

BELMONT MARKET'S SPRING TIME SAVINGS



FANCY
GREEN BEANS
\$1.49 lb.



BUTTER 'N SUGAR
SWEET CORN 6/\$3.90



SIRLOIN TIP STEAK \$16.99 lb.
SAVE \$4.00 LB.



CHAIRMAN'S RESERVE
BONE-IN COUNTRY STYLE SPARE RIBS \$2.49 lb.
SAVE \$1.50 LB.



Bell & Evans
BONELESS SKINLESS ALL NATURAL CHICKEN BREAST \$6.99 lb.
AIR-CHILLED SAVE \$3.00 LB.



KAYEM
POLSKA KIELBASA \$6.99 ea.
14 oz. SAVE \$2.00 EA.



Oscar Mayer
BACON \$8.99 ea.
Assorted, 12-16 oz. SAVE \$4.00 EA.



Bob Evans
MASHED POTATOES \$3.99 ea.
12-22 oz. SAVE \$2.00 EA.



BELMONT BREAD

BELGIOIOSO 3-CHEESE CLASSIC LOAF \$5.49 ea.
SAVE \$1.00 EA.



REEL IN FANTASTIC SEAFOOD

FAROE SALMON \$17.99 lb.

SWORDFISH LOIN \$15.99 lb.

EFFECTIVE DATES: MAY 29TH - JUNE 4TH

Monday - Saturday - 7:00AM - 10:00PM
Sunday - 7:00AM - 8:00PM

600 KINGSTOWN RD, WAKEFIELD, RI / (401) 789-4656
WWW.BELMONTMARKET.COM

BELMONT MARKET
A Better Place to Shop Since 1947

"Not responsible for typographical or photo errors. In fairness to our customers we reserve the right to limit quantities. Meat Department Items are not cooked."

The Freshest **PRODUCE**



Fresh Peaches **\$2.49 lb.**



Cluster & Hot House Tomatoes **\$2.49 lb.**



Whole **Seedless Watermelon** **\$5.99 ea.**



California, USA **Rosa Plums** **\$2.99 lb.**



California, USA **Yellow Nectarines** **\$1.99 lb.**



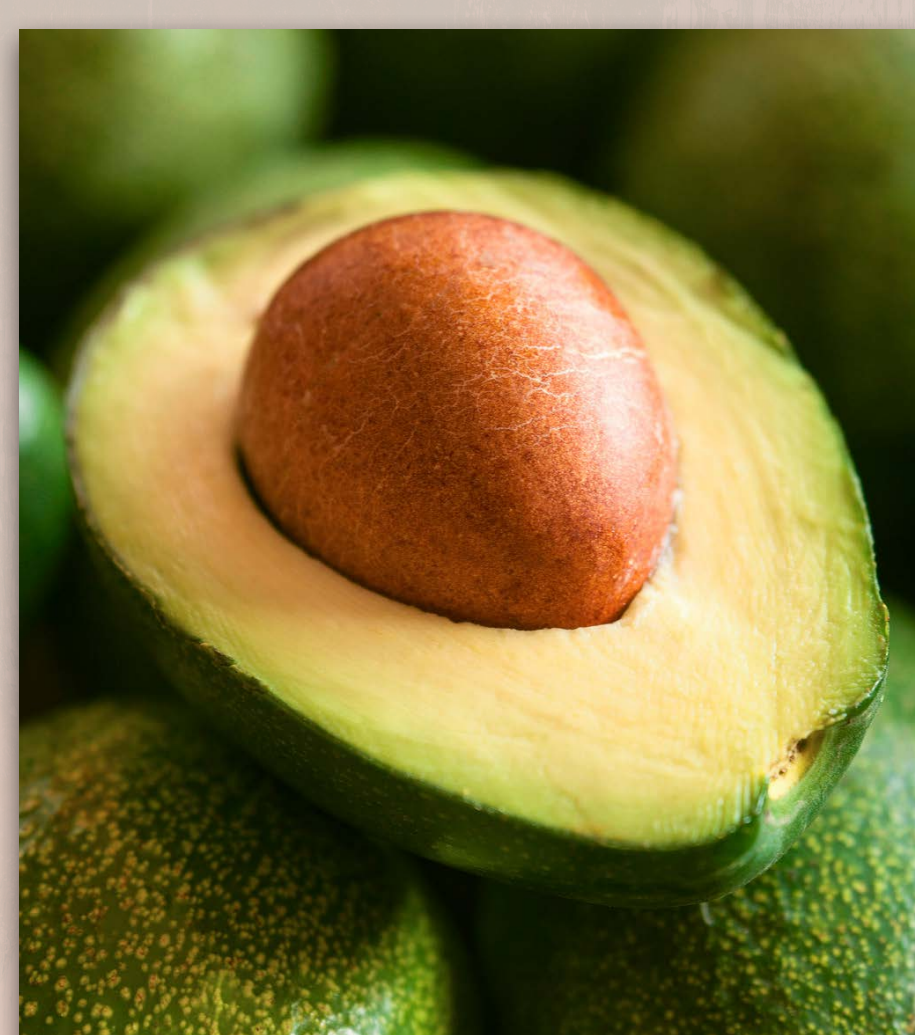
California, USA **White Nectarines** **\$3.99 lb.**



California, USA **White Peaches** **\$3.99 lb.**



US #1 **Honeycrisp Apples** **\$2.49 lb.**



Imported **Hass Avocados** **2/\$5**



Idaho Potatoes **\$2.99 ea.**
5 lb. Bag



Sno White **Cauliflower** **\$2.99 ea.**



California, USA **Iceberg Lettuce** **\$2.49 ea.**
Cello Wrapped



Imported **English Cucumbers** **99¢ ea.**



Salad Favorite!
Red Onion **99¢ lb.**

The Best **ORGANIC SELECTION**



Organic Blueberries **\$4.99 ea.**
Pint



Organic Raspberries **\$3.99 ea.**
Half Pint



Organic Seedless Red Grapes **\$3.99 lb.**



ORGANIC Beefsteak Tomatoes **\$3.99 lb.**



Organic Seedless Green Grapes **\$3.99 lb.**



Mini Seedless Cucumbers **\$3.99 ea.**
6-Pack



Organic Vidalia Onions **\$1.49 lb.**



Organic Romaine Lettuce **\$2.99 ea.**

Great Deals ON FAMILY FAVORITES

SAVE \$5.80



New England
GROUND COFFEE
Assorted Varieties,
9 - 11 oz.

\$7.99

SAVE \$5.00



Starbucks
BAGGED COFFEE
Assorted Varieties,
18 oz.

\$15.99

SAVE \$11.50



Folgers
GROUND COFFEE
Assorted Varieties,
22.6 - 25.9 oz.

\$9.99

SAVE \$2.20



Jif
PEANUT BUTTER
Assorted Varieties,
28 oz.

\$3.99

SAVE UP TO \$3.79



Cheerios
CEREAL
Assorted Varieties,
8.9 - 11.7 oz.

2/\$4

SAVE \$2.29



Special-K
CEREAL
Assorted Varieties,
9.6 - 16.1 oz.

2/\$7

SAVE \$1.99



Thomas'
SWIRL BREAD
Assorted Varieties,
16 oz.

2/\$6

SAVE 79¢



Pepperidge Farm
SANDWICH ROLLS
Assorted Varieties,
14 - 15 oz.

2/\$7

SAVE \$1.00



Full Circle Market
ORGANIC GRANOLA
Assorted Varieties,
12 oz.

\$3.99

SAVE \$2.79



Nature Valley
PROTEIN GRANOLA BARS
Assorted Varieties,
7.1 oz.

2/\$7

SAVE 60¢



Nutri-Grain
SOFT BAKED BARS
Assorted Varieties,
10.4 oz.

\$3.99

SAVE 79¢



Barilla
PASTA
Assorted Varieties,
12 - 16 oz.

2/\$3

SAVE 54¢



Nissin
CUP NOODLE
Assorted Varieties,
2.25 oz.

4/\$3

SAVE \$1.29



Top Ramen
NOODLES 6-PACKS
18 oz.

2/\$5

SAVE \$1.99



Classico
PASTA SAUCE
Assorted Varieties,
15 - 24 oz.

2/\$6

SAVE \$1.80



Victoria
PASTA SAUCE
Assorted Varieties,
18.5 - 24 oz.

\$6.99

SAVE 74¢



Libby's
CANNED VEGETABLES
Assorted Varieties,
14.5 - 15.25 oz.

4/\$5

SAVE 54¢



Full Circle Market
ORGANIC BEANS
Assorted Varieties,
15.5 oz.

4/\$5

SAVE \$2.00



Wesson
OIL
Assorted Varieties,
40 fl. oz.

\$4.99

SAVE UP TO \$10.70



Filippo Berio
OLIVE OIL
Assorted Varieties,
25.3 fl. oz.

\$7.99

SAVE UP TO \$1.79



Mt. Olive
PICKLES
Assorted Varieties,
16 - 24 fl. oz.

2/\$7

SAVE \$1.36



Planters
PEANUT
Assorted Varieties,
16 oz.

3/\$9.99

SAVE 50¢



Frito Lay
CHIPS
Assorted Varieties,
7 - 8 oz.

\$3.79

SAVE 80¢



Tortiyahs!
CHIPS
Assorted Varieties,
8 - 12 oz.

\$4.49

SAVE \$4.30



Pepsi
SODA 12-PACKS
Assorted Varieties,
12pk

\$5.99

SAVE 64¢



Coca-Cola
SODA 2-LITERS
Assorted Varieties,
2 liter

2/\$5.50

SAVE 79¢



Culture Pop
SODA SINGLES
Assorted Varieties,
12 fl. oz.

2/\$3

SAVE \$1.30



Polar
SELTZERADE 8-PACK
Assorted Varieties,
8pk

\$2.99

Great Deals ON FAMILY FAVORITES

SAVE \$3.00



Charmin
BATHROOM TISSUE
6 Mega Rolls
Assorted Varieties,
1248-1386 ct.

\$7.99

SAVE \$4.80



Tide
LAUNDRY DETERGENT
Assorted Varieties,
73 - 80 fl. oz.

\$10.99

SAVE \$4.00



Downy
FABRIC SOFTENER
Assorted Varieties,
140 fl. oz.

\$12.99

SAVE \$1.50



Bounty
NAPKINS
Assorted Varieties,
200 ct.

\$3.49

SAVE \$1.00



Ziploc
FREEZER & STORAGE BAGS
Assorted Varieties,
24 - 29 ct.

\$3.99

SAVE UP TO \$2.00



Chinet
CLASSIC PLATES
Assorted Varieties,
24 - 70 ct.

\$6.99

SAVE \$2.00



Cascade
PLATINUM & PACS
Assorted Varieties,
9 - 16 ct.

\$4.99

SAVE 70¢



Simply
BLEACH
Assorted Varieties,
81 fl. oz.

\$4.99

Cool Savings ON DAIRY AND FROZEN FOODS

SAVE \$2.50



Cape Cod Cafe
PIZZA
Assorted Varieties,
16 - 19 oz.

\$6.99

SAVE \$1.46



Birds Eye
VEGETABLES
Assorted Varieties,
10 - 14.4 oz.

3/\$7

SAVE \$1.39



Eggo's
WAFFLES, PANCAKES & FRENCH TOAST
Assorted Varieties,
9.3 - 12.7 oz.

2/\$5

SAVE \$1.50



Nellie's
LARGE BROWN 18-PACK
18 Pack

\$6.99

SAVE 94¢



Oikos
TRIPLE ZERO YOGURT
Assorted Varieties,
5.3 oz.

4/\$5

SAVE \$1.30



Stonyfield
YOGURT
Assorted Varieties,
32 oz.

\$4.99

SAVE 79¢



Chobani
YOGURT DRINKS
Assorted Varieties,
7 fl. oz.

2/\$5

SAVE \$3.79



Haagen-Dazs
ICE CREAM
Assorted Varieties,
14 fl. oz.

2/\$8

SAVE 80¢



Garelick
MILK GALLONS
Assorted Varieties,
128 fl. oz.

\$6.39

SAVE 20¢



Garelick Dairy Pure
HALF & HALF
Assorted Varieties,
32 fl. oz.

\$3.79

SAVE 80¢



Sargento
SHREDDED CHEESE
Assorted Varieties,
7 - 8 oz.

\$3.99

SAVE UP TO \$1.70



Plugra
EUROPEAN BUTTER
Assorted Varieties,
8 oz.

\$2.99

SAVE 70¢



Organic Valley
GRASSMILK HALF & HALF
16 fl. oz.

\$3.69

SAVE 30¢



Organic Valley
GRASSMILK MILK
Assorted Varieties,
64 fl. oz.

\$6.99

SAVE \$1.00



Lactaid
MILK
Assorted Varieties,
64 fl. oz.

\$3.99

SAVE \$1.30



Tropicana
ORANGE JUICE
Assorted Varieties,
46 fl. oz.

\$3.99

Your Favorite SPECIALTY GROCERY ITEMS

SAVE 40¢



Brianna's
CROUTONS
Assorted Varieties,
5 oz.

\$3.39

SAVE 50¢



San Remo
CRISPINA
Assorted Varieties,
6.17 oz.

\$3.79

SAVE \$2.10



Loisa
ORGANIC SEASONING
Assorted Varieties,
2.3 - 2.9 oz.

\$7.89

SAVE \$1.20



Klara
MACAROONS & SHORTBREADS
Assorted Varieties,
7 oz.

\$4.79

SAVE \$5.30



Neolea
EXTRA VIRGIN OLIVE OIL
For the Plate
16.9 fl. oz.

\$15.69

SAVE \$3.70



Neolea
WHITE BALSAMIC VINEGAR
8.45 fl. oz.

\$11.29

SAVE \$1.40



Gaea
ORGANIC PITTED KALAMATA OLIVES
10.2 oz.

\$7.29

SAVE \$1.60



Buddy
Biscuits PET TREATS
Assorted Varieties,
16 oz.

\$5.79

FROM THE DELI

SAVE \$4.00 LB.

Boar's Head
LOWER SODIUM TURKEY
\$11.99lb.

SAVE \$2.00 LB.

Boar's Head
HONEY MAPLE HAM
\$11.99lb.

SAVE \$2.00 LB.

Boar's Head
BUFFALO CHICKEN
\$11.99lb.

PERFECT PAIRINGS

SAVE \$1.00

Ile De France
GOAT CHEESE
5.3 oz.
\$5.99

SAVE \$1.00

Kerrygold
RESERVE CHEDDAR
7 oz.
\$7.99

SAVE \$1.00

Boar's Head
CHARCUTERIE TRIO
Assorted, 6 oz.
\$9.99

PREPARED FOODS

ONE DAY SALE ITEM

Freshly Prepared

Green Goddess Salmon
\$18.99lb.

SAVE \$1.00 EA.

Freshly Prepared
Belmont Overnight Oat Bowl
\$6.99ea.

SAVE \$1.00 EA.

Freshly Prepared
3 Sisters Vegan Bowl
\$10.99ea.

SAVE \$1.00 EA.

Freshly Prepared
Chicken Parmesan Dinner
\$11.99ea.

SAVE \$1.00 LB.

Tarragon Chicken Salad
\$9.99lb.

SAVE \$1.00 LB.

Quinoa Tabbouleh Salad
\$8.99lb.

BELMONT'S BAKED GOODS

SAVE \$1.00

Hill Valley
Sugar Free Angel Food Cake
9 oz.
\$7.99

SAVE \$1.00

Lemon & Cream Cakerie Square
\$10.99

Fudge Brownie
8" Square
\$8.99

Pound Cake
\$7.99

EXPLORE OUR DAILY ROTATING MENU ON OUR WEBSITE.

www.BelmontMarket.com/Menus

REHEATING INSTRUCTIONS ONLINE IF NEEDED.

Experience the freshest flavors at our sushi haven!

Our skilled chefs use only the finest, highest-grade ingredients to craft a wide array of rolls, sashimi, and sushi. From basic to exotic, we have options for everyone, including both vegetarians and vegans.



HEALTH & WELLNESS

SAVE \$3.00

Navitas
GOJI BERRIES
8 oz.
16.59

SAVE \$1.00

Epic
MEAT STICKS
Assorted, 15.6 oz.
3.29

SAVE \$2.00

Lily of the Desert
ALOE VERA GELLY
12 oz.
7.89

SAVE 70¢

Aura Cacia
SUNNY GARDEN ESSENTIAL OILS
0.25 fl. oz.
4.79

THE HERB WYFE

SAVE \$3.00

Gaia Herbs
ADRENAL HEALTH NIGHTLY RESTORE
60 count
31.99

SAVE \$2.00

Coning Works
EAR CONES
1 pair
8.99

SAVE \$3.00

Traditional Medicinals
STRESS EASE CURE
16 bags
5.89

SAVE \$3.00

Earth Essence Herbs
BUZZZZZ OFF!
4 oz.
15.99

SPRUCE UP WITH FESTIVE FLOWERS

Explore our floral collection to perfect your celebration with bouquets, centerpieces, and flowering plants.

GERBER DAISY PLANT

10.99



SUNFLOWER BUNCHES

10.99



GARDEN MIX BOUQUET

19.99



BIRD'S CHOICE HUMMINGBIRD NECTAR

2.99



BELMONT MARKET Gift Baskets



Celebrate Any Occasion!

Our unique gift baskets are perfect for birthdays, retirement, weddings, sympathy, anniversaries, holiday, housewarming and more! Choose from a great assortment year-around.

VISIT US IN-STORE, CALL 401-789-4656,
OR SHOP ONLINE AT SHOP.BELMONTMARKET.COM
TO ORDER NOW



FRESH MADE FROM SCRATCH BELMONT MARKET BREAD

**Home-style Sandwich Loaves,
Whole Grain Baguettes, Italian
and Flat bread Styles**

Belmont Bread, with the help of our bread baker, we are working to incorporate more regionally grown and milled grains, into our products in an effort to not only make unique and interesting breads, but also to help rebuild a piece of our regional heritage that has been all but lost over the last century.

SAVE TIME AND SHOP ONLINE!

Our convenient hours and scheduled delivery make it easy for you to do your grocery shopping on your own time.

You can pick up your order or have it delivered, even to Block Island!

SHOP.BELMONTMARKET.COM

