

BELMONT MARKET'S SEASON OF SAVINGS



IMPORTED
ASPARAGUS
\$3.99 lb.



YUKON GOLD POTATOES
5 lb. Bag **\$2.99 ea.**



SAVE \$4.00 LB.

Boneless **SIRLOIN STEAKS \$9.99 lb.**



CHAIRMAN'S RESERVE

BONELESS PORK SIRLOIN MINI ROAST
SAVE \$1.00 LB.
\$2.99 lb.



GRADE A

WHOLE, BONE-IN CHICKEN BREAST
SAVE \$1.00 LB.
\$2.49 lb.



Ball Park
SAVE \$2.00 EA.
BEEF & BUN SIZE FRANKS
Assorted, 15 oz. **\$6.99 ea.**



Bob Evans
SAVE \$2.00 EA.
MASHED POTATOES
Assorted, 20-22 oz. **\$3.99 ea.**

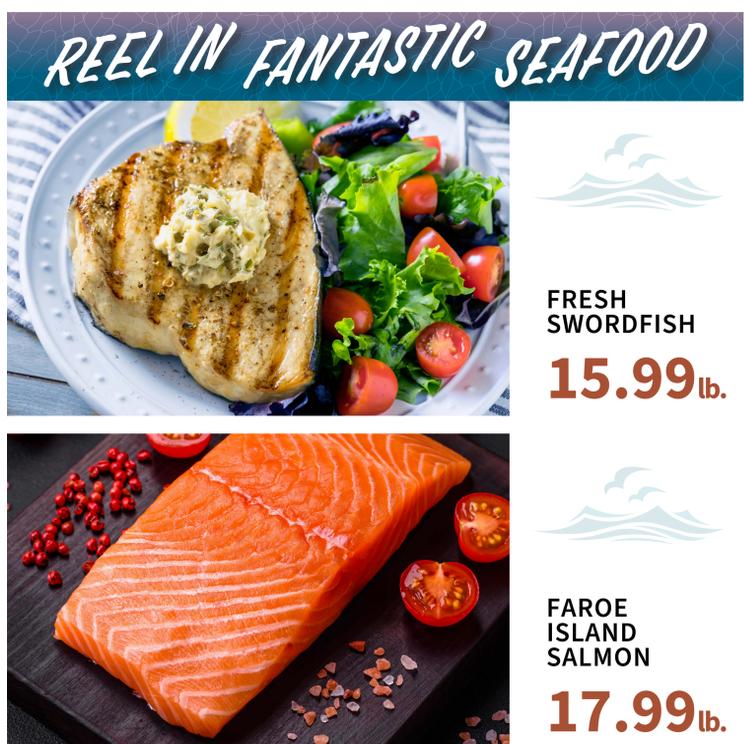


Tyson
SAVE \$2.00 EA.
FROZEN CHICKEN
Assorted, 22-28 oz. **\$9.99 ea.**



BELMONT BREAD

SAVE \$1.00 EA.
LARGE APPLE CINNAMON FLATBREAD
5.49 ea.



REEL IN FANTASTIC SEAFOOD



FRESH SWORDFISH
15.99 lb.



FAROE ISLAND SALMON
17.99 lb.

EFFECTIVE DATES: JANUARY 16TH - JANUARY 22ND
Monday - Saturday - 7:00AM - 10:00PM
Sunday - 7:00AM - 8:00PM

600 KINGSTOWN RD, WAKEFIELD, RI / (401) 789-4656
WWW.BELMONTMARKET.COM

BELMONT MARKET
A Better Place to Shop Since 1947

"Not responsible for typographical or photo errors. In fairness to our customers we reserve the right to limit quantities. Meat Department Items are not cooked."

The Freshest **PRODUCE**



White Mushrooms

Sliced - 8 oz.
Whole - 10 oz.

2/\$5



Seedless Grapes

Red, Green & Black

\$2.99 lb.



California, USA
Moro Blood Oranges

\$1.69 lb.



Imported
Blackberries
Half Pint - 8 oz.

\$1.99 ea.



Premium
Bananas

59¢ lb.



Imported
Hass Avocados

4/\$5



US #1
Granny Smith Apples

\$1.49 lb.



US #1
Royal Gala Apples

\$1.49 lb.



California, USA
Blood Oranges

\$1.69 lb.



California, USA
Romaine Lettuce

\$1.49 ea.



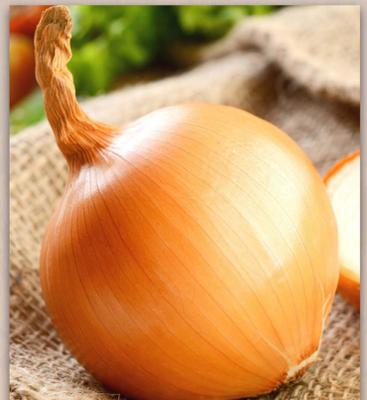
Imported
Seedless English Cucumbers

2/\$3



Grimm Way
Baby Peeled Carrots

2/\$3



Sweet Onion

99¢ lb.

The Best **ORGANIC SELECTION**



Organic
Honeycrisp Apples
\$2.99 lb.



Organic
Blackberries
Half Pints

\$2.99 ea.



Organic
Raspberries
Half Pints

\$3.99 ea.



Organic
D'Anjou Pears

\$2.49 lb.



Organic
Baby Bok Choy

\$2.99 lb.



Organic
European Seedless Cucumbers

2/\$5



Organic
Romaine Hearts

\$3.99 ea.

Great Deals ON FAMILY FAVORITES

SAVE \$2.79



Kellogg's Rice Krispies Cereal
9 oz.

2/\$6

SAVE \$6.80



Green Mountain Coffee K-Cups
Assorted Varieties,
3.3 - 4 oz.

\$6.99

SAVE \$2.89



Progresso Traditional and Rich & Hearty Soup
Assorted Varieties,
18.5 - 19 oz.

2/\$3

SAVE UP TO \$1.26



Campbell's Canned Soup
Assorted Varieties,
10.5 - 10.75 oz.

3/\$4

SAVE \$1.49



Swanson Broth
Assorted Varieties,
32 oz.

2/\$5

SAVE UP TO \$2.50



Chicken of the Sea Tuna 4-Pack
Assorted Varieties,
16 - 20 oz

\$5.99

SAVE 79¢



Full Circle Market Organic Pasta
Assorted Varieties,
16 oz.

2/\$4

SAVE 29¢



Full Circle Market GLUTEN FREE Pasta
Assorted Varieties,
12 oz

2/\$4

SAVE \$3.00



Filippo Berio Pasta Sauce
Assorted Varieties,
24 oz.

\$4.99

SAVE \$1.29



Francesco Rinaldi Pasta Sauce
Assorted Varieties,
23.5 - 24 oz.

2/\$4

SAVE 49¢



Full Circle Market Organic Pasta Sauce
Assorted Varieties,
24 oz.

2/\$7

SAVE 30¢



Full Circle Market Organic Salsa
Assorted Varieties,
16 oz.

\$3.49

SAVE \$1.79



Rotel Canned Tomatoes
Assorted Varieties,
10 oz.

2/\$4

SAVE UP TO 99¢



Chi-Chi's Tortillas
Assorted Varieties,
12 - 17.5 oz.

2/\$5

SAVE 99¢



Near East Rice Pilaf
Assorted Varieties,
5.2 - 6.75 oz.

2/\$4

SAVE UP TO 69¢



Jack Rabbit Dried Peas & Beans
Assorted Varieties,
16 oz.

2/\$3

SAVE \$2.29



Wishbone Salad Dressing
Assorted Varieties,
15 fl oz.

2/\$4

SAVE 79¢



Ken's Dressing
Assorted Varieties,
9 fl oz.

2/\$4

SAVE UP TO \$1.70



Oreo Cookies Family Sized
Assorted Varieties,
12.8 - 18.71 oz.

\$4.99

SAVE 99¢



Betty Crocker Cookies Mix
Assorted Varieties,
17.5 oz.

2/\$7

SAVE \$2.00



Frito Lay Lay's Chips
Assorted Varieties,
7 - 8 oz.

\$2.99

SAVE 80¢



Tortiyahs! Tortilla Chips
Assorted Varieties,
10 - 11 oz

\$4.49

SAVE \$1.50



Thomas' English Muffins
Assorted Varieties,
12 - 13 oz.

\$3.99

SAVE 79¢



Culture Pop Probiotic Soda
Assorted Varieties,
12 fl oz

2/\$3



Coca-Cola Soda 12-Packs
Assorted Varieties,
12 fl oz. / 12pk / 144 fl oz.

\$8.49

SAVE \$1.79



Pepsi Soda 2-Liters
Assorted Varieties,
67.6 fl oz

2/\$4

SAVE 29¢



Polar Seltzer 1-Liters
Assorted Varieties,
33.8 fl oz

10/\$10

SAVE \$1.50



Duraflame 4 Hour Fire Log
6 lb

\$4.99

Great Deals ON FAMILY FAVORITES

SAVE \$3.50



Scott Paper Towels
6 DOUBLE ROLLS
648 Ct. **\$5.99**

SAVE \$3.00



Cottonelle Bath Tissue
6 MEGA ROLLS
Assorted Varieties,
1464 - 1704 ct **\$6.99**

SAVE \$2.00



Scott Bath Tissue
12 ROLLS
12000 ct **\$11.99**

SAVE 49¢



Simply Done Red Party Cups
18 oz. / 30 ct. **2/\$5**

SAVE \$1.30



Palmolive Dish Soap
Assorted Varieties,
20 fl. oz. **\$2.99**

SAVE 99¢



Soft Soap Liquid Hand Soap
Assorted Varieties,
11.25 fl. oz. **2/\$5**

SAVE 16¢



Friskies Cat Food
Assorted Varieties,
5.5 oz. **6/\$5**

SAVE 30¢



Tidy Cat Cat Litter
Assorted Varieties,
14 lb. **\$9.99**

Cool Savings ON DAIRY AND FROZEN FOODS

SAVE \$3.29



Turkey Hill Ice Cream
Assorted Varieties,
46 fl. oz. **2/\$7**

SAVE \$1.29



Stouffer's Entrees
Assorted Varieties,
8.87 - 12.63 oz. **2/\$7**

SAVE \$1.26



Birds Eye Frozen Vegetables
Assorted Varieties,
10 oz. **3/\$4**

SAVE UP TO \$1.60



Maria & Ricardos Tortillas
Assorted Varieties,
11.57-13.5 oz. **\$2.99**

SAVE \$1.29



Dannon Activia Yogurt
4-Pack
Assorted Varieties,
16 oz. **2/\$6**

SAVE 74¢



Chobani Greek Yogurt
Assorted Varieties,
5.3 oz. **4/\$5**

SAVE 70¢



Stonyfield Yogurt
Assorted Varieties,
32 oz. **\$4.99**

SAVE \$1.79



I Can't Believe It's Not Butter Spread
Assorted Varieties,
15 oz. **2/\$7**

SAVE 70¢



Cabot Cream Cheese Bars
8 oz. **\$2.29**

SAVE 60¢



Daisy Sour Cream Squeeze
14 oz. **\$2.99**

SAVE 50¢



Hood Half & Half
32 fl. oz. **\$3.99**

SAVE \$1.60



Califa Cold Brew Coffee
Assorted Varieties,
48 fl. oz. **\$4.99**

SAVE \$1.49



Silk Almond Milk
Assorted Varieties,
64 fl. oz. **2/\$7**

SAVE \$1.00



Planet Oat Oat Milk
Assorted Varieties,
86 fl. oz. **\$5.49**

SAVE \$2.49



Florida Natural Orange Juice
Assorted Varieties,
52 fl. oz. **2/\$7**

SAVE 69¢



Tropicana Premium Drinks
Assorted Varieties,
11 fl. oz. **2/\$4**

Your Favorite SPECIALTY GROCERY ITEMS

SAVE \$3.00



Annie's MINI PIZZA BAGELS
Assorted Varieties,
6.65 oz. **\$5.39**

SAVE \$1.00



Cascadian Farms FROZEN ORGANIC BROCCOLI & CORN
Assorted Varieties,
10 oz. **\$4.89**

SAVE \$4.00



Woodstock FROZEN ORGANIC WILD BLUEBERRIES
28 oz. **\$12.19**

SAVE \$1.00



Bob Red Mills QUICK COOKING EXTRA THICK OATS
Assorted Varieties,
32 oz. **\$5.39**

SAVE \$2.10



Pukka ORGANIC TEA
Assorted Varieties,
20 count **\$6.49**

SAVE \$2.70



Coco Goods ORGANIC COLD PRESS EXTRA VIRGIN COCONUT OIL
15 fl. oz. **\$5.99**

SAVE 80¢



La Baleine SEA SALT
Assorted Varieties,
26.5 oz. **\$4.59**

SAVE \$2.10



Bone Brewhouse CHICKEN BONE BROTH POWDER
Assorted Varieties,
2.82 oz. **\$7.89**

FROM THE DELI

SAVE \$4.00 LB.
 Boar's Head
OVENGOLD TURKEY
\$11.99lb.

SAVE \$2.00 LB.
 Boar's Head
HONEY MAPLE HAM
\$11.99lb.

SAVE \$2.00 LB.
 Boar's Head
BUFFALO CHICKEN
\$11.99lb.

PREPARED FOODS

ONE DAY SALE ITEM
 Freshly Prepared
Stuffed Flounder
\$17.99lb.

SAVE \$1.50 LB.
 Freshly Prepared
Chicken Wings
\$7.49lb.

SAVE \$1.00 EA.
 Freshly Prepared
Vegan Lentil Bolognese
\$8.99ea.

SAVE \$1.00 EA.
 Freshly Prepared
Buffalo Cauliflower Bowl
\$12.99ea.

SAVE \$1.00 LB.
Spinach Artichoke Dip
\$8.99lb.

SAVE \$1.00 LB.
Balsamic Chicken Salad
\$9.99lb.

PERFECT PAIRINGS

SAVE \$1.00
 Cedars
HOT HONEY DIP
 8 oz.
\$7.99

SAVE \$1.00
 Columbus
PROSCIUTTO
 3 oz.
\$6.99

SAVE \$1.00
 John W.M. Macy's
CROSTINI
 5.5 oz.
\$4.99

BELMONT'S BAKED GOODS

Steve's Snacks Bakery
Peanut Butter Whoopie Pie
 — 6 oz.
\$3.99

Mini Eclairs
 — 5-Pack
\$5.99

SAVE \$1.00
Cinnamon Coffee Cake
 — 1 Loaf
\$6.99

SAVE \$1.00
Freshly Baked Bagels
 — All Flavors
\$1.99

EXPLORE OUR DAILY ROTATING MENU ON OUR WEBSITE.

www.BelmontMarket.com/Menus

REHEATING INSTRUCTIONS ONLINE IF NEEDED.

Experience the freshest flavors at our sushi haven!

Our skilled chefs use only the finest, highest-grade ingredients to craft a wide array of rolls, sashimi, and sushi. From basic to exotic, we have options for everyone, including both vegetarians and vegans.



HEALTH & WELLNESS

Mickleberry Gardens
PROPOLIS THROAT
 2 oz.
SAVE \$2.00
10.99

Vital Planet
VITAL PARAPURE
 14-DAY 2-PART SYSTEM
SAVE \$2.00
40.99

Host Defense
CHAGA
 60 count
SAVE \$3.00
28.99

Oregon Wild Harvest
LEMON BALM
 90 capsules
SAVE \$3.00
18.99

Epic
BEEF & BEEF LIVER BITES
 2.5 oz.
SAVE \$1.50
8.49

Vital Planet
Vital FLORA
 BRENDA WATSON'S
 60 BILLION LIVE CULTURES
 60 STRAINS OF PROBIOTICS
 WOMEN 55+ DAILY PROBIOTIC +7 prebiotics
 DIGESTIVE • IMMUNE • VAGINAL
 NO REFRIGERATION REQUIRED
 30 Delayed Release Vegetable Capsules
SAVE \$4.00
47.99

Herb Pharm Kids
BLACK ELDERBERRY
 1 oz.
SAVE \$3.00
12.99

Amrita
BLACK PEPPER
 10ml (0.34 fl. oz.)
SAVE \$3.00
18.00

SPRUCE UP WITH FESTIVE FLOWERS

Explore our floral collection to perfect your celebration with bouquets, centerpieces, and flowering plants.

CALLA LILY
 4" PLANT

17.99



KALANCHOE
 4" PLANT

10.99



WINTER GARDEN
 MIX BOUQUET

19.99



LIZZIE MAE'S
 FRUIT, BERRY & NUT
 MEDLEY SEED CAKE

9.99



BELMONT MARKET Gift Baskets



Celebrate Any Occasion!

Our unique gift baskets are perfect for birthdays, retirement, weddings, sympathy, anniversaries, holiday, housewarming and more! Choose from a great assortment year-around.

VISIT US IN-STORE, CALL 401-789-4656,
OR SHOP ONLINE AT SHOP.BELMONTMARKET.COM
TO ORDER NOW



FRESH MADE FROM SCRATCH BELMONT MARKET BREAD

**Home-style Sandwich Loaves,
Whole Grain Baguettes, Italian
and Flat bread Styles**

Belmont Bread, with the help of our bread baker, we are working to incorporate more regionally grown and milled grains, into our products in an effort to not only make unique and interesting breads, but also to help rebuild a piece of our regional heritage that has been all but lost over the last century.

SAVE TIME AND SHOP ONLINE!

Our convenient hours and scheduled delivery make it easy for you to do your grocery shopping on your own time.

You can pick up your order or have it delivered, even to Block Island!

SHOP.ROSIEAPP.COM/BELMONT

