

BELMONT MARKET'S SEASON OF SAVINGS



FANCY SOUTHERN
GREEN & YELLOW
SQUASH
99¢ lb.



YUKON GOLD
POTATOES
5 lb. Bag **2.99 ea.**



SAVE \$2.00 LB.

Certified Angus Beef
BONELESS
BEEF CHUCK
POT ROAST **6.99 lb.**



SAVE \$2.00 LB.

Graziano's
ITALIAN SAUSAGE
Sweet or Hot **4.99 lb.**



SAVE 50¢ LB.

Grade A
CHICKEN LEG
QUARTERS **99¢ lb.**



SAVE \$4.00 EA.

Shady Brook
99% LEAN GROUND
TURKEY BREAST
16 oz. container **7.99 ea.**



SAVE \$1.00 EA.

Hillshire Farms
ULTRA THIN DELI MEAT
Assorted Varieties **5.99 ea.**



SAVE \$1.00 EA.

Hatfield
CLASSIC HARDWOOD
SMOKED BACON
16 oz. **7.99 ea.**



SAVE \$1.00 EA.

Blake's
SHEPHERD PIE
8 oz. **4.99 ea.**

BELMONT BREAD



SAVE \$1.00 EA.

SMALL ITALIAN
LOAF **4.49 ea.**

REEL IN FANTASTIC SEAFOOD



JUMBO
SHRIMP
8-12
10.99 lb.



PORK
SAUSAGE
STUFFED
CLAMS
3.99 ea.

Every Friday During Lent

March 5 - April 18

SAVE \$2.00 OFF
FIRST \$10 SPENT ON SEAFOOD



UNITED WITH EARTH
ORGANIC DATES

\$9.99
per 12 oz.

Ramadan Break-Fasts

February 28 - March 29

COCONUT
COVERED DATES



\$6.99
per lb.



\$7.99
per lb.

FRESH DATES

EFFECTIVE DATES: MARCH 7TH - MARCH 13TH

Monday - Saturday - 7:00AM - 10:00PM
Sunday - 7:00AM - 8:00PM

600 KINGSTOWN RD, WAKEFIELD, RI / (401) 789-4656
WWW.BELMONTMARKET.COM

**BELMONT
MARKET**

A Better Place to Shop Since 1947

"Not responsible for typographical or photo errors. In fairness to our customers we reserve the right to limit quantities. Meat Department Items are not cooked."

The Freshest **PRODUCE**



STRAWBERRY PINTS
16 oz. Container **2.99 ea.**



BARTLETT & D'ANJOU PEARS **1.69 lb.**



California, USA
SEEDLESS GRAPES
Red, Green & Black **2.99 lb.**



California, USA
CARA CARA ORANGES **1.49 lb.**



California, USA
MORO BLOOD ORANGES **1.49 lb.**



California, USA
RIO RED GRAPEFRUIT **2/\$3**



HONEYCRISP APPLES **1.99 lb.**



YUKON GOLD POTATOES
5 lb. bag **2.99**



RED ONIONS **99¢ lb.**



MINI PERSIAN CUCUMBERS **1.99 lb.**



Imported
HOT HOUSE TOMATOES **1.99 lb.**



Imported
ASPARAGUS **2.99 lb.**



California, USA
ICEBERG LETTUCE
Cello Wrapped **1.49 ea.**

The Best **ORGANIC SELECTION**



USDA ORGANIC
Organic
COSMIC CRISP APPLES **2.49 lb.**



USDA ORGANIC
HALO BAGGED MANDARINS
2 lb. Bag **5.99 ea.**



USDA ORGANIC
Organic
FRESH GRAPEFRUIT **2/\$4**



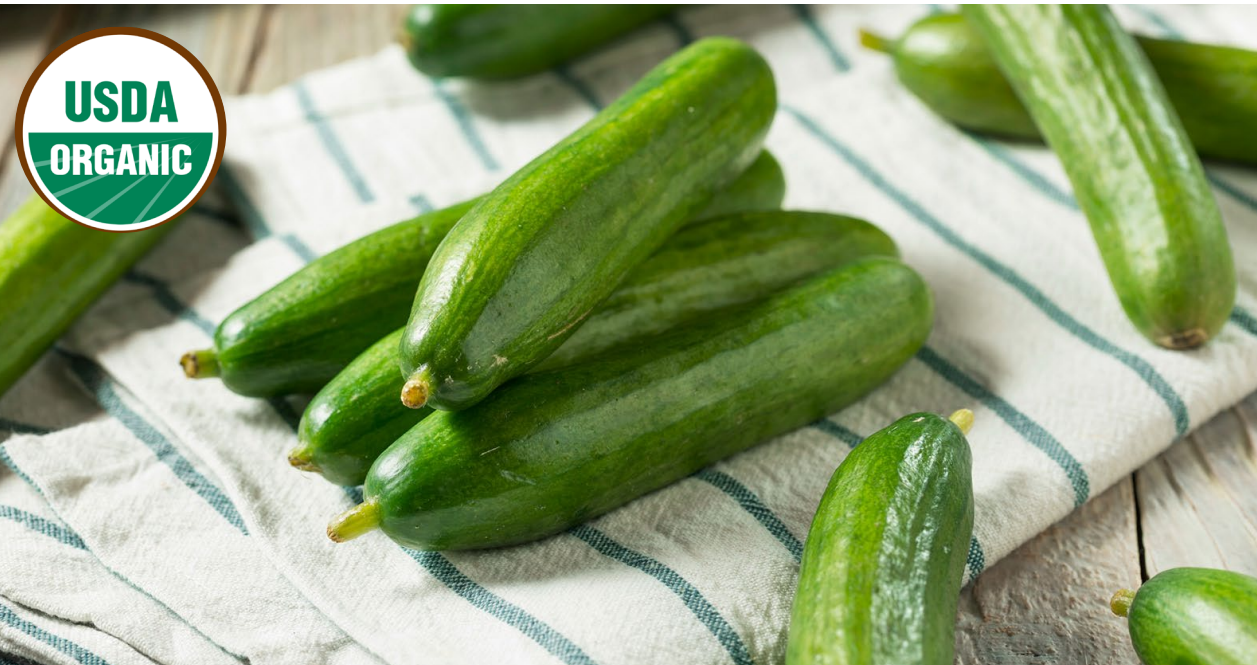
USDA ORGANIC
Organic
FRESH ASPARAGUS **4.99 lb.**



USDA ORGANIC
Organic
GREEN PEPPERS **2.99 lb.**



USDA ORGANIC
Lady Moon
ROMAINE HEARTS **3.99 ea.**



USDA ORGANIC
Organic
PERSIAN SEEDLESS CUCUMBERS
6-Pack **3.99**



USDA ORGANIC
Lady Moon
GRAPE TOMATOES **3.99 ea.**



USDA ORGANIC
Lady Moon
RAINBOW CHERRY TOMATOES **3.99 ea.**

Great Deals ON FAMILY FAVORITES

SAVE \$2.49



General Mills
CHEERIOS
Assorted Varieties,
8.9 - 12 oz.

2/\$6

SAVE \$7.00



Starbucks
BAGGED COFFEE
Assorted Varieties,
12 oz.

\$6.99

SAVE \$2.30



Post
GREAT GRAINS CEREAL
Assorted Varieties,
13.5 - 16 oz.

\$4.49

SAVE \$2.49



Quaker
INSTANT OATMEAL
Assorted Varieties,
8.4 - 14.1 oz.

2/\$5



Dave's
Killer Bread BAGELS
Assorted Varieties,
13.2 - 16.75 oz.

\$4.99



Pepperidge Farm
RYE BREAD & PUMPERNICKEL
Assorted Varieties,
16 oz.

\$4.49



Rice A Roni
RICE & PASTA RONI
Assorted Varieties,
4 - 7.2 oz.

2/\$3



Starkist
SOLID WHITE TUNA
Assorted Varieties,
5 oz.

10/\$10

SAVE \$3.50



Chicken of the Sea
SOLID WHITE TUNA 4-PACK
Assorted Varieties,
20 oz.

\$4.99

SAVE \$2.29



Annie's
MAC & CHEESE
Assorted Varieties,
5.25 - 6 oz.

2/\$3



Progresso
SOUP TRADITIONAL, RICH & HEARTY
Assorted Varieties,
18 - 19 oz.

4/\$8



Food Club
CANNED VEGGIES
Assorted Varieties,
14.5 - 15.25 oz.

10/\$10



Light n' Fluffy
EGG NOODLES
Assorted Varieties,
12 oz.

3/\$7



Newman's Own
SALSA
Assorted Varieties,
16 oz.

\$2.99



Cheez-It
CRACKERS
Assorted Varieties,
6 - 7 oz.

2/\$7



Frito Lay
PARTY SIZE
Assorted Varieties,
8.12 - 13 oz.

\$5.99



Tutorosso
CANNED TOMATOES
Assorted Varieties,
14.5 - 15 oz.

2/\$3



Tutorosso
TOMATO SAUCE
8 oz.

99¢



Tutorosso
TOMATO PASTE
6 oz.

99¢



Tutorosso
CANNED TOMATOES
Assorted Varieties,
28 oz.

\$1.99

SAVE \$1.60



Kraft
GRATED CHEESE
Assorted Varieties,
8 oz.

\$4.99

SAVE UP TO 79¢



Gulden's
MUSTARD
Assorted Varieties,
12 oz.

2/\$4

SAVE 79¢



Hunts
SQUEEZE KETCHUP
20 oz.

2/\$4



Vlasic
PICKLES
Assorted Varieties,
16 - 24 fl oz.

2/\$6

SAVE \$3.30



Botticelli
PASTA SAUCE
Assorted Varieties,
24 oz.

\$3.99



Kikkoman
PANKO BREAD CRUMBS
Assorted Varieties,
8 oz.

\$1.79



Food Club
GRANULATED SUGAR
4 lb.

\$3.99



Food Club
BAKING SUGARS
Assorted Varieties,
32 oz.

\$2.99

Great Deals ON FAMILY FAVORITES



Coca-Cola
12-PACKS
Assorted Varieties,
12 / 12 fl. oz.
\$8.49



Bubly
8-PACKS
Assorted Varieties,
8 / 12 fl. oz.
3/\$12



Polar
2-LITERS
Assorted Varieties,
2 Liters
4/\$5



Arizona
GALLON
DRINKS
Assorted Varieties,
128 fl. oz.
2/\$7

SAVE UP TO \$1.38



Arm & Hammer
LAUNDRY
DETERGENT
Assorted Varieties,
45.5 - 50 fl. oz.
\$5.99



Scotties
FACIAL
TISSUES
Assorted Varieties,
54 ct - 110 ct
2/\$4



Glad
FREEZER BAGS
Select Varieties,
15 - 25 count
2/\$4



Glad
PRESS 'N SEAL
70 Square Feet
\$3.99



Simply Done
TO-GO
CUPS
12 fl. oz. / 24 Count
\$5.49



Simply Done
PAPER
CUPS
5 oz. / 100 count
2/\$7



Sparkle
PAPER TOWELS
4 DOUBLE ROLLS
5.99



Angel Soft
BATH TISSUE
8 MEGA ROLLS
5.99

SAVE \$3.50



Huggies
PULL UPS
DIAPERS
Assorted Varieties,
14 - 23 count
\$11.99



Fresh Step
CAT LITTER
Select Varieties,
15.4 - 25 lb.
\$16.99



Purina
FRISKIES
CAT FOOD
Select Varieties,
3.15 lb.
\$5.99



Pup-Peroni
DOG
TREATS
Select Varieties,
22.5 oz.
\$8.99

SAVE \$7.00

Cool Savings ON DAIRY AND FROZEN FOODS

SAVE \$3.30



Turkey Hill
ICE CREAM
Assorted Varieties,
46 fl. oz.
3.49

SAVE \$1.00



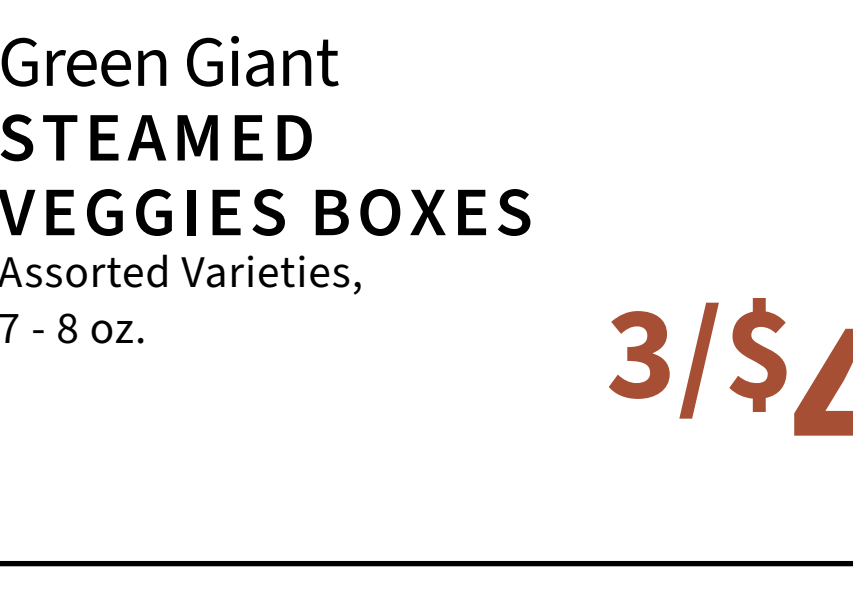
Eggo
THICK & FLUFFY
WAFFLES
Assorted Varieties,
11.6 oz.
3.59

SAVE \$1.49



Land of Lakes
CHEESE
SHREDS
Assorted Varieties,
6 - 8 oz.
2/\$5

SAVE \$1.06



Green Giant
STEAMED
VEGGIES BOXES
Assorted Varieties,
7 - 8 oz.
3/\$4

SAVE \$1.99



Florida
Natural
ORANGE
JUICE
Assorted Varieties,
52 fl. oz.
2/\$7

SAVE \$1.20



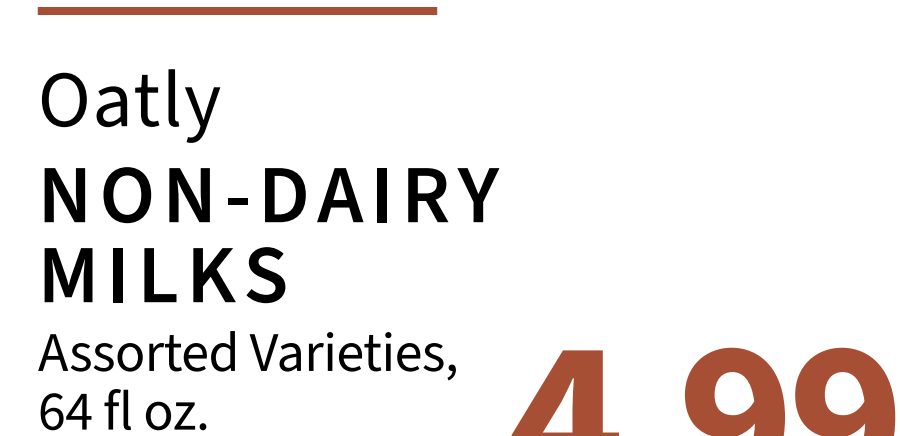
Stok
COLD BREW
COFFEE
48 fl. oz.
5.49

SAVE \$1.29



Breakstone's
SOUR CREAM
Assorted Varieties,
16 oz.
2/\$5

SAVE 30¢



Oatly
NON-DAIRY
MILKS
Assorted Varieties,
64 fl. oz.
4.99

SAVE \$1.00



Land o' Lakes
WHIPPED
BUTTER
Assorted Varieties,
8 oz.
3.29

SAVE \$1.80



Sargento
STRING CHEESE
Assorted Varieties,
12 oz.
4.49

SAVE 10¢



Coffee Mate
NATURAL
BLISS
COFFEE
CREAMER
Assorted Varieties,
32 fl. oz.
5.49

Your Favorite SPECIALTY GROCERY ITEMS

SAVE \$3.00



Annie's
ORGANIC
FRUIT
SNACKS
Assorted Varieties,
7 oz.
\$5.99

SAVE \$1.99 EA.



Cascadian
Farms
GRANOLA
Assorted Varieties,
11 oz.
2/\$10

SAVE 80¢



Epic
PORK RINDS
HIMALAYAN
SEA SALT
2.5 oz.
3.99

SAVE UP TO 99¢ EA.



Muir Glen
ORGANIC
CANNED
TOMATOES
Assorted Varieties,
14.5 - 15 oz.
2/\$6

SAVE 90¢



Newman's Own
ORGANIC
COOKIES
Assorted Varieties,
13 oz.
5.99

SAVE 70¢



Bob's Red Mill
GLUTEN FREE
OATMEAL CUP
Assorted Varieties,
1.81 - 2.36 oz.
1.99

SAVE UP TO \$1.30



Bob's Red Mill
BAGGED
OATS
Assorted Varieties,
32 oz.
9.99

SAVE 30¢



Mountain
Valley Spring
STILL WATER
SINGLES
Assorted Varieties,
33.8 fl. oz.
2.99

Come See What's FRESH

PREPARED FOODS



CARROT CUPCAKES
Extra-Large

4.99

SAVE \$1.00 EA.

Freshly Prepared
MANGO SALMON BOWL

14.99ea.



SAVE \$1.00 EA.

Freshly Prepared
COCONUT SHRIMP

8.99ea.



SAVE \$1.00 EA.

Freshly Prepared
VEGAN 3 SISTERS BOWL

10.99ea.



La Brea
THREE CHEESE BREAD

5.99

ONE DAY SALE ITEM

Freshly Prepared
GRILLED SWORDFISH PICCATA

18.99lb.



SAVE \$1.00 LB.

HAM SALAD

8.99lb.

SAVE \$1.00 LB.

GIGANTE BEAN SALAD

7.99lb.



CAPPUCINO FUDGE CAKE
4-Inch

7.99

SAVE \$1



SAVE \$2.40 LB.

Boar's Head
OVINGOLD TURKEY

11.99lb.



SAVE \$2.00 LB.

Boar's Head
HONEY COAT HAM

11.99lb.



SAVE \$1.00 LB.

Boar's Head
CLASSIC CHICKEN

11.99lb.



OATMEAL CHOCOLATE CHIP COOKIES

6.99

SAVE \$1

SAVE \$1.00

Columbus
CHARCUTERIE TRIO
12 oz.

13.99



SAVE \$1.00

Old Crock
EXTRA SHARP CHEDDAR
7 oz.



6.99

SAVE \$1.00

Artikaas
SMOKED GOUDA W/ JALAPENO
6 oz.



5.99



Experience the freshest flavors at our sushi haven!

Our skilled chefs use only the finest, highest-grade ingredients to craft a wide array of rolls, sashimi, and sushi. From basic to exotic, we have options for everyone, including both vegetarians and vegans.



HEALTH & WELLNESS



Recess
MOOD CBD FREE DRINKS
Assorted Varieties, 12 fl oz.

SAVE 50¢
3.29



Justin's
DARK CHOCOLATE CASHEW BUTTER CUPS
2 pack - 1.4 oz.

SAVE 50¢
2.49



Dandy Blend
DANDELION TEA
2.5 oz.

SAVE \$3.00
10.99



Sanctuary Herbs
SALTY BRINE BLEND
2 oz.

SAVE \$3.00
6.00



Perfect Bars
CHOCOLATE BARS

SAVE 70¢
3.99



Boiron
CHESTAL MELTAWAY PELLETS
160 Pellets

SAVE \$3.00
12.39



Clearpath Herbs
SLEEP SUPPORT
2 oz.

SAVE \$3.00
21.00



The Herb Wye
LAVENDER
1 oz.

SAVE \$2.00
1.99

SPRUCE UP WITH FESTIVE FLOWERS

Explore our floral collection to perfect your celebration with bouquets, centerpieces, and flowering plants.

TULIP BUNCHES

10.99



CYCLAMEN 6" PLANT IN CLAY POT

21.99



SUCCULENT 4" PLANT

9.99



ROSE GARDEN MIX BOUQUET

29.99



LIZZIE MAE'S SEED CAKE FRUIT, NUT & SEED

9.99



BELMONT MARKET Gift Baskets



Celebrate Any Occasion!

Our unique gift baskets are perfect for birthdays, retirement, weddings, sympathy, anniversaries, holiday, housewarming and more! Choose from a great assortment year-around.

VISIT US IN-STORE, CALL 401-789-4656,
OR SHOP ONLINE AT SHOP.BELMONTMARKET.COM
TO ORDER NOW



FRESH MADE FROM SCRATCH BELMONT MARKET BREAD

**Home-style Sandwich Loaves,
Whole Grain Baguettes, Italian
and Flat bread Styles**

Belmont Bread, with the help of our bread baker, we are working to incorporate more regionally grown and milled grains, into our products in an effort to not only make unique and interesting breads, but also to help rebuild a piece of our regional heritage that has been all but lost over the last century.

SAVE TIME AND SHOP ONLINE!

Our convenient hours and scheduled delivery make it easy for you to do your grocery shopping on your own time.

You can pick up your order or have it delivered, even to Block Island!

SHOP.ROSIEAPP.COM/BELMONT

