

BELMONT MARKET'S 4TH OF JULY SALES



NATIVE RHODE ISLAND
**YELLOW & GREEN
SQUASH**
\$1.49 lb.



New Jersey, USA
**FRESH
GREEN BEANS**
\$1.69 lb.



Boneless
**NEW YORK
STRIP STEAKS**
\$19.99 lb.
SAVE \$3.00 LB.



CHAIRMAN'S RESERVE
**PORK BABY
BACK RIBS**
**PORK
TENDERLOIN**
SAVE \$2.00 LB.
\$4.99 lb.



GRADE A
**Boneless, Skinless
CHICKEN THIGHS**
Family Pack
SAVE \$2.00 LB.
\$3.99 lb.



**Nathan's
FAMOUS**
**ANGUS, BUN SIZE
& BEEF FRANKS**
Assorted Varieties, 11 - 12 oz.
SAVE \$1.00 EA.
\$7.99 ea.



COLD • CRISP • DELICIOUS
claussen
PICKLES
Whole or Halves, 32 fl. oz.
SAVE \$1.00 EA.
\$5.99 ea.



KAYEM
CHELSEA, MASS.
BACON
Assorted Varieties, 12 oz.
SAVE \$1.00 EA.
\$8.99 ea.



KAYEM
CHELSEA, MASS.
KIELBASA
Assorted Varieties, 14 oz.
SAVE \$1.00 EA.
\$7.99 ea.



BELMONT BREAD
SAVE \$1.00 EA.

**CIABATTA BREAD
4-PACK**
3.99 ea.



REEL IN FANTASTIC SEAFOOD
**Fresh
SWORDFISH**
17.99 lb.



**Fresh
STEAMERS**
9.99 lb.

EFFECTIVE DATES: JULY 4TH - JULY 10TH
Monday - Saturday - 7:00AM - 10:00PM
Sunday - 7:00AM - 8:00PM
July 4th - 7:00AM - 8:00PM
600 KINGSTOWN RD, WAKEFIELD, RI / (401) 789-4656
WWW.BELMONTMARKET.COM

**BELMONT
MARKET**
A Better Place to Shop Since 1947

"Not responsible for typographical or photo errors. In fairness to our customers we reserve the right to limit quantities. Meat Department items are not cooked."

The Freshest **PRODUCE**

WASHINGTON, USA
**SWEET
CHERRIES**

\$3.99 LB.



California, USA
**BLACK
SPLENDOR
PLUMS**

2.99 lb.



California, USA
NECTARINES

1.99 lb.



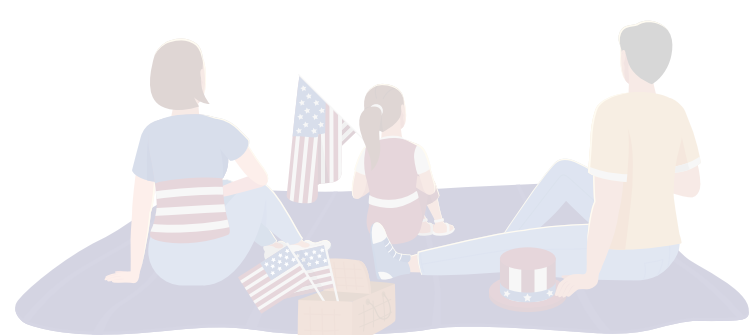
New Jersey, USA
**BLUEBERRY
PINTS**

2.99 ea.



Imported
**SEEDLESS
GRAPES**
Red, Green & Black

2.99 lb.



South Carolina, USA
**MAC'S PRIDE
PEACHES**

1.99 lb.



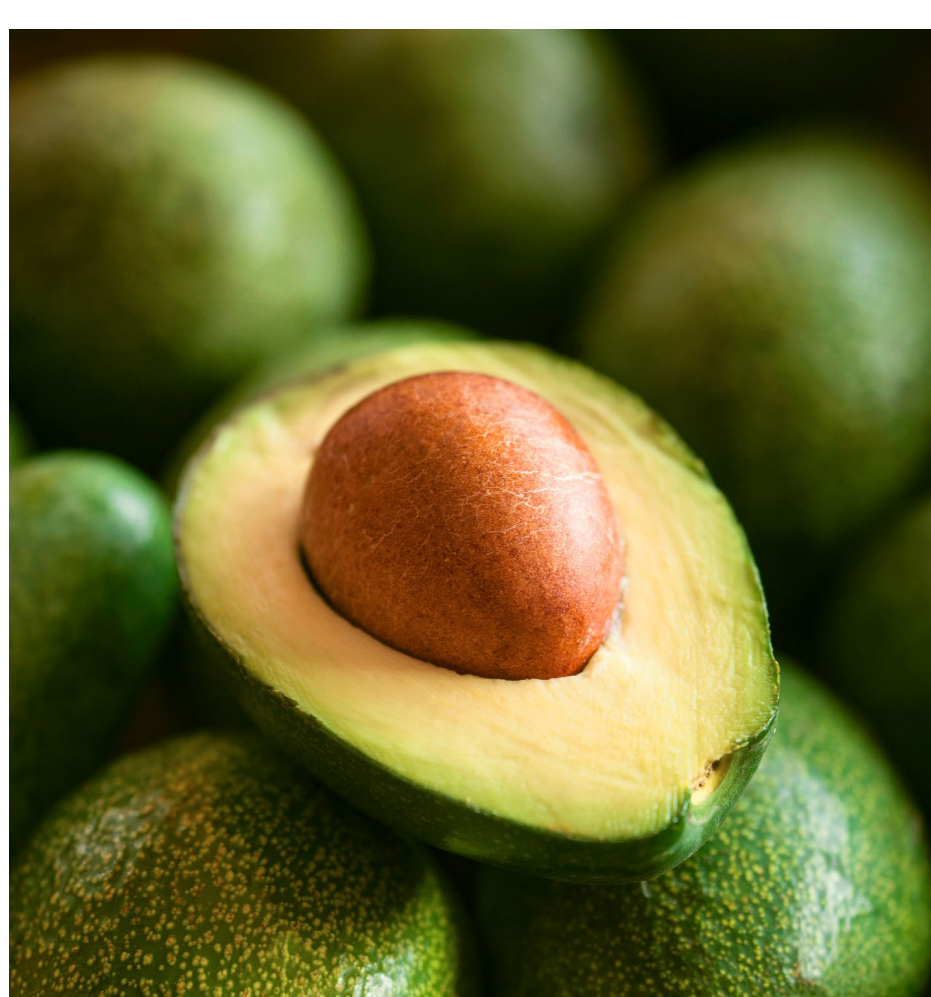
**WATERMELON
CUTS**
1/4 or 1/2 cuts

89¢ lb.



Maine Back Yard
**HOT HOUSE
TOMATOES**

1.49 lb.



Imported
**HASS
AVOCADOS**

2/\$4



Florida, USA
**LOOSE RED
POTATOES**

99¢ lb.



Georgia, USA
**SWEET VIDALIA
ONIONS**

1.29 lb.



Canadian
**ICEBERG
LETTUCE**
Cello Wrapped

1.69 ea.



Imported
**SEEDLESS
ENGLISH
CUCUMBERS**

2/\$3

3.99 lb.

The Best **ORGANIC SELECTION**



Organic
**COTTON
CANDY GRAPES**

4.99 lb.



Organic
**RASPBERRIES
HALF PINT**

3.99 ea.

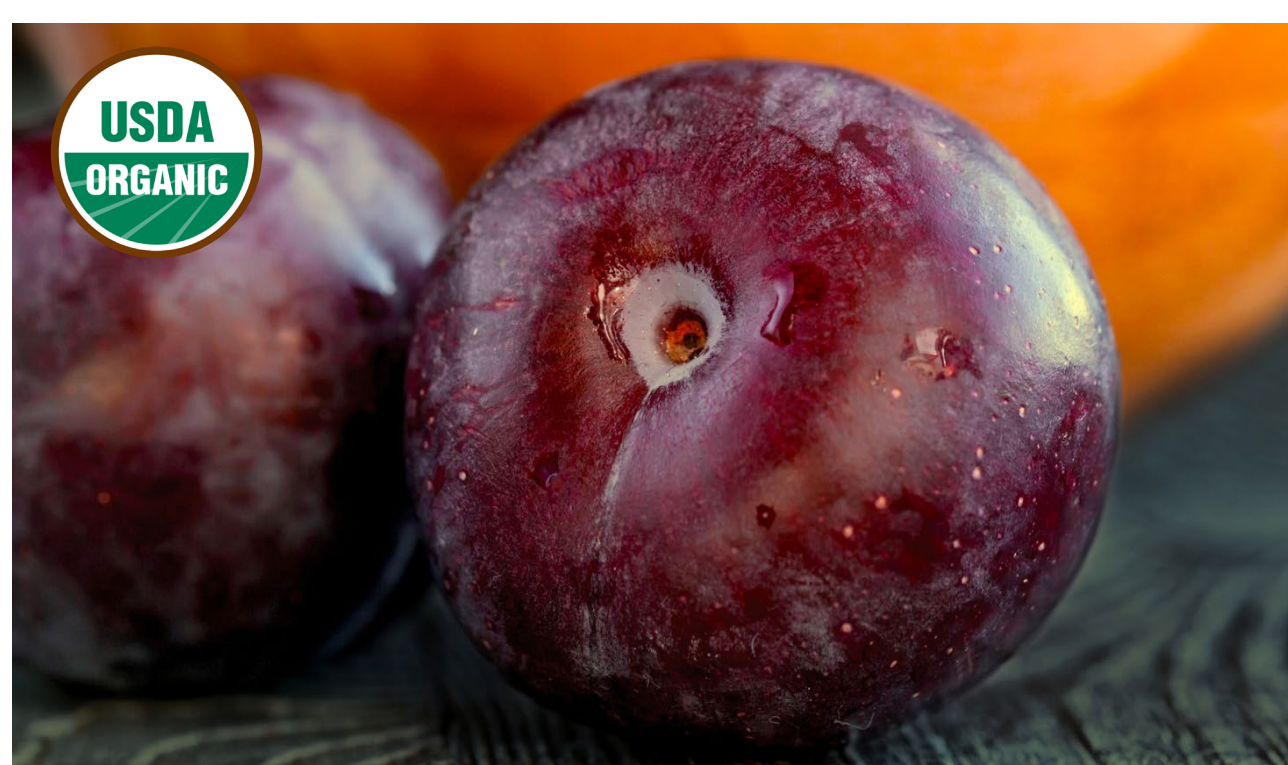


Organic
**FRESH
MANGOES**

2/\$4



Organic
CHERRIES
\$5.99 lb.



Organic
**RIPE BLACK
PLUMS**

3.99 lb.



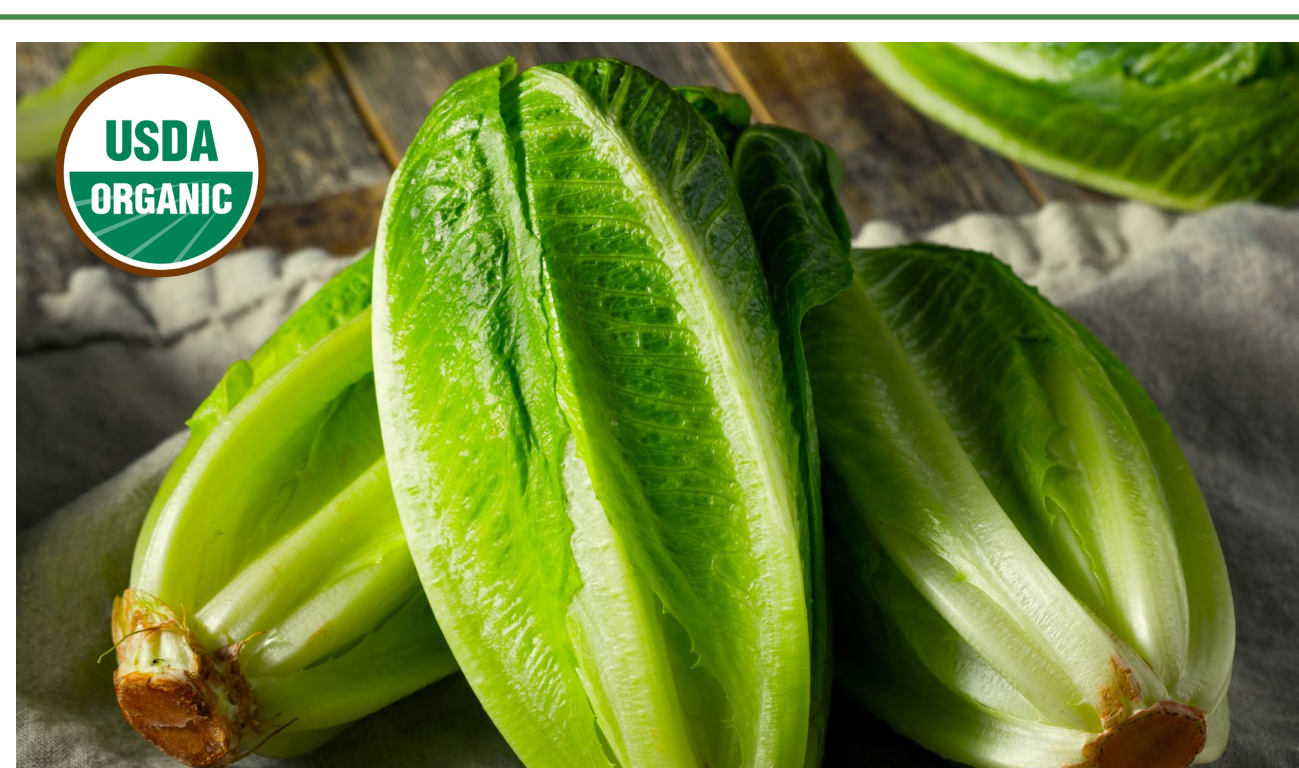
Organic
**FRESH
PLUOTS**

3.99 lb.



Organic
**CRISP
CELERY**

1.99 ea.



Organic
**ROMAINE
HEARTS**

3.99 ea.

Great Deals ON FAMILY FAVORITES

SAVE UP TO \$2.99



General Mills
CHEERIOS
Assorted Varieties,
12 - 18.2 oz.

2/\$8

SAVE \$2.30



Post
GREAT GRAINS CEREAL
Assorted Varieties,
13.5 - 16 oz.

\$4.49

SAVE UP TO \$7.49



Green Mountain
K-CUP COFFEE
Assorted Varieties,
3.1 - 4 oz.

2/\$13

SAVE \$1.50



Starbucks
GROUND COFFEE
18 oz.

\$16.99

SAVE \$1.10



Betty Crocker
BISQUICK PANCAKE & BAKING MIX
20 oz.

\$3.19

SAVE \$2.79



Nature Valley
PROTEIN BARS
Assorted Varieties,
7.1 oz.

2/\$7

SAVE 79¢



Pepperidge Farm
HOT DOG & BURGER BUNS
Assorted Varieties,
14.5 - 15 oz.

2/\$7

SAVE \$2.50



Kraft
MACARONI & CHEESE 5-PACK
5/7.25 oz. (36.25 oz.)

\$6.99

SAVE 79¢



Prince
PASTA
Assorted Varieties,
12 - 16 oz.

2/\$3

SAVE 80¢



UTZ
CHIPS
Assorted Varieties,
7 - 8 oz.

\$3.99

SAVE \$2.00



Frito Lay
TOSTITOS CHIPS
Assorted Varieties,
9 - 14 oz.

\$3.99

SAVE 69¢



Libby's
CANNED VEGETABLES
Assorted Varieties,
14.5 - 15 oz

10/\$10

SAVE 50¢



Food Club
KETCHUP
20 oz.

\$1.79

SAVE 89¢



Food Club
MUSTARD
Assorted Varieties,
20 oz.

2/\$3

SAVE \$1.99



Vlasic
RELISH
Assorted Varieties,
9 - 10 oz.

2/\$4

SAVE \$1.99



Old El Paso
DINNER KITS
Assorted Varieties,
8.8 - 14 oz.

2/\$6

SAVE \$1.59



Old El Paso
TACO SHELLS
Assorted Varieties,
4.6 - 7.4 oz.

2/\$4

SAVE 99¢



Old El Paso
REFRIED BEANS
Assorted Varieties,
16 oz.

2/\$3

SAVE \$2.00



Better Than
MARINADES
Assorted Varieties,
11.5 fl oz.

\$5.99

SAVE \$1.30



Kraft
SALAD DRESSING
Assorted Varieties,
16 fl oz.

\$3.99

SAVE 79¢



Betty Crocker
DELIGHTS BROWNIE MIX
Assorted Varieties,
17.2 - 18 oz.

2/\$7

SAVE \$1.30



Smucker's
SUNDAE SYRUPS
Assorted Varieties,
20 oz.

\$2.99

SAVE 99¢



Welch's
ZERO SUGAR JUICE COCKTAILS
Assorted Varieties,
64 fl oz.

2/\$7

SAVE \$1.99



Coca-Cola
12-PACKS
Assorted Varieties,
12/12 fl oz.

2/\$15

SAVE \$1.32



Bubly
8-PACKS
Assorted Varieties,
8/12 fl oz.

3/\$11

SAVE 64¢



Polar
2-LITERS
Assorted Varieties,
2 Liters

4/\$5

Great Deals ON FAMILY FAVORITES

SAVE \$3.50



Scott
PAPER TOWELS **\$5.99**
6 Double Rolls

SAVE \$3.00



Cottonelle
BATH
TISSUE
6 Mega Rolls
Assorted Varieties
\$6.99

SAVE 50¢



Huggies
PULL UPS
DIAPERS
23 count
\$11.99

SAVE \$1.00



Fresh Step
CAT LITTER **\$16.99**
Select Varieties,
15.4 - 25 lb.

SAVE 29¢



Beneful
DOG FOOD
Assorted Varieties,
3 oz.
10/\$10

SAVE \$1.50



Simply
Done
BLEACH
Assorted Varieties,
81 fl oz.
\$3.99

SAVE \$1.80



Lysol
DISINFECTANT
SPRAY
12.5 fl oz.
\$6.99

Cool Savings ON DAIRY AND FROZEN FOODS

SAVE \$3.20



Hood
ICE CREAM **\$3.19**
Assorted Varieties,
48 fl oz.

SAVE \$1.79



Luigi's
ITALIAN ICE **2/\$6**
Assorted Varieties,
36 fl oz.

SAVE 50¢



Ellio's
PIZZA **\$4.49**
Assorted Varieties,
18.9 - 19.64 oz.

SAVE \$1.40



Butterfinger
& 100 Grand
ICE CREAM
BARS
Assorted Varieties,
12 fl oz.
\$5.59

SAVE \$1.49



Chobani
OATMILK
Assorted Varieties,
52 fl oz.
2/\$9

SAVE \$2.99



Chobani
COFFEE CREAMER
Assorted Varieties,
24 fl oz.
2/\$9

SAVE 80¢



Siggi's
SKYR
YOGURT
Assorted Varieties,
24 oz.
\$5.49

SAVE 94¢



Fage
GREEK
YOGURT
Assorted Varieties,
5.3 oz.
4/\$5

SAVE \$1.50



Sargento
SLICED
CHEESE
Assorted Varieties,
8 oz.
\$3.49

SAVE 49¢



Cabot
AMERICAN
SINGLES
Assorted Varieties,
12 oz.
2/\$8

SAVE \$1.30



Polly-O
STRING
CHEESE
Assorted Varieties,
9 - 12 oz.
\$4.99

SAVE 69¢



Daisy
sour cream
Assorted Varieties,
8 oz.
2/\$3

SAVE \$1.29



Breakstone's
COTTAGE
CHEESE
Assorted Varieties,
16 oz.
2/\$6

SAVE 50¢



Hood
COTTAGE
CHEESE
Assorted Varieties,
24 oz.
\$4.49

SAVE 70¢



Farmland
Fresh Dairies
WHIPPED
CEAM
14 oz.
\$3.99

SAVE \$1.30



Olivio
SPREADS
& SPRAYS
Assorted Varieties,
8 - 15 oz.
3.99

SAVE \$1.29



Tropicana
ORANGE
JUICE
Assorted Varieties,
46 fl oz.
2/\$9

SAVE \$1.30



Cafe Buster
ESPRESSO
Assorted Varieties,
40 fl oz.
\$4.99

SAVE 50¢



Turkey Hill
GALLON
DRINKS
Assorted Varieties,
128 fl oz.
\$3.49

GREEN LINE Apothecary

SAVE \$1

\$6.99

Assorted Flavors, 16 fl oz. (Pint)

Your Favorite SPECIALTY GROCERY ITEMS

SAVE \$2.60



Athletic Brewing Co.
NON-ALCOHOLIC
BEER 6-PACKS
Assorted Varieties,
6 / 12 fl oz.
\$9.39

SAVE 60¢



DeeBee's
ORGANIC
SUPER FRUIT
FREEZER POPS
Assorted Varieties,
13.5 fl oz.
\$5.39

SAVE 80¢



Fever Tree
MIXER
8-PACKS
Assorted Varieties,
8 / 5 fl oz.
\$7.19

SAVE \$2.00



Colavita
EXTRA VIRGIN
OLIVE OIL
17 fl oz.
\$13.79

SAVE \$1.10



Monari
Falerzoni
BALSAMIC
VINEGAR
OF MODENA
16.9 fl oz.
\$4.39

SAVE 60¢



Good Crisp
GLUTEN FREE
POTATO
CRISPS
Assorted Varieties,
5.6 oz.
\$4.19

SAVE \$1.80



Popcorn
Indiana
POPCORN
Assorted Varieties,
4.75 - 7 oz.
\$4.19

SAVE \$1.60



Stonewall
Kitchen
GRILLE
SAUCES
Assorted Varieties,
11 oz.
\$6.19

Come See What's **FRESH**



STRAWBERRY
SHORTCAKE
7-inch

14.99



RED, WHITE & BLUE
X-LARGE CUPCAKE
Yellow or Chocolate Cake

4.99



POUND CAKE

6.99



RED, WHITE & BLUE
SUGAR COOKIES
12-pack

6.99

PREPARED FOODS

SAVE \$1.00 EA.

Freshly Prepared
**CRAB
CAKE DINNER**
10.99ea.



SAVE \$1.00 EA.

Freshly Prepared
**GENERAL
TSO CHICKEN
BOWL**
12.99ea.



SAVE \$1.00 LB.

Freshly Prepared
**VEGAN
HOMESTYLE
MACARONI
SALAD**
6.99lb.



SAVE \$1.00 LB.

**HOMESTYLE
POTATO
SALAD**
6.99lb.

SAVE \$1.00 LB.

**CUCUMBER
GARBANZO
SALAD**
7.99lb.

ONE DAY SALE ITEM

Freshly Prepared
**GREEN
GODDESS
GRILLED
SALMON**
19.99lb.



SAVE \$3.00 LB.

Boar's Head
**HONEY MAPLE
HAM**

11.99lb.



SAVE \$2.00 LB.

Boar's Head
**DELUXE
HAM**

11.99lb.



SAVE \$2.00 LB.

Boar's Head
**BUFFALO
CHICKEN**

11.99lb.

SAVE \$1.00

Cedars
PITA CHIPS
Assorted Varieties,
6 oz.



3.99

SAVE \$1.00

President
**GARLIC & HERB
PUB CHEESE**
Assorted Varieties,
8 oz.



7.99

SAVE \$1.00

Formaggio
**ARTISAN
WRAPS**
**PROSCIUTTO &
SOPPRESSATA**
Assorted Varieties,
5 oz.



6.99



Experience the freshest flavors at our sushi haven!

Our skilled chefs use only the finest, highest-grade ingredients to craft a wide array of rolls, sashimi, and sushi. From basic to exotic, we have options for everyone, including both vegetarians and vegans.



HEALTH & WELLNESS



Fizz
**AURA
COLLECTION
LEMON ZEST**
20 count

SAVE \$5.00

27.79



Nature's Vision
SHILAJIT
60 count

SAVE \$3.50

14.79



Eidon
**MULTIPLE
MINERALS
SUPPLEMENT**
18 fl. oz.

SAVE \$3.00

18.89



Oli Pop
DRINKS
Assorted Flavors, 12 fl. oz.

SAVE 45¢ EA.

2/\$5

THE HERB WYFE



GAIA
**IMMUNE RAPID
DEFENSE
GUMMIES**
60 count

SAVE \$3.00

21.99



The Herb Wyfe
RED CLOVER
0.5 oz.

SAVE \$2.00

2.49



Herba Revolution
**TURMERIC
TONIC**
8 oz.

SAVE \$3.00

16.99



Oregon Wild Harvest
SKULLCAP
90 count

SAVE \$3.00

24.99

SPRUCE UP WITH FESTIVE FLOWERS

Explore our floral collection to perfect your celebration with bouquets, centerpieces, and flowering plants.

SUNFLOWER
BUNCHES
5 STEMS

10.99



GERBER
DAISY
4" PLANT

10.99



GARDEN MIX
BOUQUET

29.99



BIRD'S CHOICE
HUMMINGBIRD
FEEDER
HUMMERFEST - 10 OZ.

20.99



BELMONT MARKET *Gift Baskets*



Celebrate Any Occasion!

Our unique gift baskets are perfect for birthdays, retirement, weddings, sympathy, anniversaries, holiday, housewarming and more! Choose from a great assortment year-around.

VISIT US IN-STORE, CALL 401-789-4656,
OR SHOP ONLINE AT SHOP.BELMONTMARKET.COM
TO ORDER NOW



FRESH MADE FROM SCRATCH BELMONT MARKET BREAD

**Home-style Sandwich Loaves,
Whole Grain Baguettes, Italian
and Flat bread Styles**

Belmont Bread, with the help of our bread baker, we are working to incorporate more regionally grown and milled grains, into our products in an effort to not only make unique and interesting breads, but also to help rebuild a piece of our regional heritage that has been all but lost over the last century.

SAVE TIME AND SHOP ONLINE!

Our convenient hours and scheduled delivery make it easy for you to do your grocery shopping on your own time.

You can pick up your order or have it delivered, even to Block Island!

SHOP.ROSIEAPP.COM/BELMONT

