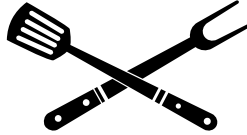




Catering Guide

BELMONT
MARKET
a better place to shop



OUR MISSION

We believe in seasonal food prepared locally, flavored to perfection and presented with flair. We are inspired by the bounty of our region and by the smiles of our customers.

Jack Siravo

- Jack Siravo, owner

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prices shown may not be up-to-date
due to an ever changing market.

FAQ'S

How do I reheat the meal?

This is our most asked question. Preheat your oven to 350°-375° and then follow accordingly:

- *Hors D'oeuvres: start with 10 minutes; they only need a few minutes to warm up. You don't want them too hot or too cold.*
- *Casseroles, Chicken, Beef, Pork or Lasagnas,; these are commonly in 9x13 inch foil pans. Keep the lid on for 1/2 hour, then remove the lid to further heat and brown. Plan on 40 minutes.*

Most of our items will be ordered by the pound. Typically, we recommend 1/2 pound per person. If you have a lot of items and want a larger buffet of food, then we recommend 1/4 pound per person.

Usually we ask for at least 48 hours notice for small orders. However, with larger events, we ask for as much advance notice as possible, especially during holidays and summer months.

It is impossible to fit all that we can do in this guide. If you would like something different or have seen something that you would like, just ask... We can do it!





DETAILS, DETAILS, DETAILS...

- *The more you know, the better our chefs can put together the best menu for you and your guests. Here are questions that we will ask you while planning your catering.*
- *When, where, and what time. This directly affects the type of food you will want for your event.*
- *Allergies. Who has them and what are they? We are suited to fit everyone's dietary needs.*
- *What else are you serving? Appetizers, main entrees, drinks, desserts, finger foods? We can help!*
- *Pickup. Who's picking the order up and when? Always allow time for travel, traffic, and time in the store for checkout and to get everything loaded.*
- *Is the food going to be hot or cold? Plan on keeping hot foods hot, and cold foods cold. This means, don't leave your pasta salad in a hot car!**

**Did you know that it is NOT the mayonnaise that spoils, it's the ingredients with the mayo. Mayonnaise is considered acidic enough to be left out, but not the chicken or the onion in the salad. Simply adding a little acid to a salad or a dish can allow you to leave it out. But that doesn't make it resistant to extreme hot or cold. No one likes a wilted salad no matter how food safe it is.*



PARTY PLANNING HELP

Here are some examples of real parties that we have helped cater.

Game Day Platters — 25 – 35 people

2-Dozen Pigs in a Blanket

2-Dozen Vegetable Pot Stickers

3-Dozen Roasted House Chicken Wings

16" Cheese and Cracker Platter

16" Calzone Platter

1/2 Pan General Tso Chicken

Antipasto Salad

Bakery Items



Summer Party — 25 people

4 lb. Edamame Succotash Salad

4 lb. Tortellini Mozzarella Salad

4 lb. Black Bean Mango Salad

1-Large pan House Salad

16" Grilled Tenderloin Platter

Bakery Items

Summer Event — 50 people

16" Spinach & Artichoke Dip Platter with Stacy's Pita Chips

16" Smoked Salmon Platter

16" Fruit Platter

16" Crudit  Platter

16" Cheese & Cracker Platter

16" Caponata Dip Platter with Baguettes

8 lb. Red Bliss Potato Salad

1-Large Pan House Salad

16" Barbecue Chicken Tenders Platter

Bakery Items





Early Spring House Party — 50 people

100-Pieces of 1/4 Cut Assorted Wraps

16" Crudité Platter

16" Antipasto Platter

4 lb. Tarragon Chicken Salad

4lb. Tuna Salad

4 lb. Black Bean Mango Salad

4 lb. Red Bliss Potato Salad

4 lb. Tomato Mozzarella Salad

Bakery Items

Labor Day Rehearsal Dinner — 30 people

1-Full Pan of Meat Lasagna

1-Full Pan of Vegetable Lasagna

1-Large Pan Caesar Salad

16" Crudité Platter

12" Fruit Platter

12" Cheese & Cracker Platter

1-Full Pan Chicken Cutlets

Bakery Items

"Thanks to Belmont Market, our daughter's graduation was a huge success. Great service and fresh delicious food!"

-Shannon B., Wakefield

BREAKFAST BITES

Breakfast Spread

Duck Trap Smoked Salmon Cream Cheese \$13.99 lb.

This spread is a tasty combination of Duck Trap Smoked Salmon, scallions, and cream cheese; a perfect complement to a toasted bagel breakfast from our bakery.

Breakfast Calzones

12" Platter (20 pieces) \$55.00

16" Platter (30 pieces) \$75.00

Whole Calzone \$20.00

Our breakfast calzones are freshly baked and filled with scrambled eggs and your choice of a mixture of savory breakfast items and melted cheese. Choose from egg and bacon; egg and cheese; egg and ham; and egg and pepperoni, or design your own.

Breakfast Buffet

Scrambled Eggs..... half pan \$50.00full pan \$75.00

Bacon half pan \$60.00full pan \$100.00

Maple Sausage Links..... half pan \$50.00full pan \$100.00

Home Fries half pan \$40.00full pan \$75.00

Overnight Oats half pan \$40.00full pan \$75.00



SANDWICH PLATTERS

Platters are individually hand crafted by our chefs as a beautiful display of the freshest ingredients.

Please allow a minimum of 48 hours for ordering.

Sandwiches

Finger Sandwiches	\$3.50 per
1/4 Cut Wrap.....	\$2.50 per
1/2 Cut Wrap	\$4.50 per
Whole Wrap.....	\$9.00 per
12" Platter with 1/4 Cut Wrap 20 pieces	\$50.00
16" Platter with 1/4 Cut Wrap 40 pieces	\$100.00
12" Baguette Sandwich Platter (18 pieces)	\$50.00
2 different Parisian Baguette Sandwiches cut into 2-inch slices.	
16" Baguette Sandwich Platter (36 pieces)	\$100.00
3 different Parisian Baguette Sandwiches cut into 2-inch slices.	

Your Choice of:

Classic Chicken Salad with Dill
 Tarragon Chicken Salad
 Pesto Chicken Salad
 Chipotle Bacon Chicken Salad
 Curry Chicken Salad with Walnuts
 Cran-Walnut Chicken Salad
 Seafood Salad
 Tuna Salad
 Asian Ginger Tuna Salad
 Ham Salad
 Egg Salad

American Cheese
 Boar's Head Roast Beef
 Boar's Head Deluxe Ham
 Boar's Head Ovenroasted Turkey
 Boar's Head Everroast Chicken
 Boar's Head Chipotle Chicken
 Boar's Head Genoa Salami
 Boar's Head Hot Capicola
 Boar's Head Provolone Cheese
 Boar's Head Swiss Cheese
 Boar's Head Cheddar Cheese

*all served with lettuce unless otherwise specified.

12" Chip Platter w/ Chipotle Ranch (Feeds up to 10).....	\$40.00
16" Chip Platter w/ Chipotle Ranch (Feeds up to 20).....	\$60.00
12" Tortilla Chip Platter w/ Belmont's Fresh Salsa (Feeds up to 10)	\$40.00
16" Tortilla Chip Platter w/ Belmont's Fresh Salsa (Feeds up to 20).....	\$60.00

Add Belmont's Fresh Guacamole for \$10

PLATTERS |

Fruit

12" Round Platter - Feeds up to 10.....\$70.00

16" Round Platter - Feeds 10 to 20\$90.00

Our fresh fruit platters include melons, strawberries, pineapple, red grapes, and a sprinkle of berries. Garnished with fresh & unique seasonal fruit!

Enjoy it with a sweet dip for an additional \$2.

Cheese & Fruit

12" Round Platter - 2 lbs of cheese / Feeds up to 10\$70.00

16" Round Platter - 3 lbs of cheese / Feeds 10 to 20.....\$90.00

Enjoy cubed domestic cheese paired with fresh strawberries, melon, pineapple, and grapes.

Add crackers for an additional charge.

Cheese & Crackers

12" Round Platter - 2 lbs of cheese / Feeds up to 10\$70.00

16" Round Platter - 5 lbs of cheese / Feeds 10 to 20.....\$90.00

Our cheese and cracker platter is filled with cubed domestic cheese and paired with assorted crackers and pepperoni.

Crudité

12" Round Platter - Feeds up to 10.....\$70.00

16" Round Platter - Feeds 10 to 20\$90.00

Includes cucumber, carrot, and grape tomatoes.

Hummus Platter

12" Round Platter - Feeds up to 10.....\$40.00

16" Round Platter - Feeds 10 to 20\$60.00

Hummus served with Local Z Pita Chips.

Antipasto

12" Round Platter.....\$80.00

16" Round Platter.....\$110.00

A platter of Boar's Head deli meats including Virginia baked ham and Genoa salami, Soppressata, Graziano sharp provolone, Graziano stuffed peppers, assorted black & green olives, mild provolone, chef's choice of two freshly made salads, and finished with extra virgin olive oil, salt, pepper, & dried oregano. Perfect for a crowd!

Calzones

<i>12" Round Platter (20 pieces)</i>	<i>\$55.00</i>
<i>16" Round Platter (30 pieces)</i>	<i>\$75.00</i>
<i>Whole Calzone</i>	<i>\$20.00 per</i>

Our calzones are freshly baked and filled with a variety of delicious ingredients and melted cheese. Choose from pepperoni and cheese, mushroom and cheese, spinach and goat cheese, steak, onions, cheese, broccoli and bacon, or create your own.

Boneless Tempura Chicken Tenders

<i>12" Round Platter (5 lbs) - Feeds up to 8</i>	<i>\$60.00</i>
<i>16" Round Platter (10 lbs) - Feeds 8 to 12</i>	<i>\$80.00</i>

Served with your choice of General Tso Sauce, buffalo, barbecue, ranch, or teriyaki sauce.

Spinach Artichoke Platter

<i>12" Round Platter - Feeds up to 10</i>	<i>\$50.00</i>
<i>16" Round Platter - Feeds 10 to 20</i>	<i>\$70.00</i>

This platter contains our crowd favorite house-made Spinach Artichoke Dip and served with Local Z Pita Chips.

Smoked Salmon

<i>12" Round Platter - Feeds up to 10</i>	<i>\$75.00</i>
<i>16" Round Platter - Feeds 10 to 20</i>	<i>\$90.00</i>

We pair Duck Trap Smoked Salmon with capers, red onion, cream cheese, tomato, and dill.

Grilled Tenderloin Flap

<i>12" Platter - Feeds 6 to 10</i>	<i>\$85.00</i>
<i>16" Platter - Feeds 10 to 20</i>	<i>\$110.00</i>

A long time house favorite! Marinated in a balsamic, soy, garlic & tomato marinade, and grilled in house.

Shrimp Cocktail Platter

<i>12" Platter - Feeds 6 to 10</i>	<i>\$80.00</i>
<i>16" Platter (5 pounds) - Feeds 10 to 20</i>	<i>\$120.00</i>

Our shrimp platter is filled with large freshly cooked shrimp served with our house-made cocktail sauce.

PARTY BOWLS

	5-7 People	10 People
Powerhouse Bowl.....	Small \$70.00	Large \$120.00
10 pieces of Chicken, Powerhouse Salad, and Lemon Dressing.		
Greek Orzo Bowl	Small \$70.00	Large \$120.00
10 Pieces of Greek Grilled Chicken, Orzo Salad, and Greek Dressing.		
Beef Taco Bowl	Small \$60.00	Large \$110.00
Ground Beef in Taco Seasoning, Basmati Rice, Adobo Seasoning, Pico de Gallo, Shredded Lettuce, Cheddar Cheese & Sour Cream.		
Cilantro Salmon Bowl	Small \$75.00	Large \$140.00
10 pieces of Cilantro Lime Salmon, Black Bean Mango Salad, & Balsamic Rice.		



SMALL BITES

Please provide a minimum 4-day
courtesy period to prepare orders.

House-Roasted Chicken Wings (10 wings per lb.)	\$8.99 lb.
Available with Diablo, Barbecue, Sweet Chili, Terriyaki, or Buffalo sauce and served in a foil pan for easy reheating.	

\$25.00 per dozen	\$40.00 per dozen
Beef Franks in a Blanket	Sausage Stuffed Mushrooms
Vegetable Dumpling	Bacon Wrapped Scallop
Vegetable Spring Roll	Beef Wellington
Mini Assorted Quiche	Raspberry, Brie, & Almond in Phyllo
Beef Empanadas	Crab Stuffed Mushrooms
Chicken Quesadillas	Asparagus in Phyllo
Crab Rangoon	Deviled Eggs
Spanakopita	French Onion Soup Boule Bites
Chicken Parm Bites	
Tomato Bisque Boule Bites	

SALADS

Our salads are perfect for all events from small gatherings to large parties! All of our delicious salads are made fresh.

Garden Salad

<i>Small - Feeds 6 to 10</i>	\$30.00
<i>Large - Feeds 10 to 20</i>	\$50.00

Made to order with mixed lettuce, tomato, cucumbers, red onion, and shredded carrots, served with your choice of dressing (Balsamic, Ranch, Honey Mustard, Blue Cheese, Italian, Green Goddess, or Asian Ginger).

Caesar Salad

<i>Small - Feeds 6 to 10</i>	\$30.00
<i>Large - Feeds 10 to 20</i>	\$50.00

Served with croutons and Caesar dressing.

Greek Salad

<i>Small - Feeds 6 to 10</i>	\$30.00
<i>Large - Feeds 10 to 20</i>	\$50.00

A house made favorite with Kalamata olives, shredded carrot, English cucumber, grape leaves, and grape tomatoes.

Baby Spinach or Kale Salad

<i>Small - Feeds 6 to 10</i>	\$30.00
<i>Large - Feeds 10 to 20</i>	\$50.00

A unique salad with your choice of baby spinach or kale and strawberries, garbanzo beans, shredded carrot, grape tomatoes and Asian Ginger dressing.

Vegetable Salads

<i>Edamame Succotash [GF, V]</i>	\$8.99	<i>lb.</i>
<i>White Bean & Rabe [GF, V]</i>	\$8.99	<i>lb.</i>
<i>Gigante Bean Salad [GF, V]</i>	\$8.99	<i>lb.</i>
<i>Cucumber & Garbanzo Bean [GF, V]</i>	\$8.99	<i>lb.</i>
<i>Mediterranean Eggplant Barley [GF, V]</i>	\$8.99	<i>lb.</i>
<i>Eggplant & Tomato Salad [V]</i>	\$8.99	<i>lb.</i>
<i>Black Bean & Mango [GF, V]</i>	\$8.99	<i>lb.</i>
<i>Tuscan Artichoke Salad [GF, V]</i>	\$8.99	<i>lb.</i>
<i>Broccoli, Bacon, Cashew Salad [GF]</i>	\$8.99	<i>lb.</i>
<i>Butternut, Garbanzo, & Tahini Salad [V]</i>	\$8.99	<i>lb.</i>
<i>Sesame Green Bean [GF, V]</i>	\$9.99	<i>lb.</i>
<i>Tomato & Fresh Mozzarella [GF]</i>	\$12.99	<i>lb.</i>

SALADS | cont.

Chicken Salads

Classic Chicken Salad [GF]	\$10.99	lb.
Tarragon Chicken Salad [GF]	\$10.99	lb.
Curry Chicken Salad [GF]	\$10.99	lb.
Pesto Chicken Salad [GF]	\$10.99	lb.
Buffalo Chicken Salad [GF]	\$10.99	lb.
Cranberry Walnut Chicken Salad [GF]	\$10.99	lb.
Chipotle Bacon Salad [GF]	\$10.99	lb.

Egg and Ham Salads

Egg Salad [GF]	\$7.99	lb.
Deviled Egg Salad [GF]	\$7.99	lb.
Bacon and Egg Salad [GF]	\$7.99	lb.
Ham Salad [GF]	\$8.99	lb.



Grains

Lemon Almond Rice [GF, V]	\$9.99	lb.
Quinoa Salad [GF, V]	\$9.99	lb.
Lemon Farro [V]	\$9.99	lb.
Wheatberry Salad [V]	\$9.99	lb.
Quinoa Tabouleh Salad [V]	\$9.99	lb.
Friends Salad	\$10.99	lb.
Powerhouse Salad	\$10.99	lb.

Pasta Salad

Homestyle Macaroni Salad	\$7.99	lb.
Ranch Pasta Salad	\$8.99	lb.
Cucumber Dill Pasta Salad	\$8.99	lb.
Sesame Pasta Salad	\$8.99	lb.
Balsamic Pasta Salad [V]	\$8.99	lb.
Couscous Calabrese	\$8.99	lb.
Asian Noodle [V]	\$9.99	lb.
Orzo Salad	\$9.99	lb.
Tortellini Mozzarella Salad	\$10.99	lb.
Butternut Risotto Salad	\$10.99	lb.



Potato Salads

Homestyle Potatoe Salad [GF]	\$6.99	lb.
Red Bliss Potato Salad [GF]	\$6.99	lb.
Sweet Potato & Bacon Salad [GF]	\$8.99	lb.
German Potato [GF]	\$8.99	lb.

Seafood Salads

Seafood Salad [GF]	\$8.99	lb.
Tuna Salad [GF]	\$10.99	lb.
Asian Ginger Tuna Salad [GF]	\$10.99	lb.
Snail Salad [GF]	\$12.99	lb.
Albacore Salad [GF]	\$12.99	lb.

Slaws

Coleslaw [GF]	\$6.99	lb.
Cilantro Slaw [GF, V]	\$7.99	lb.
Broccoli Slaw [GF]	\$8.99	lb.
Roasted Sesame Kale Slaw [GF]	\$8.99	lb.
Asian Chicken Slaw	\$9.99	lb.

Tofu and Tempeh

House Tempeh with Wasabi	\$8.99	lb.
Orange Cumin Tempeh	\$8.99	lb.
Buffalo Tempeh	\$8.99	lb.
Sweet Chili & Orange Tofu [GF, V]	\$8.99	lb.
Mediterranean Tofu [GF, V]	\$8.99	lb.
Turmeric Tofu [GF, V]	\$8.99	lb.

ENTRÉES |

Turkey & Chicken

Oven Roasted Turkey Breast [GF] \$14.99 lb.
Season & Roasted with the skin on.

Chicken Cutlets \$12.99 lb.
Fried Italian Breaded Chicken Breast.

Fresh Grilled Chicken Breast \$13.99 lb.
Honey Chipotle, House, Greek, Balsamic, Lemon and Rosemary.

Pan Fried Chicken \$13.99 lb.
Marsala, Francaise, Piccata.

Chicken Legs & Thighs \$8.99 lb.
Bone-in Chicken Roasted with Your Choice of Sauce:
Tarragon Mustard, Latin, Honey Mustard, Barbecue,
or Roasted Red Peppers & Basil Pesto.

Boneless Stuffed Chicken Breast \$9.99 lb.
Boneless chicken breasts stuffed with spinach and mozzarella or
apple, bacon, cheddar cornbread.

Chicken Statler Breast \$12.99 lb.
Lemon Chicken Statler
Dredged in Seasoned Flour and Roasted in Lemon Sauce.

Marbella Chicken Statler - a customer favorite!
Roasted with dried apricots, dried prunes, garlic,
herbs, and olives in white wine.

Grilled & Roasted Chicken Statler
Garlic, Vinegar, & Herbs

Pesto Cream

Mango Curry Chicken Statler

Grilled with an Herb Vinaigrette

& Many more sauces!



Chicken Fajita & Rice *Half Pan \$60.00 Full Pan \$120.00*
Chicken breast, peppers, garlic, onions, fresh salsa, cilantro & lime.

General Tso's Chicken & Rice *Half Pan \$60.00 Full Pan \$120.00*
Tempura chicken, broccoli, scallions, soy sauce, ginger.

Beef

Pan Fried Veal..... \$15.99 lb.

Beef Stew..... \$14.99 lb.

Hand trimmed chuck braised with red wine.

Cooked w/ potatoes, onion, celery, carrot, baby leaf, spices & broth.

Beef Stroganoff \$14.99 lb.

Hand-trimmed Chuck

Braised in garlic, onion, red wine, beef broth, and spices.

Finished w/ cream, sour cream & egg noodles.

Pulled Beef Brisket \$14.99 lb.

Pan seared for that perfect bark, slow cooked to perfection.

Grilled Tenderloin \$23.99 lb.

Marinated in a balsamic-garlic marinade.

Carne Asada & Rice.....*Half Pan \$70.00Full Pan \$140.00*

Marinated skirt steak, vegetables, jalapeño, cilantro and spices.

Seafood

Salmon Fillets \$19.99 lb.

Grilled or roasted & complemented with your choice of sauce:

Lemon Dill

Cilantro Lime

Green Goddess

Ginger Miso

Orange-Hoisin served over bok choy

Shrimp Scampi

Served with pasta \$11.99 lb.

Served without pasta \$17.99 lb.

Baked Cod Fillets..... \$18.99 lb.

Lemon, Butter, White Wine, Ritz

Pecan Salmon (3oz. portion) [GF]..... \$18.99 lb.

Salmon fillet pan fried with Dijon mustard and pecans. [GF]

House Grilled Salmon (3oz. portion) \$18.99 lb.

Cilantro Lime Salmon (3oz. portion)..... \$18.99 lb.

ENTRÉES | cont.

Pork

- Stuffed Pork Loin** [GF optional] \$11.99 lb.
Sliced whole loin stuffed with peppers, mushrooms, cheese, breadcrumbs, and pepperoni.
- Spiral Ham** \$9.99 lb.
- Pork Tenderloin Marsala** \$12.99 lb.

Pulled Pork \$10.99 lb.
Tender and juicy, perfect on its own or made into a sandwich.
Slow-cooked BBQ made to perfection!

ITEM REQUIRES 4 DAY PRE-ORDER

VEGETABLE SIDES |

- Vegetable Medley* Zucchini, Squash, Bell Peppers
- Roasted Butternut Squash with Cranberries*
- Green Beans with roasted Red Peppers and Tomatoes*
- Portobello Salad* Peppers, Artichoke Hearts, Parsley, Balsamic Vinegar

Other Available Options:

- | | |
|--------------------------------|------------------------|
| Broccoli Rabe | Jumbo Tater Tots |
| Brussels Sprouts | Mashed Potatoes |
| Roasted Asparagus | Smashed Red Potatoes |
| Green Beans and Mushrooms | Twice Baked Potatoes |
| Roasted Cauliflower with Lemon | Loaded Mashed Potatoes |
| Sautéed Spinach | Roasted Potatoes |
| Prosciutto Wrapped Asparagus | Roasted Sweet Potatoes |
| Rice Pilaf | Mashed Sweet Potatoes |
| Spanish Rice | |



PASTA DISHES |

CUSTOMIZE TO YOUR LIKING

Eggplant Parmesan	Half Pan \$60.00		Full Pan \$120.00
Macaroni & Three Cheese	Half Pan \$50.00		Full Pan \$100.00
Vegetarian Penne	Half Pan \$50.00		Full Pan \$100.00
Penne & Chicken or Sausage	Half Pan \$60.00		Full Pan \$120.00
Penne & Shrimp	Half Pan \$70.00		Full Pan \$140.00

HALF PAN FEEDS UP TO 8 | FULL PAN FEEDS UP TO 20

SUGGESTED SAUCES

<i>Français</i> Lemon, butter and wine sauce	or	<i>Alfredo Sauce</i> Creamy with Parmesan
<i>Piccata</i> Lemon and caper sauce		<i>Pink Vodka Sauce</i> Creamy, vodka tomato
<i>Marsala</i> Made with or without cream		<i>Sherry Cream</i> Smooth, lobster base
<i>Parmesan</i> House marinara with mozzarella		<i>Brandy Cream</i> Creamy, with mushroom
<i>Mushroom Marsala</i> Rich & earthy		<i>Lemon Dill</i> Zesty lemon & dill

Vegetable Lasagna Assorted fresh seasonal vegetables with a fresh béchamel sauce.	Half Pan \$60.00		Full Pan \$110.00
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Sausage Lasagna Roasted Local Sweet Italian Sausage with seasoned ricotta and our own Marinara Sauce.	Half Pan \$60.00		Full Pan \$110.00
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Meat Lasagna Sautéed Angus ground beef with seasoned ricotta and our own Marinara Sauce.	Half Pan \$60.00		Full Pan \$110.00
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BELMONT MARKET

a better place to shop

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Wakefield, RI 02879
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www.BelmontMarket.com