Ranch
EXTRA VIRGIN OLIVE OIL
25.4 fl oz.

\$16.99

SAVE UP TO \$2.19



Toasted
CRACKERS & FLATBREAD
Assorted Varieties,
8 - 8.7 oz.

2/\$7

SAVE \$2.19



Kellogg's
TOWN HOUSE & CLUB CRACKERS
Assorted Varieties,
9.2 - 13.8 oz.

2/\$7

SAVE \$1.29



Pop Secret
MICROWAVE POPCORN
Assorted Varieties,
7.9 - 9.6 oz.

2/\$6

SAVE 80¢



Tortiyahs!
TORTILLA CHIPS
Assorted Varieties,
10 - 11 oz.

\$4.49

SAVE 50¢



Frito Lay
LAY'S POTATO CHIPS
Assorted Varieties,
7.75 - 8 oz.

\$3.79

SAVE \$1.19



Duncan Hines
BROWNIE MIX
Assorted Varieties,
18 - 18.3 oz.

2/\$4

SAVE \$1.70



Oreo
COOKIES
Family Sized
Assorted Varieties,
12.8 - 18.71 oz.

\$4.99

Great Deals ON FAMILY FAVORITES

SAVE 29¢



Polar SELTZER WATER 1-LITERS
Assorted Varieties,
33.8 fl oz.

10/\$10

SAVE 64¢



Coca-Cola SODA 2-LITERS
Assorted Varieties,
67.6 fl oz.

2/\$5.50

SAVE 79¢



Culture Pop SODA SINGLES
Assorted Varieties,
12 fl oz.

2/\$3

SAVE \$1.32



Bubly SELTZER WATER 8-PACKS
Assorted Varieties,
12 fl oz. / 8pk

3/\$11

SAVE \$3.00



Sparkle PAPER TOWELS
4 Double Rolls
440 ct.

\$5.99

SAVE \$4.00



Angel Soft BATHROOM TISSUE
8 Mega Rolls
2560 ct.

\$5.99

SAVE \$3.49



Fiore ESSENTIALS PAPER TOWELS
6 Rolls
708 ct.

2/\$9

SAVE \$3.49



Fiore ESSENTIALS BATHROOM TISSUE
12 Double Rolls
2580 ct.

2/\$9

SAVE \$1.50



Simply BLEACH
121 fl oz.

\$5.99

SAVE 46¢



Cesar DOG FOOD
Assorted Varieties,
3.5 oz.

3/\$4

SAVE UP TO \$1.50



Milkbone DOG TREATS
Assorted Varieties,
9 - 24 oz.

\$4.99

SAVE \$1.30



Tidy Cat SCOOP LITTER
Assorted Varieties,
14 lb.

\$8.99

Cool Savings ON DAIRY AND FROZEN FOODS

SAVE UP TO \$2.99



McCain FRENCH FRIES & ONION RINGS
Assorted Varieties,
14 - 32 oz.

2/\$6

SAVE \$1.29



Celeste PIZZA FOR ONE
Assorted Varieties,
5 - 5.36

10/\$10

SAVE \$2.29



Smucker's UNCRUSTABLES
Assorted Varieties,
8 oz.

2/\$6

SAVE 90¢



Lenders BAGELS
Assorted Varieties,
17.1oz

\$2.79

SAVE \$3.20



Turkey Hill ICE CREAM
*Excludes Pistachio
Assorted Varieties,
46 fl oz.

\$3.59

SAVE \$1.29



Jello GELS & PUDDINGS
Assorted Varieties,
12.5-15.5 oz.

2/\$6

SAVE 80¢



Cabot WHIPPED CREAM
Assorted Varieties,
7 oz.

\$2.79

SAVE \$1.50



Fage GREEK YOGURT
Assorted Varieties,
16 oz.

\$3.49

SAVE 99¢



Land O Lakes SHREDDED CHEESE
Assorted Varieties,
8 oz.

2/\$6

SAVE 99¢



Land O Lakes BAR CHEESE
Assorted Varieties,
8 oz

2/\$6

SAVE 49¢



Crystal Farms CREAM CHEESE BAR
8 oz.

2/\$5

SAVE \$1.50



Pete & Gerry's LARGE BROWN EGGS
Assorted Varieties,
12 Dozen

\$5.99

SAVE 99¢



Hood SOUR CREAM
Assorted Varieties,
16 oz.

2/\$4

SAVE \$2.00



Cabot BUTTER
Assorted Varieties,
16 oz.

\$3.49

SAVE 79¢



Shamrock ROCKIN DRINK
Assorted Varieties,
12 fl oz.

2/\$5

SAVE \$1.80



Califia ALMOND MILK
Assorted Varieties,
48 fl oz.

\$3.49

SAVE \$2.49



Florida Natural ORANGE JUICE
Assorted Varieties,
52 fl oz.

2/\$7

SAVE 40¢



Simply DRINKS
Assorted Varieties,
52 fl oz.

\$3.29

Your Favorite SPECIALTY GROCERY ITEMS

SAVE \$2.00



San Merican Tomatoes PASTA SAUCE
Assorted Varieties,
24 oz.

\$7.49

SAVE \$5.60



Lucini EXTRA VIRGIN OLIVE OIL
16.9 fl oz.

\$16.39

SAVE \$6.00



San Remo "GOLD" AGED BALSAMIC VINEGAR
Assorted Varieties,
8.5 fl oz.

\$13.99

SAVE \$1.19 EA.



Simply Organic ORGANIC DIP MIXES
Assorted Varieties,
0.7 - 1.5 oz.

2/\$3

SAVE \$1.60



Sfogliani ORGANIC DURUM PASTA
Assorted Varieties,
16 oz.

\$4.59

SAVE \$1.70



Rustic Bakery ORGANIC FLATBREAD
Assorted Varieties,
6 oz.

\$6.29

SAVE 60¢



Alessi BREADSTICKS
Assorted Varieties,
3 - 4.4 oz.

\$2.39

SAVE \$1.00



Effie's OATCAKE BISCUITS
Assorted Varieties,
7.2 oz.

\$5.99

FROM THE DELI

SAVE \$4.00 LB.

Boar's Head
HONEY MAPLE TURKEY
\$11.99lb.



SAVE \$2.00 LB.

Boar's Head
DELUXE HAM
\$11.99lb.



SAVE \$2.00 LB.

Boar's Head
CLASSIC CHICKEN
\$11.99lb.



PERFECT PAIRINGS

SAVE \$1.00

BelGioioso
ITALIAN CHEESE BOARD
12 oz.
\$8.99



SAVE \$1.00

Bear Pond Farm
premium basil PESTO
6.3 oz.
\$7.99



SAVE \$1.00

Buitoni
FRESH PASTAS
Assorted, 9 oz.
\$2.99



PREPARED FOODS

ONE DAY SALE ITEM

Freshly Prepared

Swordfish Picatta
\$18.99lb.




SAVE \$1.00 EA.

Freshly Prepared
Bourbon Steak Tip Dinner
\$15.99ea.



SAVE \$1.00 LB.

Freshly Prepared
Vegan Baked Beans
\$8.99lb.



SAVE \$1.00 EA.

Greens & Grains Dollhouse Salad
\$7.99ea.



SAVE \$1.00 LB.

Cranberry Walnut Chicken Salad
\$10.99lb.

SAVE \$1.00 EA.

Eggplant Caponata
\$9.99ea.

BELMONT'S BAKED GOODS

SAVE 74¢

Sundried Tomato Bagels
\$1.25



SAVE \$1.00

Triple Chocolate, White Chocolate Macadamia
— 12-Pack, Mixed
\$6.99



Steve's Snacks Peanut Butter Whoopie Pie
— 6 oz.
\$3.99



Lucky Spoon Chocolate Chip Cookies
— Gluten Free, 6 oz.
\$7.99



EXPLORE OUR DAILY ROTATING MENU ON OUR WEBSITE.

www.BelmontMarket.com/Menus

REHEATING INSTRUCTIONS ONLINE IF NEEDED.



Experience the freshest flavors at our sushi haven!

Our skilled chefs use only the finest, highest-grade ingredients to craft a wide array of rolls, sashimi, and sushi. From basic to exotic, we have options for everyone, including both vegetarians and vegans.



HEALTH & WELLNESS

Host Defense STAY MELLOW GUMMIES
90 count
SAVE \$3.00
33.99



GAIA Herbs Echinacea Goldenseal
60 count
SAVE \$3.00
29.99



Dandy Blend DANDELION TEA
11 oz.
SAVE \$3.00
28.99



Oregon Wild Harvest MARSHMALLOW ROOT
90 count
SAVE \$3.00
24.99




THE HERB WYFE

Vital Proteins COLLAGEN PEPTIDES UNFLAVORED
20 oz.
SAVE \$9.00
51.99



Unreal CHOCOLATE COVERED CANDIES
ASSORTED VARIETIES 3.2-5 oz.
SAVE \$1.70
6.89



Aura Cacia PATCHOULI ESSENTIAL OIL
0.5 fl. oz.
SAVE \$3.00
14.59



Sappo Hill Old Fashioned Oatmeal BAR SOAP
ASSORTED VARIETIES 3.5 oz.
SAVE 60¢
2.69



SPRUCE UP WITH FESTIVE FLOWERS

Explore our floral collection to perfect your celebration with bouquets, centerpieces, and flowering plants.

SPRING GARDEN MIX BOUQUET

19.99



TICKLED PINK BOUQUET

19.99



SUNFLOWER BUNCHES

10.99



HUMMINGBIRD NECTAR

2.99

BELMONT MARKET Gift Baskets



Celebrate Any Occasion!

Our unique gift baskets are perfect for birthdays, retirement, weddings, sympathy, anniversaries, holiday, housewarming and more! Choose from a great assortment year-around.

VISIT US IN-STORE, CALL 401-789-4656,
OR SHOP ONLINE AT SHOP.BELMONTMARKET.COM
TO ORDER NOW



FRESH MADE FROM SCRATCH BELMONT MARKET BREAD

**Home-style Sandwich Loaves,
Whole Grain Baguettes, Italian
and Flat bread Styles**

Belmont Bread, with the help of our bread baker, we are working to incorporate more regionally grown and milled grains, into our products in an effort to not only make unique and interesting breads, but also to help rebuild a piece of our regional heritage that has been all but lost over the last century.

SAVE TIME AND SHOP ONLINE!

Our convenient hours and scheduled delivery make it easy for you to do your grocery shopping on your own time.

You can pick up your order or have it delivered, even to Block Island!

SHOP.BELMONTMARKET.COM

