

BELMONT MARKET'S HARVEST THE SAVINGS



FRESH CUT
BROCCOLI CROWNS
1.69 lb.



Native, Rhode Island
SUGAR PUMPKINS **89¢ lb.**



SAVE \$3.00 LB.
Certified Angus Beef
SIRLOIN STEAK TIPS **\$14.99 lb.**



SAVE \$2.50 LB.
Chairman's Reserve
BONE-IN CENTER CUT PORK CHOPS **\$2.99 lb.**



SAVE \$1.00 LB.
Grade A
FRESH BONE-IN CHICKEN THIGHS **\$1.99 lb.**



SAVE \$1.00 LB.
Graziano Bros.
FRESH SAUSAGE **\$5.99 lb.**
Sweet or Hot



SAVE \$2.00 EA.
Hebrew National
BEEF FRANKS **\$6.99 ea.**
9.3% - 12% Beef Knuckwurst
97% Fat Free



SAVE \$3.00 EA.
Willow Tree Poultry Farm
CHICKEN POT PIE WITH VEGETABLES **\$11.99 ea.**
26 oz.



SAVE UP TO \$1.00
Bell & Evans
AIR CHILLED BREADED CHICKEN **\$8.99 ea.**
10.5 - 16 oz.

REEL IN FANTASTIC SEAFOOD

Belmont's Own
STUFFED SHRIMP
\$1.99 ea.

True North
PATAGONIAN BAY SCALLOPS
16 oz.
\$13.99

EFFECTIVE DATES: OCTOBER 4TH - OCTOBER 10TH
Monday - Saturday - 7:00 AM - 10:00 PM
Sunday - 7:00 AM - 8:00 PM
Holidays - 7:00 AM - 8:00 PM
600 KINGSTOWN RD, WAKEFIELD, RI / (401) 789-4656
WWW.BELMONTMARKET.COM

"Not responsible for typographical or photo errors. In fairness to our customers we reserve the right to limit quantities. Meat Department Items are not cooked."

The Freshest **PRODUCE**

Native, Rhode Island
GALA APPLES

1.49 lb.



California, USA
SEEDLESS GRAPES
Red, Green & Black

2.99 lb.



CLEMENTINES
3 lb. Bag

5.99 ea.



Ocean Spray
CRANBERRIES
12 oz. Bag

2/\$5



WATERMELON CUTS
1/4 or 1/2

99¢ lb.



HEIRLOOM GRAPE TOMATOES
Pint

1.99 ea.



Super Select
CUCUMBERS

69¢ ea.



California, USA
ICEBERG LETTUCE
Cello Wrapped

1.49 ea.



Imported
RED PEPPERS

2.49 lb.



Sno White
CAULIFLOWER
Cello Wrapped

2.49 ea.



Loose X-Fancy
RED POTATOES

99¢ lb.



Loose X-Fancy
YUKON POTATOES

99¢ lb.

The Best **ORGANIC SELECTION**



Organic
GALA APPLES

1.99 lb.



Organic
SEEDLESS RED GRAPES

3.99 lb.



Organic
GRAPE TOMATOES

3.99 ea.



Organic
BUTTERNUT SQUASH

1.49 lb.



Organic
FRESH GREEN KALE

2.49 ea.



Organic
FRESH CELERY

2.49 ea.



Great Deals ON FAMILY FAVORITES

SAVE \$3.00



Starbucks
GROUND
COFFEE
Assorted Varieties,
12 oz.

9.99

SAVE \$1.80



Kellogg's
SPECIAL K
Assorted Varieties,
9.6 - 12.9 oz.

3.99

SAVE \$1.69



Food Club
PEANUT
BUTTER
Assorted Varieties,
16.3 oz.

2/\$3

SAVE \$1.00



Dave's
Killer Bread
ORGANIC
THIN SLICE
BREAD
Assorted Varieties,
20.5 oz.

4.99

SAVE \$1.00



Newman's
Own
PASTA
SAUCE
Assorted Varieties,
24 oz.

2.99

SAVE \$1.29



Redpack
CANNED
TOMATOES
Assorted Varieties,
28 oz.

2/\$4

SAVE 99¢



No Yolks
NOODLES
Assorted Varieties,
12 oz.

2/\$5

SAVE \$3.50



Hellmann's
MAYONNAISE
Assorted Varieties,
30 fl oz.

5.49



SAVE 74¢

Coke
2-LITERS
Assorted Varieties,
2 Liter

2/\$4.50

SAVE \$4.50



Charmin
BATH TISSUE
12 Mega Rolls
Assorted Varieties



\$14.99

SAVE \$6.50



Bounty
PAPER TOWELS
6 Double Plus Rolls,
Assorted Varieties

\$14.99

SAVE \$2.29



Nature Valley
PROTEIN
BARS
Assorted Varieties,
4 - 8.8 oz.

2/\$8

SAVE \$2.30



Frito Lay
DORITOS
Assorted Varieties,
6 - 10.75 oz.

3.99

SAVE UP TO \$1.59



Bachman
JAX &
POPCORN
Assorted Varieties,
8 - 8.5 oz.

2/\$6

Cool Savings ON DAIRY AND FROZEN FOODS



SAVE \$2.89

Hood
ICE
CREAM
Assorted Varieties,
48 fl oz.

2/\$7

SAVE \$1.50



Newman's Own
PIZZA
Assorted Varieties,
15.1 - 16 oz.

7.49

SAVE \$2.00



Rao's
ITALIAN
ENTREES
Assorted Varieties,
8.4 - 9.5 oz.

3.99

SAVE \$2.50



Land o' Lakes
BUTTER
Assorted Varieties,
8 - 16 oz.

4.99



SAVE \$1.00

STOK
COLD BREW
COFFEE
48 fl oz.

5.49

SAVE \$2.29



Kraft
CHEESE
SHREDS
Assorted Varieties,
8 oz.

2/\$5

SAVE 99¢



Almond
Breeze
ALMOND
MILK
Assorted Varieties,
64 fl oz.

2/\$7

SAVE \$1.00



Hood
COTTAGE
CHEESE
Assorted Varieties,
16 oz.

2.99

SAVE \$2.80



Farmhouse
CAGE FREE
LARGE EGGS
18 Count

3.99

SAVE \$4.99



Coffee-Mate
CREAMERS
Assorted Varieties,
32 fl oz.

4.99

SAVE \$1.49



Breakstone's
SOUR CREAM
Assorted Varieties,
16 oz.

2/\$4

Your Favorite SPECIALTY GROCERY ITEMS

SAVE \$1.20

Loacker
WAFER
COOKIES
Assorted Varieties,
8.82 oz.

5.49



SAVE \$2.40

Paleonola
GRAIN FREE
GRANOLA
Assorted Varieties,
10 oz.

9.19



SAVE \$1.40

Backyard
Food
SALSA
Assorted Varieties,
16 oz.

4.99



SAVE 40¢

Dare
CRACKERS
*EXCLUDES GLUTEN FREE
Assorted Varieties,
7 oz.

3.39



SAVE \$1.10

Keogh's
IRISH
POTATO
CRISPS
Assorted Varieties,
4.4 oz.

3.89



SAVE \$1.50

Campagna
San Remo
BASIL
PESTO
Assorted Varieties,
6.7 oz.

5.49



SAVE \$3.00

Justin's
ALMOND
BUTTERS
Assorted Varieties,
16 oz.

10.99



SAVE \$5.50

Farchioni
EXTRA
VIRGIN
OLIVE OIL
1 Liter

19.79



Come See What's FRESH



M&M COOKIES
12 Pack

7.99



La Brea
WHOLE GRAIN
BREAD

5.99



STRAWBERRY
RHUBARB PIE
9" Pie

13.99

SAVE \$1



BOSTON
CREME PIE
8" Pie

13.99

SAVE \$1

PREPARED FOODS

SAVE \$1.00 EA.

Freshly Prepared
CHICKEN
FAJITA RICE
BOWL

12.99ea.



SAVE \$1.00 EA.

Freshly Prepared
COCONUT
SHRIMP

8.99ea.



SAVE \$1.00 EA.

Freshly Prepared
VEGAN
SHEPHERD'S
PIE

7.99ea.



SAVE \$1.00 LB.

TARRAGON
CHICKEN SALAD

9.99lb.

SAVE \$1.00 LB.

LEMON ALMOND
RICE SALAD

8.99lb.

ONE DAY SALE ITEM

Freshly Prepared

BAKED
COD

18.99lb.



SAVE \$2.40 LB.
Boar's Head
LOW SODIUM
TURKEY

11.99lb.



SAVE \$2.00 LB.
Boar's Head
SMOKE
MASTER HAM

11.99lb.



SAVE \$1.00 LB.
Boar's Head
EVERROAST
CHICKEN

11.99lb.



SAVE \$1.00
New York
Style
SEA SALT
PITA CHIPS
8 oz.

3.99



SAVE \$1.00
Little Sesame
PUMPKIN
CHILI
CRISP
8 oz.

4.99



SAVE \$2.00
Goat Rodeo
WILD
ROSEMARY
1 lb.

27.99



Experience the freshest flavors at our sushi haven!

Our skilled chefs use only the finest, highest-grade ingredients to craft a wide array of rolls, sashimi, and sushi. From basic to exotic, we have options for everyone, including both vegetarians and vegans.



HEALTH & WELLNESS



Life Seasons
VISIBILI-T
EYE HEALTH
COMPLEX
60-Count

SAVE \$4.00
37.99



Weleda
SKIN FOOD
BODY BUTTER
5.0 fl. oz.

SAVE \$3.00
18.49



Herb Pharm
MOTHER'S
LACTATION
1 oz.

SAVE \$4.00
13.99



GAIA Herbs
GREEN TEA
60-Capsules

SAVE \$4.00
25.99



GoMacro
BARS
Assorted Varieties, 2.3 oz.

SAVE 50¢
3.79



Yore GANICS
YORE WASH
SOFT HANDSOAP
LAVENDER SCENT
8 fl. oz.

SAVE \$2.00
16.29



Jahmu
TURMERIC CHAI
CAFFEINE FREE
5.5 oz.

SAVE \$4.00
42.99



The Herb Wyfe
NURSING
TEA
2 oz.

SAVE \$2.00
4.00

Belmont FLORAL

We have beautiful flowers, plants and bouquets!

SUNFLOWERS
BUNCHES

10.99



ASSORTED
FERN PLANTS

10.99



VINTAGE
GARDEN
BOUQUET

29.99



PINE TREE FARMS
FRUIT BERRY NUT
BELL

6.49





BELMONT MARKET Gift Baskets



Celebrate Any Occasion!

Our unique gift baskets are perfect for birthdays, retirement, weddings, sympathy, anniversaries, holiday, housewarming and more! Choose from a great assortment year-around.

VISIT US IN-STORE, CALL 401-789-4656,
OR SHOP ONLINE AT SHOP.BELMONTMARKET.COM
TO ORDER NOW



FRESH MADE FROM SCRATCH BELMONT MARKET BREAD

**Home-style Sandwich Loaves,
Whole Grain Baguettes, Italian
and Flat bread Styles**

Belmont Bread, with the help of our bread baker, we are working to incorporate more regionally grown and milled grains, into our products in an effort to not only make unique and interesting breads, but also to help rebuild a piece of our regional heritage that has been all but lost over the last century.

SAVE TIME AND SHOP ONLINE!

Our convenient hours and scheduled delivery make it easy for you to do your grocery shopping on your own time.

You can pick up your order or have it delivered, even to Block Island!

SHOP.ROSEAPP.COM/BELMONT



NOW HIRING!

SCAN TO VIEW



AVAILABLE POSITIONS



We're Hiring For All Positions For All Departments

Join our team today! We're proud to offer competitive wages, a great work environment and flexible hours.

APPLY IN-PERSON OR ONLINE AT BELMONTMARKET.COM