

BELMONT MARKET'S

HARVEST THE SAVINGS



IMPORTED

RED, YELLOW & ORANGE

BELL PEPPERS

\$2.99 lb.



Chelsea Creek

BAGGED BABY

POTATOES

Assorted, 24 oz.

\$3.49 ea.



SAVE \$4.00 LB.

Boneless

BEEF SIRLOIN

SPOON ROAST

\$8.99 lb.



CHAIRMAN'S RESERVE

Boneless

CENTER CUT

PORK ROAST

SAVE \$2.00 LB.

\$3.99 lb.



CHAIRMAN'S RESERVE

Bone-In

PORK CROWN

ROAST

SAVE \$1.00 LB.

\$4.99 lb.



GRADE A

FRESH WHOLE

TURKEY

SAVE 50¢ LB.

\$2.99 lb.



GRADE A

Bone-In

CHICKEN THIGHS

Family Pack

SAVE \$1.00 LB.

\$1.99 lb.



GROUND ITALIAN

SAUSAGE

Assorted, 16 oz.

SAVE \$1.00 EA.

\$5.99 ea.



JONES

DAIRY FARM

All Natural

PORK SAUSAGE

ROLLS

16 oz.

SAVE \$2.00 EA.

\$5.99 ea.



BELMONT BREAD

CRANBERRY

PECAN LOAF

SAVE \$1.00 EA.

7.99 ea.

REEL IN FANTASTIC SEAFOOD



FRESH

SWORDFISH

\$14.99 lb.



FRESH

AHI TUNA

\$13.99 lb.

EFFECTIVE DATES: NOVEMBER 14TH - NOVEMBER 20TH

Monday - Saturday - 7:00AM - 10:00PM

Sunday - 7:00AM - 8:00PM

600 KINGSTOWN RD, WAKEFIELD, RI / (401) 789-4656

WWW.BELMONTMARKET.COM

BELMONT

MARKET

A Better Place to Shop Since 1947

"Not responsible for typographical or photo errors. In fairness to our customers we reserve the right to limit quantities. Meat Department Items are not cooked."

The Freshest **PRODUCE**



Assorted
**Winter
Squash**

99¢ lb.



Fancy
**Yellow &
Green Squash**

\$1.49 lb.



Imported
Blueberries
Pints

\$2.99 ea.



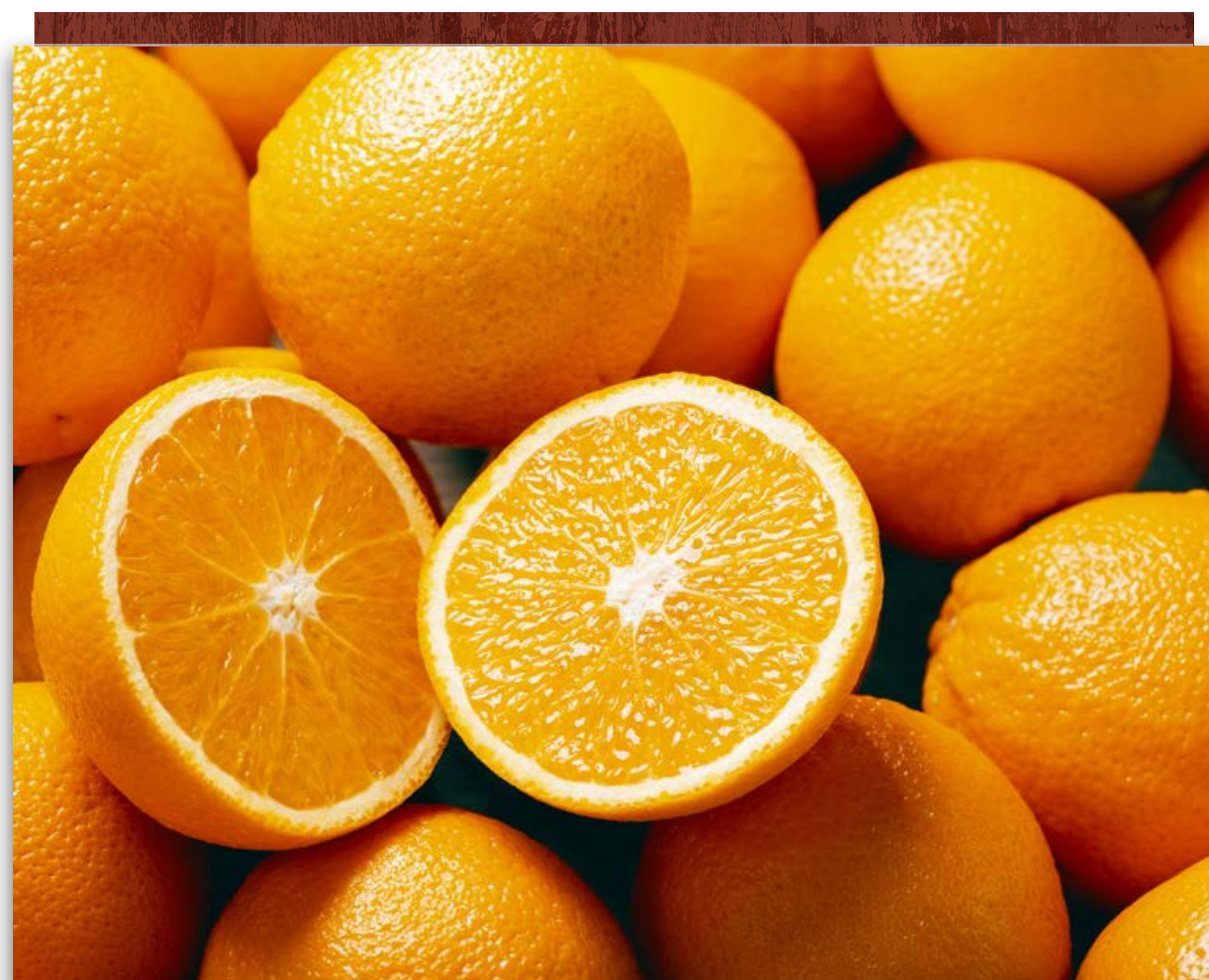
Native, Rhode Island
**MacIntosh
Apples**

\$1.29 lb.



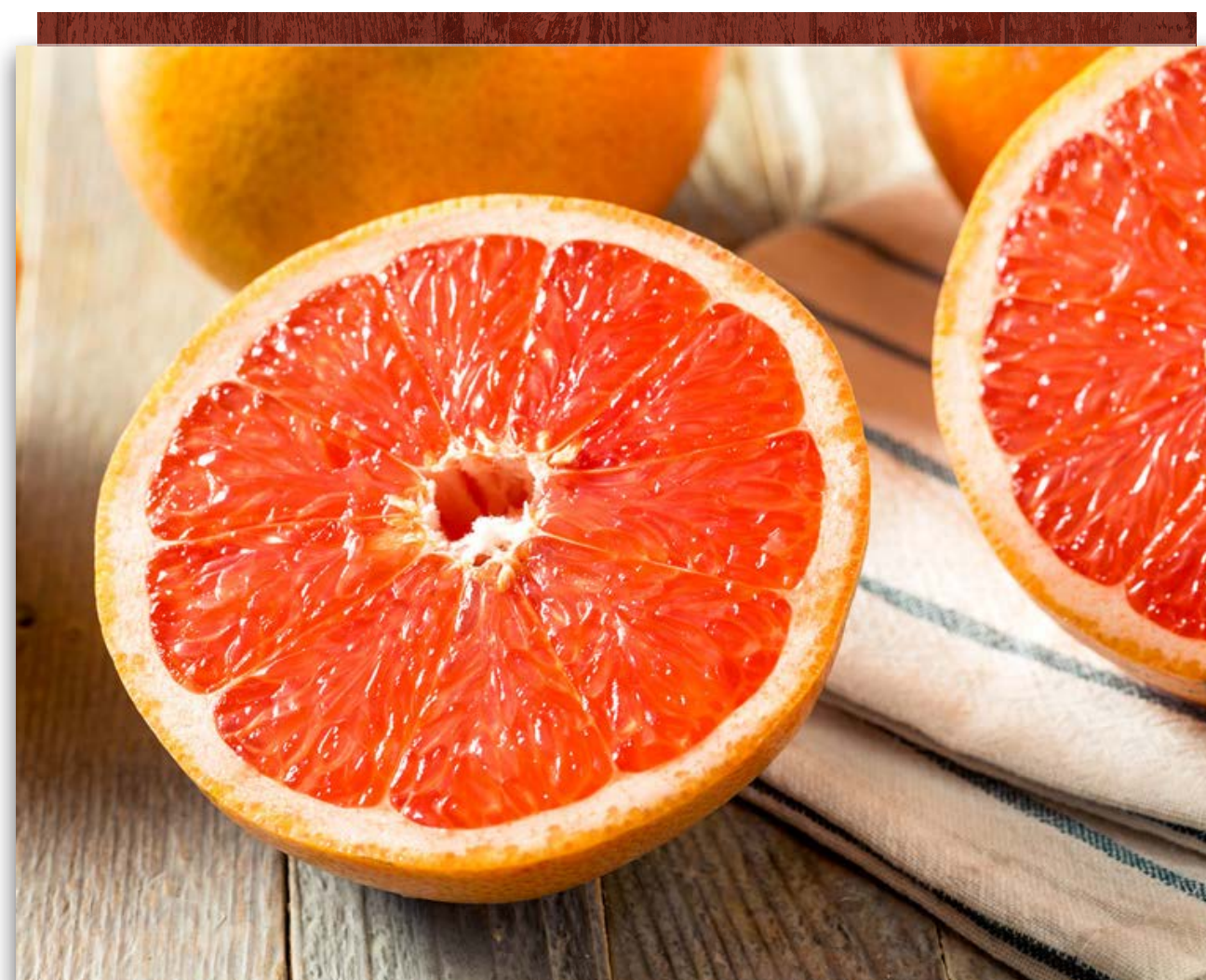
Native, Rhode Island
**Cortland
Apples**

\$1.29 lb.



California, USA
**Navel
Oranges**

\$1.69 lb.



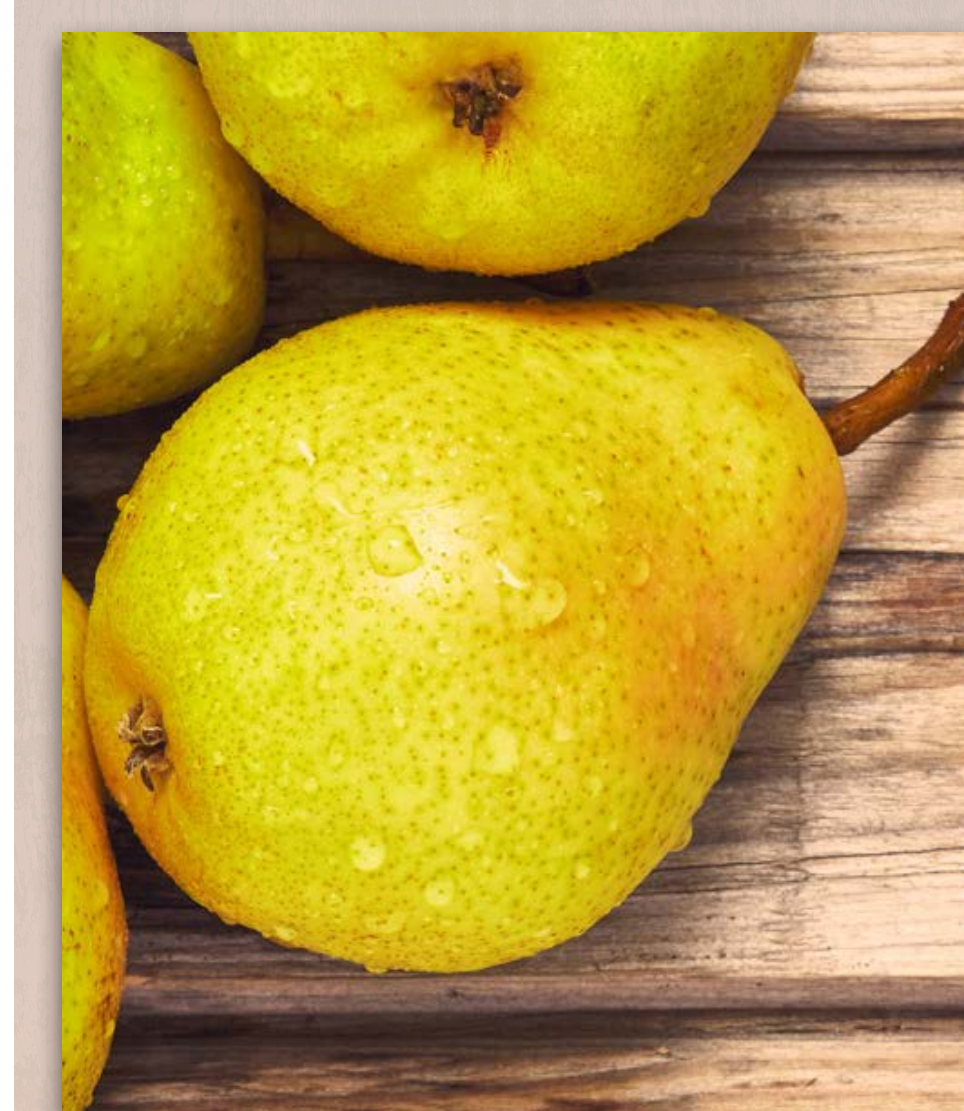
**Ruby Red
Grapefruit**

2/\$3



Ocean Spray
Cranberries
12 oz. Bag

2/\$5



**Barlett
Pears**

\$1.69 lb.



**Bosc
Pears**

\$1.69 lb.



**D'Anjou
Pears**

\$1.69 lb.



Imported
**Beefsteak
Tomatoes**

\$1.49 lb.



Imported
**Cluster
Tomatoes**

\$1.49 lb.



Imported
**Hass
Avocados**

4/\$5



Imported
Asparagus

\$3.99 lb.



**Yellow
Cooking
Onions**

69¢ lb.

The Best **ORGANIC SELECTION**



**Organic
Blueberries**
Pint

\$4.99 ea.



**Organic
Cranberries**
16 oz.

\$2.99 ea.



**Organic
Fresh
Lemons**

99¢ ea.



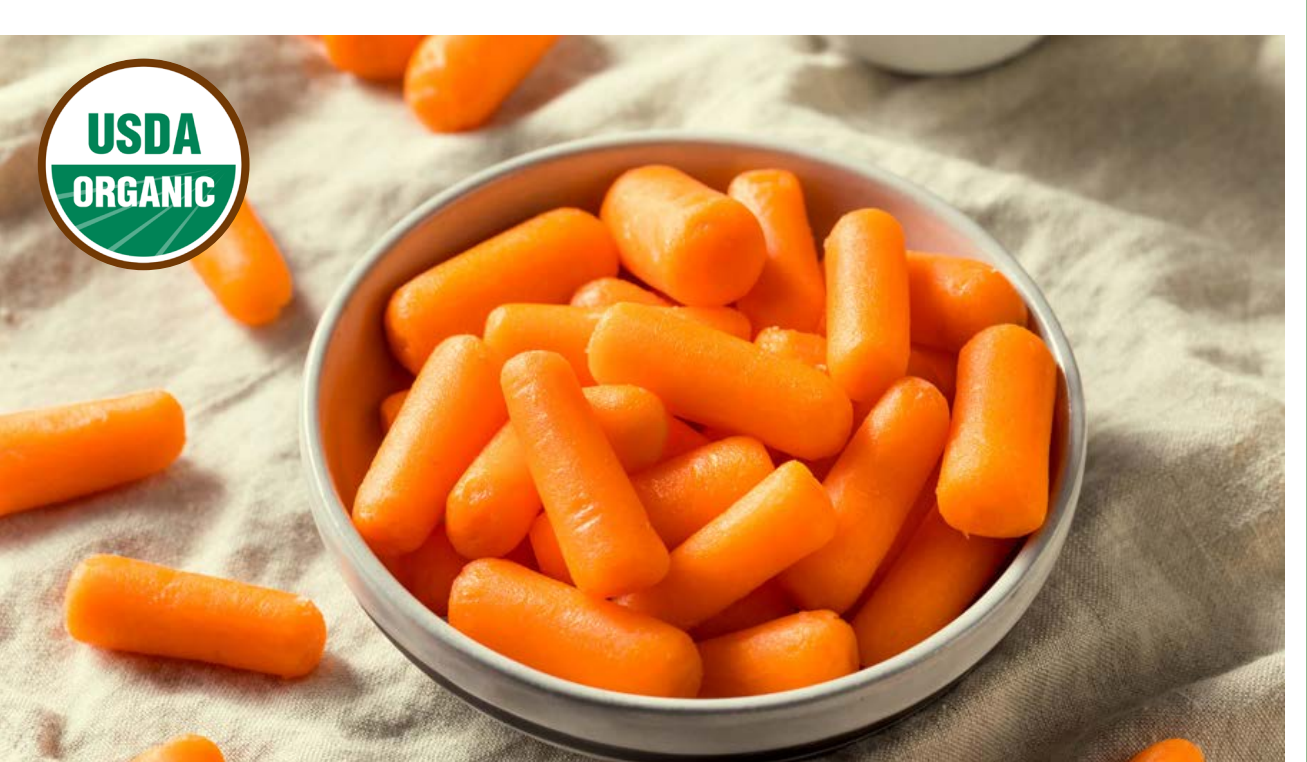
**Mini Seedless
Cucumbers**
6-Pack

\$2.99 ea.



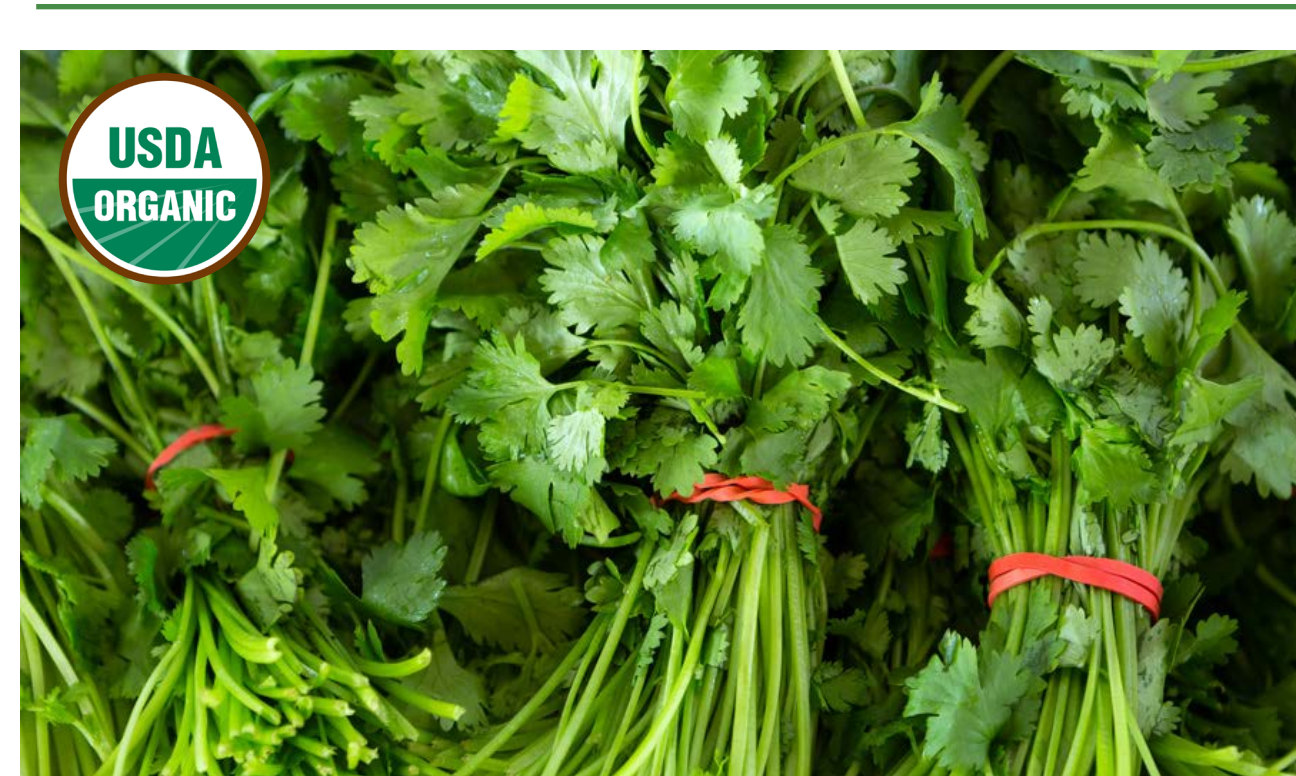
**Organic
Avocados**

2/\$3



**Organic
Baby Carrots**
16 oz.

\$1.99 ea.



**Organic
Cilantro**

\$1.49 ea.



**Organic
Flat Leaf
Parsley**

\$1.49 ea.

Great Deals ON FAMILY FAVORITES

SAVE \$8.00



Starbucks
**COFFEE
GROUND &
WHOLE BEAN**
Assorted Varieties,
11 - 12 oz.

\$6.99

SAVE \$7.50



Starbucks
**COFFEE
K-CUPS**
Assorted Varieties,
3.4 - 4.4 oz.

\$5.99

SAVE \$5.80



New England
Coffee
**COFFEE
GROUND &
WHOLE BEAN**
Assorted Varieties,
9 - 12 oz.

\$7.99

SAVE \$1.29



Ronzoni
PASTA
Assorted Varieties,
12 - 16 oz.

10/\$10

SAVE \$1.09



Campbell's
**CREAM OF
MUSHROOM &
OF CHICKEN**
Assorted Varieties,
10.5 oz.

2/\$3

SAVE \$1.29



Francesco
Rinaldi
PASTA SAUCE
Assorted Varieties,
23.5 - 24 oz.

2/\$4

SAVE \$1.00



Newman's
Own
PASTA SAUCE
Assorted Varieties,
24 oz.

\$2.99

SAVE 90¢



Tutorosso
**CANNED
TOMATOES**
Assorted Varieties,
28 oz.

\$1.79

SAVE 19¢



Full Circle
Market
**ORGANIC
SPECIALTY
BEANS**
Assorted Varieties,
15.5 oz.

2/\$3

SAVE \$2.12



College Inn
BROTH
Assorted Varieties,
32 fl oz.

3/\$5

SAVE 49¢



Full Circle
Market
**ORGANIC
BROTH**
Assorted Varieties,
32 oz.

2/\$5

SAVE \$1.99



Heinz
JAR GRAVY
Assorted Varieties,
12 oz.

2/\$4

SAVE \$2.06



McCormick
GRAVY
Assorted Varieties,
12 oz.

3/\$4

SAVE \$1.99



McCormick
GRAVY MIXES
Assorted Varieties,
0.87 - 1 oz.

10/\$10

SAVE \$1.04



Knorr
SIDES
Assorted Varieties,
4.1 - 5.7 oz.

4/\$5

SAVE \$1.99



Stove Top
STUFFING
Assorted Varieties,
6 oz.

2/\$4

SAVE \$1.49



Betty Crocker
**AU GRATIN &
SCALLOPED
POTATOES**
Assorted Varieties,
4 oz.

2/\$4

SAVE 89¢



Idahoan
**POTATO
POUCHES**
Assorted Varieties,
4 - 4.1 oz.

4/\$6

SAVE 99¢



Green Giant
VEGETABLES
Assorted Varieties,
14.5 - 15.25 oz.

10/\$10

SAVE \$1.20



Hidden Valley
**RANCH
DRESSING**
Assorted Varieties,
16 fl oz.

\$4.49

SAVE \$1.79



Wishbone
**SALAD
DRESSING**
Assorted Varieties,
15 fl oz.

2/\$5

SAVE \$3.00



Hellmann's
MAYONNAISE
Assorted Varieties,
30 fl oz.

\$5.99

SAVE UP TO \$1.99



Grey Poupon
MUSTARD
Assorted Varieties,
8 - 10 oz.

2/\$6

SAVE \$1.30



Toasted
CRACKERS
Assorted Varieties,
8 oz.

\$3.99

SAVE \$1.30



Club
CRACKERS
Assorted Varieties,
11 - 13.7 oz.

\$3.99

SAVE \$2.49



Triscuit
**WHOLE
GRAIN WHEAT
CRACKERS**
Assorted Varieties,
7.1 - 8.5 oz.

2/\$6

SAVE \$2.49



Wheat Thins
**WHOLE
GRAIN WHEAT
CRACKERS**
Assorted Varieties,
7.1 - 8.5 oz.

2/\$6

SAVE \$1.70



Townhouse
CRACKERS
Assorted Varieties,
8.7 - 13.8 oz.

\$3.99

SAVE 29¢



Jiffy
**CORN
MUFFIN MIX**
8.5 oz.

5/\$4

SAVE 59¢



Ocean Spray
**CANNED
CRANBERRY**
Assorted Varieties,
14 oz.

2/\$4

SAVE 79¢



Ocean Spray
CRAISINS
Assorted Varieties,
5 - 6 oz.

2/\$5

Great Deals ON FAMILY FAVORITES

SAVE 49¢



Full Circle Market
ORGANIC PUMPKIN
15 oz.

2/\$5

SAVE 79¢



Libby's
PUMPKIN
15 oz.

2/\$5

SAVE 70¢



One Pie
CANNED PUMPKIN
15 oz.

\$1.99

SAVE \$1.00



Pillsbury
QUICK BREADS
Assorted Varieties,
14 - 17 oz.

\$2.99

SAVE \$1.30



Domino
GRANULATED SUGAR
4 lb.

\$3.49

SAVE 80¢



Food Club
BAKING SUGARS
Assorted Varieties,
32 oz.

\$2.99

SAVE \$2.00



King Arthur
UNBLEACHED FLOUR
Assorted Varieties,
5 lb.

\$4.99

SAVE \$3.00



Gold Medal
FLOUR
Assorted Varieties,
5 lb.

\$2.99

SAVE \$1.00



Karo
DARK AND LIGHT SYRUP
Assorted Varieties,
16 fl. oz.

\$2.99

SAVE \$1.30



Grandma's
MOLASSES
12 fl. oz.

\$3.99

SAVE 80¢



Crisco
SHORTENING STICKS
Assorted Varieties,
20 oz.

\$5.99

SAVE \$1.00



Argo
BAKING POWDER & CORN STARCH
12 - 16 oz.

\$1.99

SAVE \$1.00



Full Circle Market
ORGANIC HONEY BEAR
12 oz.

\$4.99

SAVE \$1.00



Baker's
BAKING CHOCOLATE
Assorted Varieties,
4 oz.

\$3.99

SAVE \$1.00



Hershey's
SYRUPS
Assorted Varieties,
22 - 24 oz.

\$3.99

SAVE 79¢



Swiss Miss
HOT CHOCOLATE
Assorted Varieties,
6.8 - 11.04 oz.

2/\$7

SAVE \$2.00



McCormick
VANILLA EXTRACT
1 fl. oz.

\$3.99

SAVE \$2.50



McCormick
VANILLA EXTRACT
2 fl. oz.

\$7.99

SAVE 92¢



Carnation
EVAPERATED MILK
Assorted Varieties,
12 fl. oz.

3/\$5

SAVE \$1.49



Borden
Eagle Brand SWEET CONDENSED MILK
14 oz.

2/\$5

SAVE 29¢



Jello
PUDDING & GELATIN MIX
Assorted Varieties,
0.3 - 3.4 oz.

2/\$3

SAVE UP TO \$18.80



Filippo Berio
OLIVE OIL
Assorted Varieties,
50.7 fl. oz.

\$17.99

SAVE 70¢



Bell's
SEASONING
1 oz.

\$2.99

SAVE 80¢



French's
FRIED ONIONS
6 oz.

\$4.49

SAVE \$1.79



Tollhouse
MORSELS
Assorted Varieties,
10 - 12 oz.

2/\$9

SAVE UP TO \$1.80



Diamond
WALNUTS & PECANS
Assorted Varieties,
8 - 16 oz.

\$7.99

SAVE \$1.29



Keebler
READY CRUST
Assorted Varieties,
4 - 6 oz.

2/\$5

SAVE \$1.49



Betty Crocker
POUCHED COOKIE MIXES
Assorted Varieties,
17.5 oz.

2/\$6

SAVE \$1.00



Arnold's
STUFFING
Assorted Varieties,
12 oz.

\$2.99

SAVE 50¢



Pepperidge Farm
DINNER ROLLS
Assorted Varieties,
11 - 12 oz.

\$4.49

SAVE \$1.99



Frito Lay's
LAYS CHIPS
Assorted Varieties,
7.75 - 8 oz.

2/\$6

SAVE 80¢



Tortiyahs
TORTILLA CHIPS
Assorted Varieties,
10 - 11 oz.

\$4.49

Great Deals ON FAMILY FAVORITES

SAVE \$2.00



Spindrift
SPARKLING WATER
Assorted Varieties,
8 pk. / 96 fl oz.

\$5.99

SAVE UP TO \$2.00



Martinalli
SPARKLING CIDER
Assorted Varieties,
25.4 fl oz.

\$4.99

SAVE \$1.29



Ocean Spray
COCKTAIL JUICE
Assorted Varieties,
64 fl oz.

2/\$6

SAVE \$1.32



Bubly
SELTZER 8-PACKS
Assorted Varieties,
12 fl oz. / 8pk

3/\$11

SAVE \$1.00



Bounty
NAPKINS
200 count

\$3.99

SAVE \$5.00



Bounty
PAPER TOWELS
4 DOUBLE ROLLS
200 - 328 ct.

\$7.99

SAVE \$3.00



Charmin
BATH TISSUES
6 MEGA ROLLS
1320 - 1386 ct.

\$7.99

SAVE \$4.30



Gain
DETERGENT
Assorted Varieties,
88 fl oz.

\$9.99

SAVE 50¢



Solo
PLASTIC CUPS
Assorted Varieties,
30 - 40 count

\$4.99

SAVE \$1.70



Reynolds Wrap
ALUMINUM FOIL
Assorted Varieties,
50 - 75 Sq Ft.

\$4.99

SAVE 50¢



Reynolds Kitchens
OVEN BAGS TURKEY SIZE
2 count

\$2.99

SAVE \$3.00



Arm & Hammer
CAT LITTER
19 lb.

\$14.99

Cool Savings ON DAIRY AND FROZEN FOODS

SAVE \$3.89



Hood
ICE CREAM
Assorted Varieties,
48 fl oz.

2/\$5

SAVE \$1.14



Green Giant
STEAMED VEGETABLES
Assorted Varieties,
8 oz.

4/\$5

SAVE UP TO \$2.50



Pepperidge Farms
PASTRY SHELLS & SHEETS
Assorted Varieties,
10 - 17.3 oz.

\$4.49

SAVE \$2.79



Birds Eye
FROZEN VEGETABLES
Assorted Varieties,
10 - 10.8 oz.

10/\$10

SAVE \$2.19



Philadelphia
CREAM CHEESE
Assorted Varieties,
8 oz.

2/\$5

SAVE UP TO \$3.49



Land O' Lakes
BUTTER
Assorted Varieties,
8 - 16 oz.

2/\$6

SAVE 99¢



Hood
SOUR CREAM
Assorted Varieties,
16 oz.

2/\$4

SAVE 74¢



Chobani
GREEK YOGURT
Assorted Varieties,
5.3 oz.

4/\$5

SAVE \$2.19



Cabot
BAR CHEESE
Assorted Varieties,
7 - 8 oz.

2/\$5

SAVE \$2.49



Cracker Barrel
CRACKER CUTS
Assorted Varieties,
7 oz.

2/\$6

SAVE \$1.69



Cracker Barrel
BAR CHEESE
Assorted Varieties,
7 - 8 oz.

2/\$6

SAVE \$2.19



Cabot
SHREDDED CHEESE
Assorted Varieties,
7 - 8 oz.

2/\$5

SAVE \$2.99



Florida's Natural
ORANGE JUICE
Assorted Varieties,
52 fl oz.

2/\$6

SAVE \$2.79



Reddi Whip
WHIPPED TOPPING
Assorted Varieties,
6.5 oz.

2/\$4

SAVE \$1.50



Hood
HALF & HALF
32 fl oz.

\$2.99

SAVE 90¢



Supreme
RICATTA CHEESE
Assorted Varieties,
2 lb.

\$6.39

SAVE \$1.00



Hood
COTTAGE CHEESE
Assorted Varieties,
16 oz.

\$2.99

SAVE \$1.29



Jello
GELATINS & PUDDING
Assorted Varieties,
12.5 - 15.5 oz.

2/\$6

SAVE \$1.99



Pillsbury
PIE CRUST
14.1 oz.

2/\$8

SAVE \$1.99



Pillsbury
BISCUITS, BREADS, & CRESCENTS
Assorted Varieties,
8 - 16.3 oz.

2/\$6

Your Favorite SPECIALTY GROCERY ITEMS

SAVE 79¢



Kitchen Basic
TURKEY STOCK
32 oz.

2/\$7

SAVE \$1.20



Aleia's
GLUTEN FREE STUFFING
10 oz.

\$6.49

SAVE \$1.10



Wholly Wholesome
GLUTEN FREE PIE SHELL 2-PACK
14.1 oz.

\$8.59

SAVE \$2.60



Athletic Brewing Co.
NON-ALCOHOLIC BEER 6-PACK
Assorted Varieties,
12 fl oz. / 6pk

\$9.39

SAVE 79¢



Knorr
DRY GRAVY MIXES
Assorted Varieties,
0.6 oz. - 1.2 oz.

2/\$2

SAVE \$1.50



Tost
NON-ALCOHOLIC SPARKLING BEVERAGE
Assorted Varieties,
25.36 fl oz.

\$7.99

SAVE \$1.70



Better Than Bouillon
TURKEY BOUILLON
8 oz.

\$4.99

SAVE \$2.00



Bob's Red Mill
GLUTEN FREE BAKING FLOUR
22 oz.

\$4.89

FROM THE DELI



SAVE \$4.00 LB.

Boar's Head
OVENGOLD TURKEY

\$11.99lb.



SAVE \$2.00 LB.

Boar's Head
HONEY MAPLE HAM

\$11.99lb.



SAVE \$2.00 LB.

Boar's Head
BUFFALO CHICKEN

\$11.99lb.

PERFECT PAIRINGS

SAVE \$1.00

Narragansett Creamery
SALTY SEA FETA

8 oz.

\$5.99



SAVE \$1.00

Kerrygold
CHEESE SNACKS

6 oz.

\$7.99



SAVE \$1.00

Belgioioso
CHEESE

Assorted, 8 oz.

\$5.99



PREPARED FOODS

ONE DAY SALE ITEM

Freshly Prepared



Baked Cod

\$18.99lb.

SAVE \$1.00 EA.

Freshly Prepared

Stuffed Shells Dinner

\$8.99ea.



SAVE \$1.00 EA.

Vegan Eggplant Mushroom-Balls over Pasta

\$8.99ea.



SAVE \$1.00 EA.

Freshly Prepared

Belmont Acai Bowl

\$11.99ea.



SAVE \$1.00 LB.

Lemon Almond Rice

\$8.99lb.

SAVE \$1.00 LB.

Broccoli Slaw

\$7.99lb.

BELMONT'S BAKED GOODS



SAVE \$1.00

Mini Bagels

Assorted Flavors, 8-Packs

\$3.99



SAVE \$1.00

Boston Coffee Cake Co. Pumpkin Coffee Cake

24 oz.

\$8.99



Heath Bar Crunch Cookie

12-Count

\$7.99



Zucchini Raisin Walnut Loaf

\$7.99

EXPLORE OUR DAILY ROTATING MENU ON OUR WEBSITE.

www.BelmontMarket.com/Menus

REHEATING INSTRUCTIONS ONLINE IF NEEDED.

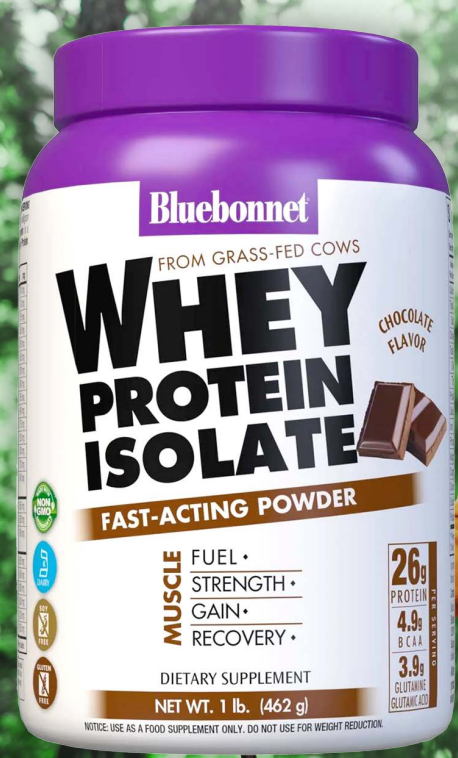


Experience the freshest flavors at our sushi haven!

Our skilled chefs use only the finest, highest-grade ingredients to craft a wide array of rolls, sashimi, and sushi. From basic to exotic, we have options for everyone, including both vegetarians and vegans.



HEALTH & WELLNESS



Bluebonnet
WHEY PROTEIN ISOLATE

FAST-ACTING POWDER

MUSCLE FUEL • STRENGTH • CALVE RECOVERY

NET WT. 1.1 LB (500g)

SAVE \$6.00

36.49



Manitoba Harvest
PROTEIN POWDER

HEMP, UNSWEETENED

16 oz.

SAVE \$3.00

13.99



Badger
DIAPER RASH CREAM

2.9 fl. oz.

SAVE \$2.00

11.99



HempLucid
MUSHROOM GUMMIES

CBD, CBG, LION'S MANE

10 count

SAVE \$2.00

16.29

THE HERB WYFE



Oregon Wild Harvest
GYMNEMA

60 count

SAVE \$4.00

25.99



Host Defense
AGARIKON

60 count

SAVE \$3.00

31.99



Keith's Cacao
CEREMONIAL CACAO BEANS

1 lb.

SAVE \$6.00

76.99



The Herb Wyfe
BRINING BLEND

1 oz.

SAVE \$3.00

2.99

SPRUCE UP WITH FESTIVE FLOWERS

Explore our floral collection to perfect your celebration with bouquets, centerpieces, and flowering plants.

SUNFLOWER BUNCHES

10.99



GARDEN MIX BOUQUET

29.99



KALANCHOE 4" PLANT

10.99



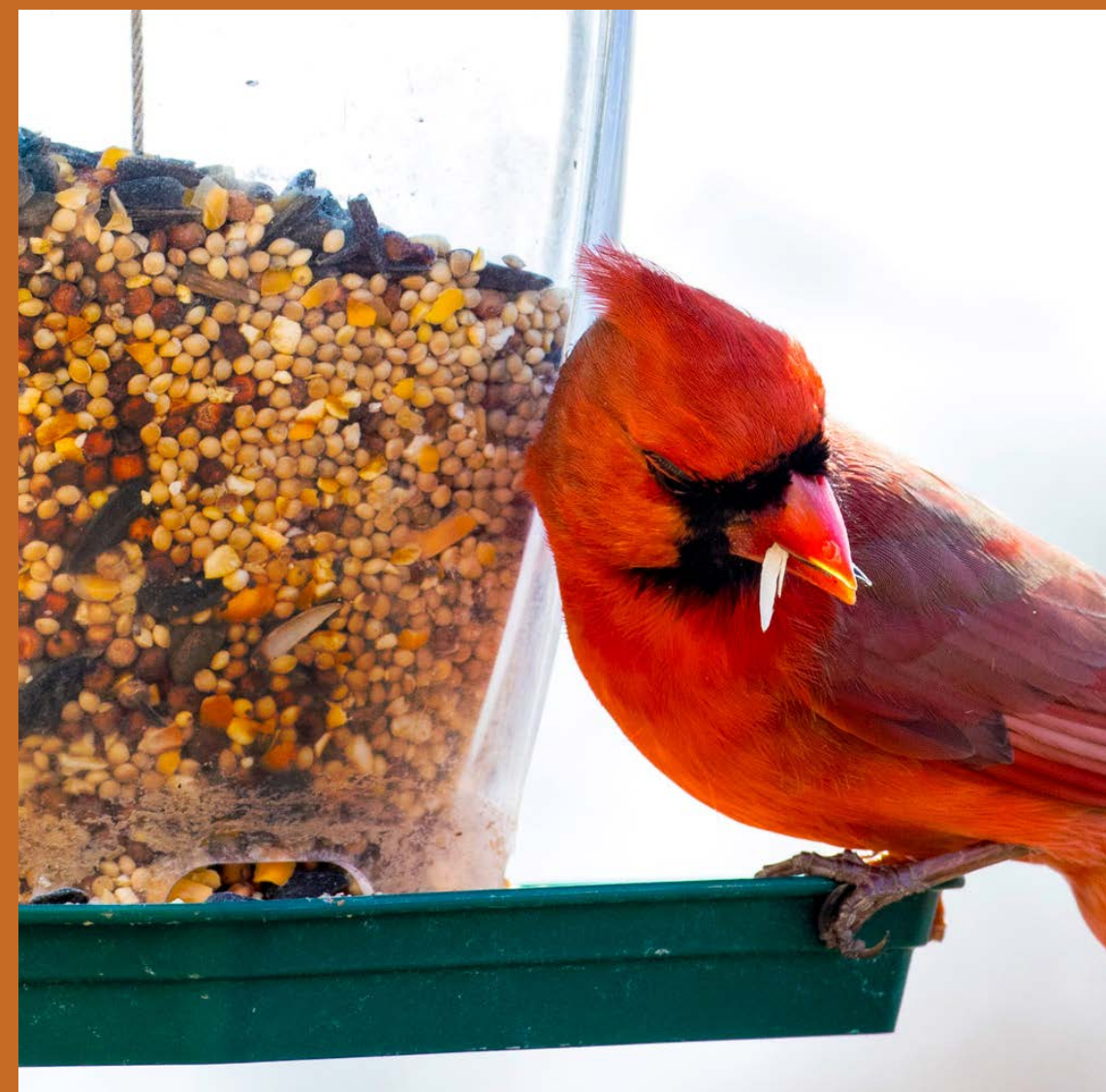
CALLALILY 4" PLANT

17.99



LIZZIE MAE'S CRAFT BIRD SEED 5 LB. BAG

11.29





BELMONT MARKET *Gift Baskets*



Celebrate Any Occasion!

Our unique gift baskets are perfect for birthdays, retirement, weddings, sympathy, anniversaries, holiday, housewarming and more! Choose from a great assortment year-around.

VISIT US IN-STORE, CALL 401-789-4656,
OR SHOP ONLINE AT SHOP.BELMONTMARKET.COM
TO ORDER NOW



FRESH MADE FROM SCRATCH BELMONT MARKET BREAD

**Home-style Sandwich Loaves,
Whole Grain Baguettes, Italian
and Flat bread Styles**

Belmont Bread, with the help of our bread baker, we are working to incorporate more regionally grown and milled grains, into our products in an effort to not only make unique and interesting breads, but also to help rebuild a piece of our regional heritage that has been all but lost over the last century.

SAVE TIME AND SHOP ONLINE!

Our convenient hours and scheduled delivery make it easy for you to do your grocery shopping on your own time.

You can pick up your order or have it delivered, even to Block Island!

SHOP.ROSIEAPP.COM/BELMONT

