

BELMONT MARKET'S

SPRING INTO SAVINGS



GEORGIA, USA

BUTTER N' SUGAR SWEET CORN

6 for \$3.99



Georgia, USA

SNAPPY GREEN BEANS

\$1.49 lb.



SAVE \$2.00 LB.

CERTIFIED ANGUS BEEF BRAND

Boneless FLANK STEAK

\$12.99 lb.



CHAIRMAN'S RESERVE

CENTER CUT PORK CHOPS BONE-IN

SAVE \$1.50

\$3.49 lb.



GRADE A

CHICKEN DRUMSTICKS

SAVE 50¢ LB.

99¢ lb.



ALL NATURAL al fresco

CHICKEN BREAKFAST PATTIES & LINKS 7-7.5 oz.

SAVE \$1.00 EA.

\$3.99 ea.



SIMPLY POTATOES

Assorted Varieties, 20 - 24 oz.

SAVE \$1.50 EA.

\$3.99 ea.



KAYEM CHELSEA, MASS.

FRANKS Natural Casing, Natural Beef Franks 12 oz.

SAVE \$2.00 EA.

\$5.99 ea.



COOKED PERFECT BRAND

MEATBALLS Assorted Varieties, 18 - 26 oz.

SAVE \$2.00 EA.

\$8.99 ea.



BELMONT BREAD

SAVE \$1.00 EA.

SMALL ITALIAN ROUND

\$4.49 ea.



REEL IN FANTASTIC SEAFOOD

ATLANTIC COD LOIN

\$18.99 lb.

SWORDFISH

\$17.99 lb.

“Not responsible for typographical or photo errors. In fairness to our customers we reserve the right to limit quantities. Meat Department Items are not cooked.”



# The Freshest **PRODUCE**

IMPORTED  
**RASPBERRY &  
BLACKBERRY**  
HALF PINTS

**ON SALE 2/\$5**

CALIFORNIA, USA  
**STRAWBERRY**  
PINTS - 16 oz.

**\$2.99**



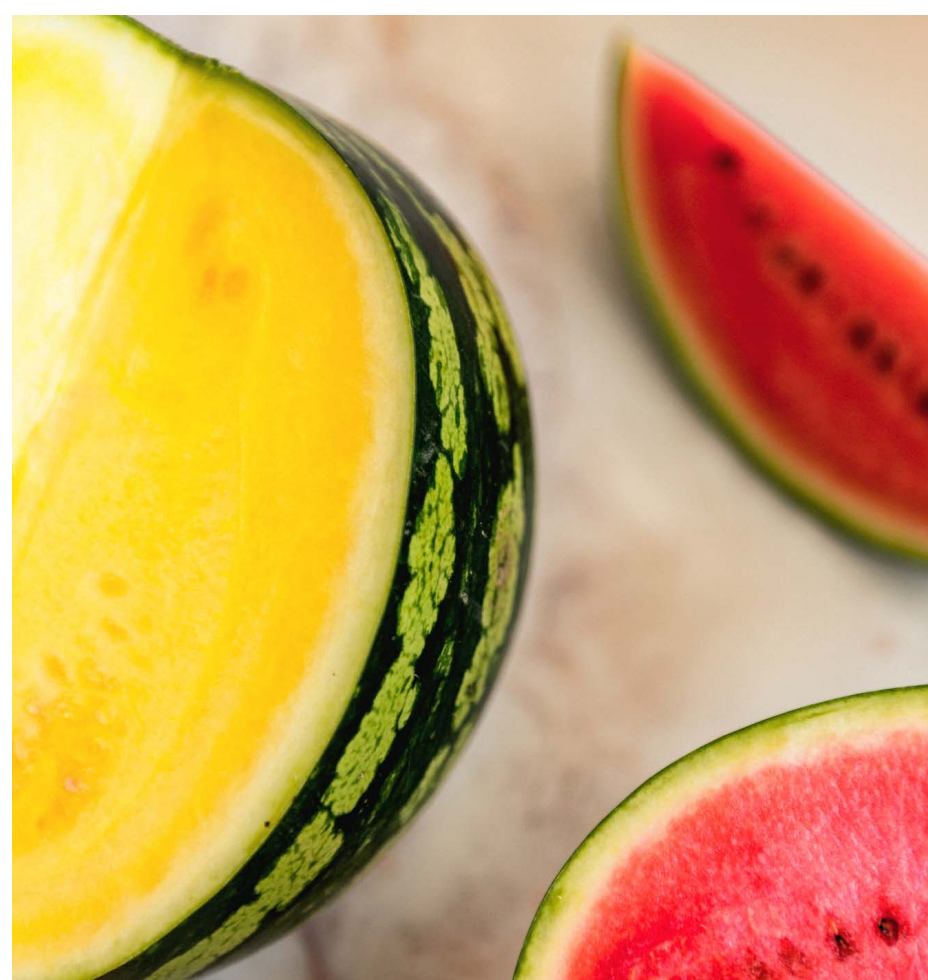
Washington, USA  
**GRANNY SMITH  
APPLES**

**1.49lb.**



Washington, USA  
**PINK LADY  
APPLES**

**1.49lb.**



**RED or YELLOW  
WATERMELON**  
1/4 or 1/2

**99¢lb.**



**WHOLE  
SEEDLESS  
WATERMELON**

**4.99ea.**



Belmont Market's  
**SMALL FRUIT  
PLATTERS**  
9-Inch Tray

**12.99ea.**



Belmont Market's  
**SMALL VEGGIE  
PLATTERS**  
9-Inch Tray

**10.99ea.**



Imported  
**CLUSTER  
TOMATOES**

**99¢lb.**



Imported  
**HASS  
AVOCADO**

**2/\$4**



**RED  
POTATOES**  
5 lb. Bag

**2.99ea.**



Imported  
**SEEDLESS  
ENGLISH  
CUCUMBERS**

**99¢ea.**



California, USA  
**GREEN & RED  
LEAF LETTUCE**

**1.49ea.**



Georgia, USA  
**SWEET VIDALIA  
ONIONS**

**1.29lb.**

## The Best **ORGANIC SELECTION**



Organic  
**MANGOES**

**2/\$4**



Organic  
**BLUEBERRY  
PINTS**

**3.99ea.**



Organic  
**PINK LADY  
APPLES**

**2.49lb.**



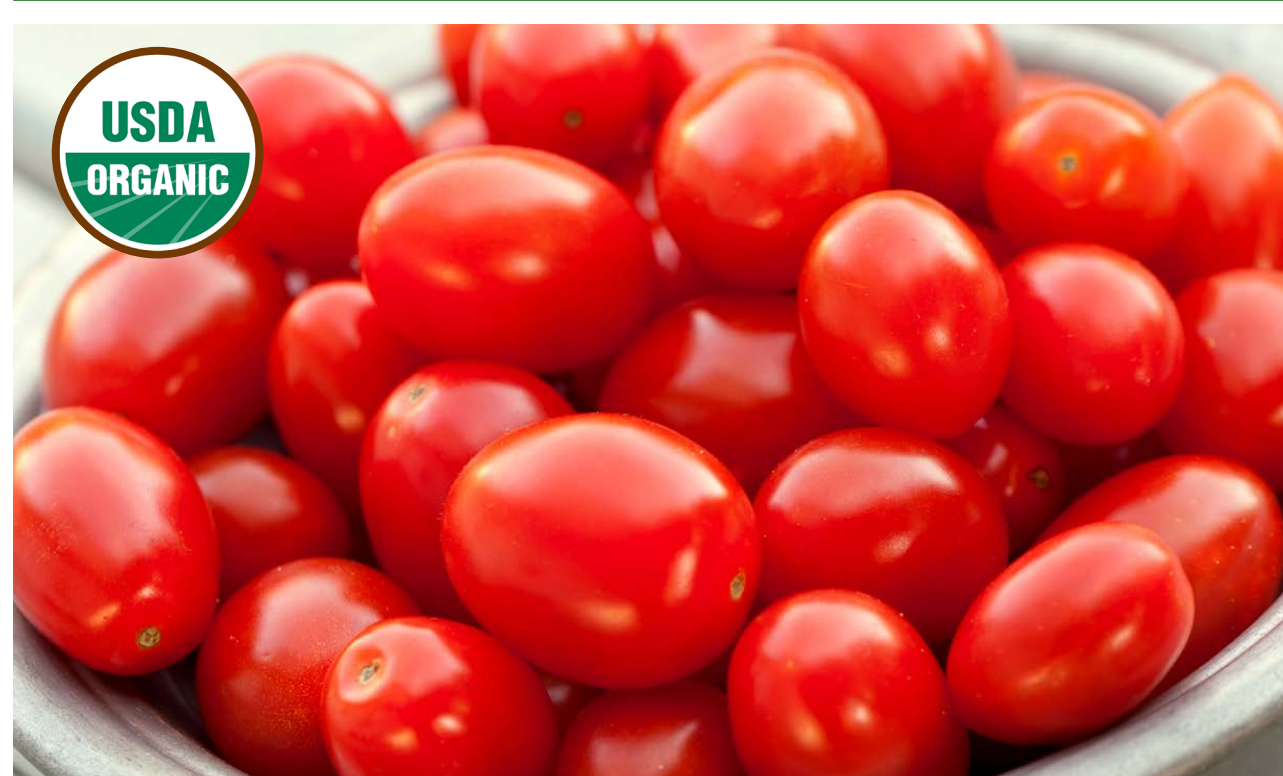
Organic  
**FRESH  
GREEN KALE**

**2.49ea.**



Organic  
**ROMAINE  
HEARTS**

**2.49ea.**



Organic  
**GRAPE  
TOMATOES**

**3.49ea.**



Organic  
**GREEN  
PEPPERS**

**2.99lb.**



# Great Deals ON FAMILY FAVORITES

SAVE UP TO \$3.29



General Mills  
**CHEERIOS**  
Assorted Varieties,  
8.9 - 10.8 oz.

2/\$5

SAVE \$1.80



Kellogg's  
**RICE KRISPIES**  
9 oz.

\$3.99

SAVE \$1.40



Chock  
Full o' Nuts  
**COFFEE**  
*\*Excludes Decaf*  
Assorted Varieties,  
10.3 - 11 oz.

\$6.99

SAVE \$1.19



Mott's  
**APPLE SAUCE**  
**6-PACKS**  
Assorted Varieties,  
23.4 - 24 oz.

2/\$6

SAVE \$1.40



Skippy  
**PEANUT BUTTER**  
Assorted Varieties,  
40 oz.

\$5.99

SAVE \$1.49



Quaker  
**CHEWY GRANOLA BARS**  
Assorted Varieties,  
6.3 - 6.7 oz.

2/\$6

SAVE 49¢



Wishbone  
**SALAD DRESSING**  
Assorted Varieties,  
8 oz.

2/\$4

SAVE 60¢



New York  
Bakery  
**TEXAS TOAST CROUTONS**  
Assorted Varieties,  
5 oz.

\$1.99

SAVE 60¢



Food Club  
**PASTA SAUCE**  
Assorted Varieties,  
23.9 - 24 oz.

\$1.99

SAVE \$1.29



Redpack  
**CANNED TOMATOES**  
Assorted Varieties,  
28 - 29 oz.

2/\$4

SAVE \$2.50



Rao's  
**PASTA SAUCE**  
Assorted Varieties,  
24 oz.

\$7.99

SAVE 94¢



Ronzone's  
**PASTA**  
Assorted Varieties,  
12 - 16 oz.

4/\$5

SAVE \$4.80



Rao's  
**Homemade PASTA**  
Assorted Varieties,  
16 oz.

\$3.19

SAVE 79¢



Pepperidge  
Farm  
**HOT DOG & BURGER BUNS**  
Assorted Varieties,  
14 - 15 oz.

2/\$7

SAVE \$2.00



Frito Lay  
**TOSTITOS CHIPS**  
Assorted Varieties,  
9 - 14 oz.

\$3.99

SAVE 80¢



Thomas'  
**BAGELS**  
Assorted Varieties,  
20 oz.

\$4.49

SAVE 74¢



Old El Paso  
**SEASONING PACKETS**  
Assorted Varieties,  
1 oz.

4/\$5

SAVE 82¢



Old El Paso  
**REFRIED BEANS**  
Assorted Varieties,  
16 oz.

3/\$5

SAVE \$1.49



Old El Paso  
**DINNER KITS**  
Assorted Varieties,  
8.8 - 14 oz.

2/\$7

SAVE \$1.59



Old El Paso  
**TACO SHELLS**  
Assorted Varieties,  
4.6 - 7.4 oz.

2/\$4

SAVE \$2.29



Annie's  
**MAC & CHEESE**  
Assorted Varieties,  
6 oz.

2/\$3

SAVE \$1.59



Suddenly  
Salad  
**PASTA SALAD MIX**  
Assorted Varieties,  
7.25 - 7.5 oz.

2/\$4

SAVE \$1.70



Yummy  
**CHICKEN NUGGETS**  
Assorted Varieties,  
21 - 21.5 oz.

\$6.59

SAVE \$1.70



Capri Sun  
**JUICE POUCH**  
**10-PACKS**  
Assorted Varieties,  
10 / 6 fl oz.

\$2.99



SAVE 94¢

Coca-Cola  
Brand  
**2-LITERS**  
Assorted Varieties,  
2 Liter

2/\$4.50

SAVE \$1.32



Bubly  
**8-PACKS**  
Assorted Varieties,  
8 / 12 fl oz.

3/\$11

SAVE \$1.30



Polar  
**SELTZERADE**  
**8-PACK**  
Assorted Varieties,  
8 / 12 fl oz.

\$2.99



## Great Deals ON FAMILY FAVORITES

SAVE UP TO \$3.00



Arm & Hammer  
CAT LITTER  
Assorted Varieties,  
14 - 20 lb.

\$10.99

SAVE \$1.00



Simply Done  
BLEACH  
121 fl oz.

\$5.99

SAVE \$3.00



Arm & Hammer  
LAUNDRY DETERGENT  
Assorted Varieties,  
44 fl oz.

\$4.99

SAVE \$1.00



Downy  
FABRIC SOFTENER  
Assorted Varieties,  
26 - 44 oz.

\$5.99

SAVE \$2.99



Flora  
BATH TISSUE  
12 Double Rolls,  
Assorted Varieties

2/\$10

SAVE \$2.99



Flora  
PAPER TOWELS  
6 Rolls,  
Assorted Varieties

2/\$10

SAVE \$5.30



Quilted Northern  
BATH TISSUE  
6 MEGA ROLLS  
Assorted Varieties

\$5.99

SAVE \$6.00



Brawny  
PAPER TOWELS  
4 DOUBLE ROLLS  
Assorted Varieties

\$5.99

## Cool Savings ON DAIRY AND FROZEN FOODS

SAVE \$3.29



Turkey Hill  
ICE CREAM  
Assorted Varieties,  
46 fl oz.

2/\$7

SAVE \$2.50



Mystic Pizza  
PIZZA  
Assorted Varieties,  
20.75 - 21.75 oz.

\$4.99

SAVE \$3.29



Chobani  
YOGURT  
4-PACKS  
Assorted Varieties,  
21.1 oz.

2/\$8

SAVE \$1.50



The Greek Gods  
GREEK YOGURT  
Assorted Varieties,  
24 oz.

\$3.99

SAVE 80¢



Bay's  
ENGLISH MUFFINS  
Assorted Varieties,  
12 oz.

\$3.49

SAVE \$1.30



Plugra  
EUROPEAN BUTTER  
Assorted Varieties,  
8 oz.

\$2.99

SAVE \$1.40



Crystal Farm  
STRING CHEESE  
Assorted Varieties,  
10 oz.

\$3.99

SAVE 49¢



Crystal Farms  
CREAM CHEESE BARS  
Assorted Varieties,  
8 oz.

2/\$5

SAVE \$1.29



Breakstone's  
COTTAGE CHEESE  
Assorted Varieties,  
16 oz.

2/\$6

SAVE \$1.49



Pillsbury  
CRESCENT BREADS  
Assorted Varieties,  
8 - 13.8 oz.

2/\$7

SAVE \$2.30



Florida Natural  
ORANGE JUICE  
89 fl oz.

\$6.99

SAVE \$3.49



Chobani  
COFFEE CREAMER  
Assorted Varieties,  
24 fl oz.

2/\$8

SAVE \$1.39



Blue Diamond  
Almond Breeze

Assorted Varieties,  
64 fl oz.

2/\$6

SAVE \$1.30



Cafe Buster

Assorted Varieties,  
40 fl oz.

\$4.99

SAVE 80¢



Cabot  
WHIPPED CREAM  
7 oz.

\$2.79

SAVE 70¢



Kozyshack  
PUDDING  
Assorted Varieties,  
16 oz.

\$3.49

## Your Favorite SPECIALTY GROCERY ITEMS

SAVE 60¢



DeeBee's Organics  
ORGANIC FRUIT FREEZE POPS  
Assorted Varieties,  
13.5 fl oz.

\$5.39

SAVE \$2.70



Primal Kitchen  
DIPPING SAUCE  
Assorted Varieties,  
10 oz.

\$7.99

SAVE UP TO \$1.60



Terra Chips  
VEGETABLE CHIPS  
Assorted Varieties,  
5 - 6.8 oz.

\$4.99

SAVE \$1.80



Mariner Biscuit Co.  
STONED WHEAT CRACKERS  
Assorted Varieties,  
8 oz.

\$2.99

SAVE 60¢



Tate's Bake Shop  
CRISPY COOKIES  
Assorted Varieties,  
6.5 - 7 oz.

\$5.99

SAVE UP TO 60¢



Unique Snacks  
PRETZELS  
Assorted Varieties,  
11 oz.

\$3.99

SAVE \$1.50



Coco Goods  
ORGANIC COCONUT WATER  
33.8 fl oz.

\$4.49

SAVE \$2.00



Cascadian Farms  
ORGANIC GRANOLA BARS  
Assorted Varieties,  
6.2 - 7.4 oz.

\$4.99



Come See What's **FRESH**



CRANBERRY  
ORANGE LOAF

**7.99**



CARROT CAKE  
CUPCAKE  
Extra Large

**4.99**



KITCHEN SINK  
COOKIES  
12-Pack

**6.99**



BOSTON  
CREAM PIE  
8-Inch

**13.99**

PREPARED FOODS

SAVE \$1.00 EA.

Freshly Prepared  
**POWERHOUSE  
CHICKEN  
BOWL**

**12.99**ea.



SAVE \$1.00 EA.

Freshly Prepared  
**STUFFED  
SHELL DINNER**

**8.99**ea.



SAVE \$1.00 LB.

**VEGAN  
HOME-STYLE  
MACARONI  
SALAD**

**6.99**lb.



SAVE \$1.00 LB.

EGG SALAD

**8.99**lb.

SAVE \$1.00 LB.

BLACK BEAN  
MANGO SALAD

**8.99**lb.

ONE DAY SALE ITEM

Freshly Prepared

**BAKED  
HADDOCK**

**18.99**lb.



SAVE \$3.00 LB.

Boar's Head  
**OVENGOLD  
TURKEY**

**11.99**lb.



SAVE \$2.00 LB.

Boar's Head  
**DELUXE  
HAM**

**11.99**lb.



SAVE \$1.00 LB.

Boar's Head  
**CLASSIC  
CHICKEN**

**11.99**lb.

SAVE \$1.00



Wolmont  
Farms  
**CHEESE  
TRAY**  
12 oz.

**7.99**

SAVE \$1.00



Adams  
Reserve  
**CHEDDAR**

**6.99**lb.

SAVE \$1.00



Snack  
Factory  
**PRETZEL  
CHIPS**  
Assorted Varieties,  
14 oz.

**6.99**



Experience the freshest flavors at our sushi haven!

Our skilled chefs use only the finest, highest-grade ingredients to craft a wide array of rolls, sashimi, and sushi. From basic to exotic, we have options for everyone, including both vegetarians and vegans.



HEALTH & WELLNESS



Four Sigmatic  
"CALM" MIX  
CHAI LATTE & CACAO  
10 packs / 0.21 oz. each

SAVE \$3.50

**\$15.99**



Belmont Wellness  
**ORGANIC  
B-COMPLEX**  
60 count

SAVE \$4.00

**\$22.99**



Avalon  
**SHAMPOO &  
CONDITIONER**  
ROSEMARY SCENTED  
11 oz.

SAVE \$1.50

**\$10.99**



Siete Maiz  
**TORTILLA CHIPS**  
7.5 oz.

SAVE \$1.00

**\$6.29**

THE HERB WYFE



Oregon Wild  
Harvest  
**SKULLCAP**  
90 count

SAVE \$5.00

**\$22.99**



Herb Pharm  
**MURIA  
PUAMA**  
1 oz.

SAVE \$5.00

**\$12.99**



GAIA Herbs  
**INFINITY  
GLOW**  
120 count

SAVE \$5.00

**\$37.99**



Host Defense  
**AGARIKON**  
120 count

SAVE \$5.00

**\$54.99**

**SPRUCE UP WITH FESTIVE FLOWERS**

Explore our floral collection to perfect your celebration with bouquets, centerpieces, and flowering plants.

SUNFLOWER  
BUNCHES  
5 STEMS

**\$10.99**



KALANCHOE  
4" PLANT

**\$10.99**



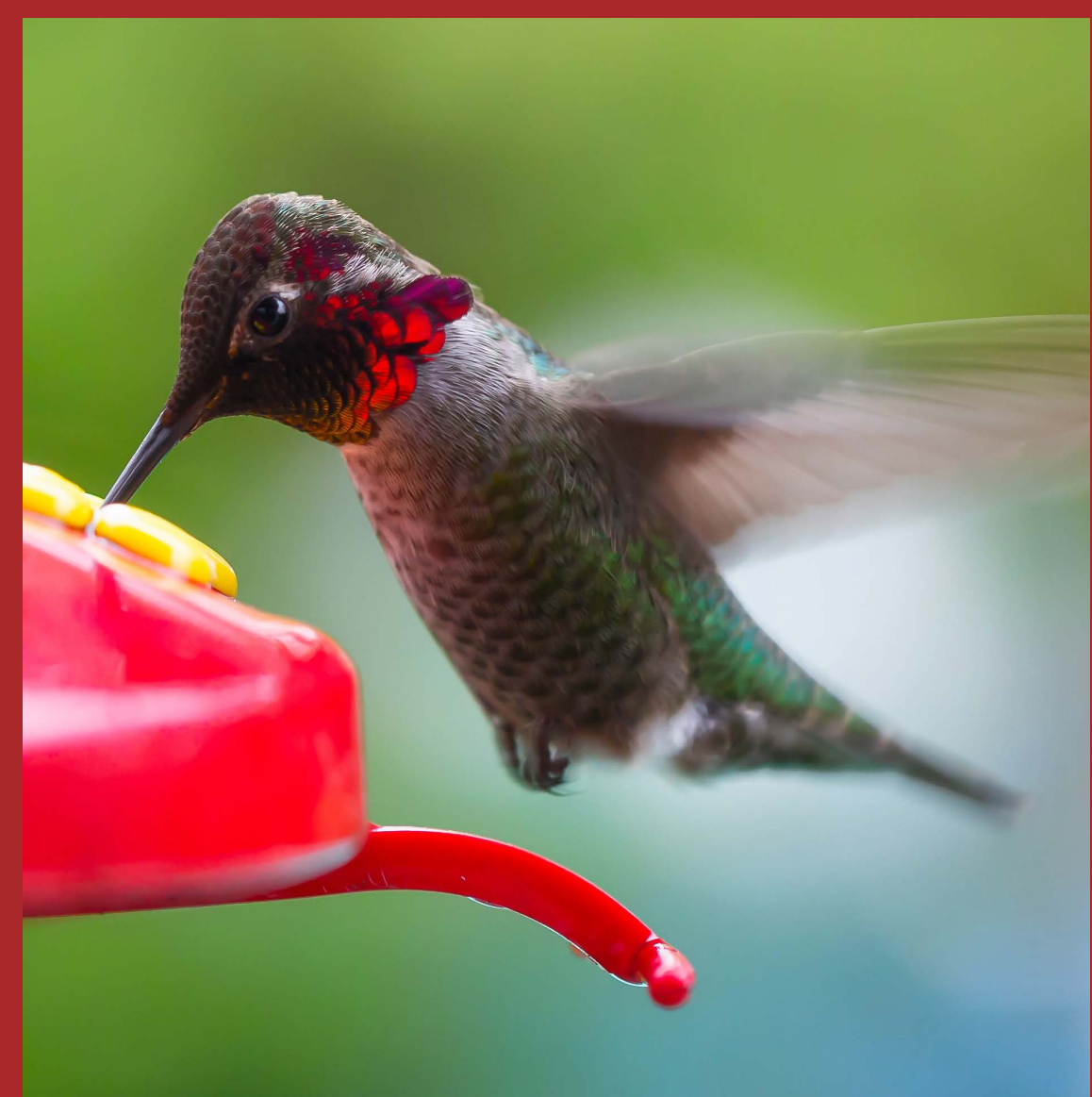
VINTAGE  
SUNFLOWER  
BOUQUET

**\$29.99**



BIRD'S CHOICE  
HUMMINGBIRD  
NECTAR

**\$2.99**







# BELMONT MARKET *Gift Baskets*



## Celebrate Any Occasion!

Our unique gift baskets are perfect for birthdays, retirement, weddings, sympathy, anniversaries, holiday, housewarming and more! Choose from a great assortment year-around.

VISIT US IN-STORE, CALL 401-789-4656,  
OR SHOP ONLINE AT [SHOP.BELMONTMARKET.COM](http://SHOP.BELMONTMARKET.COM)  
TO ORDER NOW



## FRESH MADE FROM SCRATCH BELMONT MARKET BREAD

**Home-style Sandwich Loaves,  
Whole Grain Baguettes, Italian  
and Flat bread Styles**

Belmont Bread, with the help of our bread baker, we are working to incorporate more regionally grown and milled grains, into our products in an effort to not only make unique and interesting breads, but also to help rebuild a piece of our regional heritage that has been all but lost over the last century.

## SAVE TIME AND SHOP ONLINE!

Our convenient hours and scheduled delivery make it easy for you to do your grocery shopping on your own time.

You can pick up your order or have it delivered, even to Block Island!

[SHOP.ROSIEAPP.COM/BELMONT](http://SHOP.ROSIEAPP.COM/BELMONT)

