

BELMONT MARKET'S
SEASON OF SAVINGS



RED, ORANGE,
YELLOW PEPPERS

\$2.99lb.



Maine Back Yard
**HOT HOUSE
& CLUSTER
TOMATOES**

1.49lb.



 **SAVE \$2.00 LB.**

Certified Angus Beef
**BONELESS
EYE ROUND ROAST**

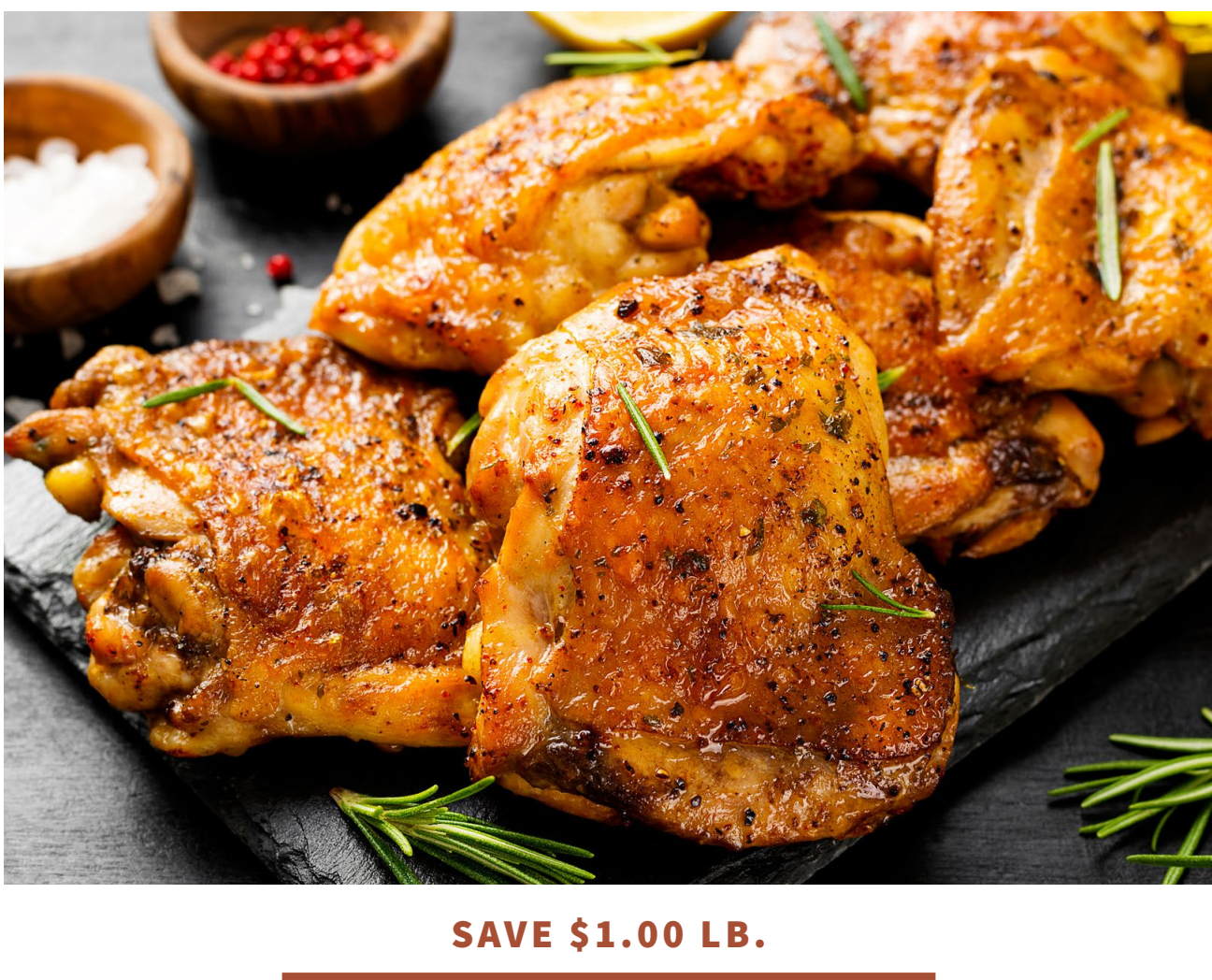
5.49lb.



 **SAVE \$1.50 LB.**

Chairman Reserve
**PORK CHOPS BONE-IN
CENTER CUT**

3.49lb.



SAVE \$1.00 LB.

Grade A
**BONE-IN
CHICKEN THIGHS**

1.99lb.



SAVE \$1.00 EA.

Perri
SAUSAGE
Hot or Sweet & Patties - 16 oz.

5.49ea.



SAVE \$1.00 EA.

Kayem
**OLD THYME
BEEF FRANKS**
12 oz.

6.99ea.



 **SAVE \$2.00 EA.**

Certified Angus Beef
**SMASHED
BURGERS**
24 oz.

13.99ea.



SAVE \$1.00 EA.

Perdue
**GLUTEN FREE TENDERS
& ORGANIC NUGGETS**
22 - 24 oz.

10.99ea.

BELMONT BREAD



SAVE \$1.00 EA.

**LARGE
BAGUETTE**

3.99ea.

REEL IN FANTASTIC SEAFOOD



**FRESH
AHI TUNA**

13.99lb.

Every Friday During Lent

March 5 - April 18

**SAVE \$2.00 OFF
FIRST \$10 SPENT ON SEAFOOD**



“Not responsible for typographical or photo errors. In fairness to our customers we reserve the right to limit quantities. Meat Department Items are not cooked.”

The Freshest **PRODUCE**



IMPORTED
**SEEDLESS
GRAPES**
Red, Green & Black

2.99 lb.



Florida, USA
**STRAWBERRY
PINTS**
16 oz. container

2.49



**WATERMELON
CUTS**
1/4 or 1/2

99¢ lb.



Imported
**LARGE NAVEL
ORANGES**

99¢ lb.



Imported
**LARGE
CANTALOUPE**

3.99 ea.



Washington, USA
**GRANNY
SMITH
APPLES**

1.49 lb.



Imported
**HASS
AVOCADOS**

2/\$5



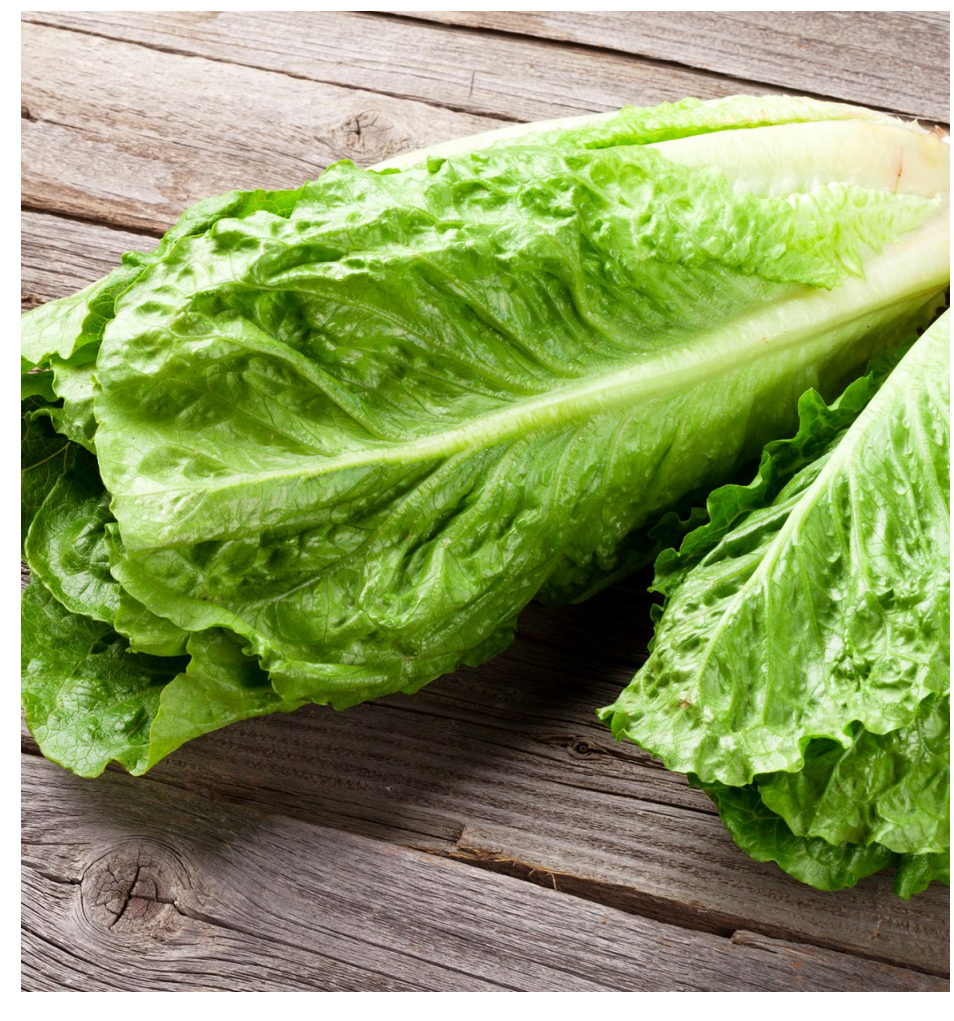
**MILD RED
ONIONS**

99¢ lb.



Southern
**GREEN OR
YELLOW
SQUASH**

1.49 lb.



California, USA
**ROMAINE
HEARTS**
3-Pack

2.99



Imported
**SEEDLESS
ENGLISH
CUCUMBERS**

99¢ ea.



North Carolina
**SWEET
POTATOES**

1.49 lb.



Imported
**FRESH
ASPARAGUS**

2.99 lb.

The Best **ORGANIC SELECTION**



Organic
**BLUEBERRY
PINTS**

3.49 ea.



Organic
**FRESH
ASPARAGUS**

3.99 lb.



**BAGGED
BRUSSELS
SPROUTS**

3.49 16 oz.



Organic
**FUJI
APPLES**

1.99 lb.



Organic
**FRESH
CAULIFLOWER**

3.99 ea.



Organic
**MINI PERSIAN
CUCUMBERS**

3.99 12 oz.



Organic
**BAGGED MINI
PEPPERS**

3.99 ea.



Lady Moon
**GRAPE
TOMATOES**

3.99 ea.



Great Deals ON FAMILY FAVORITES

SAVE \$2.29



Kellogg's
SPECIAL K
Assorted Varieties,
9.6 - 13.1 oz.

2/\$7

SAVE \$1.00



Thomas'
BAGELS
Assorted Varieties,
20 oz.

\$4.49

SAVE \$2.30



Folgers
GROUND COFFEE
Assorted Varieties,
9.6 oz.

\$4.99

SAVE \$4.00



Dunkin'
K-CUPS
Assorted Varieties,
3.5 - 5.1 oz.

\$5.99

SAVE \$1.49



Quaker
CHEWY GRANOLA BARS
Assorted Varieties,
6.3 - 7.4 oz.

2/\$6

SAVE 49¢



Food Club
QUICK OATS & OLD FASHION OATMEAL
Assorted Varieties,
18 oz.

2/\$4

SAVE UP TO \$2.19



Kellogg's
TOWN HOUSE & CLUB CRACKERS
Assorted Varieties,
9 - 13.8 oz.

2/\$7

SAVE \$1.49



Frito Lay
LAY'S CHIPS
Assorted Varieties,
7.5 - 8 oz.

2/\$7

SAVE \$1.04



Ronzoni
PASTA
Assorted Varieties,
16 oz.

4/\$5

SAVE \$1.49



Newman's
Own
PASTA SAUCE
Assorted Varieties,
24 oz.

2/\$5

SAVE 29¢



Full Circle
Market
CANNED VEGGIES
Assorted Varieties,
14.5 - 15.25 oz.

2/\$4

SAVE \$1.89



Progresso
CLASSIC & PROTEIN SOUPS
Assorted Varieties,
18.5 - 19 oz.

2/\$5

SAVE UP TO \$10.00



Filippo
Berio
OLIVE OIL
Assorted Varieties,
33.8 fl oz.

\$12.99

SAVE 89¢



Chicken
of the Sea
SOLID WHITE TUNA
Assorted Varieties,
4 oz.

2/\$3

SAVE 59¢



Geisha
SOLID WHITE TUNA
5 oz.

2/\$4

SAVE 60¢



New York
Bakery
TEXAS TOAST CROUTONS
Assorted Varieties,
5 oz.

\$1.99

SAVE 69¢



Coca-Cola
Brand
2-LITERS
Assorted Varieties,
67.6 fl oz.

2/\$5

SAVE 99¢



Bubly
8-PACKS
Assorted Varieties,
8 / 12 fl oz.

3/\$12

SAVE \$1.00



Ocean Spray
100% JUICE
Assorted Varieties,
64 fl oz.

\$3.99

SAVE 70¢



Newman's Own
ORGANIC TEA
Assorted Varieties,
100 count

\$5.99

SAVE \$1.09



Progresso
BREAD CRUMBS
Assorted Varieties,
15 oz.

2/\$5

SAVE 50¢



Rao's
KETCHUP
Assorted Varieties,
12 oz.

\$6.49

SAVE \$1.00



Full Circle
Market
ORGANIC MUSTARD
Assorted Varieties,
12 oz.

\$2.99

SAVE 80¢



Texas Pete
HOT SAUCE
Assorted Varieties,
12 oz.

\$2.99

SAVE 79¢



Full Circle
ORGANIC KETCHUP
20 oz.

2/\$5

Great Deals ON FAMILY FAVORITES

SAVE \$6.50



Bounty
PAPER TOWEL
6 Double Rolls,
Assorted Varieties

\$11.99

SAVE \$2.99



Flora
PAPER TOWELS
6 Giant Rolls,
Assorted Varieties

2/\$10

SAVE \$2.99



Flora
BATH TISSUE
12 Double Rolls,
Assorted Varieties

2/\$10

SAVE \$4.00



Charmin
BATH TISSUE
9 Mega Rolls

\$11.99

SAVE UP TO \$5.80



Tide
LAUNDRY
DETERGENT
Assorted Varieties,
21 - 88 fl. oz.

\$9.99

SAVE \$1.49



Arm & Hammer
LIQUID
LAUNDRY
DETERGENT
& PODS
Assorted Varieties,
9.87 - 33 fl. oz.

2/\$9

SAVE \$4.00



Bounce
DRYER
SHEETS
Assorted Varieties,
130 - 240 count

\$9.99

SAVE 80¢



Clorox
BLEACH
Assorted Varieties,
40 - 43 fl. oz.

\$3.99

SAVE \$1.00



Clorox
BATHROOM
DISINFECTING
CLEANER
Assorted Varieties,
30 fl. oz.

\$4.99

SAVE \$2.00



Clorox
DISINFECTANT
WIPES
Assorted Varieties,
75 count

\$4.99

SAVE \$2.00



Drano
MAX GEL
DRAIN
CLEANER
80 fl. oz.

\$9.99

SAVE \$1.29



Softsoap
SPONGE 3-PACKS
Assorted Varieties,
3 count

2/\$6

SAVE \$2.00



Glad
TALL KITCHEN
TRASH BAGS
Assorted Varieties,
25 - 50 count

\$9.99

SAVE 50¢



Hefty
SMALL &
MEDIUM
TRASH BAGS
Assorted Varieties,
26 - 34 count

\$4.49

SAVE UP TO \$2.30



Cascade
DISHWASHER
SOAP PODS
Assorted Varieties,
6 - 8.5 oz.

\$4.99

SAVE \$1.80



Dawn
LIQUID
DISH SOAP
Assorted Varieties,
12.2 - 24 fl. oz.

\$2.99

Cool Savings ON DAIRY AND FROZEN FOODS



SAVE UP TO \$1.12

Birds Eye
STEAM FRESH
VEGETABLES
Assorted Varieties,
6 - 14.4 oz.

3/\$8

SAVE \$1.19



Cool Whip
COOL WHIP
Assorted Varieties,
8 oz.

2/\$4

SAVE \$3.79



Turkey Hill
ICE CREAM
Assorted Varieties,
46 fl. oz.

2/\$7

SAVE 79¢



Simply
ORANGE
JUICE
Assorted Varieties,
52 fl. oz.

2/\$9

SAVE 80¢



Siggi's
ICELANDIC
YOGURT
Assorted Varieties,
24 oz.

5.49

SAVE 49¢



Cabot
SOUR
CREAM
Assorted Varieties,
16 fl. oz.

2/\$5

SAVE \$1.19



Hood
COUNTRY
CREAMER
Assorted Varieties,
32 fl. oz.

2/\$3

SAVE 60¢



Wide Awake
COLD BREW
COFFEE
Assorted Varieties,
48 fl. oz.

6.99

SAVE 79¢



Cabot
COTTAGE
CHEESE
16 oz.

2/\$6

SAVE \$1.69



Cabot
CRACKER CUT
CHEESE
Assorted Varieties,
5 - 7 oz.

2/\$5

Your Favorite SPECIALTY GROCERY ITEMS

SAVE UP TO \$1.30



Bob's Red Mill
BAGGED
OATS
Assorted Varieties,
32 oz.

9.99

SAVE UP TO 99¢ EA.



Muir Glen
CANNED
TOMATOES
Assorted Varieties,
14.5 - 15 oz.

2/\$6

SAVE \$3.50



Lucini
EXTRA VIRGIN
OLIVE OIL
33.8 fl. oz.

28.29

SAVE \$1.10



Nicandro
Mantova
ITALIAN RED
WINE VINEGAR
Assorted Varieties,
16.9 fl. oz.

3.19

SAVE \$1.30



Laurel Hill
NON-PAREIL
CAPERS
10 oz.

3.69

SAVE \$2.10



Tonnino
TUNA JARS
Assorted Varieties,
6.7 oz.

7.89

SAVE \$1.20



We Love You
KOREAN
BBQ SAUCE
& MARINADE
Assorted Varieties,
15 fl. oz.

4.79

SAVE \$1.00



Rice Select
RISOTTO &
SUSHI RICE
Assorted Varieties,
32 oz.

8.39

Come See What's **FRESH**



La Brea
**SOURDOUGH
BREAD**

5.99



**CRANBERRY
ORANGE LOAF**

7.99



**KITCHEN SINK
COOKIES**
12 Pack

6.99



**WHITE CHOCOLATE
MOUSSE CAKE**
7-inch Cake

22.99

PREPARED FOODS

SAVE \$1.00 EA.

Freshly Prepared
**CILANTRO
SALMON
BOWLS**
14.99ea.



SAVE \$1.00 EA.

Freshly Prepared
**STUFFED
SHELLS
DINNER**
8.99ea.



SAVE \$1.00 LB.

Freshly Prepared
**VEGAN
BAKED BEANS**
6.99lb.



ONE DAY SALE ITEM

Freshly Prepared
**BAKED
COD**
18.99lb.



SAVE \$1.00 LB.

COLESLAW
6.99lb.

SAVE \$1.00 LB.

**TUSCAN
ARTICHOKE &
BEAN SALAD**
7.99lb.



SAVE \$2.40 LB.

Boar's Head
**HICKORY SMOKED
TURKEY**
11.99lb.



SAVE \$2.00 LB.

Boar's Head
**LOW SODIUM
HAM**
11.99lb.



SAVE \$1.00 LB.

Boar's Head
**FIRESMITH
CHICKEN**
11.99lb.

SAVE \$1.00

Snackios
**PITA CHIPS &
BAGEL CHIPS**
6 - 8 oz.

6.99



SAVE \$1.00

Little Sesame
**CLASSIC
HUMMUS**
8 oz.

4.99



SAVE \$2.00

Little Sesame
**MOLITERNO
W. TRUFFLE**

31.99lb.



Experience the freshest flavors at our sushi haven!

Our skilled chefs use only the finest, highest-grade ingredients to craft a wide array of rolls, sashimi, and sushi. From basic to exotic, we have options for everyone, including both vegetarians and vegans.



HEALTH & WELLNESS



Art of Giovanni
**MEN'S BODY WASH
& FACIAL CLEANSER**
16.9 fl. oz.

SAVE \$2.00

9.99



ACURE
**SERIOUSLY
SOOTHING
BLUE TANSY
NIGHT OIL**
1 fl. oz.

SAVE \$2.00

16.39



Wedderspoon
**ORGANIC
MANUKA
HONEY POPS**
24 count

SAVE \$1.50

10.99



MTE
**DAILY WELLNESS
BLEND**
ENERGY, FOCUS,
MOOD, RECOVERY
24 packets

SAVE \$10.00

49.29

THE HERB WYFE



Host Defense
**BRAIN POWER
STACK**
Powder - 3.5 oz.

SAVE \$3.00

28.99



Earth Essence Herbals
**PATCHOULI
SPRITZER**
4 oz.

SAVE \$3.00

15.99



Helios
**UNSCENTED
MESSAGE OIL**
2 fl. oz.

SAVE \$2.00

11.99



Wish Garden
**PMS
EMOTIONAL**
2 oz.

SAVE \$3.00

21.99

SPRUCE UP WITH FESTIVE FLOWERS

Explore our floral collection to perfect your celebration with bouquets, centerpieces, and flowering plants.

**TULIP
BUNCHES**

10.99



**CYCLAMEN
4" PLANT**

10.99



**SPRING GARDEN
MIX BOUQUET**

19.99



**LIZZIE MAE'S
WOODPECKER
FAVORITE SEED CAKE**

10.99



BELMONT MARKET *Gift Baskets*



Celebrate Any Occasion!

Our unique gift baskets are perfect for birthdays, retirement, weddings, sympathy, anniversaries, holiday, housewarming and more! Choose from a great assortment year-around.

VISIT US IN-STORE, CALL 401-789-4656,
OR SHOP ONLINE AT SHOP.BELMONTMARKET.COM
TO ORDER NOW



FRESH MADE FROM SCRATCH BELMONT MARKET BREAD

**Home-style Sandwich Loaves,
Whole Grain Baguettes, Italian
and Flat bread Styles**

Belmont Bread, with the help of our bread baker, we are working to incorporate more regionally grown and milled grains, into our products in an effort to not only make unique and interesting breads, but also to help rebuild a piece of our regional heritage that has been all but lost over the last century.

SAVE TIME AND SHOP ONLINE!

Our convenient hours and scheduled delivery make it easy for you to do your grocery shopping on your own time.

You can pick up your order or have it delivered, even to Block Island!

SHOP.ROSIEAPP.COM/BELMONT

