

BELMONT MARKET'S

MOTHER'S DAY WEEKEND SALES



MAINE BACK YARD

HOT HOUSE TOMATOES

99¢ lb.



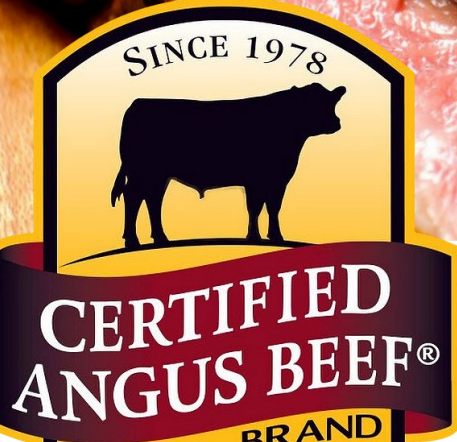
Grimm Way

CARROTS

1 lb. bag

69¢ ea.





BONELESS SIRLOIN STEAK

9.99 lb.

SAVE \$4.00 LB.





Boneless / Center Cut PORKCHOPS

3.99 lb.

SAVE \$2.00 LB.



Grade A / Boneless CHICKEN THIGHS

2.99 lb.

SAVE \$2.00 LB.





BEEF PATTIES

Assorted Varieties, 20 - 24 oz.

13.99 ea.

SAVE \$2.00 EA.





RIBEYE SHAVED STEAK

12 oz.

10.99 ea.

SAVE \$1.00 EA.



Oscar Meyer's BACON

Assorted Varieties, 12 - 16 oz.

10.99 ea.

SAVE \$



Tyson BREAD STUFFED CHICKEN BREAST

10 oz.

5.99 ea.

SAVE \$2.00 EA.

BELMONT BREAD



CINNAMON RAISIN BREAD

5.99 ea.

SAVE \$1.00 EA.

REEL IN FANTASTIC SEAFOOD





SWORDFISH

17.99 lb.





FRESH HALIBUT

27.99 lb.

The Freshest **PRODUCE**

Pears

On Sale

**BARTLETT,
BOSC & D'ANJOU**

1.69lb.



California, USA
STRAWBERRIES
16 oz.

2.99ea.



Georgia, USA
BLUEBERRIES
Pint

3.99ea.



Imported
**SEEDLESS
GRAPES**
Red or Black

2.99lb.



Washington, USA
**GRANNY
SMITH APPLES**
X-Fancy

1.49lb.



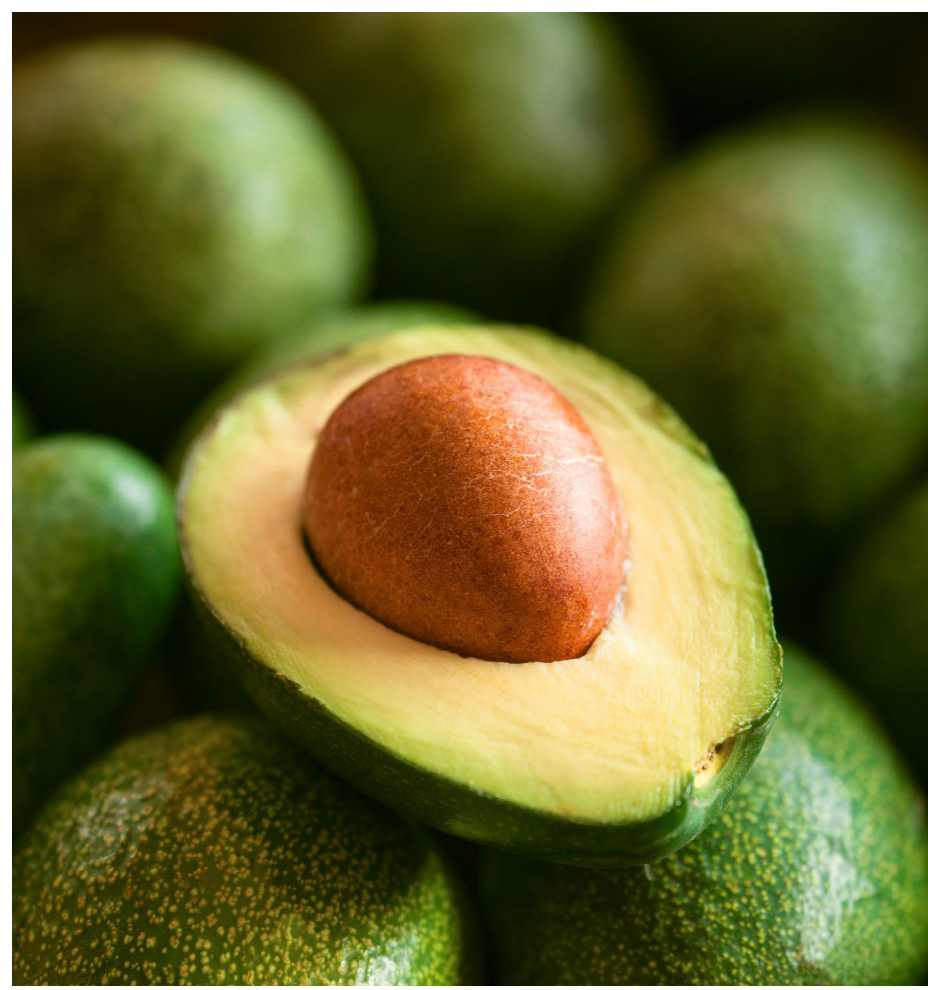
California, USA
**RUBY RED
GRAPEFRUIT**

2/\$3



Fresh
**WATERMELON
CUTS**
1/2 or 1/4

99¢lb.



Imported
**HASS
AVOCADOS**

2/\$4



Imported
**SEEDLESS
ENGLISH
CUCUMBERS**

99¢ea.



California, USA
**ICEBERG
LETTUCE**
Cello Wrapped

1.49ea.



Florida, USA
**BUTTER 'N
SUGAR SWEET** **5/\$3.50**
CORN



Fancy Southern
GREEN BEANS

1.99lb.



Georgia, USA
**SWEET
VIDALIA ONION**

1.29lb.

The Best **ORGANIC SELECTION**



Organic
BLACKBERRIES
HALF PINT

3.99ea.



**GRAPE
TOMATOES**
PINT

2.99ea.



Organic
**FRESH
BROCCOLI**

3.99ea.



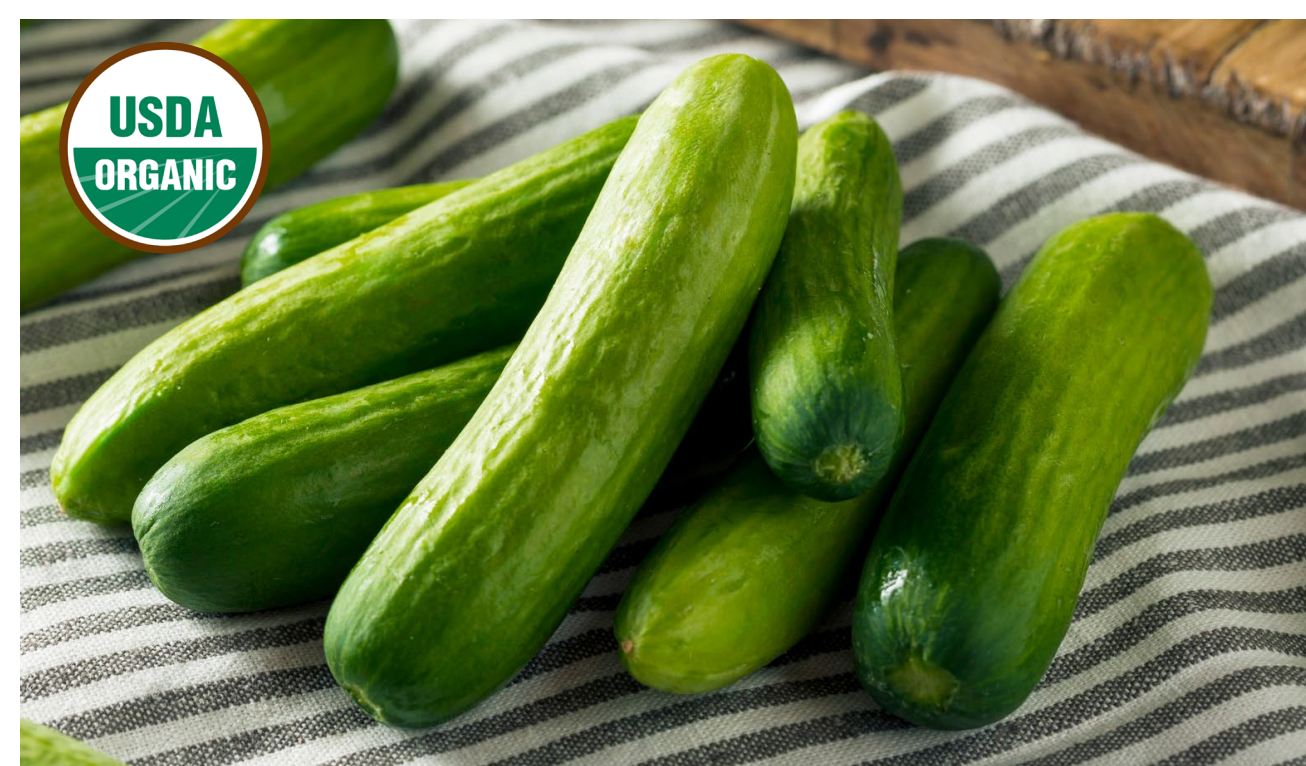
Organic
**NAVEL
ORANGES**

1.99lb.



Organic
**FRESH
CAULIFLOWER**

3.99ea.



**MINI
CUCUMBERS**
6 PACK

3.99ea.



Organic
**ROMAINE
HEARTS**

3.99ea.



Organic
**VIDALIA
ONIONS**

1.69lb.



Great Deals ON FAMILY FAVORITES

SAVE \$2.29



Quaker
LIFE CEREAL
Assorted Varieties,
13 oz.

2/\$6

SAVE UP TO \$3.49



General
Mills
CHEERIOS
Assorted Varieties,
12 - 16.8 oz.

2/\$7

SAVE \$1.00



Food Club
**QUICK & OLD
FASHIONED
OATS**
Assorted Varieties,
42 oz.

\$4.99

SAVE \$1.40



Chock
Full o' Nuts
COFFEE
*Excludes Decaf
& Half Caf.
Assorted Varieties,
10.2 - 11.3 oz.

\$6.99

SAVE UP TO \$1.50



Salada
TEA
Assorted Varieties,
48 - 100 count

\$3.99

SAVE 99¢



True
Lemon
**DRINK
MIXES**
1.06 - 1.27 oz.

2/\$6

SAVE \$3.69



Town House
CRACKERS
Assorted Varieties,
9 - 10.2 oz.

2/\$4

SAVE \$1.79



Kellogg's
**CLUB
CRACKERS**
Assorted Varieties,
11 - 13.7 oz.

2/\$7

SAVE \$1.79



Kellogg's
TOASTEDS
Assorted Varieties,
8 oz.

2/\$7

SAVE 96¢



Pop Secret
POPCORN
Assorted Varieties,
7.9 - 9.6 oz.

3/\$10

SAVE \$2.79



Nature Valley
**PROTEIN
GRANOLA BARS**
Assorted Varieties,
7.1 oz.

2/\$7

SAVE 70¢



Spam
**LUNCHEON
MEAT**
Assorted Varieties,
12 oz.

\$3.99

SAVE \$2.12



Annie's
**MAC &
CHEESE**
Assorted Varieties,
5.25 - 6 oz.

3/\$5

SAVE UP TO 62¢



Nissin
**FIRE WOK
NOODLE BOWLS**
Assorted Varieties,
2.75 - 4.55 oz.

3/\$5

SAVE UP TO 62¢



Nissin
**CUP NOODLE
JAPANESE
TERIYAKI
CHICKEN CUP**
Assorted Varieties,
2.75 - 4.55 oz.

3/\$5

SAVE \$1.44



Starkist
**SOLID WHITE
TUNA**
Assorted Varieties,
5 oz.

4/\$5

SAVE \$1.16



Pennsylvania
Dutch
NOODLES
Assorted Varieties,
12 oz.

3/\$7

SAVE 62¢



Chi Chi
GREEN CHILES
Assorted Varieties,
4 oz.

3/\$5

SAVE UP TO 99¢



Chi-Chi's
TORTILLAS
Assorted Varieties,
12 - 17.5 oz.

2/\$5

SAVE \$1.19



Chi-Chi's
SALSA
Assorted Varieties,
16 oz.

2/\$5

SAVE 20¢



Redpack
**TOMATO
SAUCE**
8 oz.

99¢

SAVE 50¢



Redpack
**TOMATO
PASTE**
6 oz.

99¢

SAVE \$1.29



Redpack
**CANNED
TOMATOES**
Assorted Varieties,
28 - 29 oz.

2/\$4

SAVE \$1.09



Manwich
SLOPPY JOE
Assorted Varieties,
15 - 15.5 oz.

2/\$3

SAVE \$2.30



Botticelli
**PASTA
SAUCE**
Assorted Varieties,
24 oz.

\$4.99

SAVE \$2.50



Rao's
**PASTA
SAUCE**
Assorted Varieties,
32 oz.

\$8.99

SAVE 69¢



Lindsay
**PITTED
OLIVES**
Assorted Varieties,
6 oz.

2/\$5

SAVE 49¢



Food Club
**CANNED
VEGGIES**
Assorted Varieties,
14.5 - 15.5 oz.

10/\$10

SAVE \$1.09



Bush's
Best
**BAKED
BEANS**
Assorted Varieties,
21.7 - 28 oz.

2/\$5

SAVE UP TO 89¢



Hormel
**CHILI WITH
BEANS**
Assorted Varieties,
15 oz.

2/\$5

SAVE UP TO \$2.60



Duke's
**REAL
MAYONNAISE**
Assorted Varieties,
18 - 30 fl oz.

\$4.99

SAVE \$1.30



Kraft
**MIRACLE
WHIP**
Assorted Varieties,
30 oz.

\$7.99

SAVE \$4.50



California
Olive Ranch
OLIVE OILS
Assorted Varieties,
16.9 fl oz.

\$10.99

SAVE UP TO 89¢



Food Club
MUSTARD
Assorted Varieties,
12 - 20 oz.

2/\$3

SAVE \$2.10



Heinz
**EASY
SQUEEZE
KETCHUP**
32 oz.

\$4.49

SAVE UP TO \$1.80



Mt. Olive
PICKLES
Assorted Varieties,
24 fl oz.

\$3.49

Great Deals ON FAMILY FAVORITES

SAVE \$1.49



Welch's
**ZERO SUGAR
JUICE
COCKTAILS**
Assorted Varieties,
64 fl oz.

2/\$6

SAVE 94¢



Coca-Cola
Brand
2-LITERS
Assorted Varieties,
2 Liters (67.6 fl oz.)

2/\$4.50

SAVE \$1.32



Bubly
8-PACKS
Assorted Varieties,
8 / 12 fl oz.

3/\$11

SAVE \$2.00



Frito Lay
**TOSTITO
CHIPS**
Assorted Varieties,
9 - 14 oz.

\$3.99

SAVE \$1.00



Snuggle
**FABRIC
SOFTENER**
Assorted Varieties,
26.8 - 32 fl oz.

\$4.99

SAVE \$2.00



Snuggle
**DRYER
SHEETS**
Assorted Varieties,
70 - 80 count

\$4.99

SAVE \$3.30



ALL
**LAUNDRY
DETERGENT**
Assorted Varieties,
30 - 36 fl oz.

\$5.99

SAVE \$4.00



Cottonelle
**BATH
TISSUE**
6 Mega Rolls
Assorted Varieties,
1464 - 1704 count

\$5.99

SAVE \$3.50



Scott
PAPER TOWELS
6 Double Rolls
Assorted Varieties,
600 - 648 count

\$5.99

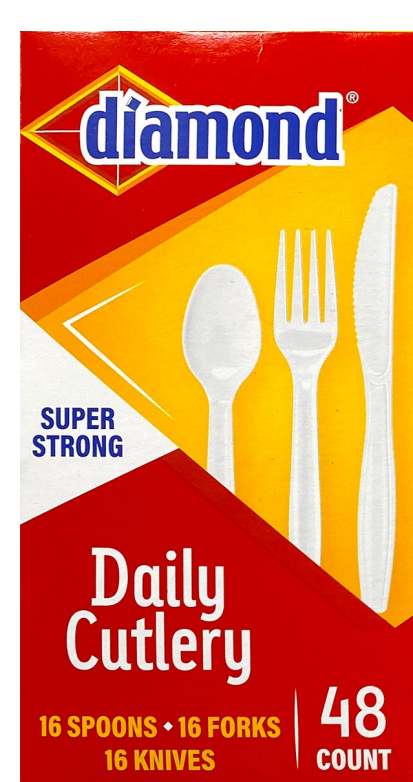
SAVE \$1.30



Palmolive
**ULTRA
DISH SOAP**
Assorted Varieties,
32.5 fl oz.

\$3.99

SAVE 80¢



Diamond
**HEAVY DUTY
CUTLERY**
Assorted Varieties,
48 count

\$4.49

SAVE 99¢



Saran Wrap
**CLING PLUS &
PREMIUM WRAP**
Assorted Varieties,
100 - 200 sq ft.

2/\$5

SAVE 39¢



Scotties
**FACIAL
TISSUES**
Assorted Varieties,
54 ct - 110 ct

2/\$4

SAVE \$2.00



Hefty
**TALL KITCHEN
TRASH BAGS**
Assorted Varieties,
20 - 40 count

\$8.99

SAVE \$5.00



Purina
**BENEFUL
DOG FOOD**
Assorted Varieties,
14 lb.

\$17.99

Cool Savings ON DAIRY AND FROZEN FOODS



SAVE 39¢

Eggos
**WAFFLES,
PANCAKES, FRENCH
TOAST STICKS**
Assorted Varieties,
9.3 - 14.8 oz.

2/\$7

SAVE \$2.80



Turkey Hill
ICE CREAM
Assorted Varieties,
48 fl oz.

\$3.99

SAVE \$1.80



Yummy
**CHICKEN
NUGGETS**
Assorted Varieties,
21 - 21.5 oz.

\$6.49

SAVE \$1.66



Sargento
**BALANCED
BREAKS**
Assorted Varieties,
4 - 4.5 oz.

3/\$10

SAVE \$1.30



Polly-O
**STRING
CHEESE**
Assorted Varieties,
9 - 12 oz.

\$4.99

SAVE 99¢



Crystal Farms
**CHUNK
CHEESE**
Assorted Varieties,
7 - 8 oz.

2/\$6

SAVE 99¢



Crystal Farms
CHEESE SHREDS
Assorted Varieties,
7 - 8 oz.

2/\$6



SAVE \$1.29

Tropicana
ORANGE JUICE
Assorted Varieties,
46 fl oz.

2/\$8

SAVE \$1.80



Cabot
BUTTER
Assorted Varieties,
16 oz.

\$4.99

SAVE 70¢



Cabot
**BAR CREAM
CHEESE**
8 oz.

\$2.29

SAVE \$1.79



Breakstone's
SOUR CREAM
Assorted Varieties,
16 oz.

2/\$4



SAVE \$1.30

Almond Breeze
ALMOND MILK
Assorted Varieties,
96 fl oz.

\$4.99

SAVE 66¢



Siggis
YOGURT
Assorted Varieties,
4.4 - 5.3 oz.

3/\$4

SAVE 70¢



Lender's
BAGELS
Assorted Varieties,
17.1 oz.

\$2.79

SAVE \$1.49



Hershey's
**PUDDING
4-PACK**
Assorted Varieties,
13.1 - 15.5 oz.

2/\$6

Your Favorite SPECIALTY GROCERY ITEMS

SAVE UP TO \$1.40



Van's
**WAFFLES &
PANCAKES**
Assorted Varieties,
8 - 12.4 oz.

\$3.99

SAVE UP TO \$2.00



Bob's Red Mill
**ORGANIC
FLAXSEED
MEAL**
Assorted Varieties,
16 oz.

\$4.99

SAVE UP TO \$1.60



Stubb's
BBQ SAUCE
Assorted Varieties,
18 oz.

\$5.99

SAVE 80¢



Daily Pantry
**ORGANIC
BROTH**
Assorted Varieties,
32 fl oz.

\$3.19

SAVE \$1.40



San Remo
PASTA
Assorted Varieties,
16 oz.

\$4.59

SAVE \$1.30



Laurel Hill
**ARTICHOKE
HEARTS**
Assorted Varieties,
8.46 oz.

\$3.69

SAVE \$1.80



Paleonola
**GRAIN FREE
GRANOLA**
Assorted Varieties,
10 oz.

\$9.19

SAVE \$1.50



Backyard Foods
**SWEET & HOT
PEPPER RELISH**
Assorted Varieties,
7.5 oz.

\$4.19

Come See What's **FRESH**



La Brea
THREE CHEESE SEMOLINA

5.99



SAVE \$1

YELLOW OR CHOCOLATE CAKE
4 inch cake

7.99



SAVE \$1

LEMON WHITE CHOCOLATE CHUNK COOKIES
12 Pack

6.99



SAVE \$1

RASPBERRY LEMON LOAF

6.99

PREPARED FOODS

SAVE \$1.00 EA.

Freshly Prepared
STUFFED SHELL DINNER

8.99ea.



SAVE \$1.00 EA.

Freshly Prepared
BELMONT ACAI BOWL

10.99ea.



ONE DAY SALE ITEM

Freshly Prepared
STUFFED FLOUNDER

17.99lb.



SAVE \$1.00 LB.

Freshly Prepared
VEGAN BAKED BEANS

6.99lb.



SAVE \$1.00 LB.

FRIEND'S SALAD

9.99lb.

SAVE \$1.00 LB.

BALSAMIC CHICKEN SALAD

9.99lb.

SAVE \$2.40 LB.

Boar's Head
OVENGOLD TURKEY

11.99lb.



SAVE \$2.00 LB.

Boar's Head
HONEY MAPLE HAM

11.99lb.



SAVE \$1.00 LB.

Boar's Head
CLASSIC CHICKEN

11.99lb.



SAVE \$1.00

El Cortijo MANCHEGO
6 oz.

9.99



SAVE \$1.00

Montchevre MIKE'S HOT HONEY GOAT LOG
4 oz.

5.99



SAVE \$1.00

Santori BAGGED PARMESAN
Assorted Varieties, 7 oz.

5.99





Experience the freshest flavors at our sushi haven!

Our skilled chefs use only the finest, highest-grade ingredients to craft a wide array of rolls, sashimi, and sushi. From basic to exotic, we have options for everyone, including both vegetarians and vegans.



HEALTH & WELLNESS



Belmont Wellness
WOMEN'S MULTI & 40+
60 count

SAVE \$6.00

39.99



Life Seasons
FRUIT & VEGGIES
60 count

SAVE \$4.00

23.39

THE HERB WYFE



Dandy Blend
DANDELION TEA
3.5 oz.

SAVE \$3.00

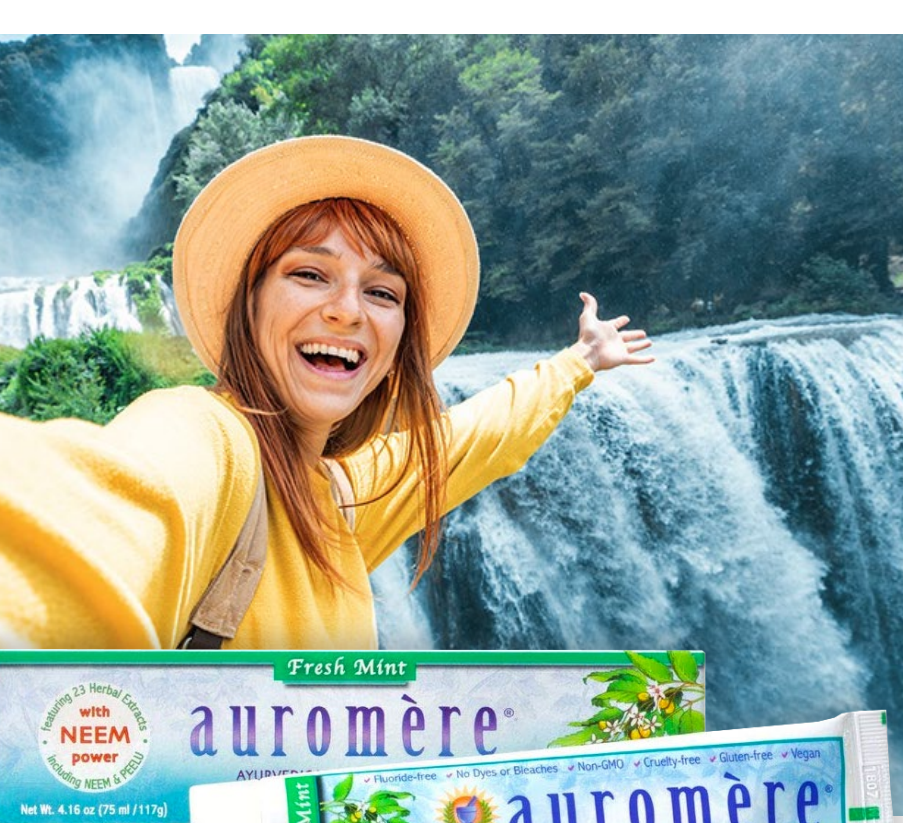
9.99



Herb Pharm
MUIRA PUAMA
1 oz.

SAVE \$5.00

12.99



Auromere Ayurvedic
HERBAL TOOTHPASTE
Assorted Varieties, 4.16 oz.

SAVE \$2.00

7.29



Four Sigmatic Focus
ORGANIC COFFEE W LIONS MANE & CHAGA MUSHROOM
10 oz.

SAVE \$4.00

15.29



The Herb Wyfe
APHRODITE NECTAR TEA
2 oz.

SAVE \$2.00

5.00



Sanctuary Herbs
BASIL MOLANGE
1 oz.

SAVE \$2.00

5.99

Celebrate Mom with Beautiful Blooms

Sunday, May 11th

Show your love this Mother's Day with a gorgeous floral collection!

From stunning bouquets to elegant centerpieces and flowering plants, we have everything to make her day extra special.

TICKLED PINK BOUQUET

19.99





GARDEN MIX BOUQUET

29.99



BIRD'S CHOICE HUMMINGBIRD & ORIOLE NECTAR

2.99

KALANCHOE, BEGONIA, GERBER DAISY 4" PLANTS

10.99





FLOWERING HANGING PLANTS

36.99



BELMONT MARKET *Gift Baskets*



Celebrate Any Occasion!

Our unique gift baskets are perfect for birthdays, retirement, weddings, sympathy, anniversaries, holiday, housewarming and more! Choose from a great assortment year-around.

VISIT US IN-STORE, CALL 401-789-4656,
OR SHOP ONLINE AT SHOP.BELMONTMARKET.COM
TO ORDER NOW



FRESH MADE FROM SCRATCH BELMONT MARKET BREAD

**Home-style Sandwich Loaves,
Whole Grain Baguettes, Italian
and Flat bread Styles**

Belmont Bread, with the help of our bread baker, we are working to incorporate more regionally grown and milled grains, into our products in an effort to not only make unique and interesting breads, but also to help rebuild a piece of our regional heritage that has been all but lost over the last century.

SAVE TIME AND SHOP ONLINE!

Our convenient hours and scheduled delivery make it easy for you to do your grocery shopping on your own time.

You can pick up your order or have it delivered, even to Block Island!

SHOP.ROSIEAPP.COM/BELMONT

