

BELMONT MARKET'S

SUMMER TIME SAVINGS



NATIVE RHODE ISLAND

BUTTER 'N SUGAR SWEET CORN

5/\$4



Local
BLACK BEAUTY
EGGPLANT

99¢ lb.



BONE-IN
RIB EYE STEAK

SAVE \$4.00 LB.

\$17.99 lb.



BONE-IN
PORK BUTTS

2.49 lb.



GRADE A
BONE-IN SPLIT
CHICKEN BREAST
Family Pack

\$2.49 lb.



MARINATED
PORK FILETS
& TENDERLOINS
18.4 - 27.2 oz.

9.99 ea.



Fully Cooked
BARBECUE PORK
SPARE RIBS
Assorted Varieties, 24 oz.

\$14.99 ea.

Fully Cooked
SHREDDED
BARBECUE PORK
16 oz.

\$6.99 ea.



FROZEN
HAMBURGER
PATTIES
3 lb. box

\$19.99 ea.



SAVE \$1.00 EA.

CRANBERRY PECAN
SANDWICH LOAF

7.99 ea.



FRESH
SWORDFISH
16.99 lb.

\$1.00
OFF
ALL GORTON'S
PRODUCTS

EFFECTIVE DATES: AUGUST 1 - AUGUST 7, 2025

Monday - Saturday - 7:00AM - 10:00PM
Sunday - 7:00AM - 8:00PM

600 KINGSTOWN RD, WAKEFIELD, RI / (401) 789-4656
WWW.BELMONTMARKET.COM

BELMONT
MARKET
A Better Place to Shop Since 1947

"Not responsible for typographical or photo errors. In fairness to our customers we reserve the right to limit quantities. Meat Department Items are not cooked."

The Freshest **PRODUCE**



California, USA
Seedless Grapes
Red, Green & Black

\$2.99 lb.



California, USA
Peacock Cantaloupe

\$3.99 ea.



California, USA
King o' the West
HONEYDEW

4.99 ea.



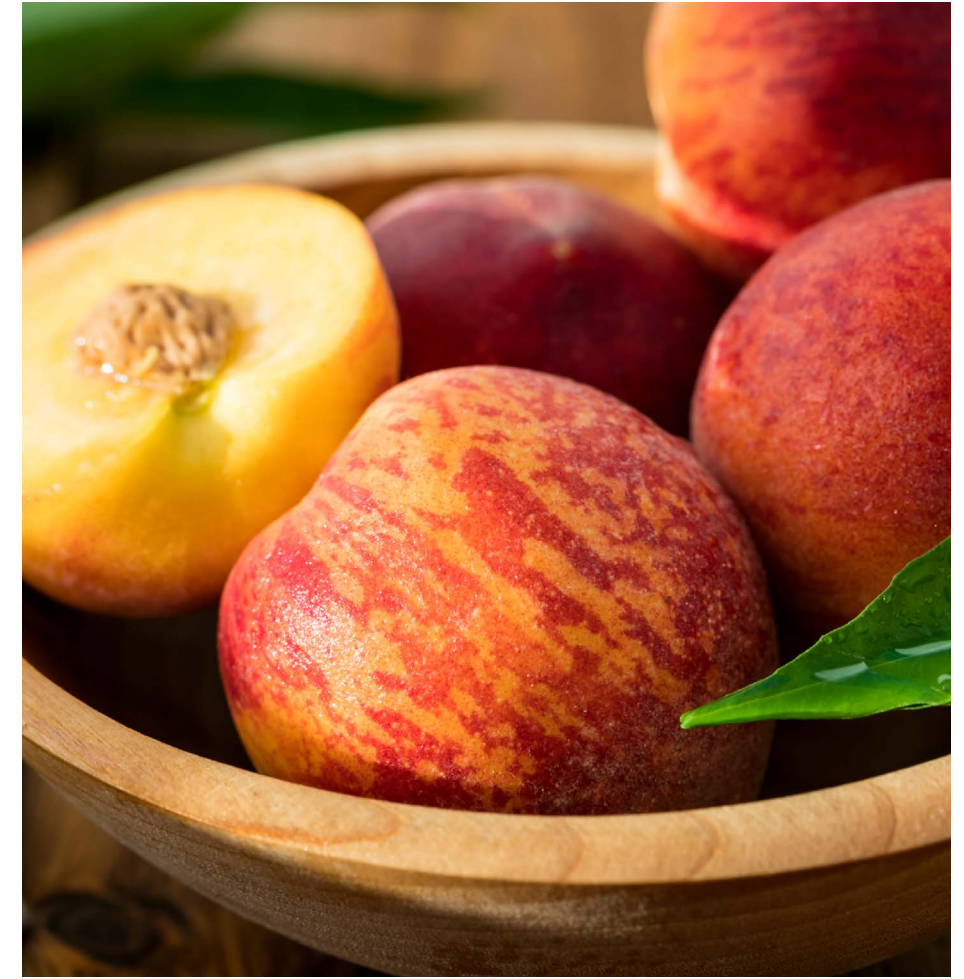
Imported
SEEDLESS NAVEL ORANGES

1.49 lb.



New Jersey, USA
PEACHES

2.49 lb.



California, USA
NECTARINES

1.99 lb.



California, USA
BLACK PLUMS

2.99 lb.



WATERMELON CUTS
1/4 or 1/2

99¢ lb.



Imported
ENGLISH SEEDLESS CUCUMBERS

2/\$3



Fresh
GREEN BEANS

1.49 lb.



Eastern
ROMAINE LETTUCE

1.49 ea.



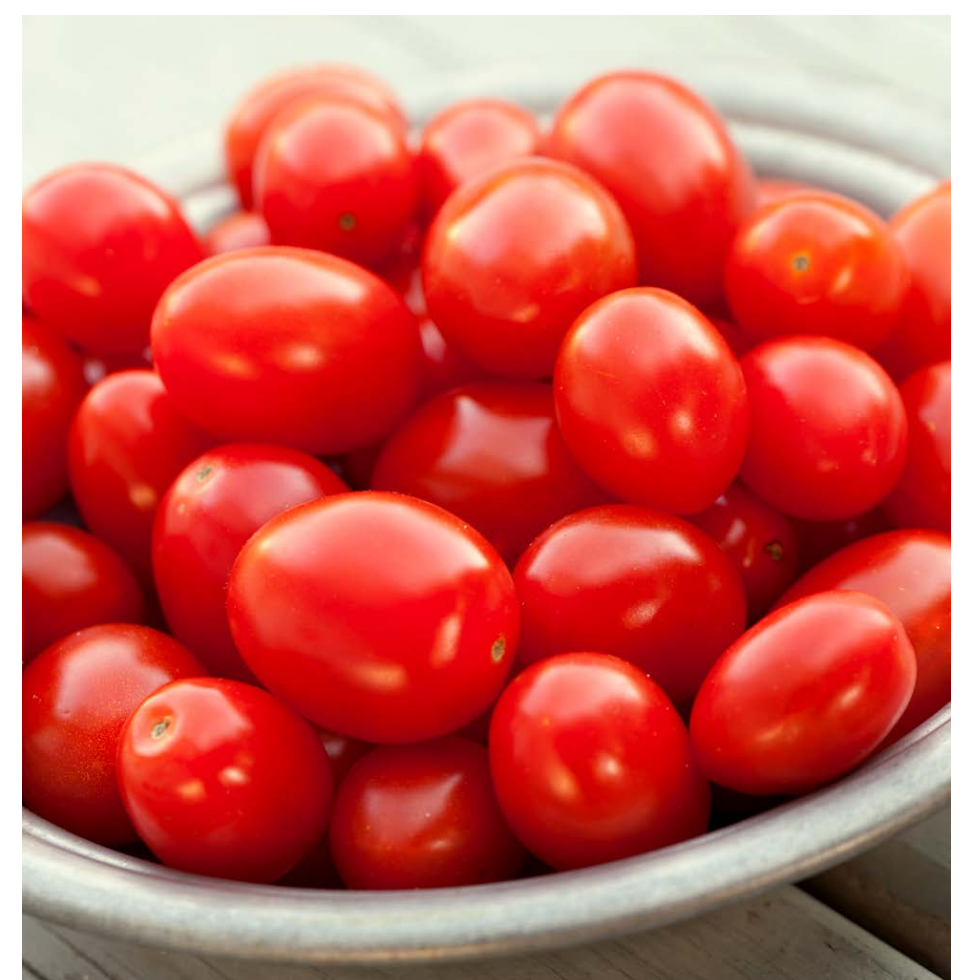
Georgia, USA
MILD RED ONION

99¢ lb.



Georgia, USA
SWEET VIDALIA ONION

99¢ lb.



Bite Size
GRAPE TOMATOES
Pint

1.99 ea.

The Best **ORGANIC SELECTION**



Organic
BLUEBERRY PINTS

2.99 ea.



Organic
STRAWBERRY PINTS

4.99 ea.



Organic
RED SEEDLESS GRAPES

3.99 lb.



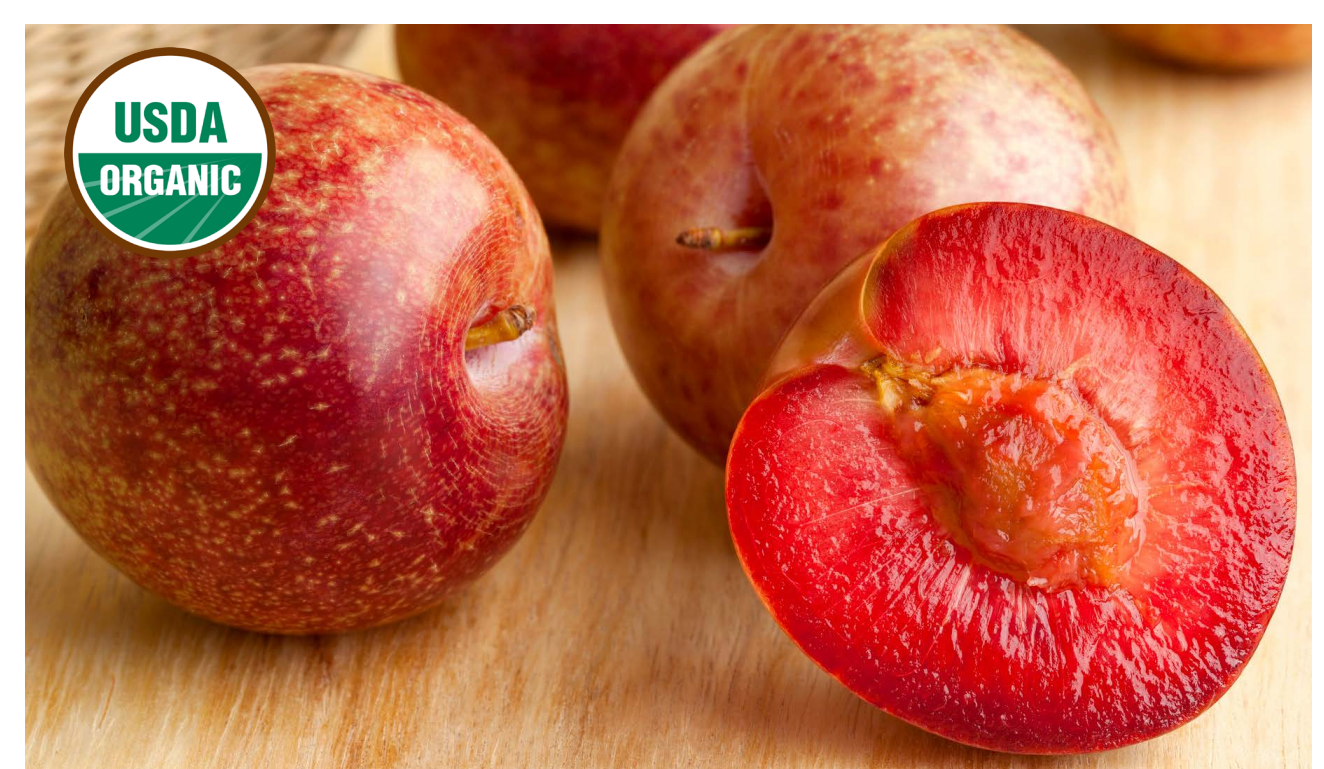
GREEN SEEDLESS GRAPES

3.99 lb.



Organic
BLACK PLUMS

3.99 lb.



Organic
FRESH PLUOTS

3.99 lb.



Organic
FRESH BROCCOLI

3.99 ea.



Organic
GREEN PEPPERS

2.99 lb.



GRAPE TOMATOES
16 oz.

3.99 ea.

Great Deals ON FAMILY FAVORITES

SAVE UP TO \$ 3.99



General Mills
CHEERIOS
Select Flavors,
12 - 18.2 oz.

2/\$6

SAVE \$4.50



Chock
Full o' Nuts
COFFEE
Assorted Varieties,
24 - 26 oz.

\$14.99

SAVE \$2.00



Dave's
Killer
Bread
BAGELS
Assorted Varieties,
16.75 oz.

\$3.99

SAVE \$1.99



Thomas'
**SWIRL
BREAD**
Assorted Varieties,
16 oz.

2/\$6

SAVE 79¢



Barilla
PASTA
Assorted Varieties,
12 - 16 oz.

2/\$3

SAVE \$1.49



Ragú
**PASTA
SAUCE**
Assorted Varieties,
23.9 - 24 oz.

2/\$5

SAVE 74¢



Campbell's
**CHICKEN
NOODLE &
TOMATO
SOUP**
Assorted Varieties,
10.75 oz.

4/\$5

SAVE 59¢



Food Club
**PITTED
OLIVES**
Assorted Varieties,
6 oz.

2/\$4

SAVE \$1.62



Hamburger
Helper
**HAMBURGER
HELPER**
Assorted Varieties,
5.5 - 6.4 oz.

3/\$5

SAVE \$3.50



StarKist
**SOLID WHITE
TUNA 4-PACK**
20 oz.

\$4.99

SAVE \$3.50



Hellmann's
MAYONNAISE
Assorted Varieties,
30 fl oz.

\$5.49

SAVE \$2.50



Hellmann's
**SQUEEZE
MAYONNAISE**
Assorted Varieties,
20 fl oz.

\$5.49

SAVE 89¢



Food Club
MUSTARD
20 oz.

2/\$3

SAVE \$2.10



Heinz
**EASY
SQUEEZE
KETCHUP**
32 oz.

\$4.49

SAVE UP TO 79¢



Heinz
**COCKTAIL
& CHILI
SAUCE**
Assorted Varieties,
12 oz.

2/\$6

SAVE \$1.30



Mt. Olive
PICKLES
Assorted Varieties,
24 fl oz.

\$3.99

SAVE UP TO \$9.00



Filippo
Berio
OLIVE OIL
Assorted Varieties,
33.8 fl oz.

\$14.99

SAVE \$1.79



Wishbone
**SALAD
DRESSING**
Assorted Varieties,
15 fl oz.

2/\$5

SAVE 99¢



Ball Park
**HOT DOG
& BURGER
BUNS**
Assorted Varieties,
11 - 16 oz.

2/\$6

SAVE \$1.00



Frito Lay
**LAY'S
CHIPS**
Assorted Varieties,
7.5 - 8 oz.

\$3.99



Capri Sun
**JUICE POUCH
10-PACKS**
Assorted Varieties,
10 / 6 fl oz.

\$2.99

SAVE \$1.32



Bubly
8-PACKS
Assorted Varieties,
8 / 12 fl oz.

3/\$11

SAVE \$1.00



Coca-Cola
12-PACKS
Assorted Varieties,
12 / 12 fl oz.

\$8.49

Great Deals ON FAMILY FAVORITES

SAVE \$6.00



Brawny
PAPER TOWELS
4 DOUBLE ROLLS

\$5.99

SAVE \$2.00



Seventh
Generation
PAPER TOWELS
6 Rolls

\$12.99

SAVE \$1.06



Palmolive
ULTRA
DISH SOAP
Select Varieties,
9.7 fl. oz.

3/\$4

SAVE 96¢



Temptations
CAT TREATS
Assorted Varieties,
2.1 - 3 oz.

3/\$7

SAVE \$5.30



Quilted
Northern
BATH TISSUE
6 MEGA ROLLS
Assorted Varieties

\$5.99

SAVE \$1.00



Seventh
Generation
BATHROOM TISSUE
4 Rolls / 960 count

\$3.99

SAVE \$3.99



Arm &
Hammer
LAUNDRY
DETERGENT
Assorted Varieties,
45.5 - 50 fl. oz.

2/\$8

SAVE \$1.00



Downy
FABRIC
SOFTENER
Assorted Varieties,
44 fl. oz.

\$5.99

Cool Savings ON DAIRY AND FROZEN FOODS

SAVE \$2.50



Friendly's
ICE CREAM
*Excludes Pistachio
Assorted Varieties,
48 fl. oz.

\$3.99

SAVE 80¢



Luigi's
ITALIAN ICE
Assorted Varieties,
24 - 36 fl. oz.

\$3.99

SAVE \$1.26



Bird's Eye
FROZEN
VEGETABLES
Assorted Varieties,
10 - 10.8 oz.

3/\$4

SAVE \$1.70



Maria & Ricardo
TORTILLAS
Assorted Varieties,
11.57 - 13.5 oz.

\$2.79

SAVE \$1.00



Cabot
BUTTER
Assorted Varieties,
16 oz.

\$4.99

SAVE 70¢



Cabot
BAR CREAM
CHEESE
8 oz.

\$2.29

SAVE \$1.00



Lactaid
COTTAGE
CHEESE
Assorted Varieties,
16 oz.

\$2.99

SAVE \$1.00



Hood
COTTAGE
CHEESE
Assorted Varieties,
16 oz.

\$2.99

SAVE 79¢



The Laughing Cow
CHEESE WEDGES
Assorted Varieties,
5.4 oz.

2/\$7

SAVE 74¢



Two Good
YOGURT
Assorted Varieties,
5.3 oz.

4/\$5

SAVE \$3.30



Bob Evan's
LIQUID EGGS
Assorted Varieties,
32 oz.

\$4.99

SAVE 60¢



Daisy
SOUR CREAM
Pure & Natural®
same great sour cream,
with just a squeeze.

\$2.99

SAVE \$1.29



Sargento
CHEESE
SHREDS
Assorted Varieties,
7 - 8 oz.

2/\$7

SAVE 99¢



Newman's
Own
LEMONADES
& DRINKS
Assorted Varieties,
59 fl. oz.

2/\$5

SAVE 79¢



Tropicana
ORANGE
JUICE
Assorted Varieties,
46 fl. oz.

2/\$9

SAVE \$1.30



Blue Diamond
ALMOND
MILK
Assorted Varieties,
96 fl. oz.

\$4.99

SAVE \$1.49



Chobani
OATMILK
Assorted Varieties,
52 fl. oz.

2/\$9

SAVE \$2.99



Chobani
COFFEE
CREAMER
Assorted Varieties,
24 fl. oz.

2/\$9



Your Favorite SPECIALTY GROCERY ITEMS

SAVE \$1.80



Smart Juice
ORGANIC
JUICE
Assorted Varieties,
33.8 fl. oz.

\$6.89

SAVE \$6.60



Barbera
ORGANIC
EXTRA VIRGIN
OLIVE OIL
33.8 fl. oz.

\$18.69

SAVE \$1.10



Nicandro
Mantova
RED & WHITE
WINE VINEGARS
Assorted Varieties,
17 fl. oz.

\$3.19

SAVE 40¢



Caesar
Cardini's
GOURMET
CROUTONS
Assorted Varieties,
5 oz.

\$2.39

SAVE 50¢



Caesar
Cardini's
SALAD
DRESSING
Assorted Varieties,
12 fl. oz.

\$4.19

SAVE \$1.80



Mariner
Biscuit Co.
STONED
WHEAT
CRACKERS
Assorted Varieties,
8 oz.

\$2.99

SAVE \$1.40



Olde Cape Cod
MULTI PACK
OYSTER
CRACKERS
7.5 oz.

\$5.19

SAVE \$1.20



Loacker
WAFER
COOKIES
Assorted Varieties,
8.82 oz.

\$5.49

FROM THE DELI



SAVE \$3.00 LB.

Boar's Head
OVEN GOLD
TURKEY

\$11.99lb.

SAVE \$2.00 LB.

Boar's Head
DELUXE
HAM

\$11.99lb.





SAVE \$2.00 LB.

Boar's Head
SWEET B'S
BBQ CHICKEN

\$11.99lb.

PERFECT PAIRINGS

SAVE \$1.00

Firehook
GARLIC
THYME
CRACKERS
8 oz.

\$7.99





SAVE \$1.00

Cedar's
FETA DIP
8 oz.

\$4.99

SAVE \$1.00

Friendship
Dairies
FARMER
CHEESE
16 oz.

\$6.99



PREPARED FOODS

ONE DAY SALE ITEM

Freshly Prepared

Baked
Scallops

\$17.99lb.



SAVE \$1.00 EA.

Freshly Prepared

Chicken
Fajita
Bowl

\$12.99ea.



SAVE \$1.00 EA.

Freshly Prepared

Boneless
Buffalo
Wings

\$8.99ea.



SAVE \$1.00 EA.

Freshly Prepared

Vegan
"Sausage"
Tempeh Hash

\$9.99ea.



SAVE \$1.00 LB.

Black
Bean
Mango
Salad

8.99lb.

SAVE \$1.00 LB.

Seafood
Salad

8.99lb.

BELMONT'S BAKED GOODS



SAVE \$1.00

Coconut
Pecan Cookies
— 12 count

\$6.99



Strawberry
Creme Cake
— 7-inch

\$21.99



Mini Eclairs
— 5 count

\$5.99

SAVE \$1.00



Mini Frosted
Donuts
— 12 count

\$5.99

EXPLORE OUR DAILY ROTATING MENU ON OUR WEBSITE.

www.BelmontMarket.com/Menus

REHEATING INSTRUCTIONS ONLINE IF NEEDED.



Experience the freshest flavors at our sushi haven!

Our skilled chefs use only the finest, highest-grade ingredients to craft a wide array of rolls, sashimi, and sushi. From basic to exotic, we have options for everyone, including both vegetarians and vegans.



HEALTH & WELLNESS



Belmont Wellness
PLANT
CALCIUM
90 tabs

SAVE \$6.00

27.69



Four Sigmatic
GROUND
COFFEE
FOCUS
10 oz.

SAVE \$2.50

16.79



Pop & Bottle
COLD BREW
COFFEE
CLASSIC & VANILLA
11 fl oz.

SAVE 80¢

3.69



Epic
MEAT STRIP
Assorted Varieties, 1.3 oz.

SAVE \$1.00

3.29

THE HERB WYFE



The Herb Wyfe
LEMON
VERBENA
1 oz.

SAVE \$1.50

2.49



Kokora
ADAPT &
THRIVE
4.23 oz.

SAVE \$5.00

38.99



Keith's Cocoa
CEREMONIAL GRADE
COCAO BEANS
16 oz.

SAVE \$7.00

75.99



Herb Pharm
ASHWAGANDHA
1 oz.

SAVE \$3.00

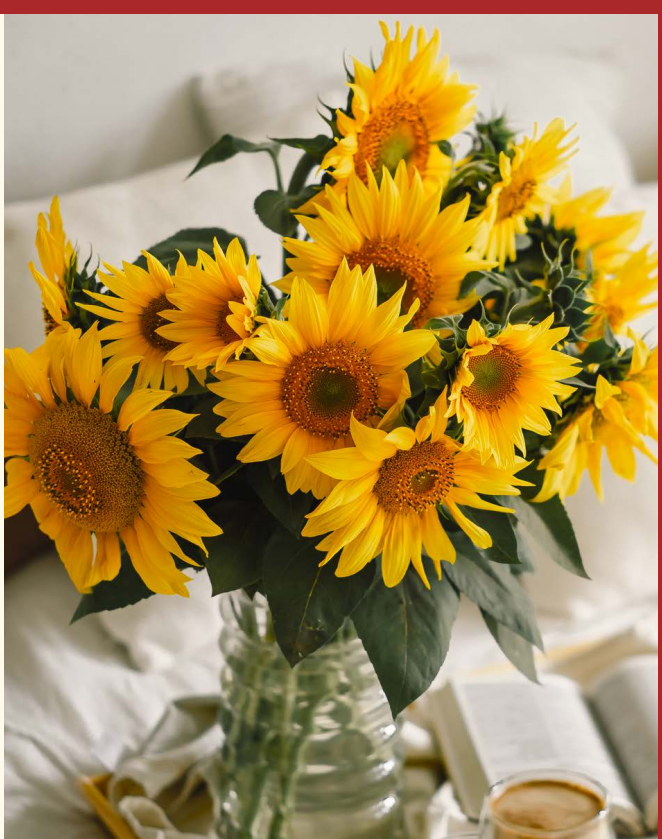
14.99

SPRUCE UP WITH FESTIVE FLOWERS

Explore our floral collection to perfect your celebration with bouquets, centerpieces, and flowering plants.

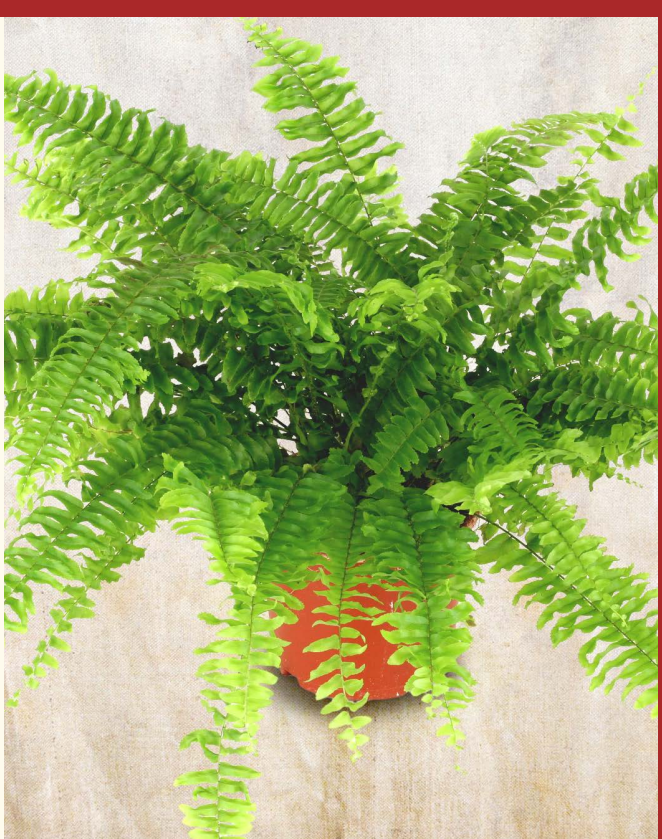
LOCAL
SUNFLOWER
5 STEM BUNCHES

10.99



ASSORTED
FERN
6" PLANT

21.99



GARDEN MIX
BOUQUET

29.99



BIRD'S CHOICE
HUMMINGBIRD
FEEDER - 12 OZ.

20.99





BELMONT MARKET *Gift Baskets*



Celebrate Any Occasion!

Our unique gift baskets are perfect for birthdays, retirement, weddings, sympathy, anniversaries, holiday, housewarming and more! Choose from a great assortment year-around.

VISIT US IN-STORE, CALL 401-789-4656,
OR SHOP ONLINE AT SHOP.BELMONTMARKET.COM
TO ORDER NOW



FRESH MADE FROM SCRATCH BELMONT MARKET BREAD

**Home-style Sandwich Loaves,
Whole Grain Baguettes, Italian
and Flat bread Styles**

Belmont Bread, with the help of our bread baker, we are working to incorporate more regionally grown and milled grains, into our products in an effort to not only make unique and interesting breads, but also to help rebuild a piece of our regional heritage that has been all but lost over the last century.

SAVE TIME AND SHOP ONLINE!

Our convenient hours and scheduled delivery make it easy for you to do your grocery shopping on your own time.

You can pick up your order or have it delivered, even to Block Island!

SHOP.ROSIEAPP.COM/BELMONT

