

BELMONT MARKET'S SEASON OF SAVINGS



IMPORTED
FRESH ASPARAGUS
\$3.99 lb.



Fresh Cut
BROCCOLI CROWNS
\$1.89 lb.



BONELESS BEEF CHUCK POT ROAST
\$8.99 lb.
SAVE \$2.00 LB.



CHAIRMAN'S RESERVE

SWEET OR HOT ITALIAN SAUSAGE
SAVE \$2.00 LB.
4.99 lb.



GRADE A BONELESS CHICKEN TENDERLOINS
FAMILY PACK
SAVE \$2.00 LB.
3.99 lb.



BACON
Assorted, 12 - 16 oz.
SAVE \$2.00 EA.
\$10.99 ea.



LUNCHABLES
Assorted, 10 - 16 oz.
SAVE \$2.00 EA.
\$3.99 ea.



BLAKE'S

FROZEN DINNER PIES
Assorted, 8 oz.
SAVE \$2.00 EA.
\$3.99 ea.



BELMONT BREAD

SAVE \$1.00 EA.

LARGE HONEY & FIG FLAT BREAD
5.49 ea.



REEL IN FANTASTIC SEAFOOD



FRESH SWORDFISH
\$15.99 lb.



KING SALMON
\$26.99 lb.

EFFECTIVE DATES: MARCH 3RD - MARCH 12TH

Monday - Saturday - 7:00AM - 10:00PM
Sunday - 7:00AM - 8:00PM

600 KINGSTOWN RD, WAKEFIELD, RI / (401) 789-4656
WWW.BELMONTMARKET.COM

BELMONT MARKET
A Better Place to Shop Since 1947

"Not responsible for typographical or photo errors. In fairness to our customers we reserve the right to limit quantities. Meat Department Items are not cooked."

The Freshest **PRODUCE**



Sno White
Mushrooms
Whole 10 oz. or Sliced 8 oz.

2/\$**5**



Imported
Seedless Grapes
Red, Green & Black

\$**2.99** lb.



Imported
Bartlett Pears

\$**1.69** lb.



Imported
Fresh Cantaloupes

\$**2.99** lb.



Mix & Match!
Lemons & Limes

2/\$**1**



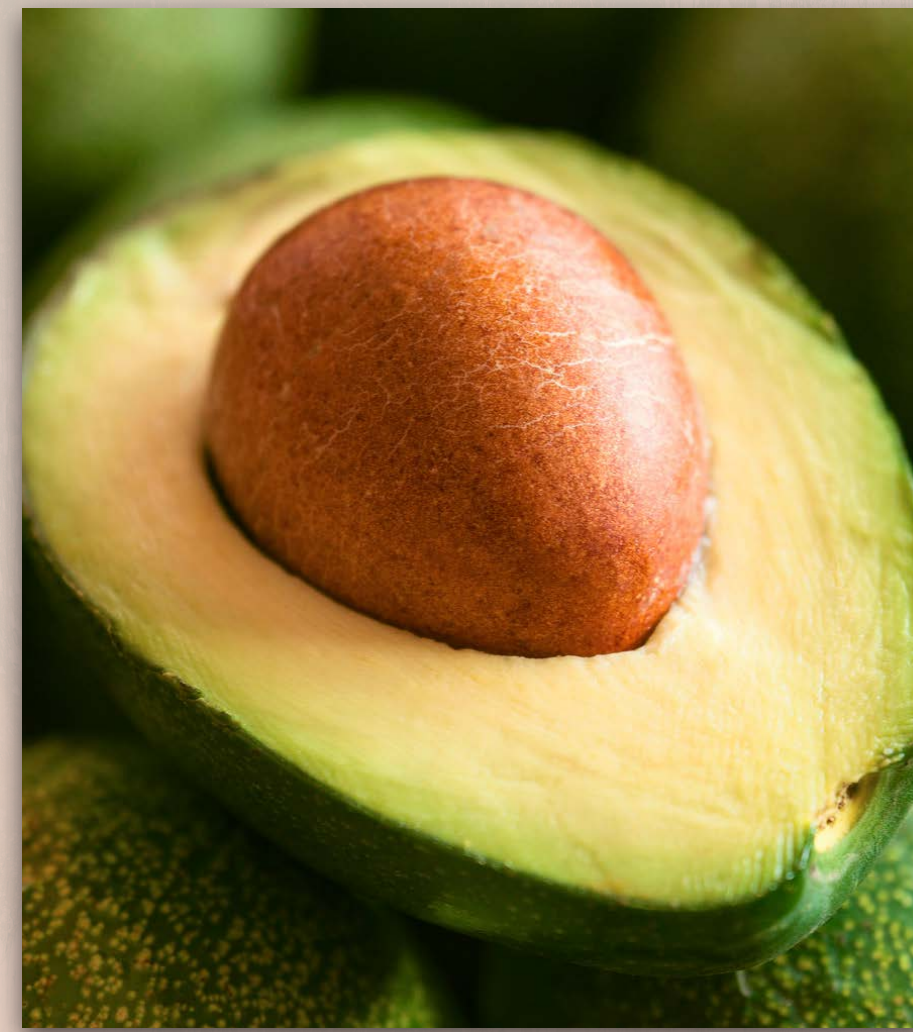
California, USA
Juicy Mandarins

\$**2.99** lb.



US #1
Honeycrisp Apples

\$**1.99** lb.



Imported
Hass Avocados

2/\$**3**



Grape Tomatoes
Pint / 16 oz.

2/\$**5**



US #1
Idaho Baking Potatoes

99¢ lb.



Imported
Sweet Onions

99¢ lb.



California, USA
Green Leaf Lettuce

\$**1.69** ea.

California, USA
Red Leaf Lettuce

\$**1.69** ea.

The Best **ORGANIC SELECTION**



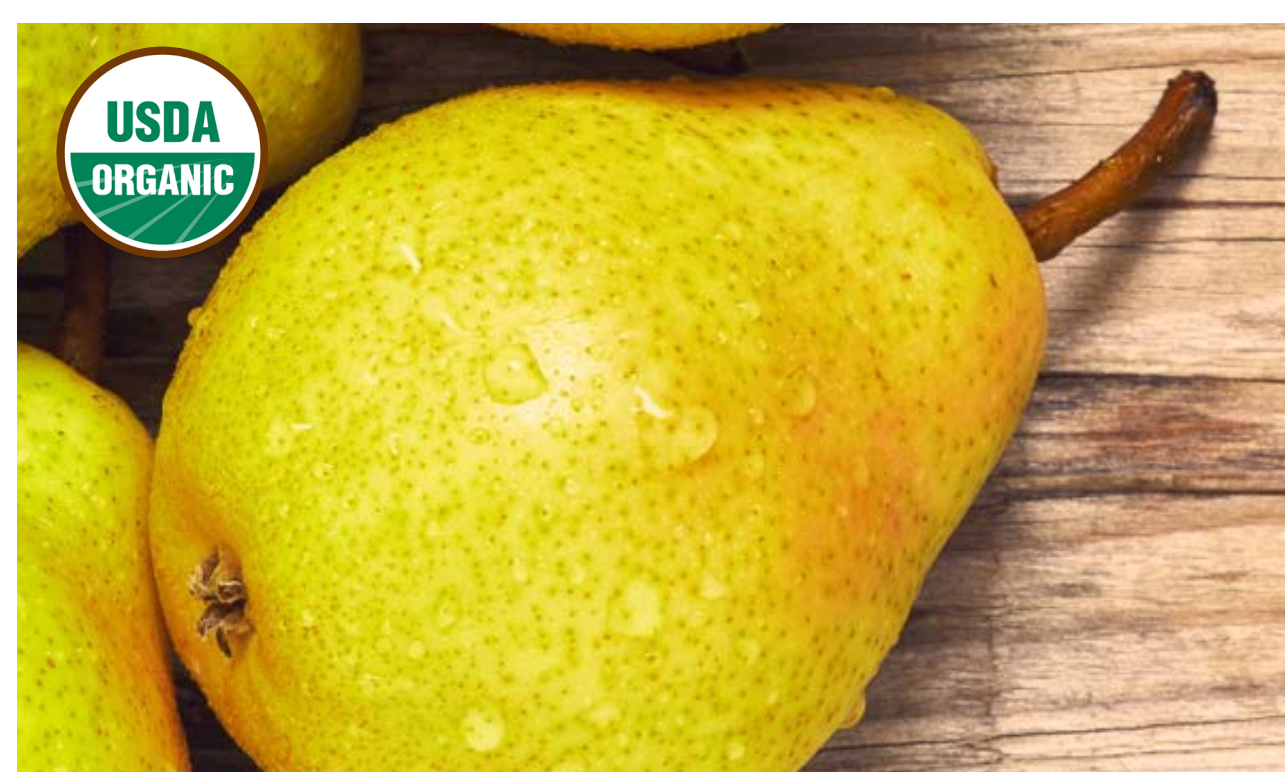
Organic Strawberry Pints
\$**4.99** ea.



Organic Bagged Mandarins
\$**4.99** ea.



Organic Navel Oranges
\$**1.99** lb.



Organic Bartlett Pears
\$**2.49** lb.



Organic Champagne Mangoes
2/\$**4**



Organic Fresh Asparagus
\$**4.99** lb.



Organic Lacinto Kale
\$**2.99** ea.

Great Deals ON FAMILY FAVORITES

SAVE \$3.49



General Mills
CINNAMON TOAST CRUNCH
12 oz.

2/\$5

SAVE \$2.00



Kashi
CEREAL
Assorted Varieties,
12.3 - 18 oz.

\$4.99

SAVE \$3.50



Dunkin'
COFFEE K-CUPS
Assorted Varieties,
3.5 - 5.1 oz.

\$6.99

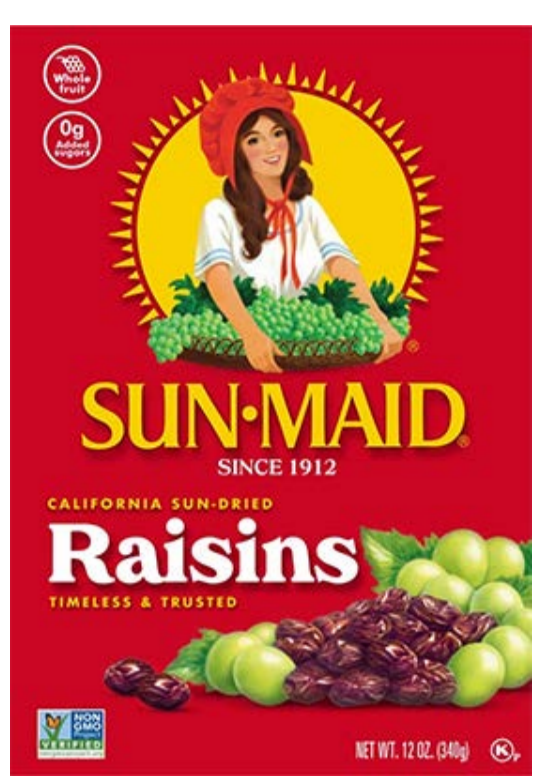
SAVE 69¢



Mott's
APPLESAUCE 6-PACKS
Assorted Varieties,
23.4 - 24 oz.

2/\$7

SAVE \$1.00



Sun-Maid
RAISINS
12 oz.

\$3.29

SAVE \$1.49



Skippy
PEANUT BUTTER
Assorted Varieties,
15 - 16.3 oz.

2/\$4

SAVE \$1.70



Thomas'
ENGLISH MUFFINS
Assorted Varieties,
12 - 13 oz.

\$3.99

SAVE \$2.50



RAO's
SOUP
Assorted Varieties,
15.5 - 16 oz.

\$5.99

SAVE \$1.04



Prince
PASTA
Assorted Varieties,
12 - 16 oz.

4/\$5

SAVE \$1.19



Tuttorosso
CANNED TOMATOES
Assorted Varieties,
28 oz.

2/\$3

SAVE 66¢



Tuttorosso
CANNED TOMATOES
Assorted Varieties,
14.5 - 15 oz.

3/\$4

SAVE \$1.80



Victoria
PASTA SAUCE
Assorted Varieties,
24 oz.

\$6.99

SAVE \$1.29



Rice-A-Roni
RICE-A-RONI
Assorted Varieties,
4.3 - 7.2 oz.

2/\$3

SAVE 49¢



Full Circle Market
ORGANIC BROTH
Assorted Varieties,
32 oz.

2/\$5

SAVE 69¢



Bumble Bee
SOLID WHITE ALBACORE
Assorted Varieties,
5 oz.

2/\$4

SAVE 79¢



Snow's
MINCED & CHOPPED CLAMS
Assorted Varieties,
6.5 oz.

2/\$5

SAVE UP TO 69¢



Jack Rabbit
PEAS & BEANS
Assorted Varieties,
16 oz.

2/\$3

SAVE \$1.30



Heinz
KETCHUP
20 oz.

\$2.99

SAVE UP TO \$1.12



Gulden's
MUSTARD
Assorted Varieties,
12 oz.

3/\$5

SAVE \$2.00



Kraft
GRATED PARM & ROMANO
Assorted Varieties,
8 oz.

\$4.99

SAVE \$1.49



Nabisco
PREMIUMS SALTINES
Assorted Varieties,
11 - 16 oz.

2/\$7

SAVE 60¢



Cheez-It
CRACKERS
Assorted Varieties,
7 oz.

\$2.99

SAVE \$1.20



Smartfood
POPCORN
Assorted Varieties,
6 - 7.75 oz.

\$3.99

SAVE 80¢



UTZ
CHIPS
Assorted Varieties,
7.75 - 8 oz.

\$3.99

SAVE \$1.70



Oreo
FAMILY SIZED COOKIES
Assorted Varieties,
8 - 18.71 oz.

\$4.99

SAVE \$1.49



V8
SPLASH
Assorted Varieties,
64 fl oz.

2/\$5

SAVE \$1.49



Arizona
GALLON DRINKS
Assorted Varieties,
128 fl oz.

2/\$5

SAVE \$1.50



Coca-Cola
SODA 12-PACKS
Assorted Varieties,
12pk

\$8.49

SAVE \$1.32



Bubly
SELTZER 8-PACKS
Assorted Varieties,
8pk

3/\$11

SAVE \$1.50



Culture Pop
SODA 4-PACKS
Assorted Varieties,
4pk

\$6.49

Great Deals ON FAMILY FAVORITES

SAVE \$4.00



Bounty
PAPER TOWELS
6 Triple Rolls
Assorted Varieties,
450 - 738 ct.

\$19.99

SAVE 99¢



Ziploc
SLIDER BAGS 2/\$6
Assorted Varieties,
13 - 18 ct.

SAVE \$3.00



Glad
TALL
KITCHEN &
TRASH BAGS \$8.99
Assorted Varieties,
34 - 50 ct.

SAVE \$1.00



Solo
PLASTIC
CUP
Assorted Varieties,
30 - 50 ct.
\$4.49

SAVE \$1.50



Simply
Done
BLEACH
121 fl oz.
\$5.99

SAVE \$2.00



Tidy Cat
LIGHT
WEIGHT
LITTER
Assorted Varieties,
8.5 lb.
\$13.99

SAVE 80¢



Friskies
CAT FOOD
Assorted Varieties,
3.15 lb.
\$5.99

Cool Savings ON DAIRY AND FROZEN FOODS

SAVE \$3.20



Hood
ICE CREAM
Assorted Varieties,
48 fl oz.

\$3.19

SAVE \$1.69



Pillsbury
TOASTER
STRUDEL 2/\$6
Assorted Varieties,
7.2 - 11.7 oz.

SAVE \$1.00



Ellio's
PIZZA &
BREAD STICKS \$3.99
Assorted Varieties,
13.62 - 19.64 oz.

SAVE \$1.79



Sargento
SHREDDED
CHEESE 2/\$6
Assorted Varieties,
7 - 8 oz.

SAVE \$1.50



Fage
GREEK
YOGURT
Assorted Varieties,
16 oz.

\$3.49

SAVE \$1.79



Dannon
FRUIT ON
THE BOTTOM
4-PACKS 2/\$4
Assorted Varieties,
21.2 oz.

SAVE 70¢



Cabot
CREAM
CHEESE BAR \$2.29
8 oz.

SAVE \$1.00



Land O Lakes
BUTTER
SPREAD \$6.49
24 oz.

SAVE \$1.30



Bob Evans
LIQUID EGG
Assorted Varieties,
32 oz.
\$5.99

SAVE \$1.30



Farmhouse
ORGANIC
LARGE
BROWN EGG \$4.99
1 Dozen

SAVE \$1.20



Galbani
MOZZARELLA
CHUNKS \$5.99
Assorted Varieties,
16 oz.

SAVE \$1.79



Breakstone
Creamery
SOUR CREAM 2/\$4
Assorted Varieties,
16 oz.

SAVE 89¢



Simply
ORANGE
JUICE 2/\$9
Assorted Varieties,
46 fl oz.

SAVE \$1.30



Bizzy
COLD BREW
COFFEE \$5.99
Assorted Varieties,
48 fl oz.

SAVE 92¢



Pure Leaf
ARTISAN TEA 3/\$8
Assorted Varieties,
42 fl oz.

SAVE 99¢



Tropicana
LEMONADES 2/\$6
Assorted Varieties,
46 fl oz.

Your Favorite SPECIALTY GROCERY ITEMS

SAVE \$1.59



Celestial
Seasonings
TEA BAGS 2/\$8
*Excludes
Extra Sleepy
Assorted Varieties,
20 count

SAVE \$1.59



Van's
FROZEN
WAFFLES 2/\$8
Assorted Varieties,
9 - 12.4 oz.

SAVE \$1.00



Woodstock
FROZEN
ORGANIC
STRAWBERRIES \$5.99
10 oz.

SAVE \$2.00



Crofters
ORGANIC
JUST FRUIT
SPREAD \$4.29
Assorted Varieties,
10 oz.

SAVE \$5.00



Cappello's
FROZEN
GLUTEN FREE
CHEESE PIZZA
18 oz.
\$10.39

SAVE \$1.00



Terra Chips
VEGETABLE
CHIPS \$4.29
Assorted Varieties,
5 oz.

SAVE \$1.00



Ginger
People
GINGER &
TURMERIC
JUICE \$6.99
Assorted Varieties,
8 fl oz.

SAVE 80¢



La Baleine
NATURAL
SEA SALT \$4.59
Assorted Varieties,
26.5 oz.

FROM THE DELI

SAVE \$4.99 LB.
Boar's Head
BLACK FORREST TURKEY
\$11.99lb.

SAVE \$3.00 LB.
Boar's Head
TAVERN HAM
\$11.99lb.

SAVE \$3.00 LB.
Boar's Head
CLASSIC CHICKEN
\$11.99lb.

PREPARED FOODS

ONE DAY SALE ITEM
Freshly Prepared
Green Goddess Salmon
\$18.99lb.

SAVE \$1.00 EA.
Freshly Prepared
Chicken Parmesan Dinner
\$11.99ea.

SAVE \$1.00 EA.
Freshly Prepared
Vegan Butternut Pecan Pesto Penne
\$9.99ea.

SAVE \$1.00 EA.
Freshly Prepared
Overnight Oat Bowl
\$6.99ea.

SAVE \$1.00 LB.
Friend's Salad
\$9.99lb.

SAVE \$1.00 LB.
Seafood Salad
\$8.99lb.

PERFECT PAIRINGS

SAVE \$1.00
Belgioioso
SHARP PROVOLONE
8 oz.
\$5.99

SAVE \$1.00
Sabra
AVOCADO TOAST
2.7 oz.
\$3.99

SAVE \$1.00
Columbus
ASSORTED SALAMI
8 oz.
\$8.99ea.

BELMONT'S BAKED GOODS

SAVE \$1.00
Boston Cream Pie
— 28 oz.
\$13.99

SAVE \$1.00
Blueberry Loaf Cake
\$6.99

Assorted Bagels
\$1.99ea.

Sugar Free Angel Food Cake
— 9 oz.
\$8.99

EXPLORE OUR DAILY ROTATING MENU ON OUR WEBSITE.

www.BelmontMarket.com/Menus

REHEATING INSTRUCTIONS ONLINE IF NEEDED.



Experience the freshest flavors at our sushi haven!

Our skilled chefs use only the finest, highest-grade ingredients to craft a wide array of rolls, sashimi, and sushi. From basic to exotic, we have options for everyone, including both vegetarians and vegans.



HEALTH & WELLNESS

SAVE 70¢
Perfect Bar
PROTEIN BARS
2.5 oz.
3.99

SAVE \$2.00
Bluebonnet
VITAMIN C, D3 & ZINC
50 count
8.99

SAVE \$2.00
Bull Dog
SHAVE GEL
ORIGINAL
5.9 fl oz.
7.99

SAVE \$2.00
Dr. Bronner's
ORGANIC MAGIC BALM UNSCENTED TIN
2 oz.
9.79

THE HERB WYFE

SAVE \$3.00
Host Defense
AGARIKON
60 count
31.99

SAVE \$3.00
Herbal Revolution
ATTITUDE ADJUSTMENT
2 oz.
20.99

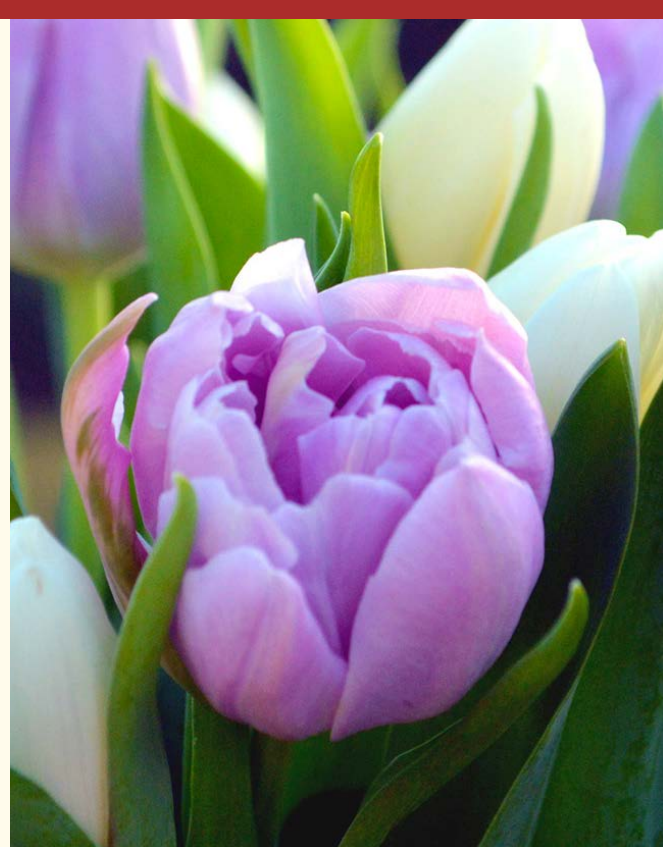
SAVE \$2.00
Wise Ways Herbs
BODY POWDER PATCHOULI VANILLA
4 oz.
7.99

SAVE \$3.00
Earth Essence Herbs
PEPPERMINT FOOT CREAM
4 oz.
22.99

SPRUCE UP WITH FESTIVE FLOWERS

Explore our floral collection to perfect your celebration with bouquets, centerpieces, and flowering plants.

TULIP BULBS



12.99

SHAMROCK 4" PLANT



4.99

VINTAGE GARDEN BOUQUET



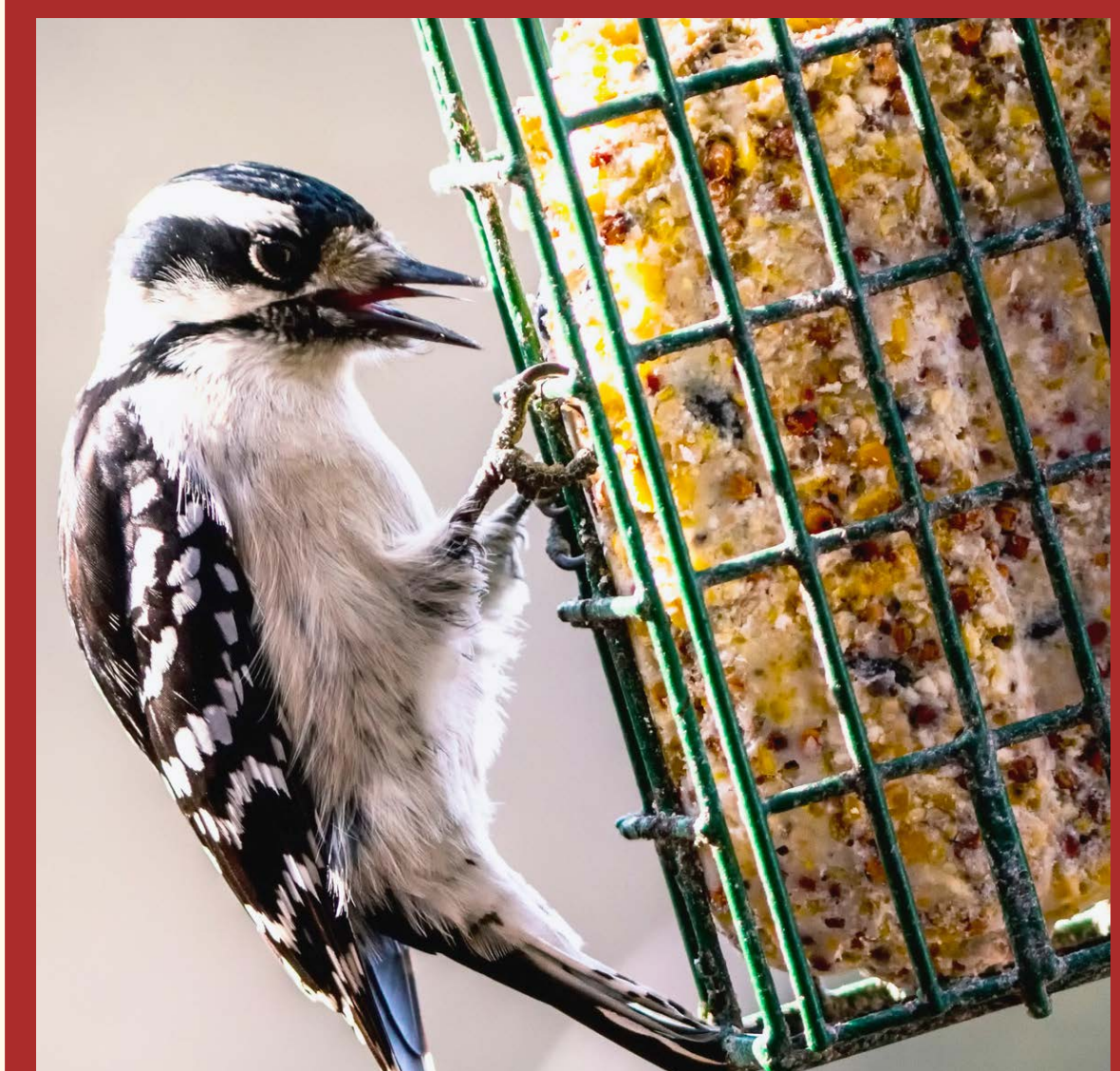
29.99

MINI DAFFODIL 4" PLANT



8.99

LIZZIE MAE'S WOODPECKER SEED CAKE



10.99

BELMONT MARKET Gift Baskets



Celebrate Any Occasion!

Our unique gift baskets are perfect for birthdays, retirement, weddings, sympathy, anniversaries, holiday, housewarming and more! Choose from a great assortment year-around.

VISIT US IN-STORE, CALL 401-789-4656,
OR SHOP ONLINE AT SHOP.BELMONTMARKET.COM
TO ORDER NOW



FRESH MADE FROM SCRATCH BELMONT MARKET BREAD

**Home-style Sandwich Loaves,
Whole Grain Baguettes, Italian
and Flat bread Styles**

Belmont Bread, with the help of our bread baker, we are working to incorporate more regionally grown and milled grains, into our products in an effort to not only make unique and interesting breads, but also to help rebuild a piece of our regional heritage that has been all but lost over the last century.

SAVE TIME AND SHOP ONLINE!

Our convenient hours and scheduled delivery make it easy for you to do your grocery shopping on your own time.

You can pick up your order or have it delivered, even to Block Island!

SHOP.BELMONTMARKET.COM

