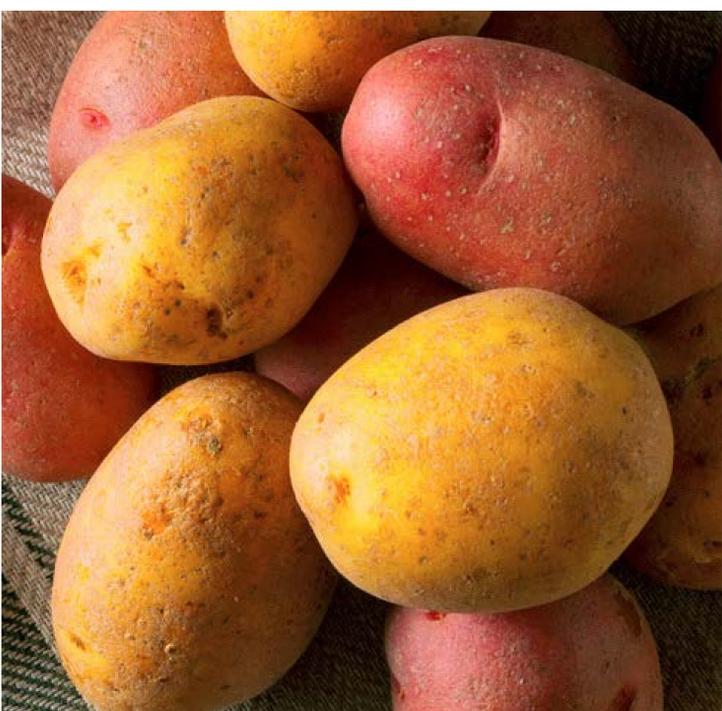


# BELMONT MARKET'S ST. PATRICK'S SALES



**GREEN  
CABBAGE**

**69¢ lb.**



**RED BLISS &  
YUKON GOLD  
POTATOES**

**\$1.29 lb.**



**CENTER CUT  
& BOTTOM  
ROUND ROAST**

**SAVE \$2.00 LB.**

**\$5.99 lb.**



**CHAIRMAN'S RESERVE**

**BONE-IN  
CENTER CUT  
PORK CHOPS**

**SAVE \$1.00 LB.**

**\$3.99 lb.**



**GRADE A**

**FRESH  
WHOLE  
CHICKENS**

**SAVE \$1.00 LB.**

**\$1.99 lb.**



**JACK DANIEL'S**

**PULLED PORK  
OR CHICKEN**  
Assorted, 16 oz.

**SAVE \$2.00 EA.**

**\$8.99 ea.**



**Nathan's  
FAMOUS**

**NEW YORK  
KOSHER SPARE  
PICKLES**  
Assorted, 32 oz.

**SAVE \$2.00 EA.**

**\$4.99 ea.**



**SILVER FLOSS**

**SAUERKRAUT**  
Assorted, 32 oz.

**SAVE \$2.00 EA.**

**\$3.99 ea.**

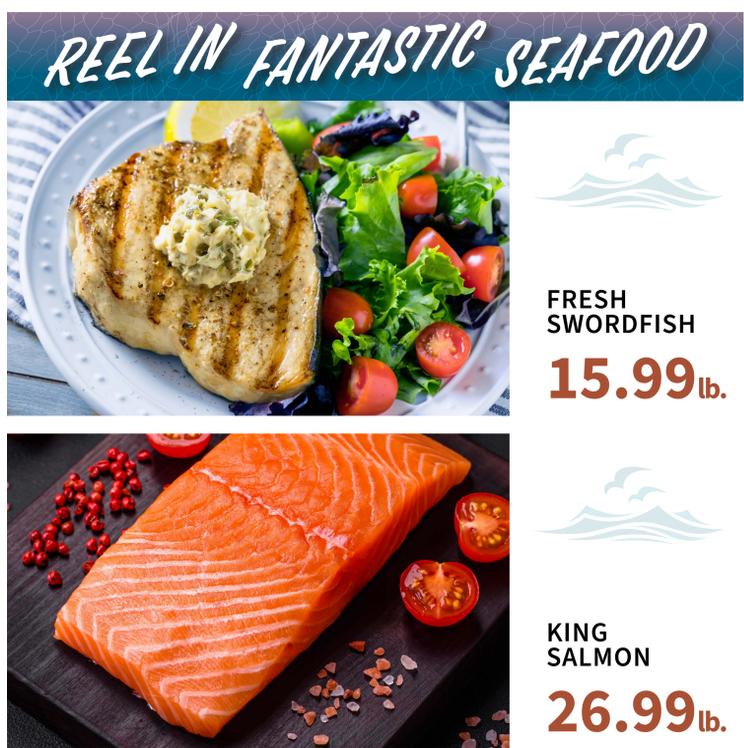


**BELMONT BREAD**

**SAVE \$1.00 EA.**

**CIABATTA ROLLS  
4-PACK**

**3.99 ea.**



**REEL IN FANTASTIC SEAFOOD**



**FRESH  
SWORDFISH**  
**15.99 lb.**



**KING  
SALMON**  
**26.99 lb.**

**EFFECTIVE DATES: MARCH 13<sup>TH</sup> - MARCH 19<sup>TH</sup>**

Monday - Saturday - 7:00AM - 10:00PM  
Sunday - 7:00AM - 8:00PM

600 KINGSTOWN RD, WAKEFIELD, RI / (401) 789-4656  
WWW.BELMONTMARKET.COM

**BELMONT  
MARKET**

A Better Place to Shop Since 1947

"Not responsible for typographical or photo errors. In fairness to our customers we reserve the right to limit quantities. Meat Department Items are not cooked."

# The Freshest **PRODUCE**



California, USA  
**SEEDLESS  
 GRAPES**  
 Green, Red & Black

**2.99** lb.



**Strawberry**  
 Pints - 16 oz.

**\$3.99** ea.



**Granny Smith  
 Apples**

**\$1.69** lb.



**Pink Lady  
 Apples**

**\$1.69** lb.



California, USA  
**Navel  
 Oranges**

**\$1.49** lb.



Imported  
**Bartlett  
 Pears**

**\$1.49** lb.



Imported  
**Hass  
 Avocados**

**2/\$3**



Mini  
**Persian  
 Cucumbers**

**\$2.49** lb.



California, USA  
**Romaine  
 Hearts**  
 3-Pack

**\$3.29** ea.



California, USA  
**Cello  
 Carrots**  
 1 lb. Bag

**\$1.29** ea.



**Yellow  
 Cooking  
 Onion**  
 2 lb. Bag

**\$1.49** ea.



California, USA  
**Bunched  
 Celery**

**\$2.49** ea.

## The Best **ORGANIC SELECTION**



**Organic  
 Champagne  
 Mangoes**

**2/\$4**



**Organic  
 Blackberries**  
 Half Pints - 8 oz.

**\$3.99** ea.



**Organic  
 Cara Cara  
 Oranges**

**\$2.49** lb.



**Organic  
 Minneola  
 Tangelos**

**\$2.49** lb.



**Organic  
 Fresh  
 Broccoli**

**\$3.99** ea.



**Organic  
 Green Leaf  
 Lettuce**

**\$2.99** ea.



**Organic  
 Red Leaf  
 Lettuce**

**\$2.99** ea.

# Great Deals ON FAMILY FAVORITES

SAVE \$3.29



Life  
CEREAL  
Assorted Varieties,  
13 oz.

2/\$4

SAVE \$2.79



Honey  
Bunches  
of Oats  
CEREAL  
Assorted Varieties,  
11 - 12 oz.

2/\$5

SAVE UP TO \$3.79



Cheerios  
CEREAL  
Assorted Varieties,  
8.9 - 11 oz.

2/\$4

SAVE \$5.00



Starbucks  
COFFEE  
Whole Bean  
& Ground  
Assorted Varieties,  
11 - 12 oz.

\$9.99

SAVE \$3.29



Nature's Valley  
GRANOLA BARS  
\*Excludes Protein  
Assorted Varieties,  
7.2 - 8.94 oz.

2/\$4

SAVE \$1.99



Thomas'  
SWIRL  
BREAD  
Assorted Varieties,  
16 oz.

2/\$6

SAVE UP TO \$2.89



Annie's  
MAC &  
CHEESE  
Assorted Varieties,  
6 oz.

10/\$10

SAVE \$2.92



Campbell's  
CHUNKY  
SOUPS  
Assorted Varieties,  
18.6 - 19 oz.

3/\$5

SAVE \$2.32



Prego  
PASTA  
SAUCE  
Assorted Varieties,  
23 - 24 oz.

3/\$5

SAVE \$3.00



Filippo  
Berio  
PASTA SAUCE  
Assorted Varieties,  
24 oz.

\$4.99

SAVE \$3.50



RAO's  
PASTA SAUCE  
Assorted Varieties,  
24 oz.

\$8.99

SAVE \$2.60



Bumble Bee  
WHITE TUNA  
4-PACK  
Assorted Varieties,  
20 oz.

\$5.99

SAVE \$1.19



Duncan  
Hines  
BROWNIE  
MIX  
Assorted Varieties,  
18 - 18.3 oz.

2/\$4

SAVE \$4.50



California  
Olive Ranch  
OLIVE OIL  
Assorted Varieties,  
16.9 fl oz.

\$10.99

SAVE \$1.10



Lawry's  
MARINADES  
Assorted Varieties,  
12 fl oz.

\$3.49

SAVE \$1.99



Nabisco  
WHEAT THINS  
& TRISCUITS  
Assorted Varieties,  
7.1 - 8.5 oz.

2/\$7

SAVE 29¢



Ortega  
SEASONING  
MIX  
Assorted Varieties,  
1 oz.

10/\$10

SAVE UP TO 89¢



Ortega  
KITS & SALSA  
Assorted Varieties,  
4.4 - 16 oz.

2/\$7

SAVE \$1.50



Tostitos  
TORTILLA  
CHIPS  
Assorted Varieties,  
10 - 13 oz.

\$3.99

SAVE 80¢



UTZ  
CHIPS  
Assorted Varieties,  
7.75 - 8 oz.

\$3.99

SAVE \$1.50



Culture Pop  
SODA  
4-PACKS  
Assorted Varieties,  
4pk

\$6.49

SAVE \$2.00



Spindrifft  
SPARKLING  
WATER 8-PACK  
Assorted Varieties,  
96 fl oz.

\$5.99

SAVE \$1.50



Coca-Cola  
SODA  
12-PACKS  
Assorted Varieties,  
12pk

\$8.49

SAVE \$1.49



Pepsi  
SODA  
2-LITERS  
Assorted Varieties,  
2 Lt.

2/\$5

# Great Deals ON FAMILY FAVORITES

SAVE \$6.00



**Bounty PAPER TOWELS**  
6 Double Rolls  
Assorted Varieties,  
300 - 492 ct.

**\$12.99**

SAVE \$3.00



**Charmin BATHROOM TISSUE**  
9 Mega Rolls  
Assorted Varieties,  
1872 - 1980 ct.

**\$12.99**

SAVE \$4.00



**Cottonelle BATHROOM TISSUE**  
6 Mega Rolls  
Assorted Varieties,  
1464 - 1704 ct.

**\$5.99**

SAVE \$1.49



**Milkbone DOG TREATS**  
Assorted Varieties,  
24 oz.

**2/\$9**

SAVE 96¢



**Temptations CAT TREATS**  
Assorted Varieties,  
2.1 - 3 oz.

**3/\$7**

SAVE 26¢



**Friskies CAT FOOD**  
Assorted Varieties,  
5.5 oz.

**6/\$5**

SAVE \$2.00



**Arm & Hammer CLUMP & SEAL LITTER**  
19 lb.

**\$15.99**

## Cool Savings ON DAIRY AND FROZEN FOODS

SAVE UP TO \$2.59



**Marie Callender's BOWLS**  
Assorted Varieties,  
10 - 12.5 oz.

**2/\$4**

SAVE \$2.70



**Friendly's ICE CREAM**  
\*Excludes Pistacho  
Assorted Varieties,  
48 fl. oz.

**\$3.79**

SAVE \$1.80



**Eggo WAFFLES**  
Assorted Varieties,  
25.8 - 29.6 oz.

**\$5.99**

SAVE \$1.50



**Egg Beaters LIQUID EGGS**  
Assorted Varieties,  
32 oz.

**\$6.49**

SAVE \$2.50



**Cabot BUTTER**  
Assorted Varieties,  
16 oz

**\$3.49**

SAVE 70¢



**Cabot AMERICAN SLICES**  
Assorted Varieties,  
12 oz.

**\$3.99**

SAVE \$1.69



**Cabot SHREDED CHEESE**  
Assorted Varieties,  
8 oz.

**2/\$6**

SAVE \$1.20



**Cabot GREEK YOGURT**  
Assorted Varieties,  
32 oz.

**\$4.99**

SAVE 50¢



**Land O Lakes SPREADABLE BUTTER**  
Assorted Varieties,  
15 oz.

**\$2.99**

SAVE 80¢



**Philadelphia CREAM CHEESE**  
Assorted Varieties,  
12 oz.

**\$6.49**

SAVE 90¢



**Daisy SOUR CREAM**  
Assorted Varieties,  
24 oz.

**\$3.99**

SAVE \$1.99



**Silk ALMOND MILK**  
Assorted Varieties,  
64 fl. oz.

**2/\$6**

SAVE \$1.89



**International Delight CREAMERS**  
Assorted Varieties,  
32 fl. oz.

**2/\$7**

SAVE \$1.50



**Starbucks ICED COFFEE**  
Assorted Varieties,  
48 fl. oz.

**\$6.49**

SAVE \$1.19



**Florida Natural DRINKS**  
Assorted Varieties,  
59 fl. oz.

**2/\$5**

SAVE \$2.49



**Florida Natural ORANGE JUICE**  
Assorted Varieties,  
52 fl. oz.

**2/\$7**

## Your Favorite SPECIALTY GROCERY ITEMS

SAVE \$2.00



**Annie's FROZEN PIZZA BAGELS**  
Assorted Varieties,  
6.65 oz.

**\$6.49**

SAVE \$1.00



**Stahlbush Island FROZEN FARM VEGETABLES**  
Assorted Varieties,  
10 oz.

**\$3.69**

SAVE \$1.00



**Better Than Bouillon CHICKEN, BEEF, VEGGIE BASE**  
Assorted Varieties,  
8 oz.

**\$6.19**

SAVE \$2.00



**Maille MUSTARD**  
Assorted Varieties,  
7 - 8 oz.

**\$5.39**

SAVE \$3.00



**Spectrum Culinary AVOCADO OIL**  
16 fl. oz.

**\$14.99**

SAVE \$1.00



**Tasty Bite ORGANIC PRE-COOKED RICE**  
Assorted Varieties,  
8.8 oz.

**\$2.99**

SAVE \$3.00



**Pure Indian ORGANIC GRASSFED GHEE**  
7.8 oz.

**\$11.99**

SAVE 80¢



**Finn Crisp ORIGINAL & CARAWAY THINS**  
Assorted Varieties,  
7 oz.

**\$4.19**

# FROM THE DELI

**SAVE \$4.00 LB.**  
 Boar's Head  
**OVENGOLD TURKEY**  
**\$11.99lb.**

**SAVE \$3.00 LB.**  
 Boar's Head  
**HONEY MAPLE HAM**  
**\$11.99lb.**

**SAVE \$3.00 LB.**  
 Boar's Head  
**BLAZING BUFFALO CHICKEN BREAST**  
**\$11.99lb.**

# PREPARED FOODS

**ONE DAY SALE ITEM**  
 Freshly Prepared  
  
**Scallops Nantucket**  
**\$17.99ea.**

**SAVE \$1.00 EA.**  
 Freshly Prepared  
**Coconut Shrimp**  
**\$9.99ea.**

**SAVE \$1.00 EA.**  
 Freshly Prepared  
**Vegan Risotto**  
**\$8.99lb.**

**SAVE \$1.00 EA.**  
 Freshly Prepared  
**Powerhouse Chicken Bowl**  
**\$12.99ea.**

**SAVE \$1.00 LB.**  
**Classic Chicken Salad**  
**\$9.99lb.**

**SAVE \$1.00 LB.**  
**Black Bean Mango Salad**  
**\$8.99lb.**

## PERFECT PAIRINGS

**SAVE \$1.00**  
 Citterio  
**PROSCIUTTO MOZZARELLA ROLLINO**  
 3 oz.  
**\$4.99**

**SAVE \$1.00**  
 Belgioioso  
**PARMESAN ROMANO GRATED**  
 8 oz.  
**\$5.99**

**SAVE \$1.00**  
 Kerry Gold  
**CHEESE SLICES**  
 Select, 6 oz.  
**\$7.99**

## BELMONT'S BAKED GOODS

  
**Dere St. Irish Soda Bread**  
 Assorted, 17 oz. **\$5.99**

  
**St. Joseph's Day Zeppoles**  
**\$5.99**

**SAVE \$1.00**  
  
**St. Patrick's Day Sugar Cookies**  
 12 count **\$6.99**

**SAVE \$1.00**  
  
**Cherry Lemon Loaf**  
**\$6.99**

EXPLORE OUR DAILY ROTATING MENU ON OUR WEBSITE.

[www.BelmontMarket.com/Menus](http://www.BelmontMarket.com/Menus)

REHEATING INSTRUCTIONS ONLINE IF NEEDED.

Experience the freshest flavors at our sushi haven!

Our skilled chefs use only the finest, highest-grade ingredients to craft a wide array of rolls, sashimi, and sushi. From basic to exotic, we have options for everyone, including both vegetarians and vegans.



## HEALTH & WELLNESS

  
**Bluebonnet BCAA COMPLEX POWDER**  
 13.23 oz. **SAVE \$7.00**  
**36.69**

  
**Epic BEEF LIVER BITES**  
 2.5 oz. **SAVE \$2.00**  
**8.29**

  
**Life Seasons IMMUNITY T**  
 90 count **SAVE \$4.00**  
**23.89**

  
**Belmont Wellness INFLAMMOVE**  
 90 count **SAVE \$6.00**  
**25.79**

## THE HERB WYFE

  
**Herb Pharm KIDS THROAT TLC**  
 1 oz. **SAVE \$3.00**  
**12.99**

  
**FES GRACE**  
 1 oz. **SAVE \$3.00**  
**14.95**

  
**Helios CUCUMBER MASSAGE OIL**  
 1 oz. **SAVE \$3.00**  
**10.99**

  
**Dandy Blend DANDELION TEA**  
 3.5 oz. **SAVE \$3.00**  
**9.99**

## SPRUCE UP WITH FESTIVE FLOWERS

Explore our floral collection to perfect your celebration with bouquets, centerpieces, and flowering plants.

TULIP BUNCHES

**12.99**



GARDEN MIX BOUQUET

**19.99**



TULIPS 4" PLANT

**8.99**



SHAMROCK 4" PLANT

**5.99**



CAND S BLUEBIRD NUGGETS

**6.99**



# BELMONT MARKET Gift Baskets



## Celebrate Any Occasion!

Our unique gift baskets are perfect for birthdays, retirement, weddings, sympathy, anniversaries, holiday, housewarming and more! Choose from a great assortment year-around.

VISIT US IN-STORE, CALL 401-789-4656,  
OR SHOP ONLINE AT [SHOP.BELMONTMARKET.COM](http://SHOP.BELMONTMARKET.COM)  
TO ORDER NOW



## FRESH MADE FROM SCRATCH BELMONT MARKET BREAD

**Home-style Sandwich Loaves,  
Whole Grain Baguettes, Italian  
and Flat bread Styles**

Belmont Bread, with the help of our bread baker, we are working to incorporate more regionally grown and milled grains, into our products in an effort to not only make unique and interesting breads, but also to help rebuild a piece of our regional heritage that has been all but lost over the last century.

## SAVE TIME AND SHOP ONLINE!

Our convenient hours and scheduled delivery make it easy for you to do your grocery shopping on your own time.

You can pick up your order or have it delivered, even to Block Island!

[SHOP.BELMONTMARKET.COM](http://SHOP.BELMONTMARKET.COM)

