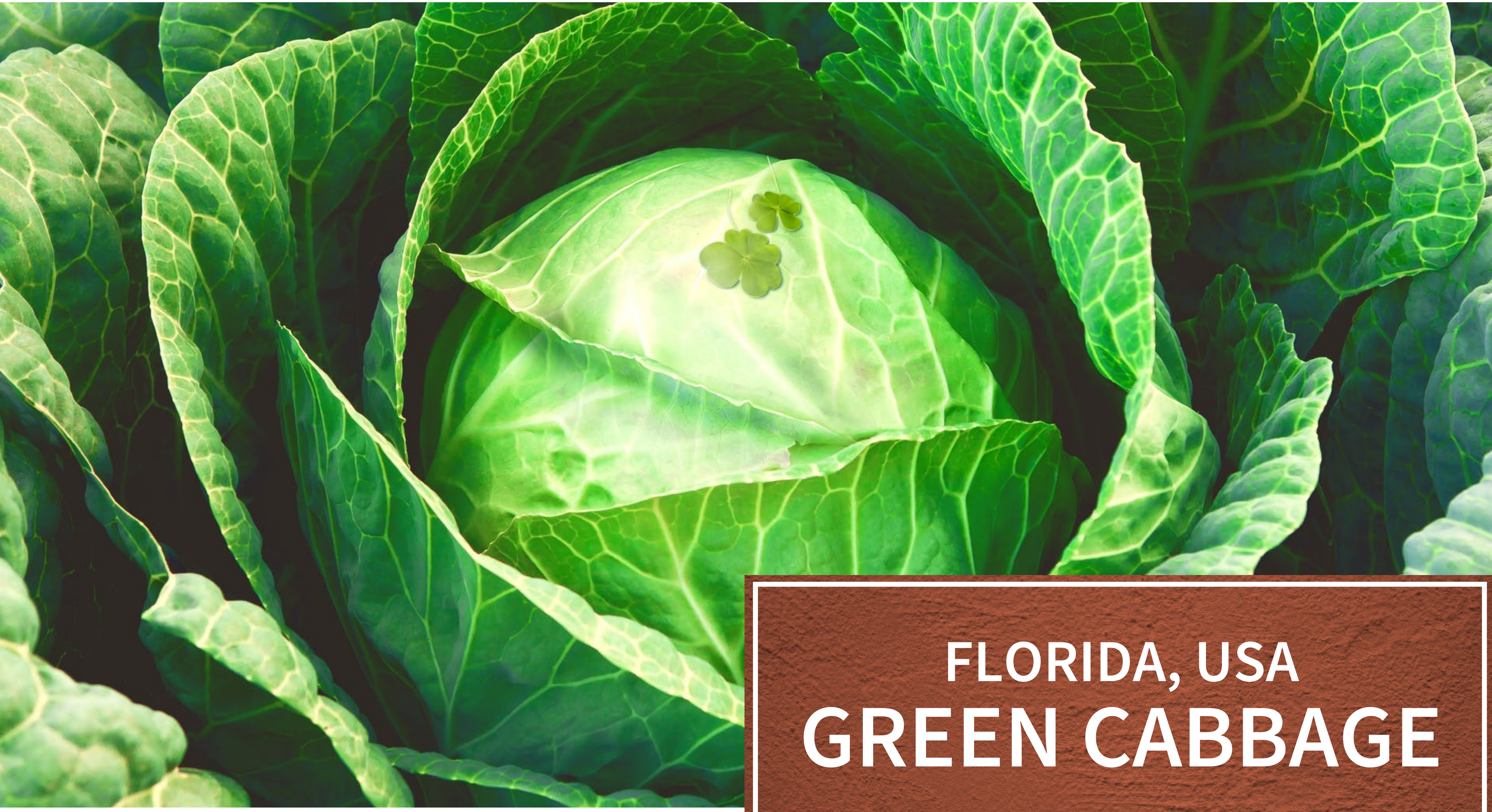


BELMONT MARKET'S

ST. PADDY'S SAVINGS



FLORIDA, USA

GREEN CABBAGE

59¢ lb.



Loose Extra-Fancy

YUKON GOLD & RED POTATOES

1.29 lb.



Certified Angus Beef

85% LEAN HAMBURGER

Family Pack

3.99 lb.

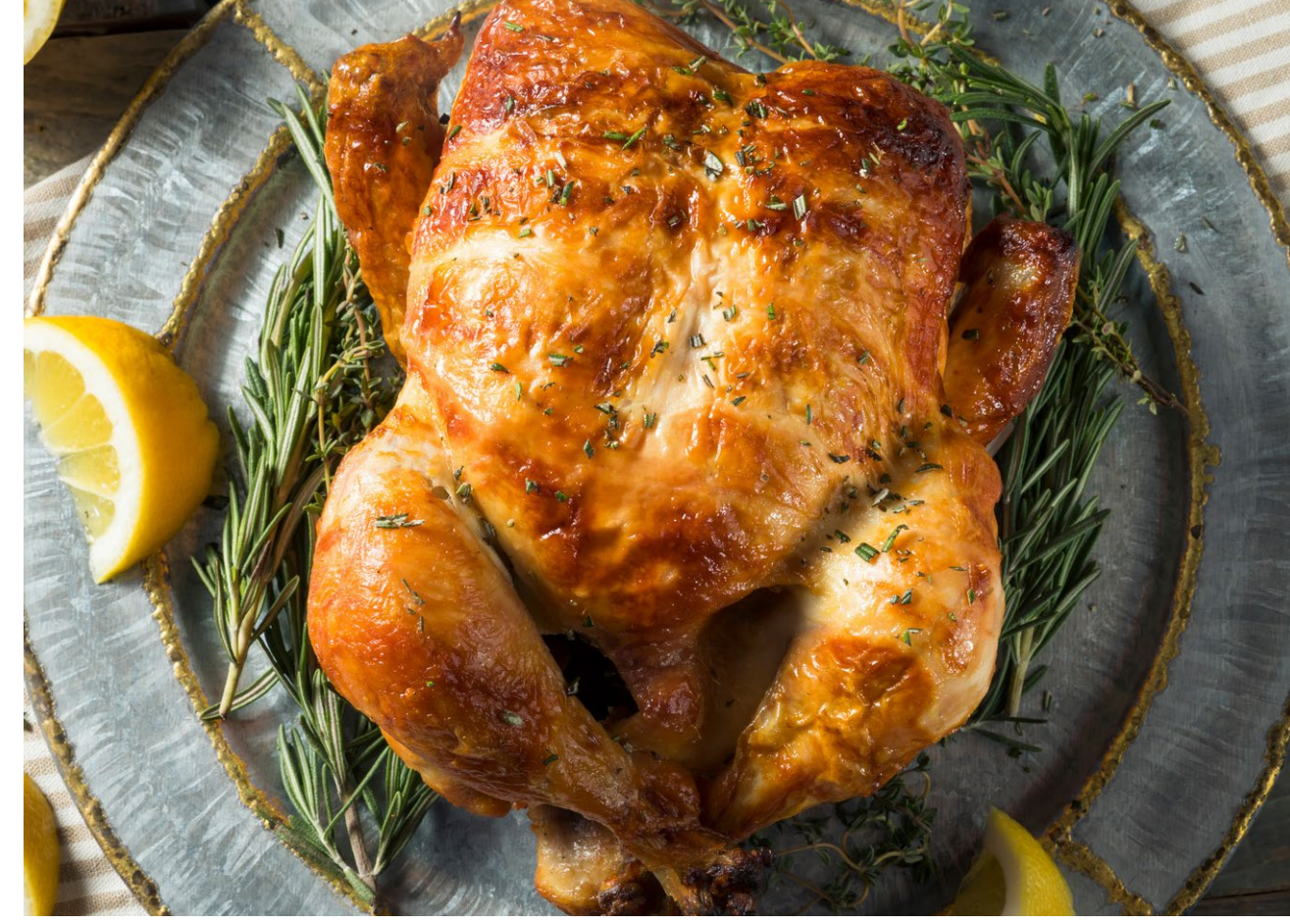
SAVE \$2.00 LB.



SAVE \$1.50 LB.

SMOKED PORK SHOULDER HALVES

2.49 lb.

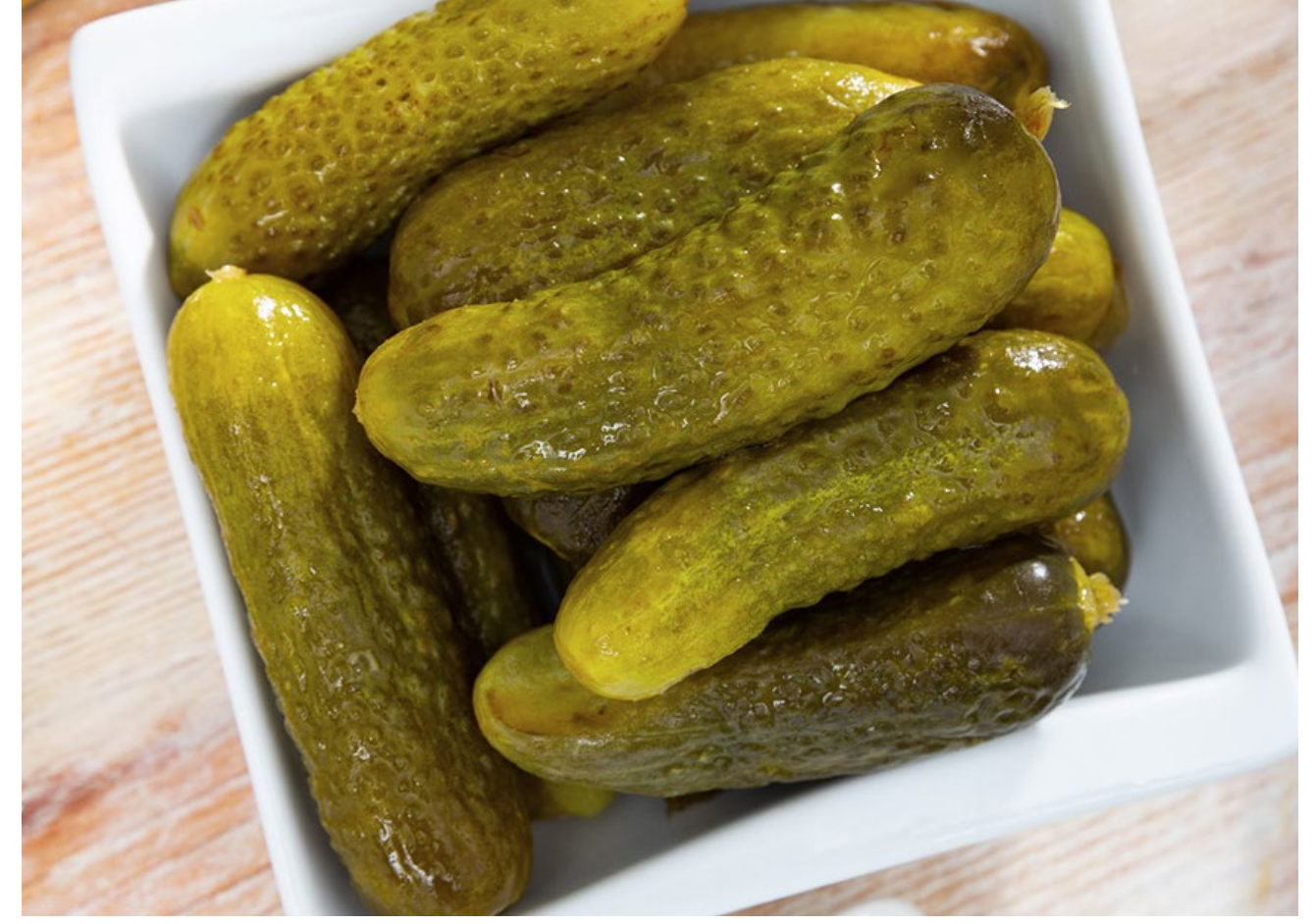


Grade A

FRESH WHOLE CHICKENS

1.99 lb.

SAVE \$1.00 LB.



BA Tampte

HALF SOUR PICKLES

Assorted Varieties, 32 fl oz.

4.99 ea.

SAVE \$1.00 EA.



SAVE \$1.00 EA.

Bob Evan's

MASHED POTATOES

20 - 22 oz.

4.99 ea.



SAVE \$1.00 EA.

Silver Floss

SHREDDED KRAUT

32 oz.

4.99 ea.



SAVE \$1.00 LB.

IRISH BANGERS

PORK SAUSAGE

5.99 lb.

BELMONT

BREAD



SAVE \$1.00 EA.

SMALL ITALIAN

TABLE ROUND

4.49 ea.

REEL IN FANTASTIC SEAFOOD



WHILE SUPPLIES LASTS!

JUMBO SHRIMP

8 - 12

10.99 lb.



ITALIAN PORK STUFFED CLAMS

3.99 ea.

Every Friday During Lent

March 5 - April 18

SAVE \$2.00 OFF

FIRST \$10 SPENT ON SEAFOOD



Ramadan Break-Fasts

February 28 - March 29

COCONUT COVERED DATES

\$6.99 per lb.

FRESH DATES

\$7.99 per lb.

UNITED WITH EARTH

The Freshest **PRODUCE**



IMPORTED
**SEEDLESS
GRAPES**
Red, Green & Black

2.99lb.



STRAWBERRY
16 oz. **2.49**ea.

Halos
MANDARINS
2 lb. Bag **4.99**ea.

Imported
LARGE
CANTALOUPE **3.99**ea.

California, USA
RIO RED
GRAPEFRUIT **2/\$3**



Fancy
BARTLETT
OR D'ANJOU
PEARS **1.49**lb.

Washington, USA
COSMIC CRISP
OR GALA
APPLES **1.49**lb.

Grimm Way
CELLO CARROTS **99¢**ea.

California, USA
BUNCH
CELERY **1.49**ea.



Loose
YELLOW
ALL PURPOSE
COOKING ONIONS **99¢**lb.

Imported
HOT HOUSE
& CLUSTER
TOMATOES **1.99**lb.

Imported
SEEDLESS
ENGLISH
CUCUMBERS **99¢**ea.

Imported
RED, YELLOW,
& ORANGE
BELL PEPPERS **2.99**lb.

The Best **ORGANIC SELECTION**



Organic
COSMIC
CRISP APPLES **2.49**lb.

Halo
BAGGED
MANDARINS **5.49**ea.

Organic
FRESH
STRAWBERRIES **3.99**ea.



Organic
FRESH
BLUEBERRIES **3.99**ea.

Organic
FRESH
ASPARAGUS **3.99**lb.

Organic
FRESH
BROCCOLI **3.49**ea.



BAGGED
BRUSSELS
SPROUTS
1 lb. Bag **3.99**ea.

Lady Moon
RED LEAF
LETTUCE **2.49**ea.

Lady Moon
GREEN LEAF
LETTUCE **2.49**ea.

Great Deals ON FAMILY FAVORITES

SAVE \$2.95



Post
HONEYBUNCHES OF OATS
Assorted Varieties,
12 oz.

3/\$7

SAVE \$2.99



General Mills
CHEERIOS
Assorted Varieties,
14.8 - 18.2 oz.

2/\$8

SAVE \$2.79



Quaker
LIFE CEREAL
Assorted Varieties,
13 oz.

2/\$5

SAVE \$4.00



Quaker
OLD FASHIONED & QUICK OATS
Assorted Varieties,
42 oz.

\$4.99

SAVE \$1.19



Mott's
APPLE SAUCE
6 PACKS
Assorted Varieties,
23.4 - 24 oz.

2/\$6

SAVE \$1.00



Thomas'
BAGELS
Assorted Varieties,
20 oz.

\$4.49

SAVE \$3.50



Chock
Full o' Nuts
COFFEE
*Excludes Decaf
& Half Caf.
Assorted Varieties,
23 - 26 oz.

\$13.99

SAVE \$4.00



Chock
Full o' Nuts
K-CUP COFFEE
Assorted Varieties,
3.06 - 3.68 oz.

\$4.99

SAVE \$4.50



Kraft
MAC & CHEESE
Assorted Varieties,
36.25 oz.

\$4.99

SAVE UP TO \$1.49



Ortega
KITS & SALSAS
Assorted Varieties,
8.9 - 16 oz.

2/\$7

SAVE UP TO \$1.09



Ortega
SHELLS & TACO SAUCE
Assorted Varieties,
4.8 - 8 oz.

2/\$5

SAVE 94¢



Prince
PASTA
Assorted Varieties,
16 oz.

3/\$4

SAVE \$4.60



Bumble Bee
TUNA 4 PACK
Assorted Varieties,
20 oz.

\$3.99

SAVE \$1.79



Hunts
CANNED TOMATO
Assorted Varieties,
28 - 29 oz.

2/\$4

SAVE \$1.29



Hunts
CANNED TOMATO
Assorted Varieties,
14.5 oz.

2/\$3

SAVE 69¢



Libby's
VEGETABLES
Assorted Varieties,
14.5 - 15.25 oz.

10/\$10

SAVE 79¢



Ben's
Original
READY RICE & LONG GRAIN
Assorted Varieties,
6 - 8.8 oz.

2/\$5

SAVE \$2.62



Campbell's
CHUNKY SOUP
Assorted Varieties,
18.8 - 19 oz.

3/\$5

SAVE \$1.00



Rao's
SLOW SIMMERED SOUPS
Assorted Varieties,
15.5 - 16 oz.

\$5.99

SAVE \$2.32



Prego
PASTA SAUCE
Assorted Varieties,
24 oz.

3/\$5

SAVE \$3.00



Filippo Berio
PASTA SAUCE
Assorted Varieties,
24 oz.

\$4.99

SAVE \$2.50



Rao's
PASTA SAUCE
Assorted Varieties,
24 oz.

\$7.99

SAVE 70¢



4C
GRATED CHEESE
Assorted Varieties,
6 oz.

\$4.99

SAVE \$1.49



Keebler
COOKIES
Assorted Varieties,
8.5 - 11.9 oz.

2/\$7

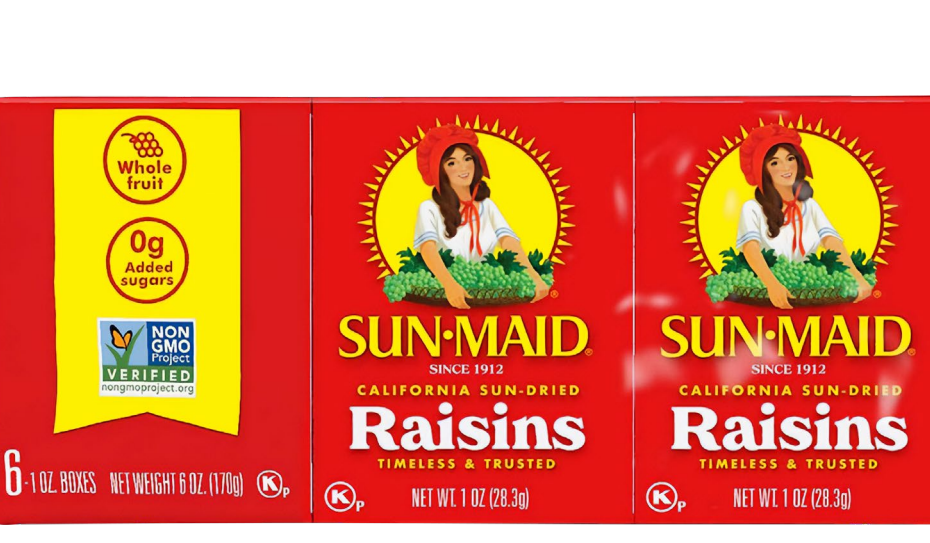
SAVE \$2.96



Nature Valley
GRANOLA BARS
Assorted Varieties,
4.6 - 8.94 oz.

3/\$7

SAVE \$1.10



Sun-Maid
RAISIN 6-PACK
6 oz.

\$2.19

SAVE \$1.19



V8
VEGETABLE JUICE & BLENDS
Assorted Varieties,
46 fl. oz.

2/\$7

SAVE 80¢



French's
SPECIALTY MUSTARD
Assorted Varieties,
8 - 12 oz.

\$2.99

SAVE UP TO \$3.50



California Olive Ranch
OLIVE OILS & OIL BLENDS
Assorted Varieties,
16.9 oz.

\$11.99

SAVE 20¢



Duke's
SQUEEZE MAYONNAISE
Assorted Varieties,
18 fl. oz.

\$5.99

SAVE \$1.60



Duke's
MAYONNAISE JARS
Assorted Varieties,
30 fl. oz.

\$5.99

Great Deals ON FAMILY FAVORITES

SAVE \$1.10



Lawry
MARINADES
Assorted Varieties,
12 fl oz.

\$3.49

SAVE \$1.30



Cain's
MAYONNAISE
Assorted Varieties,
30 fl oz.

\$4.99

SAVE \$1.30



Tortiyahs!
TORTILLA
CHIPS
Assorted Varieties,
8 - 12 oz.

\$3.99

SAVE \$2.79



Frito Lay
DORITOS
Assorted Varieties,
9 - 10.25 oz.

2/\$7

SAVE \$1.00



Topo Chico
8 PACKS
Assorted Varieties,
8 / 12 fl oz.

\$6.99

SAVE 99¢



Bubly
8-PACKS
Assorted Varieties,
8 / 12 fl oz.

3/\$12

SAVE 92¢



Kleenex
TISSUE
CUBES
Assorted Varieties,
55 - 70 count

3/\$5

SAVE \$1.00



Simply
Done
TALL
KITCHEN
TRASH
BAGS
14 - 22 count

\$3.99

SAVE \$1.30



Palmolive
ULTRA
DISH SOAP
Select Varieties,
20 fl oz.

\$2.99

SAVE \$1.89



Xtra
LAUNDRY
DETERGENT
Assorted Varieties,
56 - 57.6 fl oz.

2/\$5

SAVE \$6.00



Scott
BATH TISSUE
12 Rolls

7.99

SAVE \$6.50



Scott
PAPER TOWELS
8 Double Rolls

5.99

Cool Savings ON DAIRY AND FROZEN FOODS



SAVE \$1.80

Outshine
FROZEN
FRUIT BARS
Assorted Varieties,
15 fl oz.

4.99

SAVE \$3.19



McCain
POTATOES &
ONION RINGS
Assorted Varieties,
14 - 32 oz.

2/\$5

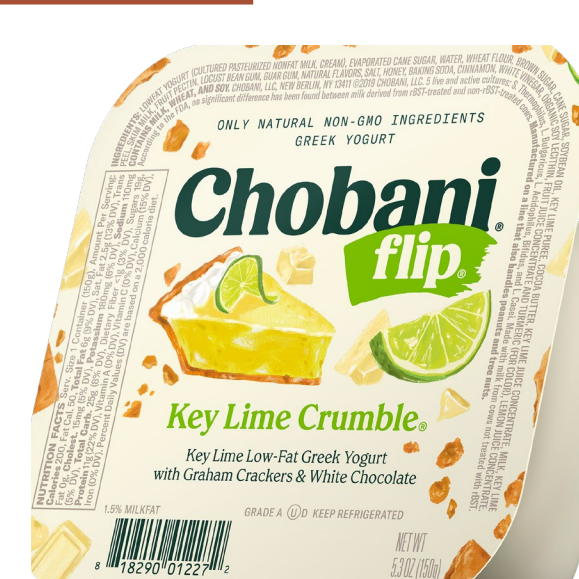
SAVE \$2.50



Mystic Pizza
PIZZA
Assorted Varieties,
20.75 - 21.75 oz.

4.99

SAVE 54¢



Chobani
FLIP YOGURTS
Assorted Varieties,
5.3 oz.

4/\$5

SAVE 54¢



Chobani
GREEK YOGURT
Assorted Varieties,
5.3 oz.

4/\$5

SAVE \$1.00



Hood
SOUR CREAM
Assorted Varieties,
16 oz.

1.99

SAVE \$1.80



Cabot
BUTTER
Assorted Varieties,
16 oz.

4.99

SAVE \$1.69



Cabot
CHEESE
SHREDS
Assorted Varieties,
8 oz.

2/\$5

SAVE \$1.49



Chobani
OATMILK
Assorted Varieties,
52 fl oz.

2/\$9

SAVE \$1.50



Starbucks
ICED
COFFEE
Assorted Varieties,
48 fl oz.

6.49

Your Favorite SPECIALTY GROCERY ITEMS

SAVE \$2.60



Athletic Brewing Co.
NON-ALCOHOLIC
BEER 6-PACKS
Assorted Varieties,
6 / 12 fl oz.

9.39

SAVE 90¢



Pure Indian Foods
ORGANIC
WORCESTERSHIRE
SAUCE
5 fl oz.

3.39

SAVE 90¢



Colman's
PREPARED
MUSTARD
3.53 oz.

3.29

SAVE \$2.10



Stonewall
Kitchen
DIPPING
OILS
Assorted Varieties,
8 fl oz.

7.89

SAVE 70¢



Alessi
RISOTTO
RICE
Assorted Varieties,
8 oz.

3.29

SAVE UP TO \$1.70



Stonewall
Kitchen
BLUEBERRY
OR TRADIT.
SCONE MIX
Assorted Varieties,
12 - 14.57 fl oz.

7.29

SAVE 70¢



Bonne Maman
TARTELETTES
Assorted Varieties,
4.41 - 4.76 oz.

5.59

SAVE 29¢



Kitchen Basic
STOCKS
Assorted Varieties,
32 oz.

3.99

Come See What's **FRESH**



La Brea
WHOLE GRAIN BREAD

5.99



BOSTON CREAM PIE
8-Inch

14.99



COCONUT PECAN COOKIES
12-Pack

6.99



BANANA NUT LOAF

6.99

PREPARED FOODS

SAVE \$1.00 EA.

Freshly Prepared
OVERNIGHT OATS BOWL
6.99ea.



SAVE \$1.00 EA.

Freshly Prepared
CHICKEN MARSALA DINNER
9.99ea.



SAVE \$1.00 LB.

Freshly Prepared
VEGAN "BEEF" BURRITO
3.99lb.



ONE DAY SALE ITEM

Freshly Prepared
BAKED SCALLOPS
17.99lb.



SAVE \$1.00 LB.

EGG SALAD

7.99lb.

SAVE \$1.00 LB.

SPINACH ARTICHOKE DIP

8.99lb.



SAVE \$2.40 LB.

Boar's Head
CRACKED PEPPER TURKEY

11.99lb.



SAVE \$2.00 LB.

Boar's Head
SMOKE MASTER HAM

11.99lb.



SAVE \$1.00 LB.

Boar's Head
BUFFALO CHICKEN

11.99lb.

SAVE \$1.00

Kerrygold
RESERVE CHEDDAR
7 oz.

6.99



SAVE \$1.00

John WM
Macy's
GRILLED CROSTINI
5.5 oz.

4.99



SAVE \$2.00

PECORINO PEPATO



20.99lb.



Experience the freshest flavors at our sushi haven!

Our skilled chefs use only the finest, highest-grade ingredients to craft a wide array of rolls, sashimi, and sushi. From basic to exotic, we have options for everyone, including both vegetarians and vegans.



HEALTH & WELLNESS



Suja
IMMUNE CARROT MANGO
12 fl. oz.

SAVE \$1.00

4.99



Now
L-TRYPTOPHEN
120 capsules

SAVE \$2.00

12.59



Oli Pop
DRINK 4-PACKS
Assorted Varieties,
4 / 12 fl. oz.

SAVE \$2.00

8.89



Tiger
BALM EXTRA STRENGTH
0.63 oz.

SAVE \$1.00

7.29

THE HERB WYFE



Host Defense
AGARIKON
120 count

SAVE \$4.00

55.99



Herb Pharm
MUIRA PUAMA
1 oz.

SAVE \$5.00

12.99



GAIA
GINGER SUPREME
60 count

SAVE \$5.00

31.99



Oregon Wild Harvest
SKULLCAP
90 capsules

SAVE \$5.00

22.99

SPRUCE UP WITH FESTIVE FLOWERS

Explore our floral collection to perfect your celebration with bouquets, centerpieces, and flowering plants.

TULIP BUNCHES

10.99



SHAMROCK PLANT

5.99



SPRING MIX BOUQUET

19.99



LIZZIE MAE'S WOODPECKER FAVORITE SEED CAKE

10.99



BELMONT MARKET *Gift Baskets*



Celebrate Any Occasion!

Our unique gift baskets are perfect for birthdays, retirement, weddings, sympathy, anniversaries, holiday, housewarming and more! Choose from a great assortment year-around.

VISIT US IN-STORE, CALL 401-789-4656,
OR SHOP ONLINE AT SHOP.BELMONTMARKET.COM
TO ORDER NOW



FRESH MADE FROM SCRATCH BELMONT MARKET BREAD

**Home-style Sandwich Loaves,
Whole Grain Baguettes, Italian
and Flat bread Styles**

Belmont Bread, with the help of our bread baker, we are working to incorporate more regionally grown and milled grains, into our products in an effort to not only make unique and interesting breads, but also to help rebuild a piece of our regional heritage that has been all but lost over the last century.

SAVE TIME AND SHOP ONLINE!

Our convenient hours and scheduled delivery make it easy for you to do your grocery shopping on your own time.

You can pick up your order or have it delivered, even to Block Island!

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