

BELMONT MARKET'S

SPRING INTO SAVINGS



CALIFORNIA, USA

ROMAINE
HEART 3-PACK

\$2.49 ea.



Georgia, USA

SWEET VIDALIA
ONION

\$1.29 lb.



Certified Angus Beef

80% HAMBURGER
FAMILY PACK

\$3.99 lb.



Chairman's Reserve

Bone-In
COUNTRY STYLE
PORK SPARE RIBS

SAVE \$1.00 LB.

\$2.49 lb.



GRADE A

CUT CHICKEN
WINGS

Family Pack

SAVE \$2.00 LB.

\$2.99 lb.



Longhini

Since 1950

ITALIAN SAUSAGE
LINKS & PATTIES

Assorted Varieties,
16 oz.

SAVE \$1.00 EA.

\$6.99 ea.



Hillshire Farm

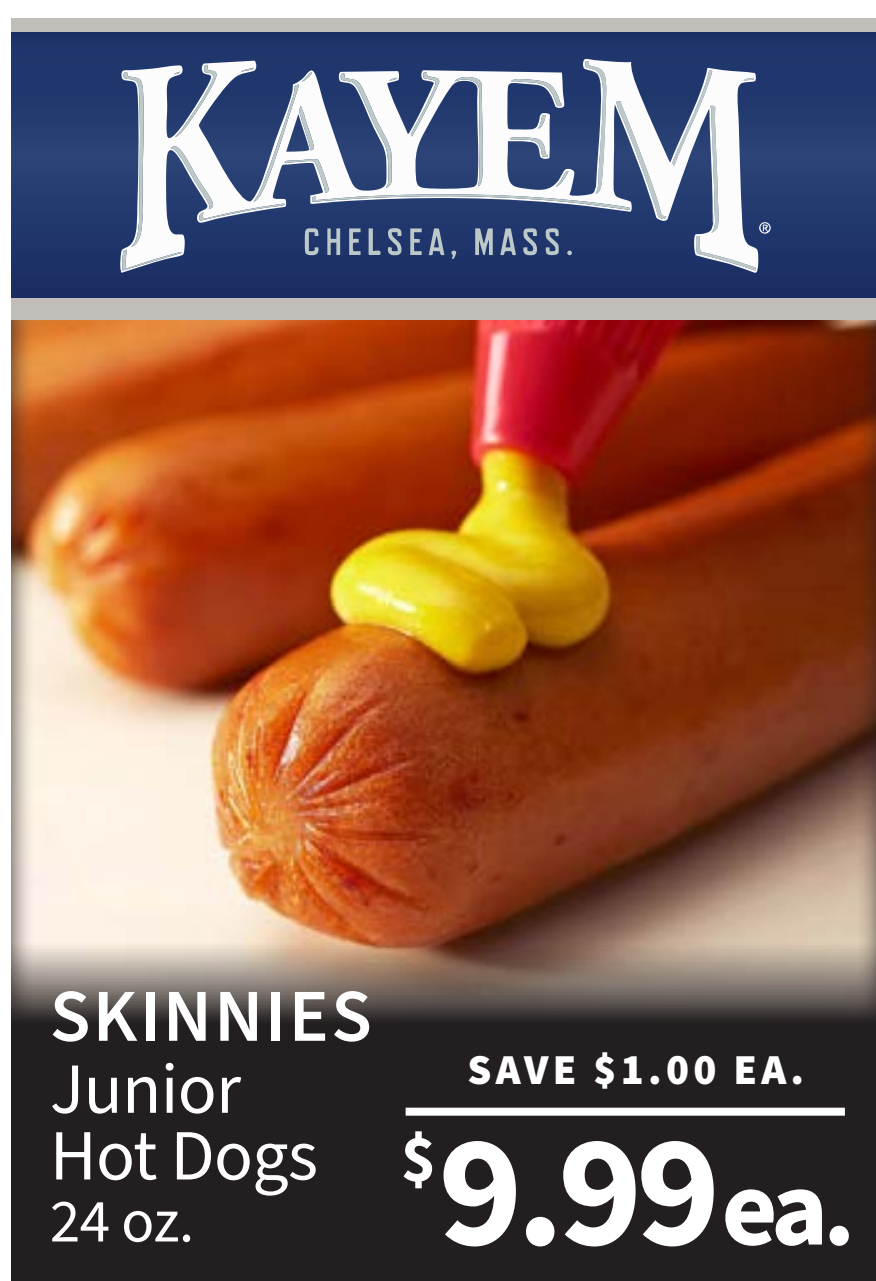
EST 1934

DELI MEAT
SNACK PACKS

Assorted Varieties,
2.76 oz.

SAVE \$1.00 EA.

\$2.99 ea.



KAYEM

CHELSEA, MASS.

SKINNIES

Junior
Hot Dogs

24 oz.

SAVE \$1.00 EA.

\$9.99 ea.



JONES

DAIRY FARM

SAUSAGE
PATTIES

Assorted Varieties,
16 oz.

SAVE \$1.00 EA.

\$9.99 ea.

SAUSAGE
LINKS

Assorted Varieties,
16 oz.

SAVE \$1.00 EA.

\$9.99 ea.



BELMONT BREAD

SAVE \$1.00 EA.

SMALL
ITALIAN LOAF

4.49 ea.



REEL IN FANTASTIC SEAFOOD

ATLANTIC
COD LOIN

\$18.99 lb.

SWORDFISH

\$17.99 lb.

The Freshest **PRODUCE**

NEW JERSEY, USA
YELLOW & GREEN SQUASH



ON SALE 99¢ LB.

GEORGIA, USA
BUTTER N' SUGAR SWEET CORN



6 FOR \$3.99



California, USA
STRAWBERRY
Pint / 16 oz. **\$2.99 ea.**



SOUTHERN PEACHES **\$1.99 lb.**



Local
RHUBARB **\$2.99 lb.**



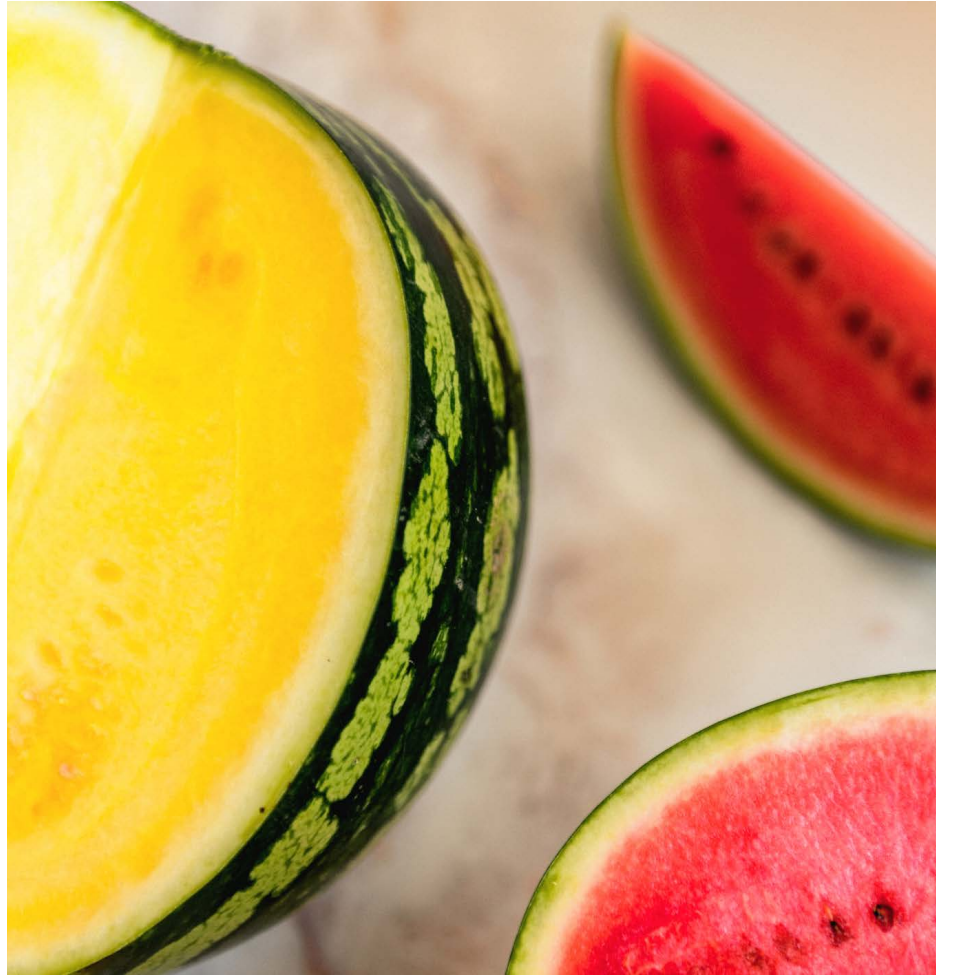
Del Monte
HONEY GLOW PINEAPPLES **\$2.99 ea.**



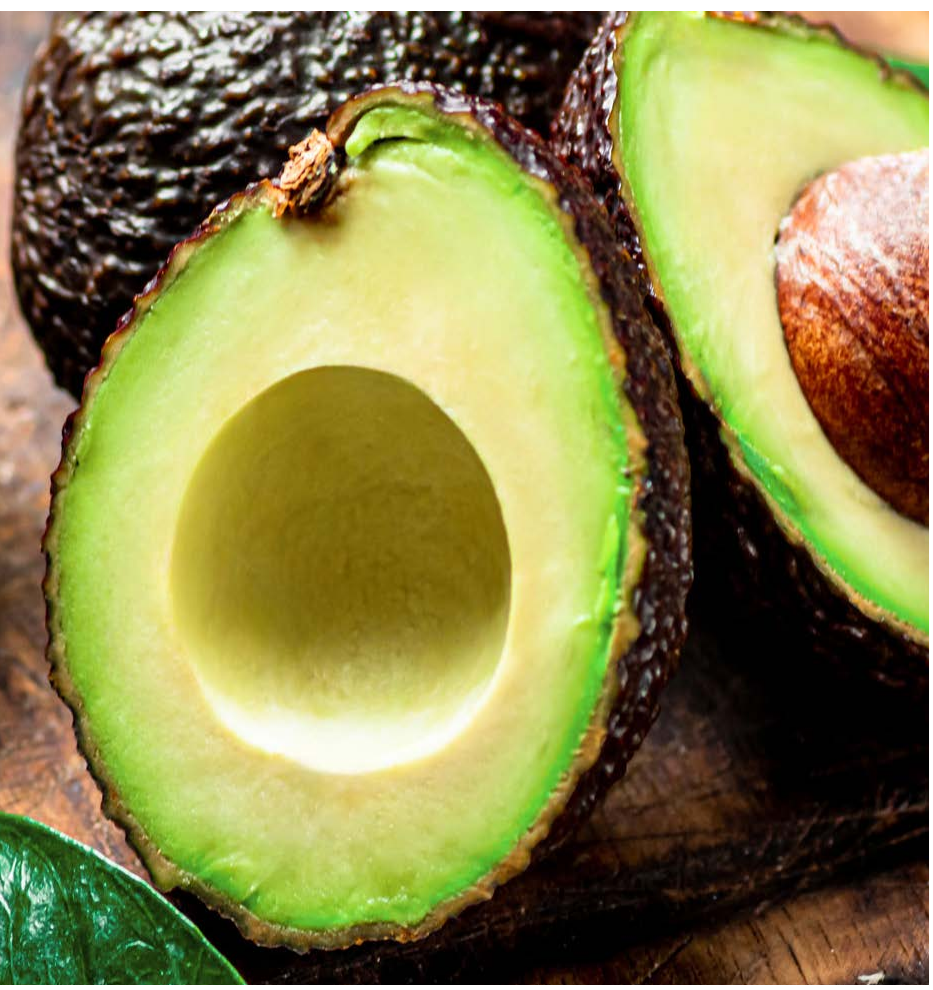
ROYAL GALA APPLES
Extra Fancy **\$1.49 lb.**



Washington, USA
COSMIC CRISP APPLES
Extra Fancy **\$1.49 lb.**



Red & Yellow
WATERMELON CUTS
1/2 or 1/4 **99¢ lb.**



Imported
HASS AVOCADO **2/\$4**



HEIRLOOM GRAPE TOMATOES
Pint **\$1.99 ea.**



Imported
SEEDLESS ENGLISH CUCUMBERS **2/\$3**



North Carolina, USA
SWEET POTATOES
US #1 **99¢ lb.**

The Best **ORGANIC SELECTION**



Organic
RASPBERRY
HALF PINTS (8 oz.) **3.99 ea.**



Organic
BLACKBERRY
HALF PINTS (8 oz.) **3.99 ea.**



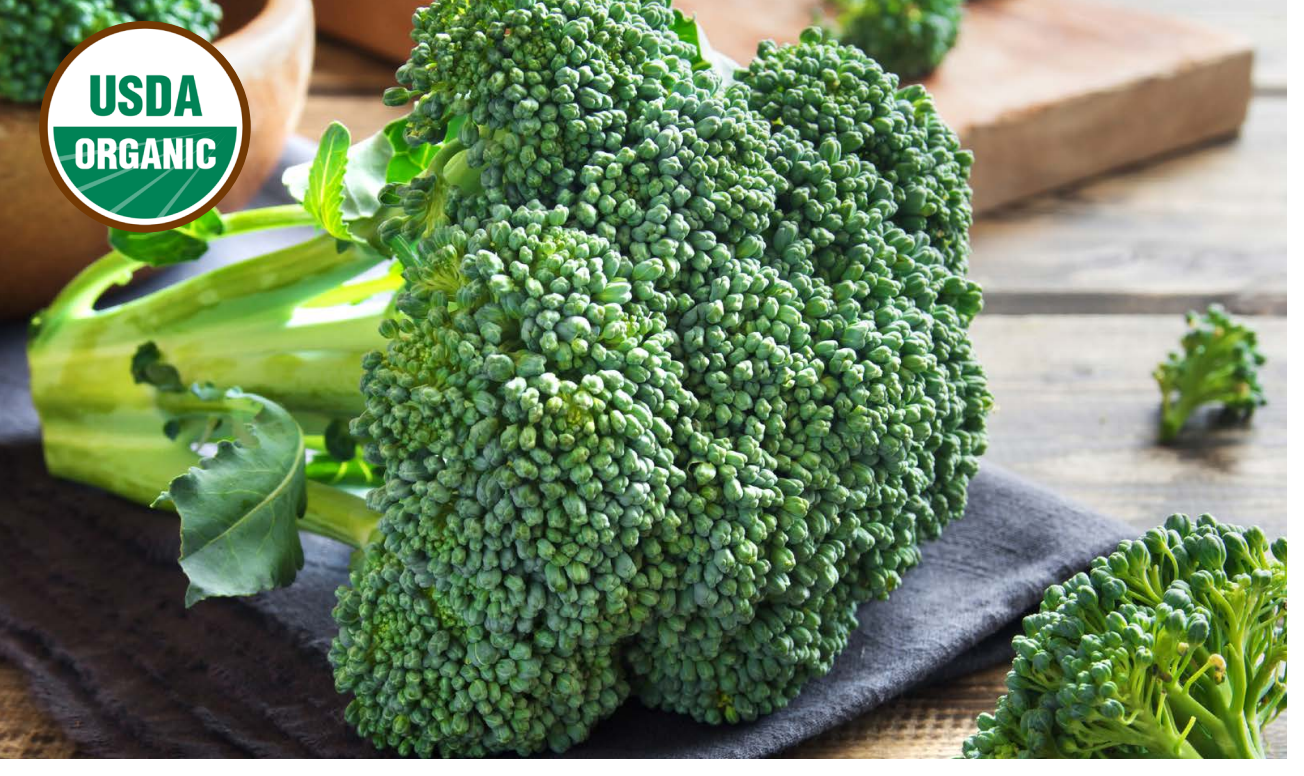
Organic
FRESH MANGOES **2/\$4**



Organic
Strawberries
Pints (16 oz.) **3.99 ea.**



Organic
BEEFSTEAK TOMATOES **3.49 lb.**



Organic
BROCCOLI CROWNS **3.49 ea.**



Organic
GREEN KALE **2.49 ea.**



Organic
SCALLION / GREEN ONION **99¢ ea.**

Great Deals ON FAMILY FAVORITES

SAVE \$5.00



Folgers
COFFEE
Assorted Varieties,
22.6 - 25.9 oz.

\$10.99

SAVE UP TO \$5.00



Starbucks
K-CUPS,
GROUND,
WHOLE BEAN
COFFEE
Assorted Varieties,
4.2 - 12 oz.

\$8.99

SAVE \$3.50



New
England
GROUND
COFFEE
Assorted Varieties,
9 - 12 oz.

\$7.99

SAVE \$3.70



General
Mills
CHEERIOS
Assorted Varieties,
18 - 19.7 oz.

\$3.99

SAVE \$1.30



Quaker
LIFE CEREAL
Assorted Varieties,
18 oz.

\$4.99

SAVE \$1.79



Thomas'
SWIRL BREAD
Assorted Varieties,
16 oz.

2/\$6

SAVE \$2.79



Nature
Valley
**GRANOLA
BARS**
Assorted Varieties,
7.4 - 8.94 oz.

2/\$5

SAVE 79¢



Pepperidge
Farm
**HOT DOG
& BURGER
BUNS**
Assorted Varieties,
14 - 15 oz.

2/\$7

SAVE 74¢



Green Giant
**CANNED
VEGETABLES**
Assorted Varieties,
14.5 - 15.5 oz.

4/\$5

SAVE 62¢



Progresso
**SPECIALTY
BEANS**
Assorted Varieties,
19 oz.

3/\$5

SAVE UP TO \$1.69



Starkist
**SOLID WHITE
TUNA**
Assorted Varieties,
5 oz.

10/\$10

SAVE 79¢



Ben's Original
**READY RICE &
LONG GRAIN**
Assorted Varieties,
6 - 8.8 oz.

2/\$5

SAVE UP TO \$1.00



Full Circle
Market
**ORGANIC
RICE**
Assorted Varieties,
32 oz.

\$5.99

SAVE 66¢



Near East
RICE PILAF
Assorted Varieties,
5.2 - 6.75 oz.

3/\$7

SAVE 26¢



Top Ramen
NOODLES
Assorted Varieties,
3 oz.

3/\$1

SAVE 90¢



Tutorosso
**CANNED
TOMATOES**
Assorted Varieties,
28 oz.

\$1.79

SAVE 20¢



Tutorosso
**TOMATO
SAUCE**
8 oz.

99¢

SAVE 40¢



Tutorosso
**TOMATO
PASTE**
6 oz.

99¢

SAVE \$1.00



Newman's
Own
**SALAD
DRESSING**
Assorted Varieties,
16 fl oz.

\$3.99

SAVE \$1.00



Frito Lay
**LAY'S
CHIPS**
Assorted Varieties,
7.75 - 8 oz.

\$3.99

SAVE 80¢



Tortiyahs!
**TORTILLA
CHIPS**
Assorted Varieties,
8 - 12 oz.

\$4.49

SAVE UP TO \$6.00



Filippo Berio
OLIVE OIL
Assorted Varieties,
33.8 fl oz.

\$17.99

SAVE UP TO \$7.50



Filippo Berio
OLIVE OIL
Assorted Varieties,
16.9 fl oz.

\$5.99



SAVE 94¢

Coca-Cola
Brand
2-LITERS
Assorted Varieties,
2 Liter

2/\$4.50

SAVE 99¢



V8
SPLASH
Assorted Varieties,
64 fl oz.

2/\$6

SAVE \$1.32



Bubly
8-PACKS
Assorted Varieties,
8 / 12 fl oz.

3/\$11

SAVE 99¢



Polar
12-PACKS
Assorted Varieties,
12 / 12 fl oz.

2/\$10

SAVE \$1.00



Bounty
NAPKINS
200 count

\$3.99

SAVE \$8.00



Bounty
PAPER TOWEL
6 DOUBLE ROLLS
Assorted Varieties

\$10.99

SAVE \$5.00



Charmin
BATH TISSUE
9 MEGA ROLLS
Assorted Varieties

\$10.99

SAVE 50¢



Huggies
**PULL UPS
DIAPERS**
Assorted Varieties,
16 - 23 count

\$11.99

SAVE UP TO \$2.30



Cascade
**DISHWASHER
SOAP**
Assorted Varieties,
5 - 8.5 oz.

\$4.99

SAVE 70¢



Dial
BAR SOAP
3-PACK
Assorted Varieties,
3 / 12 oz.

\$3.99

SAVE 30¢



Simply Done
**DRYER
SHEETS**
Assorted Varieties,
80 count

\$2.99

SAVE \$1.00



Fresh Step
CAT LITTER
Select Varieties,
15.4 - 25 lb.

\$16.99

SAVE \$1.00



Dawn
**DISH SOAP
SPRAY,
LIQUID &
FOAM**
Assorted Varieties,
16 - 30.8 fl oz.

\$4.99

SAVE UP TO \$2.80



Tide
**LAUNDRY
DETERGENT
& PODS**
Assorted Varieties,
30 - 84 fl oz.

\$12.99

SAVE \$4.00



Downy
**FABRIC
SOFTENER**
Assorted Varieties,
140 fl oz.

\$12.99

Cool Savings ON DAIRY AND FROZEN FOODS

SAVE \$2.50



Friendly's
ICE CREAM
*Excludes Pistachio
Assorted Varieties,
48 fl. oz.

\$3.99

SAVE \$1.29



Celeste
PIZZA
Assorted Varieties,
5 - 5.96 oz.

10/\$10

SAVE 90¢



Eggo's
WAFFLES,
PANCAKES &
FRENCH TOAST STICKS
Assorted Varieties,
8.4 - 14.8 oz.

\$2.99

SAVE \$2.49



Florida Natural
ORANGE
JUICE
Assorted Varieties,
52 fl. oz.

2/\$7

SAVE \$1.00



Hood
COTTAGE
CHEESE
Assorted Varieties,
16 oz.

\$2.99

SAVE 80¢



Philadelphia
CREAM
CHEESE
Assorted Varieties,
7.5 - 8 oz.

\$4.49

SAVE 70¢



Stonyfield
YOGURT
QUARTS
Assorted Varieties,
32 oz.

\$4.99

SAVE 99¢



Cabot
AMERICAN
SINGLES
Assorted Varieties,
12 oz.

2/\$7

SAVE \$1.50



Starbucks
ICED
COFFEE
Assorted Varieties,
48 fl. oz.

\$6.49

SAVE 40¢



Garelick Farms
TRUMOO
FLAVORED
MILK
Assorted Varieties,
64 fl. oz.

\$4.79

SAVE 40¢



Garelick Farms
TRUMOO
0% SUGAR
CHOCOLATE
MILK
64 fl. oz.

\$4.89

SAVE \$1.89



Silk
ALMOND
MILK
Assorted Varieties,
64 fl. oz.

2/\$6

SAVE 30¢



Organic Valley
GRASS-FED
MILK
Assorted Varieties,
64 fl. oz.

\$6.99



Little Rhody Egg Farms

SAVE \$1.60

Large Brown
Dozen Eggs
ON SALE \$3.99

SAVE \$1.30



Jello
PUDDING &
GELATIN
4-PACKS
Assorted Varieties,
12.5 - 15.5 oz.

\$2.99

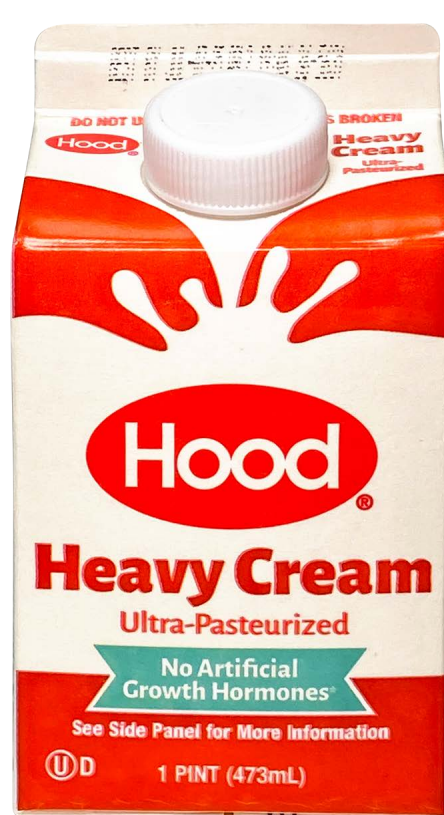
SAVE 59¢



Simply
LEMONADE
& DRINKS
Assorted Varieties,
52 fl. oz.

2/\$6

SAVE 70¢



Hood
HEAVY
CREAM
16 fl. oz.

\$3.29

SAVE \$1.00



Hood
LIGHT
CREAM
32 fl. oz.

\$3.99

Your Favorite SPECIALTY GROCERY ITEMS

SAVE UP TO \$1.00



Coco Goods
ORGANIC
COCONUT
WATER
Assorted Varieties,
16.9 fl. oz.

\$2.69

SAVE 50¢



Dare
CRACKERS
*Excludes Gluten Free
Assorted Varieties,
6.1 - 7.3 oz.

\$3.49

SAVE 40¢



Brianna's
CROUTONS
Assorted Varieties,
5 oz.

\$3.39

SAVE \$7.70



San Remo
EXTRA VIRGIN
OLIVE OIL
32 fl. oz.

\$22.29

SAVE \$7.00



Bellei
BALSAMIC
VINEGAR
Assorted Varieties,
8.45 fl. oz.

\$15.99

SAVE \$1.20



Al Dente
FETTUCINE
PASTA
*Excludes Squid Ink
Assorted Varieties,
12 oz.

\$3.99

SAVE \$1.30



Michael's of
Brooklyn
PASTA SAUCE
Assorted Varieties,
32 oz.

\$8.69

SAVE \$1.30



Campagna
Sanremo
SICILIAN
SODA
Assorted Varieties,
25.4 fl. oz.

\$3.69

Come See What's **FRESH**



Corn Bread
8-INCH SQUARE \$6.99 EA.



Mini Eclairs
5 PACK \$6.99 EA.



Blueberry Pie
9-INCH \$15.99 EA.



Mocha Cake
7-INCH \$15.99 EA.

PREPARED FOODS

SAVE \$1.00 EA.

Freshly Prepared
**ORANGE
CHICKEN BOWL**
12.99ea.



SAVE \$1.00 EA.

**CHICKEN
BROCCOLI
ALFREDO
DINNER**
8.99ea.



SAVE \$1.00 EA.

Freshly Prepared
**VEGAN BEET
BUTTERNUT
POT PIE**
8.99ea.



ONE DAY SALE ITEM

Freshly Prepared
**GRILLED
SWORDFISH
PICCATA**
18.99lb.



SAVE \$1.00 LB.

**TARRAGON
CHICKEN
SALAD**
9.99 lb.

SAVE \$1.00 LB.

**TOMATO
MOZZARELLA
SALAD**
10.99lb.



SAVE \$2.40 LB.

Boar's Head
**CRACKED PEPPER
TURKEY**
11.99lb.



SAVE \$2.00 LB.

Boar's Head
**LOWER SODIUM
HAM**
11.99lb.



SAVE \$1.00 LB.

Boar's Head
**SWEET B'S
BBQ CHICKEN**
11.99lb.

SAVE \$1.00

Président
CAMEMBERT
8 oz.

\$9.99



SAVE \$1.00

Alouette
**SPINACH
ARTICHOKE
SPREADABLE
CHEESE**
6.5 oz.



\$6.99

SAVE \$1.00

Garden Fresh
Gourmet
SALSA
Assorted Varieties,
16 oz.



\$3.99



Experience the freshest flavors at our sushi haven!

Our skilled chefs use only the finest, highest-grade ingredients to craft a wide array of rolls, sashimi, and sushi. From basic to exotic, we have options for everyone, including both vegetarians and vegans.



HEALTH & WELLNESS



Bobo's
**STUFF'D
OAT BITES**
Assorted Varieties, 1.3 oz.

SAVE \$1.30

\$4.69



Simply Tera's
**WHEY
PROTEIN**
Assorted Varieties, 12 oz.

SAVE \$7.40

\$29.19



Perfect Bars
PROTEIN BARS
Assorted Varieties, 2.5 oz.

SAVE 70¢

\$3.99



Pop & Bottle
DRINKS
Assorted Varieties, 11 fl oz.

SAVE 60¢

\$3.89

THE HERB WYFE



Herb Pharm
**HEMP
CORYDALIS
BLEND**
1 oz.

SAVE \$4.00

\$21.00



Amrita
**TRI ESSENCE
ENERGY
REGENERATOR**
2 oz.

SAVE \$4.00

\$25.99



Clearpath Herbs
**BLUE
VERVAIN**
1 oz.

SAVE \$3.00

\$9.00



Keith's Cacao
**HAND PEELED
CA CAO BEANS**
1 lb.

SAVE \$6.00

\$76.99

SPRUCE UP WITH FESTIVE FLOWERS

Explore our floral collection to perfect your celebration with bouquets, centerpieces, and flowering plants.

**SUNFLOWER
BUNCHES**

10.99



**GERBER DAISY
4" PLANT**

10.99



**GARDEN MIX
BOUQUET**

29.99



**BIRD'S CHOICE
HUMMERFEST
12oz. FEEDER**

20.99





BELMONT MARKET *Gift Baskets*



Celebrate Any Occasion!

Our unique gift baskets are perfect for birthdays, retirement, weddings, sympathy, anniversaries, holiday, housewarming and more! Choose from a great assortment year-around.

VISIT US IN-STORE, CALL 401-789-4656,
OR SHOP ONLINE AT SHOP.BELMONTMARKET.COM
TO ORDER NOW



FRESH MADE FROM SCRATCH BELMONT MARKET BREAD

**Home-style Sandwich Loaves,
Whole Grain Baguettes, Italian
and Flat bread Styles**

Belmont Bread, with the help of our bread baker, we are working to incorporate more regionally grown and milled grains, into our products in an effort to not only make unique and interesting breads, but also to help rebuild a piece of our regional heritage that has been all but lost over the last century.

SAVE TIME AND SHOP ONLINE!

Our convenient hours and scheduled delivery make it easy for you to do your grocery shopping on your own time.

You can pick up your order or have it delivered, even to Block Island!

SHOP.ROSIEAPP.COM/BELMONT

