

BELMONT MARKET'S SPRING TIME SAVINGS



BELL PEPPERS
RED, YELLOW & ORANGE
\$2.99 lb.



First of the Season!
FRESH RHUBARB **\$3.99 lb.**



TOP ROUND LONDON & ROAST **\$6.99 lb.**
SAVE \$2.00 LB.



SWEET & HOT ITALIAN SAUSAGE **\$4.99 lb.**
SAVE \$2.00 LB.



GRADE A BONELESS CHICKEN TENDERLOIN FAMILY PACK **\$3.99 lb.**
SAVE \$2.00 LB.



REGULAR, THICK, CENTER BACON **\$8.99 ea.**
SAVE \$4.00 EA.
12 - 16 oz.



AIR CHILLED ORGANIC BREADED CHICKEN **\$8.99 ea.**
SAVE \$2.00 EA.
12 oz.



AIR CHILLED BREADED CHICKEN **\$7.99 ea.**
SAVE \$2.00 EA.
ALL NATURAL, GLUTEN FREE
10.5 - 16 oz.



BELMONT BREAD
CIABATTA 4-PACK **\$3.99 ea.**
SAVE \$1.00 EA.



FAROE ISLAND SALMON **17.99 lb.**



FRESH AHI TUNA **13.99 lb.**

EFFECTIVE DATES: APRIL 17TH - APRIL 23RD
Monday - Saturday - 7:00AM - 10:00PM
Sunday - 7:00AM - 8:00PM

600 KINGSTOWN RD, WAKEFIELD, RI / (401) 789-4656
SHOP.BELMONTMARKET.COM

BELMONT MARKET
A Better Place to Shop Since 1947

"Not responsible for typographical or photo errors. In fairness to our customers we reserve the right to limit quantities. Meat Department Items are not cooked."

The Freshest **PRODUCE**



California, USA
**Loose
Brussels
Sprouts**

\$1.99 lb.



Fresh
Green Beans

\$1.99 lb.



**Seedless
Clementines**
3 lb. Bag

\$5.99 ea.



**Cosmic Crisp
Apples**

\$1.99 lb.



Florida, USA
Red Grapefruit

2/\$4



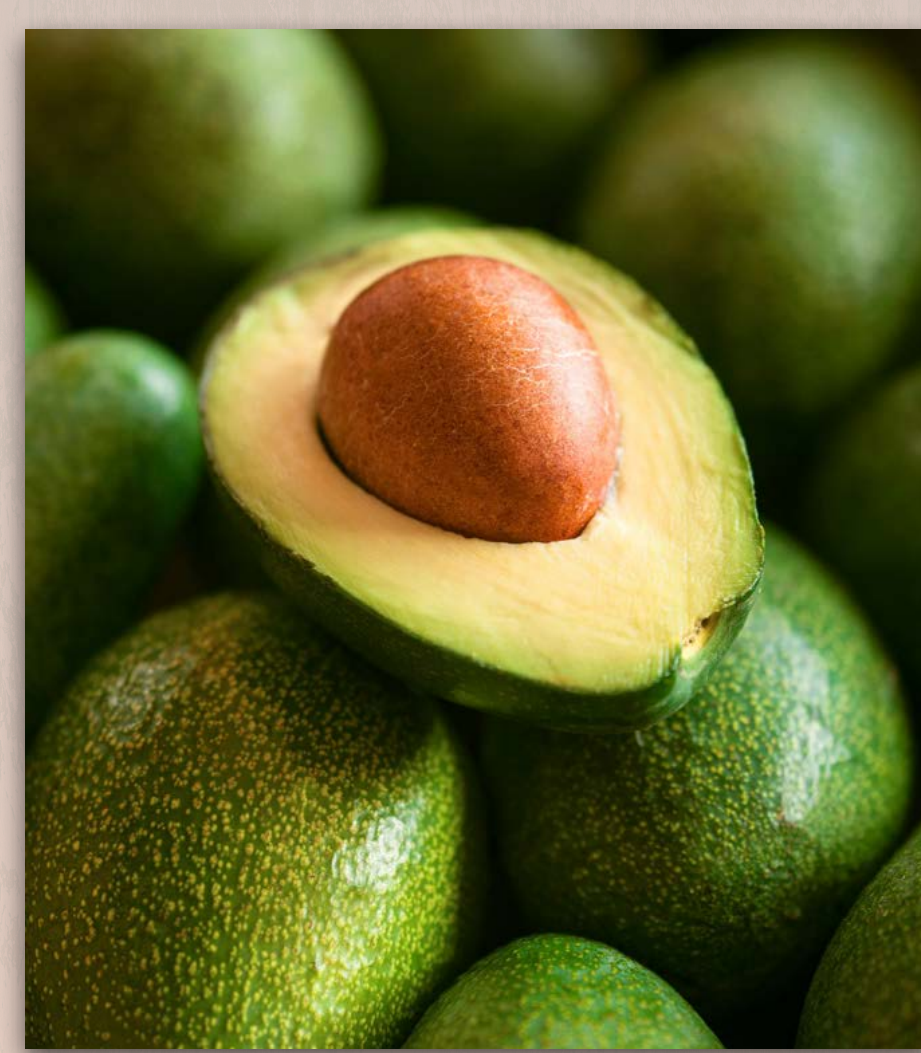
Watermelon Cuts
1/4 or 1/2

99¢ lb.



Imported
**Heirloom
Tomatoes**

\$3.99 lb.



Imported
**Hass
Acovados**

2/\$4



**Seedless
English
Cucumbers**

\$1.99 ea.



California, USA
**Romaine
Lettuce**

\$1.99 ea.



**Yukon Gold
Potatoes**

5 lb. Bag **\$2.99 ea.**



Loose
**Yellow
Cooking
Onions**

99¢ lb.

The Best **ORGANIC SELECTION**



**ORGANIC
Navel
Oranges**

\$2.49 lb.



**Organic
Green
Kale**

\$2.99 ea.



**Organic
Fresh
Broccoli**

\$3.99 ea.



**Organic
Opal
Apples**

\$2.49 lb.



**Mini Seedless
Cucumbers**
6-Pack

\$3.99 ea.



**Organic
Romaine
Lettuce**

\$2.99 ea.

Great Deals ON FAMILY FAVORITES

SAVE \$5.00



Starbucks
COFFEE BAGS
Select Varieties,
18 oz.

\$15.99

SAVE UP TO \$3.29



Cheerios
ORIGINAL & HONEY NUT CEREAL
Assorted Varieties,
8.9 - 10.8 oz.

2/\$5

SAVE \$1.00



Thomas'
BAGELS
Assorted Varieties,
20 oz.

\$4.69

SAVE \$2.79



Nature Valley
GRANOLA BARS
*Excludes Protein
Assorted Varieties,
7.2 - 8.94 oz.

2/\$5

SAVE 52¢



Kraft
MAC & CHEESE
Assorted Varieties,
5.5 - 7.25 oz.

3/\$5

SAVE \$2.29



Rao's
PASTA
Assorted Varieties,
16 oz.

2/\$6

SAVE 79¢



Full Circle Market
ORGANIC PASTA
Assorted Varieties,
16 oz.

2/\$4

SAVE 49¢



Full Circle Market
ORGANIC PASTA SAUCE
Assorted Varieties,
24 oz.

2/\$7

SAVE \$4.50



Rao's
PASTA SAUCE
Assorted Varieties,
24 oz.

\$7.99

SAVE 44¢



Full Circle Market
ORGANIC SPECIALTY BEANS
Assorted Varieties,
15.5 oz.

4/\$5

SAVE 29¢



Full Circle Market
CANNED VEGETABLES
Assorted Varieties,
14.5 - 15.25 oz.

2/\$4

SAVE 72¢



B&M
BAKED BEANS
Assorted Varieties,
16 oz.

3/\$5

SAVE \$1.19



Starkist
SOLID WHITE TUNA
Assorted Varieties,
5 oz.

2/\$3

SAVE UP TO \$2.49



Vlasic
PICKLES
Assorted Varieties,
16 - 24 fl oz.

2/\$5

SAVE UP TO \$8.50



Filippo Berio
OLIVE OIL
Assorted Varieties,
16.9 fl oz.

\$4.99

SAVE 99¢



Lipton
RECIPE SECRET SOUP MIX
Assorted Varieties,
1.8 - 2.4 oz.

2/\$4

SAVE \$1.99



Triscuit
SNACK CRACKERS
Assorted Varieties,
7.1 - 8.5 oz.

2/\$7

SAVE \$1.99



Wheat Thins
SNACK CRACKERS
Assorted Varieties,
8 - 8.5 oz.

2/\$7

SAVE UP TO \$2.29



Ritz
SNACK CRACKERS
Assorted Varieties,
10.3 - 13.7 oz.

2/\$7

SAVE 60¢



Cheez-It
SNACK CRACKERS
Assorted Varieties,
7 oz.

\$2.99

SAVE \$1.30



Frito Lay
POTATO CHIPS
Assorted Varieties,
7.75 - 8 oz.

\$2.99

SAVE 80¢



Tortiyahs
TORTILLA CHIPS
Assorted Varieties,
10 - 11 oz.

\$4.49

SAVE \$1.49



Arizona
GALLON DRINKS
Assorted Varieties,
128 fl oz.

2/\$5

SAVE 64¢



Coca-Cola
SODA 2-LITERS
Assorted Varieties,
2 liter

2/\$5.50

SAVE \$1.50



Culture Pop
SODA 4-PACKS
Assorted Varieties,
4pk

\$6.49

SAVE \$1.32



Bubly
SELTZER WATER 8-PACKS
Assorted Varieties,
8pk

3/\$11

SAVE 99¢



Polar
SELTZER WATER 12-PACKS
Assorted Varieties,
12pk

2/\$10

SAVE 39¢



Puffs
FACIAL TISSUES
Assorted Varieties,
124 ct.

2/\$5

SAVE \$3.00



Charmin
BATHROOM TISSUE
6 Mega Rolls
Assorted Varieties,
1320 - 1386 ct.

\$7.99

SAVE \$2.00



Tide
LIQUID DETERGENT
Assorted Varieties,
40 - 42 fl oz.

\$7.99

SAVE \$2.00



Bounce
DRYER SHEETS
Assorted Varieties,
60 ct.

\$5.99

SAVE \$1.00



Milk Bone
DOG TREATS
Assorted Varieties,
24 oz.

\$4.99

Cool Savings ON DAIRY AND FROZEN FOODS

SAVE \$4.29



Rao's
ITALIAN
ENTREE'S
Assorted Varieties,
8.4 - 9.5 oz.

2/\$6

SAVE \$7.50



Rao's
BRICK
OVEN PIZZA
Assorted Varieties,
18.3 - 20.8 oz.

\$6.99

SAVE \$3.20



Turkey Hill
ICE CREAM
Assorted Varieties,
46 fl oz.

\$3.59

SAVE \$1.00



Bob Evans
LIQUID
EGGS
16 fl oz.

\$2.99

SAVE \$1.10



Cafe
Bustelo
ICED
ESPRESSO
Assorted Varieties,
40 fl oz.

\$5.49

SAVE \$1.40



Tropicana
ORANGE
JUICE
Assorted Varieties,
46 fl oz.

\$3.89

SAVE \$1.00



Farmland
HALF & HALF
32 fl oz.

\$2.99

SAVE \$1.00



Planet Oat
OATMILK
Assorted Varieties,
89 fl oz.

\$5.49

SAVE \$2.50



Fage
GREEK
YOGURT
Assorted Varieties,
32 oz.

\$6.49

SAVE 74¢



Ratio
YOGURT
Assorted Varieties,
5.3 oz.

4/\$5

SAVE 74¢



Haagen
Daaz
YOGURT
Assorted Varieties,
4 oz.

4/\$5

SAVE \$1.30



Philadelphia
CREAM CHEESE
Soft & Whipped
Assorted Varieties,
7.5 - 8 oz.

\$3.99

SAVE 49¢



Cabot
SOUR CREAM
16 oz.

2/\$5

SAVE \$1.50



Cabot
BUTTER
Assorted Varieties,
16 oz.

\$3.99

SAVE \$1.19



Cabot
SHINGLE
CHEESE
SLICES
Assorted Varieties,
7 oz.

2/\$7

SAVE 80¢



Tillamook
SHREDDED
CHEESE
Assorted Varieties,
8 oz.

\$3.99

Your Favorite SPECIALTY GROCERY ITEMS

SAVE \$2.40



Bob's Red Mill
ALL PURPOSE
WHITE FLOUR
5 lb.

\$4.99

SAVE \$2.50



Cascadian
Farms
ORGANIC
SUGAR FREE
GRANOLA
Assorted Varieties,
11 oz.

\$6.99

SAVE \$2.20



Cascadian
Farms
ORGANIC
TATER TOTS
16 oz.

\$4.99

SAVE \$1.60



Wholesome
ORGANIC
CANE SUGAR
16 oz.

\$3.99

SAVE UP TO \$2.99 EA.



Muir Glen
ORGANIC
CANNED
TOMATOES
Assorted Varieties,
28 oz.

2/\$8

SAVE \$2.00



Modenaceti
BALSAMIC
GLAZE
6.76 fl oz.

\$7.49

SAVE \$5.30



Bono
ORGANIC
EXTRA VIRGIN
ITALIAN
OLIVE OIL
16.9 fl oz.

\$18.99

SAVE 80¢



D&A
SPICE MILL
GRINDERS
Assorted Varieties,
0.6 - 3.17 oz.

\$4.69

FROM THE DELI

SAVE \$4.00 LB.
 Boar's Head
HONEY MAPLE TURKEY
\$11.99lb.

SAVE \$2.00 LB.
 Boar's Head
DELUXE HAM
\$11.99lb.

SAVE \$2.00 LB.
 Boar's Head
SWEET B'S BBQ CHICKEN
\$11.99lb.

PREPARED FOODS

ONE DAY SALE ITEM
 Freshly Prepared
Baked Cod
\$18.99lb.

SAVE \$1.00 EA.
 Freshly Prepared
General Tso's Chicken
\$9.99ea.

SAVE \$1.00 EA.
 Freshly Prepared
Vegan Mushroom Farro
\$9.99ea.

SAVE \$1.00 EA.
 Freshly Prepared
Belmont Acai Bowl
\$11.99ea.

SAVE \$1.00 LB.
Coleslaw
\$6.99lb.

SAVE \$1.00 LB.
Quinoa Almond Salad
\$8.99lb.

PERFECT PAIRINGS

SAVE \$1.00
 Supreme
BRIE BITES
 9 oz.
\$8.99

SAVE \$1.00
 Belgioioso
SHARP PROVOLONE
 8 oz.
\$5.99

SAVE \$1.00
 Jasper Hill Farm
BLAKE HILL CHEESE PAIRING COLLECTION
 10.8 oz.
\$7.99

BELMONT'S BAKED GOODS

Garlic Spread
 8 oz.
\$2.99

Funfetti Celebration Sheet Cake
 1/4 Sheet
\$28.99

SAVE \$1.00
 Euro Classic
Lemon Brioche Rolls
 4-Pack
\$3.99

SAVE \$1.00
 Fire King
Cinnamon Bread
 24 oz.
\$5.99

EXPLORE OUR DAILY ROTATING MENU ON OUR WEBSITE.

www.BelmontMarket.com/Menus

REHEATING INSTRUCTIONS ONLINE IF NEEDED.

Experience the freshest flavors at our sushi haven!

Our skilled chefs use only the finest, highest-grade ingredients to craft a wide array of rolls, sashimi, and sushi. From basic to exotic, we have options for everyone, including both vegetarians and vegans.



HEALTH & WELLNESS

Vital Planet
GUT RENEW
 INTESTINAL LINING SUPPORT
 6.88 oz.
SAVE \$6.00
37.69

OLIPOD
 Supports Digestive Health
Cherry Vanilla
 A New Kind of Soda™
 12 fl oz (355 mL)
SAVE 60¢
2.39

HOST DEFENSE
Mushroom
AGARIKON
 120 count
SAVE \$4.00
55.99

Clearpath Herbs
BLOOD SUGAR BALANCE
 2 oz.
SAVE \$3.00
21.00

AURA CACIA
DISCOVER KIT
 ESSENTIAL OIL KIT
 4 count / 25 fl oz.
SAVE \$5.00
15.99

TIGER BALM
PAIN RELIEVING PATCHES
 5 count
SAVE \$1.00
7.59

Wish Garden
MORNING SICKNESS
 2 oz.
SAVE \$3.00
21.99

Wise Ways Herbs
POKE ROOT OIL BLEND
 1 oz.
SAVE \$3.00
9.99

SPRUCE UP WITH FESTIVE FLOWERS

Explore our floral collection to perfect your celebration with bouquets, centerpieces, and flowering plants.

TULIP BUNCHES

12.99



SPRING GARDEN MIX BOUQUET

19.99



FERN PLANTS 4" ASSORTED

10.99



ROSE GARDEN BOUQUET

29.99



PINE TREE FARMS WOODPECKER SEED BELL

6.49



BELMONT MARKET Gift Baskets



Celebrate Any Occasion!

Our unique gift baskets are perfect for birthdays, retirement, weddings, sympathy, anniversaries, holiday, housewarming and more! Choose from a great assortment year-around.

VISIT US IN-STORE, CALL 401-789-4656,
OR SHOP ONLINE AT SHOP.BELMONTMARKET.COM
TO ORDER NOW



FRESH MADE FROM SCRATCH BELMONT MARKET BREAD

**Home-style Sandwich Loaves,
Whole Grain Baguettes, Italian
and Flat bread Styles**

Belmont Bread, with the help of our bread baker, we are working to incorporate more regionally grown and milled grains, into our products in an effort to not only make unique and interesting breads, but also to help rebuild a piece of our regional heritage that has been all but lost over the last century.

SAVE TIME AND SHOP ONLINE!

Our convenient hours and scheduled delivery make it easy for you to do your grocery shopping on your own time.

You can pick up your order or have it delivered, even to Block Island!

SHOP.BELMONTMARKET.COM

