

BELMONT MARKET'S SEASON OF SAVINGS



EXTRA-LARGE
GREEN PEPPERS
\$1.69 lb.



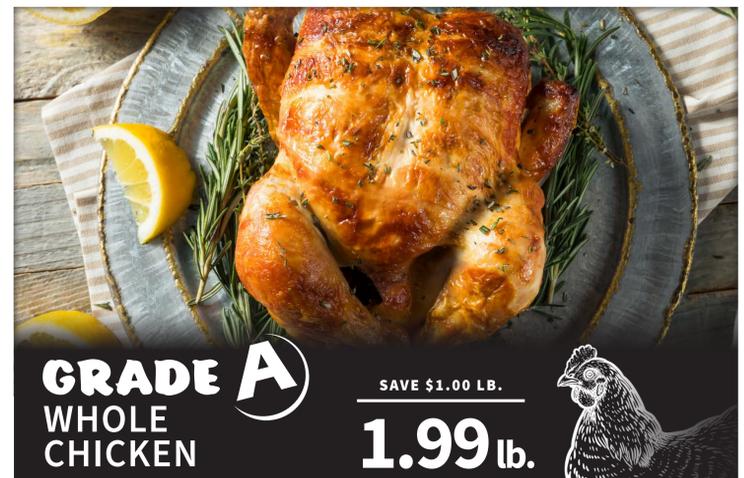
USA
RED RIPE PLUM TOMATOES
1.99 lb.



POTERHOUSE OR T-BONE STEAKS
\$17.99 lb.
SAVE \$4.00 LB.



CHAIRMAN'S RESERVE
PORK TENDERLOIN
4.99 lb.
SAVE \$2.00 LB.



GRADE A
WHOLE CHICKEN
1.99 lb.
SAVE \$1.00 LB.



AMERICAN Lamb BOARD
BONE-IN FRESH LAMB LOIN CHOPS
17.99 lb.
SAVE \$4.00 LB.



KAYEM
CHELSEA, MASS.
BACON ASSORTED, 12 oz.
7.99 lb.
SAVE \$2.00 LB.



Willow Tree poultry farm
CHICKEN POT PIE ASSORTED, 26 oz.
12.99 lb.
SAVE \$2.00 LB.



BELMONT BREAD

CINNAMON RAISIN BREAD
5.99 ea.
SAVE \$1.00 EA.



MILD & SPICY STUFFED CLAMS
4.49 ea.



FRESH MONKFISH
10.99 lb.

EFFECTIVE DATES: FEBRUARY 13TH - FEBRUARY 19TH
Monday - Saturday - 7:00AM - 10:00PM
Sunday - 7:00AM - 8:00PM

600 KINGSTOWN RD, WAKEFIELD, RI / (401) 789-4656
WWW.BELMONTMARKET.COM

BELMONT MARKET
A Better Place to Shop Since 1947

"Not responsible for typographical or photo errors. In fairness to our customers we reserve the right to limit quantities. Meat Department Items are not cooked."

The Freshest **PRODUCE**



Sno White
Mushrooms
Whole 10 oz. or Sliced 8 oz.

2/\$5



Imported
Seedless Grapes
Red, Green & Black

\$2.99 lb.



Imported
Hass Avocados

4/\$5



California, USA
Clementines
3 lb. Bag

\$5.99 ea.



US #1
Granny Smith Apples

\$1.49 lb.



California, USA
Cara Cara Oranges

\$1.49 lb.



California, USA
Moro Blood Oranges

\$1.49 lb.



Jumbo Cantaloupe

\$2.99 ea.



Fancy Escarole

\$1.69 lb.



Red Potatoes
5 lb. Bag

\$2.99 ea.



California, USA
Mild Red Onion

99¢ lb.



Broccoli Crowns

\$1.89 lb.

The Best **ORGANIC SELECTION**



Organic
Opal Apple
\$2.49 lb.



Organic
Blueberries
Half Pints

\$4.99 ea.



Organic
Strawberries
Pints

\$6.99 ea.



Organic
Cara Cara Oranges

\$2.49 lb.



Organic
Red Seedless Grapes

\$3.99 lb.



Organic
Celery Hearts

\$3.99 ea.



Organic
Fresh Avocados

2/\$4

Great Deals ON FAMILY FAVORITES

SAVE \$3.00



Kellogg's
RICE
KRISPIES
12 oz.

\$3.79

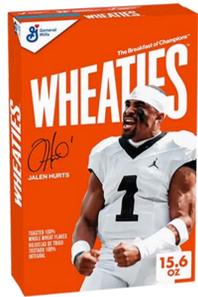
SAVE \$3.00



Kellogg's
CORN
FLAKES
12 oz.

\$3.79

SAVE \$1.99



Wheaties
CEREAL
15.6 oz.

2/\$10

SAVE \$1.99



Thomas'
SWIRL
BREAD
Assorted Varieties,
16 oz.

2/\$6

SAVE \$6.30



Starbucks
BAGGED
COFFEE
Assorted Varieties,
11 - 12 oz.

\$8.69

SAVE 50¢



Poptarts
TOASTER
PASTRY
Assorted Varieties,
13.5 oz.

\$3.49

SAVE \$1.20



Kraft
MAC &
CHEESE
Assorted Varieties,
5.5 - 7.25 oz.

\$1.29

SAVE \$2.30



Progresso
SOUPS
TRADITIONAL,
RICH & HEARTY
Assorted Varieties,
18.5 - 19 oz.

\$2.49

SAVE 19¢



Top Ramen
NOODLES
Assorted Varieties,
3 oz.

5/\$2

SAVE 79¢



Pepperidge
Farm
SANDWICH
ROLLS
Assorted Varieties,
14 - 15 oz.

2/\$7

SAVE \$4.60



Bumble Bee
SOLID WHITE
TUNA 4-PACK
Assorted Varieties,
20 oz.

\$3.99

SAVE 99¢



Minute Rice
RICE
Assorted Varieties,
8.8 - 14 oz.

2/\$5

SAVE \$1.04



Prince
PASTA
Assorted Varieties,
12 - 16 oz.

4/\$5

SAVE \$1.99



Classico
PASTA
SAUCE
Assorted Varieties,
15 - 24 oz.

2/\$6

SAVE 49¢



Full Circle
Market
ORGANIC
PASTA SAUCE
Assorted Varieties,
24 oz.

2/\$7

SAVE \$3.00



Filippo
Berio
PASTA
SAUCE
Assorted Varieties,
24 oz.

\$4.99

SAVE 69¢



Del Monte
DICED &
STEWED
TOMATOES
Assorted Varieties,
14.5 oz.

2/\$3

SAVE 69¢



Contadina
CANNED
TOMATOES
Assorted Varieties,
28 - 29 oz.

2/\$5

SAVE \$1.29



College Inn
BROTH
Assorted Varieties,
32 oz.

2/\$5

SAVE \$1.79



College Inn
STOCK
Assorted Varieties,
32 oz.

2/\$5

SAVE 49¢



Geisha
SLICED
WATER
CHESTNUTS
8 oz.

2/\$3

SAVE UP TO \$1.00



La Choy
SOY SAUCE
10 fl. oz.

\$2.29

SAVE 54¢



La Choy
BAMBOO
SHOOTS &
WATER
CHESTNUTS
Assorted Varieties,
8 oz.

4/\$5

SAVE \$1.19



Newman's Own
MICROWAVE
POPCORN
Assorted Varieties,
9.6 oz.

2/\$5

SAVE \$1.00



Junkless
GRANOLA
BARS
Assorted Varieties,
6.6 oz.

\$3.49

SAVE 80¢



Tort-Yahs!
SUPERIOR
DIPPING
CHIPS
Assorted Varieties,
10 - 11 oz.

\$4.49

SAVE \$1.70



Oreo
COOKIES
Assorted Varieties,
17 - 18.71 oz.

\$4.99

SAVE 79¢



Culture
Pop
SODA
SINGLES
Assorted Varieties,
12 fl. oz.

2/\$3

SAVE 29¢



Polar
SELTZER
1-LITERS
Assorted Varieties,
33.8 fl. oz.

10/\$10

SAVE \$2.00



Capri Sun
JUICE POUCHES
10-PACK
Assorted Varieties,
60 fl. oz.

\$3.49

SAVE \$1.99



Coca-Cola
SODA
12-PACKS
Assorted Varieties,
12 fl. oz. / 12pk / 144 fl. oz.

2/\$15

SAVE \$1.49



Pepsi
SODA
2-LITERS
Assorted Varieties,
67.6 fl. oz.

2/\$5

SAVE UP TO \$10.70



Filippo
Berio
OLIVE OIL
Assorted Varieties,
25.3 fl. oz.

\$7.99

SAVE \$4.00



Brawny
PAPER
TOWELS
4 Double Rolls
304 ct.

\$7.99

SAVE \$1.30



Charmin
Essentials
BATHROOM
TISSUE
6 Mega Rolls
Assorted Varieties,
1980 - 2574 ct.

\$5.99

SAVE \$3.30



Quilted
Northern
BATHROOM
TISSUE
6 Mega Rolls
Assorted Varieties,
1530 - 1770 ct.

\$7.99

SAVE 39¢



Scotties
FACIAL
TISSUE
Assorted Varieties,
54 - 110 ct.

2/\$4

SAVE 70¢



Simply Done
BLEACH
Assorted Varieties,
81 fl. oz.

\$4.99

SAVE 46¢



Cesar
DOG FOOD
Assorted Varieties,
3.5 oz.

3/\$4

Cool Savings ON DAIRY AND FROZEN FOODS

SAVE \$1.80



Eggo
WAFFLES \$5.99
Assorted Varieties,
25.8 - 29.6 oz.

SAVE \$1.69



Pillsbury
TOASTER
STRUDEL 2/\$6
Assorted Varieties,
11.7 oz.

SAVE 99¢



Yoplait
GO-GURT 2/\$6
Assorted Varieties,
16 oz.

SAVE \$1.00



Oikos
TRIPLE ZERO
YOGURT
4-PACKS \$4.99
Assorted Varieties,
21.2 oz.

SAVE \$2.70



Friendly's
ICE CREAM \$3.79
*excludes Pistachio
Assorted Varieties,
48 fl. oz.

SAVE \$1.49



Chobani
OATMILK 2/\$9
52 fl. oz.

SAVE \$2.99



Chobani
CREAMERS 2/\$9
Assorted Varieties,
24 fl. oz.

SAVE \$1.19



Hood
COUNTRY
CREAMER 2/\$3
32 fl. oz.

SAVE \$1.50



Land O' Lakes
SPREADABLE
BUTTER \$3.49
Assorted Varieties,
13 - 15 oz.

SAVE \$1.49



Land O' Lakes
SHREDDED
CHEESE 2/\$5
Assorted Varieties,
6 - 8 oz.

SAVE \$1.19



Cabot
SLICED
VERMONT
SERIOUSLY
SHARP 2/\$7
7 oz.

SAVE \$1.50



Egg Beaters
LIQUID
EGGS & EGG
WHITES \$6.49
Assorted Varieties,
32 oz.

SAVE 49¢



Crystal Farms
CREAM
CHEESE BARS 2/\$5
Assorted Varieties,
8 oz.

SAVE 70¢



Fage
SOUR
CREAM \$1.49
8 oz.

SAVE \$1.29



Dole
JUICE
BLENDS 2/\$7
Assorted Varieties,
52 fl. oz.

SAVE \$2.49



Florida Natural
ORANGE
JUICE 2/\$7
Assorted Varieties,
52 fl. oz.

Your Favorite SPECIALTY GROCERY ITEMS

SAVE \$2.10



Smart Juice
ORGANIC
TART CHERRY
JUICE \$7.49
33.8 fl. oz.

SAVE 30¢



Twinings
TEA \$5.19
Assorted Varieties,
20 count

SAVE \$1.40



Fine Cheese
EXTRA VIRGIN
OLIVE OIL
CRACKERS \$5.59
Assorted Varieties,
4.4 oz.

SAVE \$1.50



Mary's Gone
Crackers
ORGANIC
SUPERSEED
CRACKERS \$3.99
Assorted Varieties,
4 oz.

SAVE \$1.60



Goodie Girl
GLUTEN FREE
COOKIES \$5.89
Assorted Varieties,
7 - 10.6 oz.

SAVE 40¢



Alessi
DRIED
SOUPS \$3.19
Assorted Varieties,
6 oz.

SAVE UP TO \$3.19



Muir Glen
ORGANIC
CANNED
TOMATOES 2/\$8
Assorted Varieties,
28 oz.

SAVE \$5.20



La Tourangelle
AVOCADO OIL \$14.99
16.9 fl. oz.

FROM THE DELI



SAVE \$4.00 LB.
Boar's Head
HONEY MAPLE TURKEY
\$11.99lb.



SAVE \$2.00 LB.
Boar's Head
BLACK FOREST HAM
\$11.99lb.



SAVE \$2.00 LB.
Boar's Head
SWEET B'S BBQ CHICKEN
\$11.99lb.

PREPARED FOODS

ONE DAY SALE ITEM

Freshly Prepared

Lemon Dill Grilled Salmon
\$18.99lb.



SAVE \$1.00 EA.

Pesto Penne Pasta w. Grilled Chicken Dinner
\$10.99ea.



SAVE \$1.00 EA.

Freshly Prepared
Vegan Mushroom Farro
\$9.99ea.



SAVE \$1.00 LB.

Gigante Bean Salad
\$8.99lb.

SAVE \$1.00 LB.

Seafood Salad
\$8.99lb.



Freshly Prepared
Beef Taco Bowl
\$11.99ea.

PERFECT PAIRINGS

SAVE \$1.00

Athenos
CRUMBLLED FETA
6 oz.
\$5.99



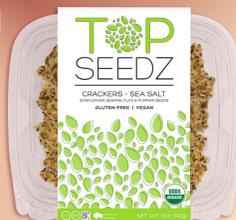
SAVE \$1.00

Cabot
VERMONT YELLOW CHEDDAR
10 oz.
\$7.99



SAVE \$1.00

Top Seedz
CRACKERS
Assorted, 5 oz.
\$7.99



BELMONT'S BAKED GOODS

SAVE \$1.00



Peanut Butter Cookies
— 12-Pack
\$6.99



Mini Sourdough Boule
\$2.99

SAVE \$1.00



Banana Nut Loaf
\$6.99



Uncle Wally's Mini Corn Muffins
— 12-Pack
\$5.99

EXPLORE OUR DAILY ROTATING MENU ON OUR WEBSITE.

www.BelmontMarket.com/Menu

REHEATING INSTRUCTIONS ONLINE IF NEEDED.

Experience the freshest flavors at our sushi haven!

Our skilled chefs use only the finest, highest-grade ingredients to craft a wide array of rolls, sashimi, and sushi. From basic to exotic, we have options for everyone, including both vegetarians and vegans.



HEALTH & WELLNESS



Preserve
TOOTHBRUSH
Assorted
2.99



Olipop
SODA
Assorted, 12 fl oz.
2.49



GAIA Herbs
ECHINACEA GOLDENSEAL
60 count
29.99



Traditional Medicinals
DANDELION LEAF & ROOT TEA
16 bags
6.89



Siete Chips
TORTILLA CHIPS
5 oz.
5.99



Bach
RESCUE REMEDY PASTILLES
50 grams, 35 count
9.69



Host Defense
STAMETS 7
60 count
34.99



The Herb Wyfe
LAVENDER
1 oz.
2.49

SPRUCE UP WITH FESTIVE FLOWERS

Valentine's Day is Saturday, February 14th

TULIP BUNCHES

12.99



MINI DAFFODIL 4" PLANT

8.99



VINTAGE GARDEN BOUQUET

29.99



CALLA LILY 4" PLANT

17.99



WOODPECKER FAVORITE SEED CAKE

10.99



BELMONT MARKET Gift Baskets



Celebrate Any Occasion!

Our unique gift baskets are perfect for birthdays, retirement, weddings, sympathy, anniversaries, holiday, housewarming and more! Choose from a great assortment year-around.

VISIT US IN-STORE, CALL 401-789-4656,
OR SHOP ONLINE AT SHOP.BELMONTMARKET.COM
TO ORDER NOW



FRESH MADE FROM SCRATCH BELMONT MARKET BREAD

**Home-style Sandwich Loaves,
Whole Grain Baguettes, Italian
and Flat bread Styles**

Belmont Bread, with the help of our bread baker, we are working to incorporate more regionally grown and milled grains, into our products in an effort to not only make unique and interesting breads, but also to help rebuild a piece of our regional heritage that has been all but lost over the last century.

SAVE TIME AND SHOP ONLINE!

Our convenient hours and scheduled delivery make it easy for you to do your grocery shopping on your own time.

You can pick up your order or have it delivered, even to Block Island!

SHOP.BELMONTMARKET.COM

