

BELMONT MARKET'S

SUMMERTIME SAVINGS



NATIVE RHODE ISLAND

BUTTER N' SUGAR
SWEET CORN

\$6.99 /doz.



Native Rhode Island
YELLOW OR
GREEN SQUASH

\$1.49 lb.



SAVE \$4.00 LB.

Boneless
NEW YORK
STRIP STEAKS

\$18.99 lb.

ITALIAN SAUSAGE
Hot or Sweet

SAVE \$2.00 LB.
\$4.99 lb.

GRADE A
CHICKEN
TENDERLOIN
Family Pack

SAVE \$2.00 LB.
\$3.99 lb.

RIB-EYE
STEAK
BURGERS
21.8 oz.

SAVE \$2.00 EA.
\$13.99 ea.

BUN SIZE / ANGUS
BEEF FRANKS
Assorted Varieties,
11 - 12 oz.

SAVE \$2.00 EA.
\$6.99 ea.

CHAIRMAN'S RESERVE

SAVE \$2.00 LB.
\$4.99 lb.

FRESH PORK
TENDERLOINS

BABY BACK
RIBS

PREMIUM
MARINATED
MEATS

OAKDALE FARMS

MARINATED
CHICKEN
TIPS
16 oz.

MARINATED
PORK TIPS
16 oz.

MARINATED
TURKEY
TIPS
16 oz.

SAVE \$2.00 EA.
\$9.99 ea.

BELMONT BREAD

SAVE \$1.00 EA.

HONEY
WHEAT LOAF

\$4.99 ea.

REEL IN FANTASTIC SEAFOOD

FRESH
SWORDFISH
\$16.99 lb.

FRESH
COD LOIN
\$17.99 lb.

EFFECTIVE DATES: AUGUST 29TH - SEPTEMBER 4TH
Monday - Saturday - 7:00AM - 10:00PM
Sunday - 7:00AM - 8:00PM
600 KINGSTOWN RD, WAKEFIELD, RI / (401) 789-4656
WWW.BELMONTMARKET.COM

BELMONT
MARKET
A Better Place to Shop Since 1947

“Not responsible for typographical or photo errors. In fairness to our customers we reserve the right to limit quantities. Meat Department Items are not cooked.”

The Freshest **PRODUCE**



Native Rhode Island

Paula Red Apples **\$1.29 lb.**



Native Rhode Island
Tomatoes

\$1.99 lb.



Native Rhode Island
Black Beauty Eggplant

99¢ lb.



Quonset View
All Purpose Potatoes
5 lb. bag

\$2.99



California, USA
Seedless Grapes
Red, Green & Black

\$2.99 lb.



Imported
Clementines
3 lb. bag

\$4.99



California, USA
Pomegranates

\$3.99 ea.



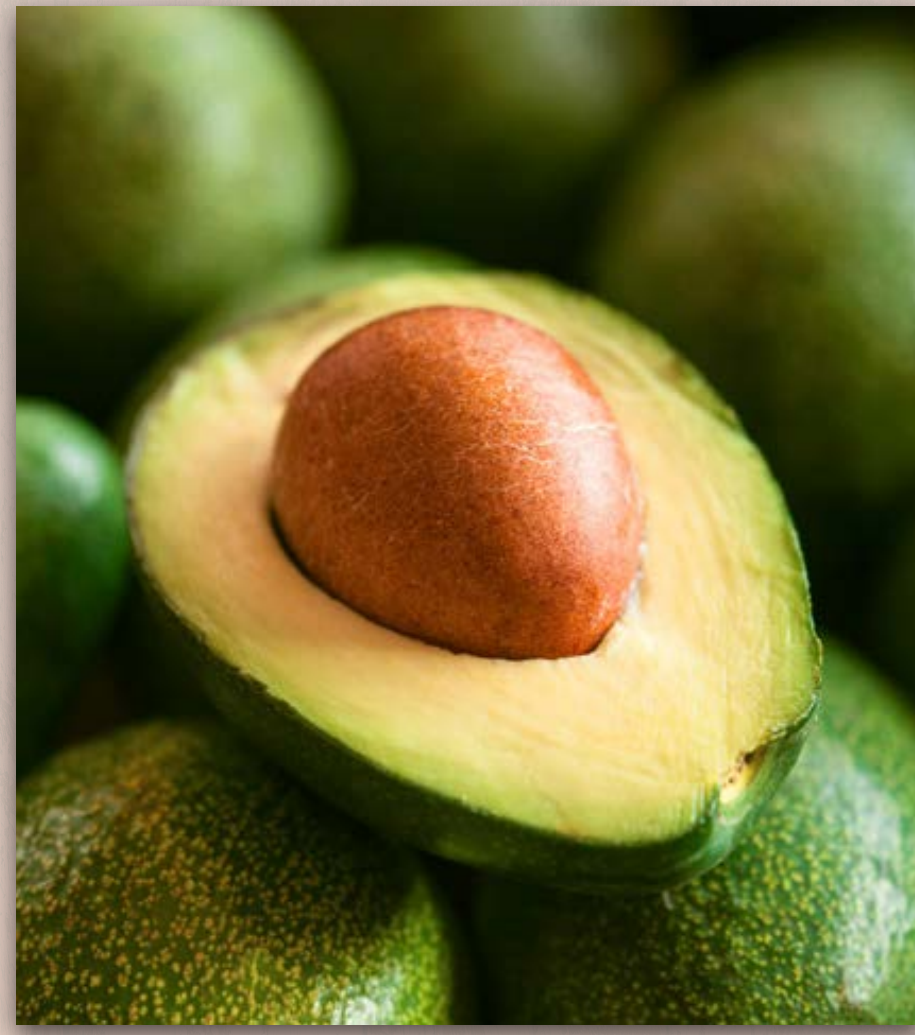
Whole
Seedless Watermelons

\$4.99 ea.



1/4 or 1/2
Watermelon Cuts

99¢ lb.



Imported
Hass Avocados

2/\$3



Yellow Cooking Onions
2 lb. bag

\$1.29



Persian Cucumbers

\$1.99 lb.

The Best **ORGANIC SELECTION**



Organic
Gala Apples
\$1.99 lb.



Organic
Red Seedless Grapes

\$3.99 lb.



Organic
Green Seedless Grapes

\$3.99 lb.



Organic
Rich Red Plums

\$3.99 lb.



Organic
Ripe Avocados

2/\$4



Organic
Fresh Broccoli

\$3.99 ea.



Organic
Green Squash

\$2.99 lb.

Great Deals ON FAMILY FAVORITES

SAVE \$5.50



Starbucks
COFFEE K-CUPS,
WHOLE BEAN,
GROUND
Assorted Varieties,
4.2 - 12 oz.

\$7.99

SAVE \$2.29



Post
HONEY
BUNCHES
OF OATS
Assorted Varieties,
11 - 12 oz.

2/\$6

SAVE 50¢



Full Circle
Market
ORGANIC
GRANOLA
Assorted Varieties,
12 oz.

\$4.49

SAVE UP TO 29¢



Full Circle Market
ORGANIC APPLE
SAUCE 6-PACKS
Assorted Varieties,
14 - 18.3 oz.

2/\$6

SAVE 50¢



Dole
FRUIT CUPS
Assorted Varieties,
16 - 17.2 oz.

\$3.49

SAVE \$1.69



Jif
PEANUT
BUTTER
Assorted Varieties,
15.5 - 16 oz.

2/\$4

SAVE 80¢



Full Circle
Market
HONEY
SQUEEZE
BEAR
12 oz.

\$4.69

SAVE 99¢



Ball Park
HOT DOG /
HAMBURGER
BUNS
Assorted Varieties,
11 - 15 oz.

2/\$6

SAVE 90¢



Tuttorosso
CANNED
TOMATOES
Assorted Varieties,
28 oz.

\$1.79

SAVE 40¢



Tuttorosso
TOMATO
PASTE
Assorted Varieties,
6 oz.

99¢

SAVE 20¢



Tuttorosso
TOMATO
SAUCE
8 oz.

99¢

SAVE 49¢



Tuttorosso
CANNED
TOMATOES
Assorted Varieties,
14.5 - 15 oz.

2/\$3

SAVE 74¢



Campbell's
CHICKEN
NOODLE &
TOMATO
SOUP
Assorted Varieties,
10.75 oz.

4/\$5

SAVE \$2.09



Campbell's
CHUNKY
SOUP
Assorted Varieties,
18.8 - 19 oz.

2/\$5

SAVE 79¢



Francesco
Rinaldi
PASTA
SAUCE
Assorted Varieties,
23.5 - 24 oz.

2/\$5

SAVE 20¢



Full Circle
Market
ORGANIC
SALSA
Assorted Varieties,
16 oz.

\$3.49

SAVE \$1.29



On The
Border
TORTILLA
CHIPS
Assorted Varieties,
8 - 11 oz.

2/\$6

SAVE 99¢



Ortega
SEASONING
PACKETS
Assorted Varieties,
1 oz.

10/\$10

SAVE UP TO \$2.49



Ortega
KITS & SALSA
Assorted Varieties,
8.9 - 16 oz.

2/\$7

SAVE UP TO \$1.09



Ortega
SHELLS &
SAUCE
Assorted Varieties,
4.1 - 8 oz.

2/\$5

SAVE 36¢



Full Circle
Market
ORGANIC
SPECIALTY
BEANS
Assorted Varieties,
15.5 oz.

3/\$4

SAVE 50¢



Full Circle
Market
ORGANIC
RICE
Assorted Varieties,
32 oz.

\$6.49

SAVE 99¢



Lipton
RECIPE
SECRETS
DIP MIX
Assorted Varieties,
1.8 - 2.4 oz.

2/\$4

SAVE \$1.00



Mt. Olive
PICKLES
Assorted Varieties,
24 fl oz.

\$3.99

SAVE \$1.70



Town
House
PITA
CRACKERS
Assorted Varieties,
9.2 - 13.8 oz.

\$3.99

SAVE \$1.30



Toasted
CRACKERS
Assorted Varieties,
8 - 8.7 oz.

\$3.99

SAVE \$1.30



Club
CRACKERS
Assorted Varieties,
11 - 13.7 oz.

\$3.99

BUY-1 GET-1 FREE



Frito Lay
LAY'S
POTATO
CHIPS
Assorted Varieties,
7.75 - 8 oz.

\$4.99

SAVE \$1.00



Newman's
Own
SALAD
DRESSING
Assorted Varieties,
16 fl oz.

\$3.99

SAVE \$2.50



Hellmann's
MAYONNAISE
SQUEEZE
Assorted Varieties,
20 fl oz.

\$5.49

SAVE \$3.50



Hellmann's
MAYONNAISE
Assorted Varieties,
30 fl oz.

\$5.49

SAVE UP TO \$1.00



Full Circle
market
ORGANIC
MUSTARD
Assorted Varieties,
12 oz.

\$2.99

SAVE 49¢



Mike's
Amazing
MUSTARD
Assorted Varieties,
12.5 oz.

2/\$3

SAVE UP TO \$1.29



Duncan Hines
BROWNIES, CAKE
MIX, & FROSTING
Assorted Varieties,
14 - 18.3 oz.

2/\$4

SAVE \$1.30



Nabisco
OREO COOKIES
FAMILY SIZED
Assorted Varieties,
17.6 - 18.71 oz.

\$4.99

SAVE \$1.49



Stauffer's
GINGER
'SNAPS'
COOKIES
Assorted Varieties,
14 oz.

2/\$5

SAVE \$1.80



V8
SPLASH
DRINKS
Assorted Varieties,
64 fl oz.

\$2.99

SAVE \$1.32



Bubly
SELTZER
8-PACKS
Assorted Varieties,
8pk

3/\$11

SAVE \$1.99



Polar
SELTZER
12-PACKS
Assorted Varieties,
12pk

3/\$12

SAVE 49¢



Coca-Cola Brand
SODA
12-PACKS
Assorted Varieties,
12pk

2/\$15

Great Deals ON FAMILY FAVORITES

SAVE \$1.00



Pam
COOKING
SPRAY
Assorted Varieties,
5 - 6 oz.

\$4.99

SAVE 49¢



Heinz
WHITE
VINEGAR
32 fl oz.

2/\$5

SAVE 30¢



Diamond
PLASTIC
CUTLERY
48 ct.

\$4.99

SAVE 50¢



Solo
ANY DAY
PLATES / BOWLS
Assorted Varieties,
22 - 48 ct.

\$3.99

SAVE 50¢



Freeze-Tite
PLASTIC
WRAP
315 sq ft.

\$6.99

SAVE \$1.29



Palmolive
ULTRA
LIQUID
DISH SOAP
Assorted Varieties,
20 fl oz.

2/\$6

SAVE 80¢



Carbona
LAUNDRY
SHEETS
Assorted Varieties,
25 ct.

\$5.99

SAVE \$2.80



Purex
LAUNDRY
DETERGENT
Assorted Varieties,
50 fl oz.

\$4.49

SAVE \$5.00



Viva
PAPER TOWELS
MULTI-SURFACE
CLOTH
6 Double Rolls,
660 ct.

\$9.99

SAVE \$5.00



Viva
PAPER TOWEL
SIGNATURE
CLOTH
6 Double Rolls,
516 ct.

\$9.99

Cool Savings ON DAIRY AND FROZEN FOODS

SAVE UP TO \$1.33



Celentano
RAVIOLI /
CAVATELLI /
TORTELLINI
Assorted Varieties,
12 oz.

3/\$8

SAVE \$1.40



Kodiak
FLAPJACKS /
WAFFLES
Assorted Varieties,
9 - 15.38 oz.

\$4.99

SAVE \$2.99



Hood
ICE CREAM
SANDWICHES
Assorted Varieties,
24 - 37.5 oz.

2/\$5



SAVE \$1.00



Hood
COTTAGE
CHEESE
Assorted Varieties,
16 oz.

\$2.99

SAVE \$1.49



Land O'
Lakes
CHEESE
SHREDS
Assorted Varieties,
8 oz.

2/\$5

SAVE \$1.19



Cabot
CHEESE
SLICES
Assorted Varieties,
8 oz.

2/\$7

SAVE 60¢



Puglisi
ORGANIC
DOZEN
LARGE EGGS
12 count

\$5.99

SAVE 70¢



Stonyfield
YOGURT
Assorted Varieties,
32 oz.

\$4.99

SAVE 50¢



Hood
HEAVY
CREAM
16 fl oz.

\$3.49

SAVE \$1.00



Hood
WHIPPING
CREAM
16 fl oz.

\$2.99

SAVE 60¢



Coffee
Mate
CREAMER
Assorted Varieties,
32 fl oz.

\$4.99

SAVE 50¢



A2
MILK
Assorted Varieties,
59 fl oz.

\$4.49

SAVE 70¢



Planet Oat
OATMILK
Assorted Varieties,
89 fl oz.

\$5.29

SAVE \$1.30



Promised
Land
FLAVORED
MILKS
Assorted Varieties,
32 fl oz.

\$3.99

SAVE 29¢



Gold Peak
REFRIGERATED
ICED TEA
Assorted Varieties,
52 fl oz.

2/\$6

SAVE 79¢



Tropicana
ORANGE
JUICE
Assorted Varieties,
46 fl oz.

2/\$9

SAVE 49¢



Minute Maid
ZERO SUGAR
LEMONADE
Assorted Varieties,
52 fl oz.

2/\$6

SAVE \$1.29



Jello
GELATIN &
PUDDING
Assorted Varieties,
12.5 - 15.5 oz.

2/\$6

SAVE \$1.50



Ben & Jerry's
ICE CREAM
Assorted Varieties,
16 fl oz.

\$4.99

Your Favorite SPECIALTY GROCERY ITEMS

SAVE 60¢



Tate's
CRISPY
COOKIES
Assorted Varieties,
7 oz.

\$5.99

SAVE \$1.40



Tony's
Chocolonely
CHOCOLATE
BARS
Assorted Varieties,
6.35 oz.

\$6.59

SAVE \$1.80



Popcorn
Indiana
SEA SALT /
KETTLE CORN
Assorted Varieties,
4.8 - 7 oz.

\$4.19

SAVE \$1.50



Maine Crisps
BETTER WITH
BUCKWHEAT
CRACKERS
Assorted Varieties,
4 oz.

\$5.49

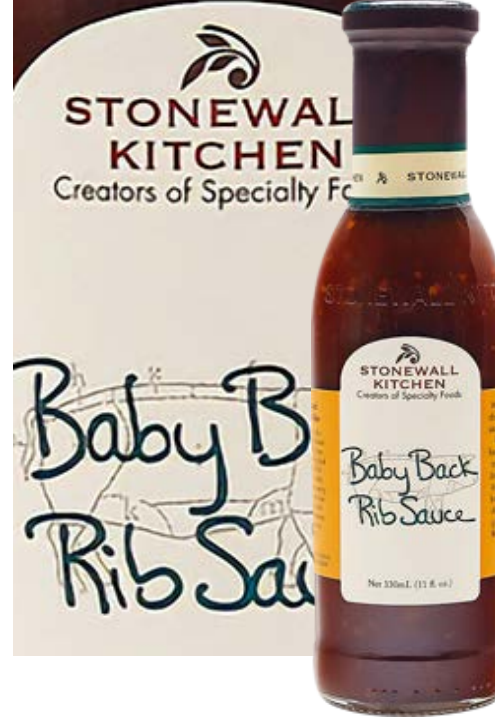
SAVE \$1.40



Olde Cape Cod
OYSTER
CRACKERS
MULTIPACK
7.5 oz.

\$5.19

SAVE \$2.30



Stonewall
Kitchen
GRILLE
SAUCES
Assorted Varieties,
11 fl oz.

\$5.49

SAVE \$1.30



Gaea
PITTED
KALAMATA
OLIVES
10.2 oz.

\$6.69

SAVE \$1.60



Kuhne
BARREL
SAUERKRAUT
28.5 oz.

\$5.69

FROM THE DELI



SAVE \$3.00 LB.
Boar's Head
OVENGOLD
TURKEY
\$11.99lb.



SAVE \$2.00 LB.
Boar's Head
HONEY MAPLE
TURKEY
\$11.99lb.



SAVE \$2.00 LB.
Boar's Head
SWEET B'S BBQ
CHICKEN
\$11.99lb.

PERFECT PAIRINGS



SAVE \$1.00
Boar's Head
SMOKED
GOUDA
8 oz.
\$5.99



SAVE \$1.00
Sincerely, Brigitte
CHEESE
PLATTER
12 oz.
\$13.99



SAVE \$1.00
Kerrygold
CHEESE
SNACKS
6 oz.
\$7.99

PREPARED FOODS

ONE DAY SALE ITEM

Freshly Prepared



\$17.99lb.

SAVE \$1.00 EA.

Freshly Prepared

Strawberry
Banana
Oat Bowl
\$6.99ea.



SAVE \$1.00 EA.
Freshly Prepared
Steak
Risotto
Dinner with
Asparagus
\$14.99ea.



SAVE \$1.00 EA.
Freshly Prepared
Vegan
"Chicken"
Pot Pie
\$7.99ea.

SAVE \$1.00 LB.
Lemon
Almond
Rice
Salad
\$8.99lb.

SAVE \$1.00 LB.
Roasted
Sesame
Slaw
\$7.99lb.

BELMONT'S BAKED GOODS



SAVE \$1.00
Lemon Blueberry
Cookies
— 12-pack
\$6.99



SAVE \$1.00
Triple
Berry Loaf
\$6.99



Chocolate
Fudge Cake
— 7-inch
\$16.99



Uncle Wally's
Mini Muffins
— Assorted, 12-packs
\$5.99

EXPLORE OUR DAILY ROTATING MENU ON OUR WEBSITE.

www.BelmontMarket.com/Menus

REHEATING INSTRUCTIONS ONLINE IF NEEDED.



Experience the freshest flavors at our sushi haven!

Our skilled chefs use only the finest, highest-grade ingredients to craft a wide array of rolls, sashimi, and sushi. From basic to exotic, we have options for everyone, including both vegetarians and vegans.



HEALTH & WELLNESS



Yerba Prima
DAILY FIBER
CAPS
180 capsules



PlantFusion
COMPLETE
PROTEIN
POWDER
CHOCOLATE /
VANILLA
15.87 oz.



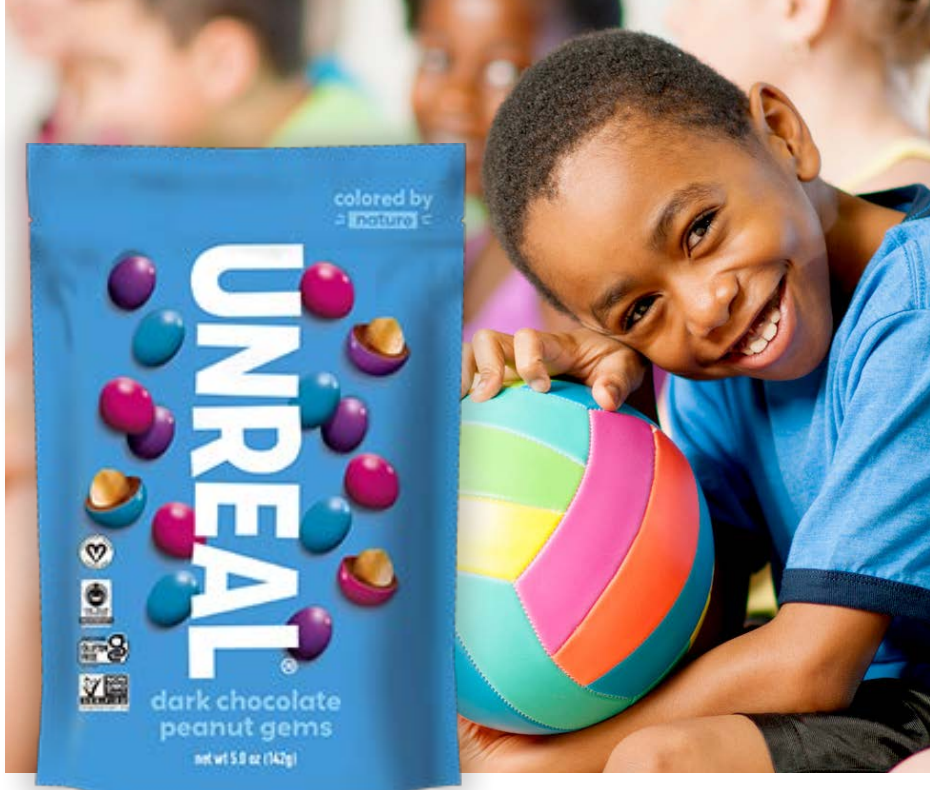
Amrita
NIAOULI
ESSENTIAL OILS
10 ml.



Herb Pharm
ANXIOUS
MOMENT
1 oz.



Olipop
SODA
4-PACKS
4 / 12 fl. oz.



Unreal
DARK
CHOCOLATE
PEANUT GEMS
5 oz.



WishGarden
MORNING
SICKNESS
NAUSEA RELIEF
2 oz.



GAIA Herbs
LIVER HEALTH
60 capsules

SPRUCE UP WITH FESTIVE FLOWERS

Explore our floral collection to perfect your celebration with bouquets, centerpieces, and flowering plants.

LOCAL
SUNFLOWERS
5-STEM BUNCH

10.99



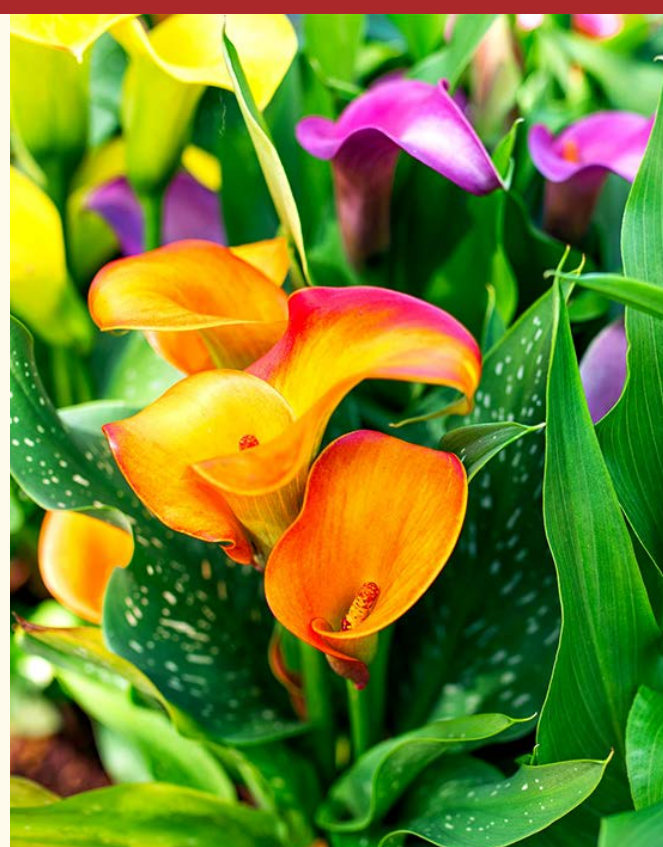
GARDEN MIX
BOUQUET

29.99



CALLA LILY
4" PLANT

17.99



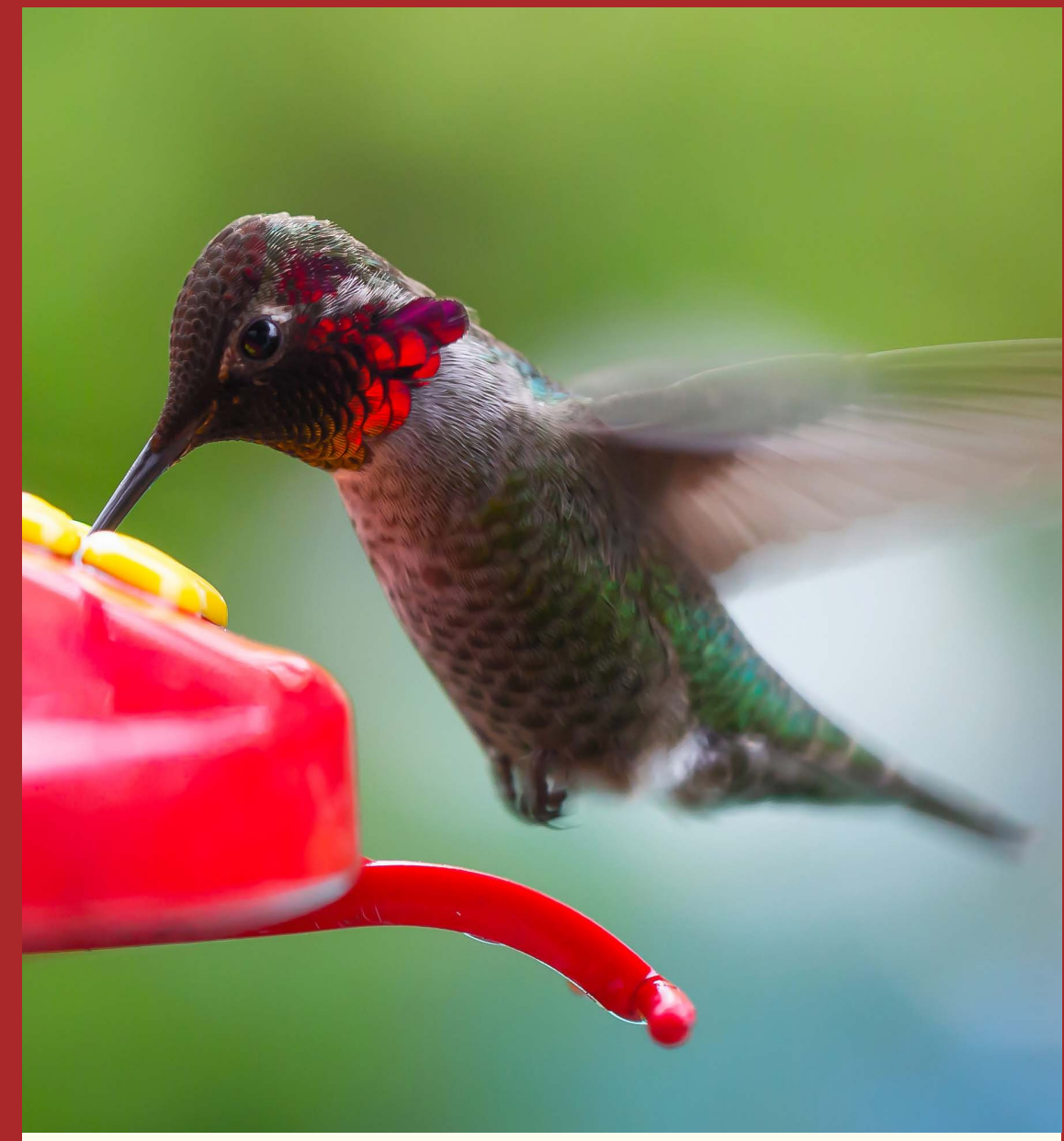
KALANCHOE
4" PLANT

10.99



HUMMINGBIRD
NECTAR

2.99





BELMONT MARKET *Gift Baskets*



Celebrate Any Occasion!

Our unique gift baskets are perfect for birthdays, retirement, weddings, sympathy, anniversaries, holiday, housewarming and more! Choose from a great assortment year-around.

VISIT US IN-STORE, CALL 401-789-4656,
OR SHOP ONLINE AT SHOP.BELMONTMARKET.COM
TO ORDER NOW



FRESH MADE FROM SCRATCH BELMONT MARKET BREAD

**Home-style Sandwich Loaves,
Whole Grain Baguettes, Italian
and Flat bread Styles**

Belmont Bread, with the help of our bread baker, we are working to incorporate more regionally grown and milled grains, into our products in an effort to not only make unique and interesting breads, but also to help rebuild a piece of our regional heritage that has been all but lost over the last century.

SAVE TIME AND SHOP ONLINE!

Our convenient hours and scheduled delivery make it easy for you to do your grocery shopping on your own time.

You can pick up your order or have it delivered, even to Block Island!

SHOP.ROSIEAPP.COM/BELMONT

